



GAMBLERS ANONYMOUS LIFE-LINE YEARLY BULLETIN SUBSCRIPTION FORM

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INTERNATIONAL SERVICE OFFICE
1306 MONTE VISTA AVE., STE 5
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DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

BOARD OF REGENTS

MEETING MINUTES OF DECEMBER 20, 2025

Call to order: The Chair, Wendy B., called the meeting to order at 9:32 A.M.

The Chair reminded everyone that recording of this meeting is not permitted.

Roll call was taken by the Secretary, Richard C.

Present: Wendy B., Bob W., Joe C., Ara H., James C., Richard C.
and Israel A., Office Manager.

Present by Zoom: Jackie C., Jo Jo B., KC B., International Executive
Secretary and Pete K., Chair, Board of Trustees.

Present by Telephone: Ted S.

A. Minutes for November 15, 2025.

A motion was made to approve the November 15, 2025, minutes as written.

MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0

B. Operating Statement for November 2025.

A motion was made to approve the November 2025 Operating Statement as written.

MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0

OLD BUSINESS

A. Office Manager Report – Israel A.

• NEW LIFELINERS – 10

AZ - 1	CA - 2	IL - 1	LA - 1	NY - 1
PA - 1	WA - 1	ARG - 1	QBC - 1	

- **CANS – 0**
- **GROUP INFORMATION REQUEST FORMS RECEIVED: 0**
- **GROUP INFORMATION REQUEST FORMS RECEIVED PRIOR TO SENDING STARTER KITS – 1**
- **One Starter Kit was sent out as follows after receiving the Group Information Request Forms for the month of September:**

Modesto, CA

- **Prison Starter Kits Sent: 0**
- **Venmo and Zelle donations totaled \$3,781.62:** Lifeliners (37) \$1,373.62, ISO Cans (6) \$449.00, Groups (20) \$1,324.00, 1x Donations (5) \$485.00, Gratitude Week (1) \$150.00.
- Gratitude Donations year to date - **\$15,259.76**. Last year it was \$17,353.41.

B. International Executive Secretary Report – KC B.

- Completed November bulletin. Working on December bulletin.
- On-going projects include writing SOP on duties and obtaining digital copies of all literature.
- Sent out Board of Trustee Minutes to trustees to review for correction and clarification.
- Made changes to literature that passed 2nd vote in Denver.
- Did a phone “interview” with Matt P. from Brisbane, Australia. He recorded it and will play it to his group. Questions about IES job duties.

C. Co-Chair of the Board of Trustee Report – Pete K.

- Nothing to Report.
- Upcoming Trustee meetings in Houston (May) and Chicago (Oct).

Motion to sell 2 First Edition Copies of the Blue Book from the ISO Office for \$400 each, if possible.

**MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0**

D. Discuss moving votes on By-law Changes from Rules and Procedures to the By-laws.

- Discussion only.

NEW BUSINESS

A. Discuss B.O.R Mission Statement.

- It would involve a Guidance Code Change. Ted will look into writing one up.

B. Discussed Gamblers Anonymous Yearly Audit.

- Discussion only and all went well.

C. Discussed Download of G.A. Literature off the ISO Website.

- Additional literature was approved at the Denver Board of Trustee meetings to add to ISO website to be able to download.

Motion to pay Brandon (G.A. member) \$50.00 to add literature approved for downloading to the website.

**MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0**

D. Discussed Holiday / Year End Bonuses.

- Board of Regents members voted to give all the employees a year-end bonus.

**MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0**

Number of people who called in to listen to the meeting: 1

Collected: \$80.00

The meeting ended with the Serenity Prayer at 10:30 A.M.

The next meeting will be on January 17th.

Respectfully submitted by Richard C., Secretary

HELP IS AVAILABLE!

On page 17, item #7 it says: “We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting, as it offers guidance toward a normal way of thinking and living.”

Any member desiring individual assistance with his/her Pressure Relief, please contact Pilar L. at ms.pimalo@gmail.com. She will reply by email or phone if you provide your number.

UNITY PROGRAM

Did you know that the I.S.O. sells a booklet on how to study the Unity Steps? We do! It’s called “Gamblers Anonymous Group Study Book on the Unity Steps.” Each month of 2026, I’ll discuss the Unity Program and the corresponding step with each month.

As I entered my first meeting on July 30, 2001, at the Unity Club in Las Vegas, my brain was focused on one thing – to stop gambling. It’s all I cared about for the first few months I was attending meetings. I had no idea what the Unity Program was or why it existed.

As my mind cleared up and I started to understand my surroundings, the Unity Program became less and less confusing for me. I'd like to think it's the same way for all of us; however, I can only speak of my experience.

It taught me that while I needed to focus on MY recovery, I also needed to respect the group as a whole and be one with them as we move forward on this journey of self-discovery and recovery.

I knew that whether I relapsed or not, the Group would still be there when I came back. So, when I'd see a person had relapsed, I'd welcome them back to the Group and continue forward.

Step 1 – Our common welfare should come first; personal recovery depends upon group unity.

Our red book, A New Beginning, starts discussion of our Unity Program in Chapter 5 and says:

Our common welfare is based upon the desire to stop gambling and to solve our common problem. Personal recovery depends upon this common goal. When one maintains abstinence from gambling, we improve our quality of life. We then see that our common good is primary as we recover individually in unity with each other. A group that is troubled due to personality conflicts, indifference to others, individual ambitions, super egos, compulsive talkers, disruptive members, and others who openly indicate that group unity is not essential, will certainly be unable to carry our message, and in time the group will cease effectively to exist.

Gambling can shatter and perhaps destroy the gambler but an individual who gambles cannot destroy the Group. In the early days, we wondered if the Group could survive the many individual relapses. Today, we know the Group will survive.

- a. *Define/discuss the following phrase: Our common welfare should come first; personal recovery depends upon group unity.*
- b. *What is our common welfare?*
- c. *What is unity? What is group unity?*
- d. *We often hear in our program – “don’t take others inventory.” What does this mean? How does this affect the group when someone takes another’s inventory?*

- e. As we read the combo book, some groups read together aloud, “principles before personalities.” Discuss how this phrase relates to Unity Step 1.*
 - f. How do we put the common welfare in Gamblers Anonymous first?*
 - g. How can the lack of unity affect my personal recovery?*
 - h. How will the unity of Gamblers Anonymous affect my personal recovery?*
 - i. Have I ever contributed to disunity among the fellowship? What could I have done instead?*
 - j. How can I, as an individual member, support the unity within Gamblers Anonymous?*
 - k. One of the keywords to our recovery is open-mindedness. Why is open-mindedness needed for our common welfare?*
 - l. What are some of the ways to strengthen the unity of our groups?*
 - m. Elaborate on the following principles as they relate to Unity Step 1: unity, common welfare, anonymity, and other principles for Unity Step 1.*
-

From the desk of your International Executive Secretary.

