



June 2026

**GAMBLERS ANONYMOUS LIFE-LINE
YEARLY BULLETIN SUBSCRIPTION FORM**

Mail to: **GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
1306 MONTE VISTA AVE., STE 5
UPLAND, CALIFORNIA 91786
(909) 931-9056**

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DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

BOARD OF REGENTS
MEETING MINUTES May 23, 2026

Call to order: The Chair, Wendy B., called the meeting to order at 9:34 A.M.

The Chair reminded everyone that recording of this meeting is not permitted.

Roll call was taken by the Secretary, Richard C.

Present: Wendy B., Ara H., Bob W., Joe C., James C., and Israel A.,
Office Manager,

Present by Zoom: Jackie C., JoJo B., Richard C., KC B., International
Executive Secretary, Pete K., Chairperson of Board of
Trustees

Present by Telephone: Ted S.

A. Minutes for April 18, 2026.

A motion was made to approve the April 18, 2026, minutes as written.

MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0

B. Operating Statement for April, 2026.

A motion was made to approve the April, 2026 Operating Statement as written.

MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0

OLD BUSINESS

A. Office Manager Report – Israel A.

- **New Lifeliners: 0**
- **Cans: 0**

- **Group Information Request Forms Received: 0**
- **Group Information Request Forms Received Prior to Sending Starter Kits: 5**
- **Five Starter Kits were sent out as follows after receiving the Group Information Request Forms for the month of April:**

Mohave Valley, AZ Hollywood, FL La Grande, OR
 Yankton, SD Beckley, WV

- **Prison Starter Kits Sent: 0**
- **Venmo and Zelle donations totaled**

\$3,093.42: Lifeliners (38) \$928.16, ISO Cans (4) \$ 235.00,
 Groups (29) \$ 1,530.00, 1x Donations (7) \$399.26.

B. International Executive Secretary Report – KC B.

- Completed April bulletin. Working on May bulletin.
- On-going projects include writing SOP on duties and obtaining digital copies of all literature.
- Was unable to attend the Houston B. O. T. meeting due to a family illness. Wishes to thank Wendy B., Val D. and Cathy F. for stepping in to look after the registration, attendance and minutes.
- Once I receive the minutes from the meeting, I will work on them.
- Will use Airline credit and expense advance towards Chicago B. O. T. minutes.
- Will start planning/organizing for Chicago in a month.

C. Chairperson of the Board of Trustee Report – Pete K.

- Next B. O. T. meeting will be in Chicago on Oct 1 – 2, 2026.

D. Motion that Chairperson, Vice Chairperson & Treasurer reside within 100 miles of the International Service Office.

**MOTION SECONDED AND PASSED
FOR – 6 AGAINST – 3 ABSTAINED – 0**

ROLL CALL VOTE:

YES	NO
Ara H.	Jackie W.
Bob W.	JoJo B.
James C.	Joe C.
Richard C.	
Ted S.	
Wendy B.	

NEW BUSINESS

- A. Approved Expenses of the B.O.R. Chair to attend the Spring 2026 Trustee meeting in Houston, TX.
- B. Discussed several items from the B.O.T. meeting.
 - 18-month key passed first vote.
 - Discussion regarding an update to the ISO website. Got a number of quotes. BOR/BOT committee will reduce the number to a lower number and discuss Options. Price range to update the website range from \$10,000 - \$25,000 with varying lengths of time to complete the project. The B. O. R. will include a \$25,000 item in the next budget to cover the cost of the updated website.
 - Motion to sell both the Gold-Plated Pins for \$35.00 and new pins for \$8.00.

**MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0**

- C. Discussed Bank of America CD that matures on May 27, 2026.
- D. Approved an approximate 5% salary increase for ISO staff.

**MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0**

Number of people who called in to listen to the meeting: 4

Collected: \$80.00

The meeting ended with the Serenity Prayer at 10:45 A.M.

The next meeting will be June 27th at 9:30 A.M.

Respectfully submitted by Richard C., Secretary

HELP IS AVAILABLE!

On page 17, item #7 it says: “We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting, as it offers guidance toward a normal way of thinking and living.”

Any member desiring individual assistance with his/her Pressure Relief, please contact Pilar L. at ms.pimalo@gmail.com. She will reply by email or phone if you provide your number.

UNITY PROGRAM

Did you know that the I.S.O. sells a booklet on how to study the Unity Steps? We do! It’s called “Gamblers Anonymous Group Study Book on the Unity Steps.” Each month of 2026, I’ll discuss the Unity Program and the corresponding step with each month.

As I entered my first meeting on July 30, 2001, at the Unity Club in Las Vegas, my brain was focused on one thing – to stop gambling. It’s all I cared about for the first few months I was attending meetings. I had no idea what the Unity Program was or why it existed.

As my mind cleared up and I started to understand my surroundings, the Unity Program became less and less confusing for me. I'd like to think it's the same way for all of us; however, I can only speak of my experience.

It taught me that while I needed to focus on MY recovery, I also needed to respect the group as a whole and be one with them as we move forward on this journey of self-discovery and recovery.

I knew that whether I relapsed or not, the Group would still be there when I came back. So, when I'd see a person had relapsed, I'd welcome them back to the Group and continue forward.

Step 6 – Gamblers Anonymous ought never endorse, finance or lend the Gamblers Anonymous name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

Most fundamental at this point is the constant awareness that Gamblers Anonymous is so willing to cooperate but not “Affiliate” with any outside enterprise. Any other course presents the possibility of controversy clouded behind the motives and direction of any well-meaning group or individual, creating a diversion from the primary purpose of Gamblers Anonymous. If we were to apply our energies toward any “related facilities” would we then set aside time and attention to share with the suffering compulsive gambler? And would we then suffer from internal strife as we argue over money, rules, requirements; frightening? Yes. So we preserve the tradition of not lending the Gamblers Anonymous name.

Gamblers Anonymous works in large part because the program is kept pure of outside interests. Energy, time, money, and efforts would be wasted by supporting any outside cause or organization. Such support would also be detrimental to the public acceptance of individual groups or the fellowship as a whole. Endorsement of anything outside of the Fellowship would also lead to internal disagreement. For the reason Gamblers Anonymous takes no part in political causes or public issues.

This tradition warns us to stay within our area of expertise. One gambler helping the other is the reason for our existence. We should confine our actions to helping other compulsive gamblers for the maximum result and without the possibility of offending anyone.

a. Define/discuss the following words/phrases: “one primary purpose,” “to carry its message,” and “compulsive gambler who still suffers.”

- b. If your meeting place asks if they can put Gamblers Anonymous in the weekly/monthly pamphlet, is this a violation of Unity Step 6? Discuss
- c. What is our primary purpose?
- d. If someone asks you to sign a petition to stop a new casino from being built, you sign it. You ask for additional sheets for signatures because you know a group called Gamblers Anonymous that will sign their names. Is this breaking Unity Step 6? Discuss.
- e. There are several principles that may apply to this step. Elaborate on how each of the following applies to Unity Step 6: humility, anonymity, harmony.

From the desk of your International Executive Secretary.

As we are finishing up the June bulletin, I'd like to say thank you to all of you who have continuously contributed to the ISO and its ability to help the compulsive gambler who still suffers. I appreciate all you do to help the fellowship continue growing. We could not do this without you.

If you've wondered how to give back, you could become a LifeLiner. If you aren't already, please consider signing up as a LifeLiner and contribute monthly so that the I.S.O. can continue its amazing work of getting literature out and helping people find meetings all over the world. If you send it via Venmo or Zelle, please be sure to put your Lifeliner number in the memo section. If you're a new Lifeliner, please put in the memo that you are a new Lifeliner. That way, when the office gets it, they know what it's for and can assign a number.

As we study Unity Step 6, have you ever studied the Unity Steps in detail? What did you learn?

As summer approaches, do you have any big plans? Does your area have plans for a picnic or weekend retreat? I would love to hear about it all from you! Please let me know. If there's a flier, please email that to me at ies@gamblersanonymous.org and I can get it into future editions of the bulletin.

By the time you read this, your Trusted Servants will have met in Houston to decide on any changes to the literature we currently have or create new literature. Keep an eye out for the minutes to that meeting in the August bulletin. I'm hoping everyone had a chance to see the agenda and know what our trustees are voting on and were able to voice their thoughts on it.

I am so grateful for this program and the members. You teach me on a daily basis. You teach me humility, courage, honesty, and integrity. I couldn't do it without you. Thank you for being on this journey with me.

Yours in recovery and gratitude, KC B.

The Combo Book is available for purchase as an e-book.

Instructions for Kindle purchase:

Note: if you already have an Amazon account go to step 2.

1. To create an Amazon account, log on to Amazon.com and follow instructions.
2. Download a Kindle app for iPhone, Android, iPad, tablet, PC or Mac computer.
3. Log on to Amazon.com
- A) Scroll down and tap or click on Kindle E-readers & Books. Then tap or left click on Kindle Books. In the search box enter Combo Book.
- B) Scroll down to locate the book and tap or left click on Combo Book.
- C) Tap or left click on Purchase. The book will automatically download to your device in the Kindle App.
- D) Tap or left click on Kindle App to locate Combo Book.

LITERATURE – SUGGESTIONS

If you just started your recovery with Gamblers Anonymous:

- Combo Book (small or large print).
- Suggestions for coping with Urges to gamble.
- Towards 90 days booklet (small or large print).
- Red Book - A New Beginning.
- Pressure relief Group meeting flyer.
- 20 Questions booklet.
- Your First meeting.
- Questions and Answers about Gambling.

- A Newcomer asks?
- Stop and Think card.
- Young gamblers in recovery.

If you have joined a little while ago:

- Beyond 90 Days booklet (small or large print).
- Sponsorship booklet.
- Sponsor/Sponsee relationship – HOW it works.
- Pressure relief Group Meeting Handbook.
- Pressure relief workbook.
- Information packet.
- A Day at a Time meditation book.
- Big Book – Sharing Recovery through GA.
- Have I quit the Fellowship?

If you are working the Steps:

- Working the Steps booklet.
- Step meeting handbook, Booklet.
- Daily inventory of my behavior (sheet).
- Fourth Step Inventory Moral Book.
- Step One recovery Workbook.
- Writing the Steps.
- 12 Steps Unity booklet.
- Group study book on the Unity Steps.