As the January bulletin nears completion, I'd like to say thank you to all of you who have continuously contributed to the ISO and its ability to help the compulsive gambler who still suffers. I appreciate all you do to help the fellowship continue growing. We could not do this without you.

If you've wondered how to give back, you could become a LifeLiner. If you aren't already, please consider signing up as a LifeLiner and contribute monthly so that the I.S.O. can continue its amazing work of getting literature out and helping people find meetings all over the world. If you send it via Venmo or Zelle, please be sure to put your Lifeliner number in the memo section. If you're a new Lifeliner, please put in the memo that you are a new Lifeliner. That way, when the office gets it, they know what it's for and can assign a number.

As we study Unity Step 1, have you ever studied the Unity Steps in detail? What did you learn?

Be sure to keep an eye out for the Board of Trustees meeting minutes. They are in this bulletin. Your Trusted Servants met in Denver at the beginning of November to vote on literature changes and other items to help our fellowship grow.

I am so grateful for this program and the members. You teach me on a daily basis. You teach me humility, courage, honesty, and integrity. I couldn't do it without you. Thank you for being on this journey with me.

I hope you all had a wonderful holiday season. Happy New Year! Here's hoping 2026 sends us in the direction we need to go and we all stay mindful of where that is.

Yours in recovery and gratitude, KC B.

A quick message from the International Service Office

Dear Members, Groups, & Intergroups,

It is with a heavy heart that we inform you of the sudden passing of Alex the Jeweler, who has been making our pins for almost 30 years.

His son (who is not a jeweler) has stepped up to help supply us with the pins we will need.

We kindly ask that you only order the gold-plated pins you need at the time of ordering. We're noticing higher amounts ordered for pins needed and hearing that it's to help pad the Intergroup Literature stock.

Unlike all other Gamblers Anonymous pieces of literature, we simply do not carry a huge number of pins in stock especially during this time of transition.

Thank you in advance for your assistance.

ISO Staff

The Combo Book is available for purchase as an e-book.

Instructions for Kindle purchase:

Note: if you already have an Amazon account go to step 2.

1. To create an Amazon account, log on to Amazon.com and follow instructions.
 2. Download a Kindle app for iPhone, Android, iPad, tablet, PC or Mac computer.
 3. Log on to Amazon.com
- A) Scroll down and tap or click on Kindle E-readers & Books. Then tap or left click on Kindle Books. In the search box enter Combo Book.
- B) Scroll down to locate the book and tap or left click on Combo Book.
- C) Tap or left click on Purchase. The book will automatically download to your device in the Kindle App.
- D) Tap or left click on Kindle App to locate Combo Book.

LITERATURE – SUGGESTIONS

If you just started your recovery with Gamblers Anonymous:

- Combo Book (small or large print).
- Suggestions for coping with Urges to gamble.
- Towards 90 days booklet (small or large print).
- Red Book - A New Beginning.
- Pressure relief Group meeting flyer.
- 20 Questions booklet.
- Your First meeting.
- Questions and Answers about Gambling.
- A Newcomer asks?
- Stop and Think card.
- Young gamblers in recovery.

If you have joined a little while ago:

- Beyond 90 Days booklet (small or large print).
- Sponsorship booklet.
- Sponsor/Sponsee relationship – HOW it works.
- Pressure relief Group Meeting Handbook.
- Pressure relief workbook.
- Information packet.
- A Day at a Time meditation book.
- Big Book – Sharing Recovery through GA.
- Have I quit the Fellowship?

If you are working the Steps:

- Working the Steps booklet.
- Step meeting handbook, Booklet.
- Daily inventory of my behavior (sheet).
- Fourth Step Inventory Moral Book.
- Step One recovery Workbook.
- Writing the Steps.
- 12 Steps Unity booklet.
- Group study book on the Unity Steps.

If you are interested to know more about GA, its structure, and its groups:

- Group Handbook Guide booklet.
- Guidance Code (trusteewebsite.com).
- Short term Group sponsorship.
- Suggestions for a Successful 90-day room.
- Suggestions for New Member Retention.
- Treasury Guideline Example.
- A Guide to Regional Service Offices.
- Intergroup Handbook.
- Public Relations flyer.
- Towards Recovery in Prison.
- Handbook for Judiciary, Lawyers, Counselors etc.
- The Stock market, Retirement accounts, and Gamblers Anonymous.
- The First 40 years.
- Let's Host a Mini-Conference pamphlet.
- Hosting an International Conference pamphlet.

Need help? Ask a Trusted Servant to guide you further.

GROUP NEWS

Note From I.S.O.: Thank you to all our members who send in letters, donations, and kind words each month. Please keep writing and sharing your experience, strength, and hope with everyone.

Dear I.S.O.,

Enclosed is a donation from the Monday Night Vancouver GA meeting.

Greater Vancouver Area Intergroup

Dear I.S.O.,

Enclosed is the December 2025 donation from the Wednesday Night NE Philadelphia Group.

Thanks for all the good work you do.

In Unity, Scott S., Philadelphia, Pennsylvania

Dear I.S.O.,

Enclosed is a donation in honor of Sharon W., from Portland, OR. She was very helpful in my recovery from the very beginning of time.

Sadly, she has passed away, and I will always be thankful for the friendship she showed me over the years.

Sincerely, Connie M., Ridgefield, Washington

Dear I.S.O.,

Happy Holidays. Thanks for all you do through the year.

GA Metuchen Tuesday, New Jersey

Dear I.S.O.,

Because of this program, I have a lot to be thankful for. I hope you have a Merry Christmas and a Happy New Year.

Frank M., Delray Beach, Florida

Dear I.S.O.,

Enclosed is a donation in remembrance of Paul D. from the Wednesday Night West Seneca, NY group.

Paul was a cherished member of our group who passed away recently.

Thank you, Kristin F., West Seneca, New York

Dear I.S.O.,

Enclosed is a donation from the Tuesday evening room in Cary, NC.

Happy Holidays, John B., Cary, North Carolina

Dear I.S.O.,

Enclosed is a donation from the San Bruno groups.

Thank you for your service.

Sincerely, John M., Brisbane, California

Dear I.S.O.,

Enclosed is a donation from our October 25, 2025, Marathon Day Event in Surrey, British Columbia.

We had a wonderful day of great wisdom, food, and fellowship. We are grateful for our southern visitors from Washington State who came and joined us. Particularly Alex H., who was our guest speaker.

Sincerely, Esther J., Greater Vancouver Area Intergroup, British Columbia

Dear I.S.O.,

For twenty years, Paul D. walked beside us in the fellowship of Gamblers Anonymous. He had a steady presence of kindness, wisdom, and quiet strength. His gentle spirit and warm heart brought comfort to all who knew him.

To many of us, he was also known as “Santa Claus”, always ready with a smile, a story, or a small act of generosity that reminded us of the goodness in people.

Paul’s life was a testament to hope and redemption. He showed us that change is possible, that healing is real, and that compassion can light even the darkest paths.

Though he has left this world, the love and lessons he shared will live on.

Rest peacefully, Paul. You will be missed but never forgotten.

Sincerely, Ana B., Venice, Florida

Dear I.S.O.,

Because of this program, I have a lot to be thankful for.

I hope you had a Merry Christmas and Happy New Year.

Frank M., Daytona Beach, Florida

Dear I.S.O.,

Rose O., a founding member of the Mount Vernon, WA Little Mountain GA group passed away this September. She achieved 12 years of Recovery this August. Rose, a native Alaskan, struggled with many other addictions with compulsive gambling being the last one she arrested by embracing the GA way of life.

Rose always encouraged newcomers with her warmth and shared the personal growth and happiness she attained from being an active member of Gamblers Anonymous.

She always attended our group's Zoom meetings during COVID to help our members stay connected during the 2years that we met virtually.

Rose's granddaughter drove her to the potluck celebration we had for Rose's 12-year anniversary. We will always remember her happiness and smiles when her granddaughter shared how Rose's recovery has influenced their lives.

Loving members of our group are grateful for Rose's influence on our recoveries.

Her favorite saying was: "We can do together what we could not do alone"

Regards, Alex H., Mount Vernon, Washington

GAMBLERS ANONYMOUS
INTERNATIONAL BOARD OF TRUSTEES MEETING
Denver, Colorado — November 2-3, 2025

A) Welcome – Pete K. Chair, Board of Trustees

Pete welcomed everyone to the Board of Trustees Fall meeting and reminded us why we are here – to help the compulsive gambler who still suffers.

He asked anyone with names for the departed members to get those to Marc L., as he will be reading the names during that portion.

He asked if you have something to say, please get to the mic so that you can be recognized.

Pete went over Points of Order and Points of Information. He asked us not to use a Point of Information to just skip the line.

Pete let us know that Lifeline cards were on the front table and showed everyone where the motion sheets were.

B) Remembrance of our departed members – Marc L., Area 3D

Area	Name	Area	Name
1A	Will H.	6	John M.
2B	Rosario	8	Brijid A.
2B	Jeanna B.	8	Tom F.
2B	Steve B.	10	Bob R.
3	Diane T.	11	Don M.
3	Frank J.	11	Mike P.
3	Harriet K.	12	Lou F.
3D	Susan C.	13	Jozette W.
5B	Kathleen P.		

C) Reading from “A Day at a Time Book”

Dean W., Area 1A, read the reading from the A Day at a Time book to start our first day.

Bill N., Area 7, read the reading from the A Day at a Time book to start our second day.

D) Reading of the "12 Steps of Unity"

Joey P., Area 15, read the 12 Steps of Unity to start our first day of meetings.

Donna M., Area 8, read the 12 Steps of Unity to start our second day of meetings.

E) Roll Call – KC B. International Executive Secretary

KC B. took roll call.

F) Approval of Minutes from St. Louis

Motion as written.

Item passed.

This item chaired by Pete K.

G) ISO / Lifeliner – KC B.

KC gave a report on the Lifeliner information for the last 12 months. In the 12 months from October 24 to September 25, we had a total of \$85,726.20, which was a difference of -\$14,246.10 from the previous 12 months. This was a negative difference of 14.25%.

There is currently a total of 353 Lifeliners with an average of 197.7 giving every month. Out of the 353 Lifeliners, 44 of them are trustees.

H) Report from the Board of Regents – Wendy B., BOR Chair

Wendy reported that the office is doing well, and things seem to be working as they should be. Wendy went over the finances.

Wendy reported a good working relationship between the current Board of Regents and the current Board of Trustees.

She reported literature sales tend to fall off at the end of the year, as per the Office Manager letting her know that. The digital literature on the website seems to be going well and does not seem to be affecting the sale of literature in a negative way.

I) Trustee Meeting Report-KC B., IES

1) St. Louis- Spring 2025

\$1051.25 was collected during the BOT meeting sessions. The first session total was \$307.25; the second session was \$188; the third session total was \$193; and the fourth session total was \$300.

\$306 was collected from new and current Lifeliners.

\$2600 was collected for registration.

J) Committee Reports

Committees with Cindy C. as Co-Chair Liaison

Conference Oversight and Assistance Committee – Standing Committee:

Committee Chair – Harold A. - Area 1A

Co-Chair – Jeff R., Area 8A

Committee Liaison Chair – Cindi C.

Mission Statement: To oversee all processes dealing with International Conferences and to encourage and provide assistance to Areas seeking to host an International Conference as well as to provide advice and assistance after a Conference has been awarded. The Conference Oversight and Assistance Committee has met twice since the last BOT Meeting in St. Louis. The first time was by phone calls to introduce each other and talk about what we planned to be doing as a committee, to review the current Mission Statement/ Purpose, and to lay the groundwork for what we knew would be coming to us, and that was a potential International Conference bid for the 2027 Fall Conference by Los Angeles Area 1 Intergroup. Once Area 1 formed an initial “task force” headed by previous Board of Regents Chair Ara H., both current Board of Regents Chair Wendy B. and me were asked to join the Area 1 Conference Committee since each of us had experience either with hosting a previous International Conference and/or negotiating hotel contracts. After suitable properties were identified, Ara and then subsequently Guy H., who was elected as Chair of a formalized Area 1 Conference Committee, asked our Conference Oversight Committee for assistance in negotiating the hotel bids, which we did. Subsequently, a contract was successfully negotiated by the Area 1 Conference Committee, and they have met all the deadlines for submission of the following:

“No less than 14 days before the start of a Trustee meeting, submit to the Conference Oversight & Assistance Committee a final unsigned hotel contract and a letter from the Intergroup accepting responsibility for hosting a Conference as well as a letter from the hotel accepting to host the conference if awarded.”

Now, that the deadlines have been met the Conference Oversight and Assistance Committee will be having a third Committee meeting to review the final unsigned contract. In the second Committee meeting that was held October 12, suggestions were made by the Committee members and those were given to the Area 1 Committee and they have been included in the final unsigned hotel contract submitted.

Report submitted online.