If you are interested to know more about GA, its structure, and its groups:

- Group Handbook Guide booklet.
- Guidance Code (trusteewebsite.com).
- Short term Group sponsorship.
- Suggestions for a Successful 90-day room.
- Suggestions for New Member Retention.
- Treasury Guideline Example.
- A Guide to Regional Service Offices.
- Intergroup Handbook.
- Public Relations flyer.
- Towards Recovery in Prison.
- Handbook for Judiciary, Lawyers, Counselors etc.
- The Stock market, Retirement accounts, and Gamblers Anonymous.
- The First 40 years.
- Let's Host a Mini-Conference pamphlet.
- Hosting an International Conference pamphlet.

Need help? Ask a Trusted Servant to guide you further.

GROUP NEWS

Note From I.S.O.: Thank you to all our members who send in letters, donations, and kind words each month. Please keep writing and sharing your experience, strength, and hope with everyone.

Dear I.S.O.,

Enclosed is the May 2026 donation from the Wednesday Night NE Philadelphia Group.

Thanks for all the good work that you do.

In Unity, Scott S., Philadelphia, Pennsylvania

Dear Israel,

Thanks again for all the I.S.O. does for this great program.

Thank you, Frank M., Daytona Beach, Florida

Dear I.S.O.,

Enclosed is the contribution from Milford Tuesday Night room for the 12 months April 2025 to April 2026.

Joseph T., Milford, Connecticut

Dear I.S.O.,

Thank you for your service.

GA Metuchen Tuesday, New Jersey

Dear I.S.O.,

Thanks for all you do.

Peace and Fellowship, Dave S., Havertown, Pennsylvania

Dear I.S.O.,

Thank you for all you do to help those dealing with an addiction.

Helene M., Stevens Point, Wisconsin

Dear I.S.O.,

Enclosed is a donation from the Thursday Night Trappe/Collegeville, Pennsylvania

Trappe/Collegeville, Pennsylvania

Dear I.S.O.,

Thanks for all you do.

Nancy W., Prairie Village, Kansas

Dear I.S.O.,

Enclosed is a donation from the Green Valley Early Risers Saturday meeting.

Roxanne D., Tucson, Arizona

Dear I.S.O.,

Enclosed is a donation from the Fairless Hills Group of Pennsylvania.

Ernesto A., Fairless Hills, Pennsylvania

Dear I.S.O.,

Enclosed is a donation from Naples, Florida.

Thank you for your service to Gamblers Anonymous.

Bud W., Naples, Florida

Dear I.S.O.,

Have a nice day.

God Bless you.

Patricia B., Tempe, Arizona

Dear I.S.O.,

Enclosed is a donation from the Lady Lake, FL GA room.

Thank you for your service.

Jim W., Lady Lake, Florida

Dear I.S.O.,

Please accept this donation and use it as you see best.

Thanks, Olympia, Washington

ANNOUNCEMENT OF UPCOMING EVENTS

If your area has an upcoming mini-conference, or other activity you'd like put here in the Announcement area, please send it to isomain@gamblers-anonymous.org or ies@gamblersanonymous.org.

2026 Chicagoland GA & GAM-ANON Conference

October 2 – 4, 2026

Hyatt Regency Lisle

1400 Corporetum Drive, Lisle, IL 60532

For more information, you can email me at ies@gamblersanonymous.org and I'll email you the registration flier or I can give you the website information.

2027 LA INTERNATIONAL CONFERENCE

September 17 – 19, 2027

Hilton Los Angeles/Glendale

100 W. Glenoaks Blvd, Glendale, CA 91202

For more information, email me at ies@gamblersanonymous.org and I'll send you the flier. You can also find the flier in this bulletin.

INDIVIDUAL LIFELINER DONATION MAY 2026

ARIZONA

L36 Marc L.
L221 Janat G.
L287 James S.
L396 Pam K.
L546 Mo M.
L692 Doug G.
L1005 Patricia B.
L1008 Roxanne D.

CALIFORNIA

L1 Bob W.
L4 Tom M.
L6 Bill/Kathy S.
L8 Dan B.
L9 Mike M.
L21 Ed E.
L70 Keith B.
L73 Karen H.
L87 Mike S.
L100 Mazi S.
L116 Rob D.
L117 Steve F.
L120 Phil C.
L151 Murray F.
L209 Jose C.
L219 Leonard K.
L273 Victor S.
L298 Cathy F.
L301 Steve K.
L314 Alan S.
L367 Jerry L.
L384 Alvin F.
L390 Jack R.
L408 Ira B.
L432 Patrick P.
L453 Bennett S.
L461 Lisa W.
L480 Ezra B.
L496 Guy H.
L561 Pilar L.
L580 Curtis G.
L593 Grant M.

L601 David L.
L609 Kathie S.
L617 Mike Z.
L623 Lucille T.
L648 Edward K.
L678 Lynell B.
L701 David L.
L772 Ara H.
L786 Colette A.
L834 Candice B.
L836 Albert Y.
L871 Greg D.
L907 Joseph G.
L908 Jordan K.
L920 Jane J.
L963 Eric F.
L965 Brandon S.
L1000 Willie F.
L1027 Jay L.
L1033 Jeffrey P.
L1049 Alan O.