Digital Strategy Committee

Committee Chair – Butch G. – Area 3

Committee Co-Chair – Reba L. – Area 8

Committee Liaison Chair – Cindi C

Mission Statement: The purpose of this committee is to give guidance and suggestions to the Board of Trustees on the most efficient use of digital media in order to share our message with the compulsive gambler who still suffers.

Following the Spring 2025 St. Louis BoT meeting, the Digital Strategy Committee (DSC) focused on several initiatives in preparation for the Fall 2025 BoT Meeting:

1. Pleasanton Literature Rule Implementation

After discussions with the BoT Executive Committee and ISO regarding the Pleasanton Literature Rule—requiring internal consistency across GA literature—the DSC concluded that there is currently no effective way to implement or enforce it. Specifically:

- There is no practical method to verify consistency across existing literature (50+ pieces of English literature representing 1000+ pages of content).

- There is no feasible process to ensure:

- a. Future literature changes are applied across all affected materials.

- b. Proposals follow the appropriate approval structure (e.g., two-vote majority, 2/3 majority).

Although the Pleasanton rule was passed with strong support and is logical in intent, the lack of implementation tools is a significant issue.

In response, the DSC, in collaboration with IES/ISO and the Executive Committee, developed the Master Literature File (MLF).

This secure, user-friendly reference consolidates all GA-approved literature (except the Daily Reflection) into a single file. The MLF was hosted on Trustee Website for Trustee preview in mid-September.

The MLF enables:

- **Easier auditing of current literature**
- **Evaluation of proposed changes**
- **Proper structuring of proposals**
- **Streamlined implementation of approved changes across all relevant documents**

The DSC has submitted two motions for BoT approval:

- **Acknowledgment of the MLF as a Trustee reference tool**
- **Revision of the literature change procedure to include the MLF for proposal structuring and impact identification**

The MLF as currently organized (total of forty-six files) was compiled from an assortment of various sources:

- **Digital Copies (Trustee Website): Four (4) Files**
- **Digital Copies (Received from IES): Seventeen (17) Files**
- **Scanned Copies (Received from IES): Eight (8) Files**
- **Scanned Copies (Scanned Hard Copies by the DSC): Sixteen (16) Files**
- **Manually Reproduced Files (by DSC): One (1) File**

The DSC, via the proposed Literature Change Procedure agenda item, has noted the need for ISO/IES to make digital source copies of all literature as essential for longer-term sustainability of the MLF as a living document. As digital source files are received, the MLF will be updated accordingly.

2. Digital Visibility and PR Pilot Program

A review of GA's digital presence showed that, outside of direct searches for "Gamblers Anonymous," GA does not appear in the top 20–25 search results for terms like "gambling addiction" or "problem gambling." This limits awareness among those who need help but are unaware of GA, and illustrates a substantial gap in our ability to engage with the compulsive gambler who still suffers.

To address this, the DSC, with the PR Committee and ~10 local Intergroups, launched a pilot social media program. Scripted videos with links to local Intergroup resources were posted as a means of attracting suffering compulsive gamblers. The pilot ran from mid-September to mid-October and generated analytic data currently under DSC review. These findings will inform future PR outreach proposals.

The DSC would like to thank members of the Fellowship who have taken an interest.

Trustees from numerous Intergroups (and RSO's) have commented on the urgency of expanding our outreach efforts in digital space, and the DSC looks forward to the opportunity to collaborate with others in furthering the program's goals across all forms of digital media.

3. Trustee Communication via WhatsApp

The DSC continued to support and monitor use of the Trustee WhatsApp chat, which remains a valuable platform for:

- Asking and answering Trustee questions
- Identifying issues requiring broader discussion or action

Report submitted online.

Pressure Relief Committee – Standing Committee:

Committee Chair – Pilar L. - Area 1

Committee Co-Chair- Harold A. – Area 1A

Committee Liaison Chair – Cindi C.

Mission Statement: To provide leadership and support throughout Gamblers Anonymous by coordinating, educating, training and clarifying the Pressure Relief Group Process that will aid in fostering an atmosphere of continuity, cohesiveness and unity as well as understanding within our Fellowship which will bring about an alleviation of pressures for our Members and thus strengthen and empower Members, Groups and Gamblers Anonymous as a whole. The following mission statement will be submitted as an agenda item for the Spring 2026 Board of Trustees meeting:

To provide Leadership and Support throughout Gambler's Anonymous by coordinating, educating, training, and clarifying the pressure relief group process that will aid in fostering an atmosphere of continuity, cohesiveness and unity as well as understanding within our fellowship, which will bring about an alleviation of pressures for our members and strengthen and empower members, groups and Gambler's Anonymous as a whole and will aid in the member's recovery.

The following is the PRGM committee report for the Fall 2025.

The committee met to discuss numerous topics including:

1. A new Mission Statement (stated above)
2. Undertaking a research project to better understand PRGM promotion and utilization across our areas
3. Establishing a main Point of Contact for every area, for direct communication and creating a referral list
4. Discuss creating a flyer for the purpose of promoting PRGMs at each local intergroup and meeting level

5. Discuss creating zoom PRGM guidelines
 6. Discuss creating digital PRGM forms
 7. Discuss creating 2 slide decks for wide distribution “What is a PRGM” and “How does a PRGM work”
- Report submitted online.

Prison Committee – Canada – Standing Committee:

Committee Chair – Jean-Marc L. – Area 5B

Co-Chair – Aldo I. - Area 4

Committee Liaison Chair – Cindi C.

Mission Statement: To provide telephone, email, and an in person resource (as feasible) to the Trustees or their designees for the purpose of assisting when a prisoner or institutional staff member is requesting to start an “inside” meeting, or an Intergroup and its committee are outreaching to prisons, jails, etc. Also, to compile in the ISO office an unpublished JIP meeting directory as a much-needed resource for federal, state, and local judges, defense attorneys, prosecutors, probation and parole officers, and clinicians.

No report submitted.

Prison Committee, US – Standing Committee:

Committee Chair – Ed G. - Area 10

Committee Liaison Chair – Cindi C.

Mission Statement: To provide telephone, email, “snail mail”, and an in person resource (as feasible) to the trustees or their designees for the purpose of assisting when a prisoner or institutional staff member is requesting to start an “inside” meeting, or an Intergroup and its committee are outreaching to prisons, jails, etc. Also, to compile in the ISO office an unpublished JIP meeting directory as a much-needed resource for federal, state, and local judges, defense attorneys, prosecutors, probation and parole officers, and clinicians. Since the last conference and, as a result of attending the NCPG national conference, four new prisons have expressed interest in starting GA meetings within their facilities. Each has been sent starter kits and direct contact information. These are:

Franklin County Jail- Columbus, OH

Cuyahoga County Jail- Cleveland OH

Mansfield Correctional Institution- Mansfield, OH

Lenawee County Jail- Adrien, MI.

Cuyahoga County Jail Hosted an implementation meeting in late September with 20 Staff members and health professionals with me and Wayne S (Area 10 prisons fellowship coordinator). It was decided to move forward with LIVE MEETINGS within the facility.

The attached meeting minutes were provided by the prison staff and are provided to demonstrate how we can adapt to individual needs of each facility. Currently a GA volunteer core is being formed, applications submitted, background checks being formed.

No date for facility training has been set, which will be the final step before activation.

Ideally, meetings will ultimately be weekly with one for men and one for women.

Gambling Anonymous Meeting – September 23, 2025

- Provide recovery resources.
- Two reasons: No Fee, do not run out of time.
- Therapy counseling is wonderful, but it goes away, their program does not.
- Same goal = Decrease recidivism, poor public choices, approach from perspective of been there/done that.
- Prefer hands on approach, not virtual. Some areas are remote and are in the middle of nowhere because it can be difficult to get volunteers to go that distance.
- You do not see people with gambling problems physically because it does not take a toll on your body, its emotional, high suicide rate, takes money/trust, internal struggle, starts small then increase until you rob, or kill. Gambling is now mobile.
- GA program is based on attractions not promotion, you must want it.
- Gambling addiction feeds same receptors in brain; you keep going until you cannot anymore.
- 3-4% compulsive gamblers kill themselves.
- 14% incarcerated.
- Medical can now identify gamblers through Sally Port.
- Hasen identify those who need gambling services through level of care, he asks on his rounds and trying to do a program.
- Through screening you can hit every person, there is a box but there needs to be a better process so that the appropriate parties are informed.
- GA wants to come every week. Informed there is an application online, background checks must be approved, once approved then training, maximum in room 10 people. The window will be 8:45-11am and 2-4pm.
- The meeting will be for one hour and start and end on time and jail can determine day of week, the jail like Saturday because they have other meetings on that day.
- Male and female are invited, mostly males attend.

- GA provides combo books.
- Megan received books that are GA equivalent to the AA big book, just asking that it not be thrown away but pass along or put in our library. (Blue Books)
- GA will work on getting volunteers so they can get screened as soon as possible so that the program can start.
- Wayne, was present he has been 10 years clean, lost a lot, did jail time, but the program saved his life.
- Jail will list requirements in housing units.
- Contact information for Ed G. 440-773-9845

This progress is a **DIRECT RESULT** of participation of GA members in activities outside of the confines of GA while honoring the Unity Steps. Several GA members were present at this conference. Networking works.

Report submitted online.

Public Relations Committee – Standing Committee:

Committee Chair – Anthony K. - Area 10

Committee Liaison Chair – Cindi C.

Mission Statement: Communicate information relating to the existence of Gamblers Anonymous meetings to outsiders. Spread the awareness of the Gamblers Anonymous Program with other when requested.

We have had multiple zoom meetings and have a very active committee

Committee members and others from the fellowship answered inquiries from the following and others as well:

USA Today

Bloomberg

CNN

Axios

NY Times

KBS

GBH News

Between the current PR committee members and others most if not all of the requests to speak to someone were able to be done. The trend in a lot of the interview requests were geared towards the rise in sports betting and crypto. Our main goal is to get them to use a website link or hotline number. In some instances, they are not able to do that but will always say Gamblers Anonymous so at least people are made aware that we exist. The PR committee and the Digital Oversight Committee worked together to create AI

generated awareness videos that local intergroups would be running on various social media sites. All committee members were supplied with the new Awareness Pamphlet and have been distributing them in many different places.

I have traveled a lot to attend meetings and conferences in other areas. I bring 10-15 to each location to make them aware of what we are doing and hopefully the local intergroup then could make a purchase and get them distributed.

We have had a very active committee and have been trying to make outsiders know that GA does exist. Going forward we are going to continue to focus on what we have done so far and continue to try and get information out that we do exist. The PR committee also submitted an agenda item #45 for a budget so we could supply literature to our committee members along with current trustees and local intergroups

Report submitted online.

Virtual Meeting Committee

Committee Chair – Butch G. - Area 3A

Committee Co-Chair- Luis O. – Area 28

Committee Liaison Chair - Cindi C.

Mission Statement: To develop guidelines for regularly scheduled video online G.A. meetings, including but limited to how to start a meeting, technical requirements, and suggested meeting formats.

Following the St. Louis BoT meeting in Spring 2025, the Virtual Meeting Committee (VMC) worked toward a revised presentation for the Denver BoT meeting, with the goal of obtaining Trustee approval for Virtual Trustee Meeting Rules & Procedures, which would permit the Executive Board to proceed with implementation. In working toward this goal, the VMC, through two committee meetings (detailed notes/minutes from each meeting are included among the reference documents from the VMC) and in individual efforts from various committee members, focused on the following:

- An amended mission statement which more clearly articulates the VMC's role in supporting the preparation, development, and implementation of Virtual Trustee Meetings. The amended mission statement has been submitted as an agenda item for BoT approval.
- Amending the Rules & Procedures based upon feedback received during the St. Louis BoT Meeting – revised Rules & Procedures have been submitted as an agenda item for BoT approval. The amendments included, but were not limited to, the following:
- Clarification of various points for which concerns of ambiguity were voiced in St. Louis.

- Editing for improved grammar and structure as observed in St. Louis.
- Identification of proposed budgeting and cost structure as requested in St. Louis.
- Close review of the transcript from St. Louis to identify all questions presented, with detailed VMC responses reflecting the work completed after the St. Louis meeting. A copy of the St. Louis questions, with VMC feedback, is included among the reference documents from the VMC.
- Budget/Cost Structure Analysis: After reviewing all associated costs, the VMC developed a proposed annual Trustee fee which is anticipated to cover all costs even if participation is below expectations. If participation exceeds the basis used in determining Trustee fee, any surplus funds would be rolled over into the following year budget. A summary cost breakdown, in addition to a HYPOTHETICAL presentation of Year Two budgeting based upon potential Year One registration, are included among the reference documents from the VMC.

The VMC thanks the Trustees for their feedback in St Louis, and for their consideration in our efforts to address all potential and identifiable obstacles.

Report submitted online.

Website Meeting Audit Committee:

Committee Chair – Ed G. Area 10

Committee Liaison Chair – Cindi C.