COLORADO

L147 Lou W.

CONNECTICUT

L581 Paul S.

FLORIDA

L54 Ray T.
L81 Paulette T.
L97 Chuck R.
L143 Neal G.
L160 Jim C.
L205 Steve P.
L233 Robert M.
L251 Frank G.
L261 Stephen S.
L313 Herman G.
L351 Russell H.
L423 Kathleen H.
L429 Dennis S.
L450 Neil S.
L511 Chris N.
L549 Patricia P.

FLORIDA (cont)

L607 Debbie M.
 L679 David T.
 L695 Ronald B.
 L843 Neal V. X2
 L844 Arnie B.
 L848 Steve H.
 L904 Marlon D.
 L944 Brent S.
 L945 Eugene K.
 L989 Lois H.
 L993 Carlos M.
 L1002 Jim O.
 L1010 James T.
 L1021 Michael P.
 L1067 Paul D.

GEORGIA

L672 Tony L.

HAWAII

L284 Kevin H.
 L553 David C.

ILLINOIS

L114 Ellen Z.
 L344 Eileen Z.
 L823 Luke W.
 L960 Dianna R.
 L962 Cynthia M.
 L977 Donna M.
 L1018 Al A.
 L1024 Mary W.
 L1056 Stephen C.
 L1060 Ed H.

INDIANA

L880 Fred B.

KANSAS

L918 Nancy W.
 L923 Mary M.

KENTUCKY

L115 Laura S.
 L195 Steve B.

LOUISIANA

L27 Betty S.
 L354 Kathy S.

MARYLAND

L162 Jim D.
 L997 Tijuana T.

MASSACHUSETTS

L598 Vinny S.

MICHIGAN

L272 Joann D.

MINNESOTA

L803 Renee G.

NEVADA

L55 Laura G.
 L75 KC B.
 L325 Terry D.
 L439 Ira K.
 L486 Zeny K.
 L507 Mark S.
 L596 Leslie F.
 L599 Igor K.
 L612 Dan M.
 L669 Terri R.
 L690 Lenore D.
 L830 Jackie C.
 L841 Rob P.
 L846 Bobby B.
 L975 Larry S.
 L1026 Michael C.
 L1045 Mark M.
 L1065 Sandy C.

NEW JERSEY

L174 Mike D.
 L183 Robin D.
 L223 Fred D.
 L266 Kivey G.
 L311 Andy D.
 L349 George L.
 L358 Walter G.
 L433 Joseph F.
 L438 Matthew C.
 L497 Dave S.
 L547 John P.
 L699 Craig H.
 L985 Tristan D.
 L1044 Ellen D.

NEW MEXICO

L662 Joel K.
 L906 Mary F.

NEW YORK

L322 Stuart B.
 L516 Susan W.

NEW YORK (cont)

L826 Mitchell M.
 L852 Norberto B.
 L882 Joe B.
 L887 Pierre J.
 L1035 Michael S. X5
 L1036 Robert S.
 L1047 Joe P.

NORTH CAROLINA

L1070 Anthony D.

OHIO

L948 Edward G.
 L986 Anthony K.

OKLAHOMA

L543 James G.

OREGON

L881 Pam B.
 L1034 Kevin M.

PENNSYLVANIA

L40 Dan M.

L71 Marla J.
 L345 John B.
 L822 David S.
 L1069 Robert O.

TEXAS

L657 Deborah S.
 L1068 Marinella N.

WASHINGTON

L425 Terry D.
 L659 Connie M.

WISCONSIN

L443 Constance T.
 L988 Jeffrey R.

AUSTRALIA

L1048 Matt P.

CANADA

L257 Andre G.
 L677 Adrien R.
 L1023 Marc C.

**INDIVIDUAL LIFELINER DONATIONS
 MAY 2026**

ARIZONA (8)	158.00	NEVADA (18)	530.00
CALIFORNIA (53)	2,464.00	NEW JERSEY (14)	193.00
COLORADO (1)	25.00	NEW MEXICO (2)	35.00
CONNECTICUT (1)	20.00	NEW YORK (9)	412.70
FLORIDA (31)	1,145.00	NORTH CAROLINA (1)	10.00
GEORGIA (1)	80.00	OHIO (2)	70.00
HAWAII (2)	130.00	OKLAHOMA (1)	15.00
ILLINOIS (10)	280.00	OREGON (2)	120.00
INDIANA (1)	15.00	PENNSYLVANIA (5)	160.00
KANSAS (2)	170.00	TEXAS (2)	350.00
KENTUCKY (2)	60.00	WASHINGTON (2)	20.00
LOUISIANA (2)	20.00	WISCONSIN (2)	35.00
MARYLAND (2)	25.00	AUSTRALIA (1)	10.00
MASSACHUSETTS (1)	21.00	CANADA (3)	130.00
MICHIGAN (1)	5.00		
MINNESOTA (1)	15.00	TOTAL (183)	\$6,723.70