Mission Statement: To assist the International Service Office with maintaining an accurate and current listing of active group meetings by providing the following:

1. Create a Master (unpublished) list of all known and verified active meetings and a means of contacting a trusted servant from the same.
2. Provide a central point of contact to provide meeting additions, closures, and changes to provide Intergrups, Trustees, and ISO web administrator with timely and accurate information,
3. Provide ISO web admin with a periodic, consolidated list of changes that occurred within that period.
4. Provide an Email address where updates can be sent that is exclusive for this purpose. GA.MeetingAuditCommittee@gmail.com
5. To the extent possible, verify groups not represented or underrepresented by an Intergrup/Service Board.

Several Areas have sent meeting lists and/or individual meeting changes. All changes were forwarded to Jason at the ISO office for input into the website. Uploading new information continues to the Master meeting file as time permits.

However, this is lowered in priority as other personal and GA issues have taken higher priority.

ISO was presented with my offer to assist in inputting updates on the website. The offer was declined. So please continue to send changes to Jason.

Will continue on Master list as time permits. Please alert us if, in your travels you find any issues with the listed meetings on the site for follow up investigation.

Report submitted online.

Committees with Pete K. as Co-Chair Liaison

Fourth Step Inventory Review

Committee Chair – Renee G. – Area 8A

Committee Co-Chair – Mary W. – Area 8

Committee Chair Liaison – Pete K.

Mission Statement: Review, revise, and rewrite the Gamblers Anonymous publication “A Guide to Fourth Step Inventory” to create a more robust and effective tool of recovery for the fellowship of Gamblers Anonymous that addresses both moral and financial inventories.

The mission of the Fourth Step Inventory Revision Committee has been to review, revise, and rewrite the Gamblers Anonymous publication “A Guide to Fourth Step Inventory” to create a more robust and effective tool of recovery for the fellowship of Gamblers Anonymous that addresses both moral and financial inventories.

At the 2019 Board of Trustees meeting in Louisville the BOT authorized a committee to create a new GA 4th Step guide. Over the past 5 years our committee has diligently met twice a month via zoom to create and review this new GA Fourth Step Inventory Guide. In 2025 we sent out draft copies to some Beta readers considered their feedback and implemented suggestions where we could. We are happy to report that this Inventory document is on the Fall 2025 BOT agenda for a first vote of approval.

The Committee is proud to bring this document forward for approval. It supports the continued growth and development of our GA literature and reflects GA’s ongoing commitment to providing clear, accessible and useful materials to all our members.

We believe this resource can be part of expanding our Program's catalog of quality literature to support members in their recovery and to further strengthen the unity and purpose of our fellowship.
Report submitted online.

Daily Quotes and Topics Committee

Committee Chair – Andy R. – Area 12

Committee Chair Liaison – Pete K.

Mission Statement: N/A

No report submitted.

Future Conference Committee

Committee Chair – Bill B. – Area 6

Committee Co-Chair – Steve C.- Area 6

Committee Chair Liaison – Pete K.

Mission Statement: The future conference committee ("FCC") will develop a proposal for instituting an International Conference every 5 years with the first conference to be held in 2027 to coincide with the 70th Anniversary of the founding of Gamblers Anonymous.

The FCC will consider other areas of research that are related and develop proposals, as warranted.

In addition to local Intergroup(s) bidding for a live conference (according to the Guidance Code), the FCC recommends that an International Conference be held every 5 years starting in Fall 2027 to coincide with the Anniversary Date of the founding of Gamblers Anonymous (BOT meeting to be part of said Conference) the FCC endorses future virtual meetings for the BOT as the virtual meetings will result in much lower costs for Gamblers Anonymous and will be able to reduce current annual expenses in the low six figures (based on 2 annual live BOT meetings) At present, the Committee does not have any open items on its Agenda.

Report submitted online.

Telephone Conference Call Committee

Committee Chair – Greg M. – Area 13

Committee Chair Liaison – Pete K.

Mission Statement:

1) To administrate the creation, implementation and oversight of all conference call meetings from the Gamblers Anonymous website. These meetings will be sanctioned by Gamblers Anonymous but will not carry the distinction of being classified as a group, as per the Guidance Code.

- 2) To formulate, implement and maintain rules and procedures covering all aspects of the telephone conference call meetings, with Board of Trustee approval.
 - 3) To be responsible for coordinating the Gamblers Anonymous members who will administrate the individual telephone conference call meetings.
 - 4) To actively seek out any known phone meetings and try to assist in making them compliant with current rules and procedures covering all aspects of the telephone conference call meetings. Make changes to such procedures whenever necessary, with Board of Trustee approval.
 - 5) Look at other platforms being used and make changes to the rules and procedures covering all aspects of the telephone conference call meetings, with Board of Trustee approval.
- Report was submitted late.

Trustee Removal Merit Panel – Standing Committee:

Committee Chair – Andy G. – Area 13B

Committee Liaison Chair – Pete K.

Mission Statement: This is a standing panel with a 2-year term coinciding with the new term of Trustees. It will become active when an official action is presented to the Chair of the Board of Trustees to request the official removal of a current Trustee due to acts thought to be detrimental to GA as a whole, as provided for by the Guidance Code under Article VIII, Section 4. There is a specific document entitled ‘Trustee Removal Procedures’ available to all members for reference.

The panel will consist of 5 GA members, selected from 5 geographical regions, along with 1 backup Trustee for each area.

No report submitted.

Trustee Website Committee – Standing Committee:

Committee Chair – Butch G. – Area 3A

Committee Liaison Chair – Pete K.

Mission Statement:

- 1) – To oversee the Trustee website.
- 2) – To periodically review all websites that infer or imply membership or representation of the Fellowship or Corporation of Gamblers Anonymous, and evaluate the websites for compliance with approved Local Area Website Guidelines. Trustees and area trusted servants will be made aware of any deficiencies that need to be corrected. Websites from outside entities are not included.

3) – To review new designs, features, enhancements and any other changes that would be demonstrated to the Board of Trustees for approval and deployment to any website approved by the Board of Trustees.

Not too much new with the website. Been nice and quiet with the site up 100% of the time since the last trustee meeting. All new Trustees have been added to the e-mail lists for distributions.

If interested in either the Admin role, or updating memorial submissions on the trustee website, please contact the admin. Renee and Butch continue to do an awesome job of adding to the website as they are able. Much appreciation for their efforts! The Trustee Line is rarely being used any more as discussions have moved to the social app.

If you are a committee chair, please do not hesitate to check your committee's webpage for updates, and do not hesitate to send changes, big or small. Also, I can add any documents to your page for downloads.

New procedures for updating and posting Reference files is in progress for better accuracy and timeliness.

Committee members continuing to contribute and editing the website:

Renee G Trustee Line

Butch G Rolling Agenda, New social media admin

Doug K Admin

OPEN Memorial page updates

SHORT TERM GOALS:

1. Keep the existing website up and running, essentially maintaining the site as needed
2. The admin position is open to a new GA member; training provided!

LONG TERM GOALS: *(rolled over from previous trustee meetings)*

1. Find new members to volunteer for the website.
2. Outlining all the roles others have in helping to maintain the site, encouraging others to help, as able
3. Maintain trustee mail lists, current and past.
4. Provide information to trustees about the process of forming the agenda
5. Respond to all inquiries that come into the website, forward as needed

Report submitted online.

Chronological History Committee:

Committee Chair – Andy D. - Area 18

Committee Liaison Chair – Steve F.

Mission Statement: To write the history of Gamblers Anonymous.

We have almost finished confirming/correcting details of the first meeting in each US state – thanks for all the help from trustees and their contacts. We are about to begin verifying first meetings outside the US. Hopefully, this will be easier because the meetings started more recently and members are more likely to have contact with the founders and information will be in ISO Bulletins.

Progress continues steadily. We have almost completed scanning of documents in the ISO office. Several members of the committee will decide which papers are relevant to the committee (probably less than 10%) before the full committee begins writing the history. The culling of the 90% will take time because there are thousands of documents.

Report submitted online.

Hotline Implementation Committee:

Committee Chair – Andy G.- Area 13B

Committee Co-Chair – Ron B. – Area 6B

Committee Liaison Chair – Steve F.

Mission Statement: To provide assistance in implementing a Gamblers Anonymous Hotline and oversee the operations.

- Give support and help when needed to local areas using the Gamblers Anonymous Hotline provider.
- Assist local areas in developing guidelines for hotline volunteers.
- Follow up on voicemails on the Gamblers Anonymous Hotline for areas that do not have a hotline.
- Maintain the routing information for all areas using the Gamblers Anonymous Hotline.
- Review areas that use another hotline system.
- Review the data usage on the Gamblers Anonymous Hotline and report at each Board of Trustee meeting.
- Maintain communication with the Executive Secretary of the I.S.O. regarding usage and payments to the Gamblers Anonymous Hotline provider.
- Maintain information on the Trustee Website for the Gamblers Anonymous Hotline.

Since the Spring 2025 BOT Meeting in St. Louis, MO, the committee has held two (2) quarterly meetings – June 17, 2025, and September 9, 2025. Highlights from those meetings are as follows:

- Three more areas have migrated to the National Hotline since the last BOT Meeting.

Area 8A Eastern Iowa, Southern Minnesota, parts of Wisconsin

Area 3A San Diego, CA

Area 1 Central California, Los Angeles Area and Hawaii

- Approximately thirty-five former areas were maintaining their own hotline accounts. Twenty-five have closed their accounts and moved to the National Hotline.

- As stated in previous reports, one of our main goals for moving local areas to National was to help areas reduce the costs they were paying to Ring Central. Several areas who migrated to National have reported monies paid to Ring Central are now being donated to ISO. It is estimated donations to ISO earmarked for the hotline were about three times the cost of the National Hotline.

- The committee has generated another letter encouraging those areas who have not joined this migration effort to seriously reconsider partnering with their fellow areas. The process has been relatively seamless and all the areas are extremely pleased with the ease of operation, not to mention the substantial savings. A call to join will be presented at the BOT Meeting.

- Next scheduled Hotline Implementation Committee meeting is December 9, 2025 at 8:30 pm EST.

Report submitted online. Scott S. was available for questions.

International Relations Committee – Standing Committee:

Committee Chair – Igor K. – Area 3

Committee Liaison Chair – Steve F.

Mission Statement: Assist the fellowship of Gamblers Anonymous with International matters and help create a worldwide united Gamblers Anonymous.

1. Overview

Since becoming Chair in July 2025, the International Relations Committee has continued to strengthen communication among Areas, assist emerging fellowships, support translation projects, and expand outreach to compulsive gamblers worldwide. The IRC currently consists of 12 active members who contribute their time and experience to support GA's international mission. The committee remains focused on GA's primary purpose — to carry its message to the compulsive gambler who still suffers.

2. Contacts with Areas and International Activity

Slovenia: Communication was established regarding the translation and printing of the Blue Book (Sharing Recovery Through Gamblers Anonymous). It was confirmed that the translation of the old Blue Book has been completed. It is understood that new permission is not required for another translation — once permission has been granted by the BOT, the Area may request a PDF version from ISO for translation.

Area 28 (Mexico): Mexico reported the formation of two new groups in cities that previously had no GA meetings — Tampico, Tamaulipas and San Luis Colorado, Sonora — and two additional groups in existing GA cities — Tijuana, Baja California and Monterrey, Nuevo León. Area 28 will hold its Annual Conference from October 23–26 in Puebla, Puebla, expecting around 140 or more GA members to attend.

Nigeria: A compulsive gambler who reached out via the GA website has been connected with members providing regular communication and support. He has been added to a dedicated Africa WhatsApp group created for ongoing assistance.

Israel: A person from Israel who is not a gambler sought help for the wife of an active compulsive gambler. Since the primary concern involved family support, the inquirer was redirected to Gam-Anon Israel for appropriate assistance.

Morocco: A person contacted GA expressing a ten-year struggle with gambling addiction that has intensified in recent years. He is seeking help to begin recovery. The IRC is following up and exploring possible support connections in the region.

Iran: A compulsive gambler from Iran requested information about online GA meetings.

Meeting details were provided, and follow-up contact will continue to encourage participation and possible fellowship development in the region.

Lesotho: A compulsive gambler from Lesotho sought help and guidance. Members from our groups have been asked to assist, and further updates will be provided in due course.

Chile: A compulsive gambler from Chile reached out for help and was provided, through the ISO website, with the link to virtual GA meetings available in Chile. This connection ensures access to local support and fellowship.

India (Grace of God Bangalore Group): The GA group “Grace of God” from Bangalore, India, submitted a virtual meeting form requesting recognition and listing as an online meeting on the ISO website.

Dubai (United Arab Emirates): GA members from Dubai requested assistance with registering an in-person meeting. The form was sent and completed for registration on the ISO website.

Russian-Speaking Community: The IRC provided assistance in organizing, and I personally participated in, a two-day online speaker marathon of the Russian-speaking GA community all over the world, held in honor of the 68th anniversary of Gamblers Anonymous. This event brought together members from multiple countries and highlighted the strength and unity of GA's international fellowship. Report submitted online.

3. Translation Progress

Sweden: A group of GA members in Sweden requested permission to translate “Sharing Recovery Through Gamblers Anonymous” and “GA – A New Beginning” into Swedish. Their request was received through ISO with some delay. Since the request was received after the agenda deadline, it has been added to the BOT agenda as a last-minute motion for approval of the Swedish translation, in coordination with ISO.