ANNIVERSARIES

46 YEARS	DON S.	6/2	Voorhees, NJ
36 YEARS	BOBBY P.	6/9	Halifax, MA
33 YEARS	CONNIE D.	6/4	Bradenton, FL
	ROY M.	6/17	Gardena, CA
31 YEARS	ANDY D.	6/9	Voorhees, NJ
	KATHY H.	6/10	Bradenton, FL
	TOM H.	6/16	Voorhees, NJ
	BILLY C.	6/26	Lynn, MA
28 YEARS	BARRY B.	4/30	Mitcham, VIC
27 YEARS	MICHELLE K.	4/3	Albert Park, VIC
25 YEARS	EILEEN F.	5/29	Dayton, OH
	DAN B.	6/12	Cape Coral, FL
24 YEARS	BILLY D.	6/22	Canton, MA
	BEN S.	6/29	Poway, CA
22 YEARS	LYNELL B.	6/20	LA/Hollywood, CA
21 YEARS	STEVE W.	5/12	Surrey, BC
	DOUG E.	6/22	Santee, CA
	JENNY F.	6/30	San Diego, CA
20 YEARS	CHRISTY C.	6/1	Scripps Ranch, CA
	SEAN N.	6/2	Sierra Madre, CA
	RUBY B.	6/27	Scripps Ranch, CA
18 YEARS	MARK W.	6/23	Canton, MA
17 YEARS	ROGER M.	5/5	Oklahoma City, OK
	JAMIE P.	6/2	Westlake Village, CA
	GUY H.	6/15	Burbank, CA
	DONALD S.	6/30	Hemet, CA
16 YEARS	CHRISTINE	4/4	Epping, VIC
15 YEARS	JOHNNY	4/20	Epping, VIC
	SUE C.	5/22	Nanaimo, BC
	MARY M.	6/23	Voorhees, NJ
14 YEARS	BARRY B.	6/6	Plainville, MA
	OSCAR G.	6/17	Gardena, CA
	JUDY M.	6/30	Clearwater, FL
13 YEARS	CRAIG A.	4/14	Mitcham, VIC
	CARLTON O.	6/4	Dallas, TX
	FRANK L.	6/12	Rancho Bernardo, CA
12 YEARS	PETER	4/24	Albert Park, VIC
	PAT L.	5/4	Nanaimo, BC
11 YEARS	ALLAN W.	4/1	North Essendon, VIC
	TIM R.	4/6	Oakleigh, VIC
	DON C.	6/15	Scripps Ranch, CA
	JOE B.	6/24	Newton, MA
	GREG S.	6/28	Murrieta/Temecula, CA

10 YEARS	JEANE M.	5/20	Cleveland, OH
	BOB C.	6/1	Worcester, MA
	ROB K.	6/11	Encinitas, CA
	JON B.	6/11	Canton, MA
	JOE R.	6/18	Worcester, MA
	JODI	6/22	Lakeland, F
	BRIAN A.	6/27	Oceanside, CA
9 YEARS	PUNGAM G.	6/11	Korea
	DONNA G.	6/18	Vista, CA
8 YEARS	CHRIS N.	6/1	Burbank, CA
	JEAN A.	6/11	Canton, MA
	MARC J.	6/23	Westlake Village, CA
	TODD S.	6/30	Voorhees, NJ
7 YEARS	JIM B.	5/22	Oklahoma City, OK
	CHRISTINA W.	6/10	Gardena, CA
7 YEARS	BRIAN W.	6/1	Oklahoma City, OK
	MANCHON H.	6/3	Korea
5 YEARS	DASA K.	6/3	Korea
	STEVE K.	6/4	Fort Worth it Online, TX
	GUNPO J.	6/10	Korea
	ERIC F.	6/20	Griffith Park, CA
	ROSILYN C.	6/21	Washington, DC
	BARBARA L.	6/27	Reseda, CA
	BECKY P.	6/28	Holiday, FL
4 YEARS	SAM G.	6/4	San Diego, CA
	APRIL A.	6/8	Rancho Bernardo, CA
	GOYANG B.	6/12	Korea
	JUSTIN C.	6/17	Canton, MA
	GAURAV D.	6/18	Paramount/Lakewood, CA
	DAVID K.	6/26	Washington, DC
3 YEARS	MARYANN D.	6/1	Washington, DC
	RICK E.	6/1	Clearwater, F
	EVA M.	6/3	Washington, DC
	JAKE B.	6/3	Murrieta/Temecula, CA
	GEORGE N.	6/6	El Cajon, CA
	MAIWOAL J.	6/11	Korea
	ICHON L.	6/19	Korea
	GYERIM L.	6/21	Korea
2 YEARS	JAY P.	3/22	Dover, MA
	CHRIS P.	4/4	Wheelers Hill, VIC
	CATHERINE H.	6/1	Burbank, CA
	JERRY V.	6/1	Santee, CA
	ROBERT S.	6/15	La Mesa, CA
	GALMAE K.	6/24	Korea
	JOE E.	6/27	Worcester, MA
	CHUNCHEON C.	6/30	Korea

2 YEARS (cont)	COBY	6/30	Westlake Village, CA
1 YEAR	SAM	4/13	Oakleigh, VIC
	HARLEY	4/22	Oakleigh, VIC
	LAWRENCE	5/15	Richmond, BC
	GUY C.	5/19	Surrey, BC
	DIXIE T.	6/1	San Diego, CA
	KATIE P.	6/1	Lake Elsinore, CA
	JONNY L.	6/6	Griffith Park, CA
	CHRIS J.	6/8	Burbank, CA
	STEPHENSON C.	6/8	Burbank, CA
	MARK B.	6/8	Dover, MA
	BRANDON B.	6/9	Burbank, CA
	CHRYSTAL	6/9	Rancho Cucamonga, CA
	NIR A.	6/9	Holiday, FL
	PAULETT	6/9	Rancho Cucamonga, CA
	EDAN C.	6/10	Santa Monica, CA
	MARK S.	6/11	Ft. Meyers, FL
	SAMRYE K.	6/11	Korea
	SANSU K.	6/11	Korea
	SEAN K.	6/11	Montrose, CA
	MARC F.	6/12	Santa Monica, CA
	HOPE C.	6/15	Cape Coral, FL
	ELIJAH	6/17	Rancho Cucamonga, CA
	JORDAN Z.	6/17	Santa Monica, CA
	DONAM L.	6/20	Korea
	TERRELL D.	6/20	Scripps Ranch, CA
	DEAN B.	6/23	Spring Hill, FL
	MATTY G.	6/23	Culver City, CA
	DENNIS B.	6/24	Murrieta/Temecula, CA
	SEAN O.	6/27	Spring Hill, FL

I.S.O. CAN CONTRIBUTIONS MAY 2026

CALIFORNIA

C5	Montrose Thursday	72.00	C588	Burbank Friday PM	38.00
C49	Orange County Intergroup	245.00	C765	Fair Oaks Thursday AM	39.00
C77	San Diego Intergroup	318.75	C970	Folsom Monday	35.88
C184	Sacramento Tuesday AM	71.00	C1017	Simi Valley Thursday	39.00
C185	Sacramento Thursday	29.00	C1050	Yuba City Tuesday	131.00
C188	Sacramento Tuesday PM	59.50	C1105	Sacramento Stop & Grow Saturday AM	65.00
C190	Chico Thursday	98.00	C1694	Auburn Wednesday	28.00

COLORADO

C546 Beating the Odds-
Longmont 23.00

FLORIDA

C251 Clearwater/Windmoor 36.00
Thursday

C262 Plantation Friday PM 18.00
C263 Plantation Wednesday PM 20.00

GEORGIA

C1539 Norcross Sunday 10.00

INDIANA

C429 Indianapolis Saturday AM 75.00

ILLINOIS

C85 Kankakee 20.00
C72 Edison Park Tuesday 20.00
C136 Burbank Wednesday -
Our Saviors 50.00
C146 Elgin Sherman Oaks
Hospital Sunday 17.00

C418 Schaumburg/Bartlett 100.00
C659 Naperville Monday 48.00
C799 St. Charles-Hosanna
Lutheran Thursday 55.00
C1207 Lisle Women's Monday 17.00
C1377 Algonquin Tuesday 50.00

LOUISIANA

C849 Slidell Sunday 66.00

MASSACHUSETTS

C792 Halifax Thursday PM 53.00
C830 West Bridgewater
Saturday AM 40.00

NEW JERSEY

C1457 Marlton Thursday 20.00

OREGON

C1478 Eugene Springfield
Wednesday 25.00
C1480 Oregon City Friday 11.00

WASHINGTON

C383 Spokane Valley 41.00

GROUP CONTRIBUTIONS MAY 2026

ARIZONA		Delray Beach Friday –	
Glendale Thursday -		Crossroads	30.00
Mission Bells	149.00	Delray Beach Sunday –	
Green Valley Saturday -		Crossroads	72.00
Early Risers	25.00	Fort Myers Thursday	25.00
Mesa Wednesday Noon	250.00	Gainesville Thursday	20.00
Tempe Sunday	40.00	Lady Lake	25.00
CALIFORNIA		Naples Monday	175.00
Burbank Monday	80.00	Port St. Lucie Wednesday	10.00
Culver City Tuesday PM	60.00	Windmere Tuesday	25.00
Hesperia Tuesday	25.00	GEORGIA	
Lincoln Wednesday	31.30	Norcross Sunday Korean	10.00
Lincoln Friday AM	8.00	ILLINOIS	
Lincoln Sunday	22.00	Deerfield Wednesday	50.00
Monterey Monday PM	35.00	Rockton Thursday	50.00
Palm Springs Sunday AM	50.00	INDIANA	
San Francisco Saturday		Valparaiso Sunday	110.00
Step AM	100.00	MICHIGAN	
San Pablo Spanish		Sanford Thursday	20.00
Wednesday	200.00	MINNESOTA	
Sierra Madre Tuesday	80.00	Anoka Thursday PM	50.00
CONNECTICUT		NEW JERSEY	
Milford Tuesday	611.75	Basking Ridge Saturday	50.00
DELAWARE		Freehold Friday	50.00
Bethany Beach	50.00	Hasbrouck Heights	
FLORIDA		Saturday	25.00
Boca Raton Monday	20.00	Metuchen Tuesday	100.00
Boca Raton Monday -Young		Old Bridge	10.00
Persons	50.00	Ridgewood Wednesday	75.00
Boca Raton Friday	150.00	Sayrewoods Wednesday	100.00
Boynton Beach Tuesday	30.00	Toms River Saturday	125.00
Coral Springs Thursday PM	50.00	Toms River Thursday	150.00
Coral Springs Saturday AM	50.00	Toms River Sunday	25.00
Daytona Beach Tuesday	45.00	Willingboro Wednesday PM	80.00
Daytona Beach Thursday	45.00	NEW YORK	
Delray Beach Tuesday -		Ardsley Tuesday	10.00
Crossroads	30.00	Bellmore Monday	50.00
Delray Beach Thursday –		Bronx- Monday PM Our	
Crossroads	50.00	Saviors	50.00

NEW YORK (cont)		Harrisburg Monday	40.00
New York City Sunday		Havertown Monday	50.00
Morning@ St. Francis	50.00	Media Wednesday	100.00
Staten Island Thursday		NE Philadelphia Wednesday	25.00
St. Patrick's	10.00	NE Philadelphia Friday -	
Webster Monday PM	25.00	Nazareth	25.00
NORTH CAROLINA		Roxborough Tuesday	30.00
Raleigh Thursday	50.00	South Philadelphia Tuesday	50.00
OHIO		RHODE ISLAND	
Geneva Wednesday	10.00	Tiverton Friday	10.00
OKLAHOMA		TEXAS	
South Oklahoma City	300.00	Fort Worth Monday	50.00
OREGON		Dallas Pathways Sunday	40.00
Eugene Springfield	60.00	WASHINGTON	
Gold Hill Monday	50.00	Olympia Wednesday	150.00
Oregon City Friday	50.00	WISCONSIN	
PENNSYLVANIA		Stevens Point Monday PM	20.00
Bethlehem Thursday	75.00	AUSTRALIA	
Broomall	20.00	City Sunrise Group-Brisbane	10.00
Collegeville/Trappe Thursday	60.00	KOREA	
Fairless Hills Tuesday PM	50.00	Seoul	60.00

INTERGROUP CONTRIBUTIONS MAY 2026

Chicagoland	658.50	Shreveport/Bossier	30.00
Greater Sacramento	50.00	South Florida	467.00
L.A. Intergroup	300.00	South Jersey	50.00
New England	17.30	Western Washington	215.00
New Jersey	137.00	Northern Alberta	537.12
Orange County	57.00		

NATIONAL HOTLINE DONATIONS MAY 2026

L.A. Intergroup	60.00
Oregon City Friday	50.00
South Florida Intergroup	20.00

**BULLETIN SUBSCRIPTIONS
MAY 2026**

4 Subscriptions for a Total of \$242.00

**ONE TIME DONATIONS
MAY 2026**

One-Time Donation
Estate of Stephen H., El Segundo, California

One-Time Donation in memory of my father, Jim S.,
from Nebraska.
Jim S., Tempe, Arizona

One-Time Donation
Wes R., Atlantic City, New Jersey

One-Time Donation in loving memory
of our cherished friend and devoted member
of Gamblers Anonymous of Southern Nevada, Gladys C.
G.A. of Southern Nevada, Las Vegas, Nevada

One-Time Donation for the trustee meeting
Doug E., Santee, California

One-Time Donation from the
Sunday morning phone meeting
Miscellaneous Areas

One-Time Donation in honor of John O.'s 15-year celebration
Rochester Friday P.M., Churchville, New York

One-Time Donation for the steps
Ina K., Deerfield Beach, Florida

One-Time Donation for online gamblers that still suffer.
Anonymous, Georgia

May Meeting Donation
Board of Regents, Upland, California

One-Time Donation in honor of my 29 years of recovery
Connie M., Ridgefield, Washington

One-Time Donation from Area 2B April potluck for the I.S.O.
Greater Sacramento Intergroup, California

One-Time Donation
Russ T., Ukiah, California

**ONE-TIME DONATIONS
VIA VENMO/ZELLE
MAY 2026**

One-Time Donation
Dylan K.

One-Time Donation
Thomas W.

One-Time Donation
Estate of Stephen H.

One-Time Donation
Jonathan H.

One-Time Donation
Ronald R.

One-Time Donation
Lori RG., Las Vegas, Nevada

**GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
OPERATING STATEMENT
MAY 2026**

****Contains Donation from Estate of G.A. member into checking account**** **\$159,033.15**

CASH IN OPERATING ACCOUNT MAY 1, 2026 **\$ 75,862.06**

INCOME FOR MAY 2026

Group Contributions	5,379.05
Intergroup Contributions	2,518.92
ISO Can Contributions	2,084.13
Lifeliners Contributions	6,723.70
Literature Shipping	2,874.50
Sale of Literature	34,496.88
Sales Tax Collected	226.54
National Hotline Donations	130.00
**One-Time Donation	160,157.53
Interest from Checking Account	0.66
E-Reader	4.90
PayPal Literature Process Fees	1,269.64
Bulletin Subscription	242.00
Workers Comp. Refund Check	261.30
Spring 2026 B.O.T. Mtg. Conference – 2 Sessions	752.00
Spring 2026 B.O.T. Mtg. Registrations	2,950.00

TOTAL **\$220,071.75**

CASH AVAILABLE FOR MAY 2026 **\$295,933.81**

EXPENSES FOR MAY 2026

Chairman B.O.R. Trustee Mtg. Expenses	1,191.65
Rent & Cam Fees	4,850.88
Payroll	15,931.84
Payroll Taxes (Federal & State)	1,276.20
Payroll Processing Fee	238.13
Office Expenses	1,088.78
Health Insurance	2,588.53
Electric Bill	186.78
Telephone/Internet Bill	613.10
Gas Bill	35.50
ADT Alarm	54.61
Monthly Air Conditioning/Heater Maintenance	30.00
Match for Employees Simple IRA	429.36
Literature	4,329.74
PayPal Literature Processing Fees	1,269.64
Postage	3,000.00
Lifeline Bulletins	545.50
Visa/MC Service Fee	67.69
Returned Check	5.00
Conference/Trustee Mtg. Expense	1,440.80

TOTAL EXPENSES **\$ 39,173.73**

MONTHLY NET INCOME (NET LOSS) **\$180,898.02**

CASH IN OPERATING ACCOUNT AS OF MAY 31, 2025 **\$256,760.08**

FISCAL YEAR STARTING JULY 1 TO DATE NET INCOME (NET LOSS) **\$224,571.84**



2027 LA INTERNATIONAL CONFERENCE

70 Years of Miracles

September 17-19, 2027

Hilton Los Angeles/Glendale

100 W Glenoaks Blvd, Glendale, CA 91202 • (818) 956-5466



PLAN OPTIONS (PRICING IS PER PERSON)

PLAN	PACKAGE SELECTION	COST (USD)
A	Registration and 2 Banquets	\$275.00
B	Registration and Saturday Banquet Only	\$175.00
C	Registration and Friday Night Banquet Only	\$175.00
D	Registration Only	\$75.00
E	Friday Night Banquet Only	\$100.00
F	Saturday Night Banquet Only	\$100.00

REGISTRATION FEE DOES NOT INCLUDE HOTEL ROOM

Room rates of \$164.00 per night are available for up to three days before and three days after the conference.

PLEASE NOTE THAT TAXES ARE NOT INCLUDED IN THE LISTED RATE.

FOR YOUR CONVENIENCE, WE RECOMMEND FLYING INTO ONE OF THE FOLLOWING LOS ANGELES AREA AIRPORTS:

- HOLLYWOOD BURBANK AIRPORT (BUR) – CLOSEST TO GLENDALE AND JUST MINUTES FROM THE CONFERENCE SITE.
- LOS ANGELES INTERNATIONAL AIRPORT (LAX) – SERVES MOST MAJOR AIRLINES AND OFFERS A WIDE RANGE OF FLIGHT OPTIONS.

SCAN TO REGISTER!



[Click to Register Online](#)

REGISTRATION FORM

REGISTRANT #1

PLAN CHOICE (CIRCLE ONE): **A** **B** **C** **D** **E** **F**

FULL NAME (REQUIRED): _____

NAME FOR BADGE: _____

AFFILIATION (CHECK ONE): GA GAM-ANON NON-AFFILIATED

PHONE NUMBER: _____

EMAIL ADDRESS: _____

STREET ADDRESS: _____

CITY: _____ STATE/PROVINCE: _____

COUNTRY: _____

REGISTRANT #2

PLAN CHOICE (CIRCLE ONE): **A** **B** **C** **D** **E** **F**

FULL NAME (REQUIRED): _____

NAME FOR BADGE: _____

AFFILIATION (CHECK ONE): GA GAM-ANON NON-AFFILIATED

PHONE NUMBER: _____

EMAIL ADDRESS: _____

STREET ADDRESS: _____

CITY: _____ STATE/PROVINCE: _____

COUNTRY: _____



PAYMENT OPTIONS

Checks or money orders payable to "2027 LA International Conference" can be mailed with complete registration form to:

Los Angeles Intergroup
P.O. Box 184
Montrose, CA 91021

ZELLE PAYMENT TO:

LAConference2027@gmail.com

For international payments or additional information, please email:

LAConference2027@gmail.com



PLEASE NOTE:

- LAST DATE TO RECEIVE A REFUND ON REGISTRATION AND MEALS IS JULY 31, 2027
- ONLINE REGISTRATION CUTOFF IS SEPTEMBER 1, 2027

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION - JUNE 01, 2024

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time

EASTERN TIME	Call-In Number	Meeting Code	Email for Information
Wednesday – 9PM	267-807-9601	9131957#	weeklycallhelp@gmail.com
Friday – 3PM	267-807-9601	9131957#	weeklycallhelp@gmail.com

U.S. callers who are trying to call the U.S. numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA

There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time

PACIFIC TIME	Call-In Number	Meeting Code	Email for Information
Tuesday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL:

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

First choice: Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

Second choice: Text the words **CALL ME** to the conference call-in number. The system will call you back and connect you directly.

This information is available at trusteewebsite.com/telephone-conference-call

Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____

NAME _____

ADDRESS: _____

CITY & STATE: _____ ZIP: _____

Please mail this with your initial contribution to:
GAMBLERS ANONYMOUS I.S.O.
1306 MONTE VISTA AVE., STE. 5, UPLAND, CA 91786

Thank you for your support!!