Slovenia: As noted above, translation of the old Blue Book has been completed. Clarification is in progress regarding next steps for the new edition.

4. Areas Without Elected Trustees

There are currently seven Areas without elected trustees. The IRC proposes reaching out to each to better understand the reasons elections have not been held — whether due to lack of awareness, participation, or communication challenges — and to offer guidance and support to encourage full representation on the BOT.

5. Future Focus and Plans Ahead

- Develop an international outreach and communication strategy to strengthen GA presence and connection globally.
- Facilitate sharing of experience among long serving and new IRC members to build continuity and mentorship.
- Explore ways to help more compulsive gamblers find GA — in alignment with our Fifth Unity Step: “Each group has but one primary purpose — to carry its message to the compulsive gambler who still suffers.”

Report Submitted online. This committee is open to new members. Igor K. was available for questions and comments.

Literature Committee – Standing Committee:

Committee Chair – Roxanne D. - Area 3D

Committee Liaison Chair – Steve F.

Mission Statement: To encourage the creation of new Gamblers Anonymous literature as needed and to revise, edit and or update existing Gamblers Anonymous literature.

The literature committee submitted the following corrections to current publications:

1. New Blue Book - Page 198, last sentence in the 3rd paragraph opminded should be open minded

2. There is Help Pamphlet -

Under the Heading ‘Help for Thousands found in Gamblers Anonymous’

- The last sentence reads, “GAMBLERS ANONYMOUS is comprised people from all social and economic backgrounds, races, and religions.”

It is missing the word OF in front of people. It should read as, “GAMBLERS ANONYMOUS is comprised of people from all social and economic backgrounds, races, and religions.”

- Under the Heading ‘Some Danger Signals...’

1. 2nd bullet should read as; “Lying related to gambling activities.”

2. 4th bullet should read as; “Putting gambling before normal responsibilities.”

3. 6th bullet should read as; “Escape to other excesses (i.e. alcohol, substances, or gaming).”

The literature committee recommended placing page numbers on the bottom of the BoT meeting materials for easier identification in the event the papers become misaligned.

The literature committee submitted a change in mission statement item #44 on the BoT Fall Agenda

Report submitted online. This committee is open to new members.

Spanish Literature Committee

Committee Chair - Julian F. - Area 3F

Committee Liaison Chair – Steve F.

Mission Statement: To unify the literature translation efforts with all the Spanish speaking areas in our G.A. fellowship that are authorized to translate and print G.A. approved literature such that all areas that use the same language will coordinate a revision of existing translated literature that meets all area requirements.

No report submitted.

K) Agenda Items

RULES AND PROCEDURES

1. RULES AND PROCEDURES

Change existing rules and procedures – Add the creation of a Master Literature File (MLF)

Add information regarding the master literature file for research purposes.

Current Version: – None

Proposed Version: – Add a new section to the Rules and Procedures. Master Literature File. The Master Literature File will be posted on the Trustee website and used for research purposes only.

Butch G. – Digital Strategy Chair

Motion as written.

Item passed.

This item chaired by Steve F., 1st Co-Chair.

2. RULES AND PROCEDURES

Change existing Rules and Procedures

St. Louis Agenda Item #3 (Motion passed as written) stipulates that Any changes to the By-laws shall require only one passing vote of the Board of Trustees and was incorrectly added to the Rules & Procedures. As this motion pertains solely to changes in the By Laws, it should be included/append into the By Laws instead (as with the Guidance Code, which specifies the requirements for changes to the Guidance Code within the document).

Current Version: Rules & Procedures Section 5 – Any changes to the By-laws shall require only one passing vote of the Board of Trustees.

Proposed Version: By Laws Article XVIII (New) Section 4: Any changes to the By-laws shall require only one passing vote of the Board of Trustees.

Mike S. – Area 15 – New York City & Surrounding Areas

Motion as written.

Item passed.

This item chaired by Steve F., 1st Co-Chair

3. RULES AND PROCEDURES (attachment)

Create a new category for Virtual Trustee Meetings

Current Version: – None

Proposed Version: – Per attached

Butch G – Virtual Meeting Committee

Motion as written.

Item passed.

This item chaired by Steve F., 1st Co-Chair.

4. RULES AND PROCEDURES (attachment)

Rules and Procedures section 19 Addition to section – Change in Literature

Current version: – None

Proposed Version – See Attached

Mike S. – Digital Strategy Committee Co-Chair

Amended motion to read “Upon receipt of a submission for a literature change request, the chairman of the board will forward a submission for D.S.C. review. If acceptable, the submission shall be added to agenda. If DSC identifies need for correction, submission will be returned to the trustee for revision and resubmission.”

This item was called out of order.

There was a challenge to the chair.

The item was found to be in order, and we went back to discussion.

Item failed.

This item chaired by Steve F., 1st Co-Chair.

ITEMS UP FOR SECOND VOTE

5. CURRENT LITERATURE – Item #38 in St Louis

Combo Book – Page 13, under “Can a Compulsive Gambler Ever Gamble Normally Again”, second paragraph, second sentence. “After abstaining a few months some of our members have tried some small bet experimentation, always with disastrous results”.

Change to add “or years” after “a few months”.

Current Version: – After abstaining a few months some of our members have tried some small bet experimentation, always with disastrous results.

Proposed Version: – After abstaining a few months some of our members have tried some small bet experimentation, always with disastrous results.

Kira G for Eli L – Area 2H – Western Washington, North of Longview to the Canadian Border and West of the Cascade Mountains

It was discovered that the wrong information was put on this agenda under the “Proposed Version.”. The original item in St. Louis was amended to read “After abstaining for a period of time some of our members have tried some small bet experimentation, always with disastrous results.” and passed 1st vote.

Item passed 2nd vote.

This item chaired by Cindi C., 2nd Co-Chair

6. **CURRENT LITERATURE – Item #39 in St Louis**
Other Existing Literature – GAA New Beginning (Red Book) – Page 12, under paragraph marked ISO.
change last few words from “over 30 years” to “many years.”
Current Version: – This is a world-wide service and has been so for over 30 years
Proposed Version: – This is a world-wide service and has been so for many years.
Ara H – Area 1 Past Trustee – Central California, Los Angeles Area, Hawaii
Item passed 2nd vote.
This item chaired by Cindi C., 2nd Co-Chair

7. **CURRENT LITERATURE – Item #42 in St Louis**
Guidance Code – Article VI Section 1 – Add: Those elected or appointed to act as a trusted servant, regardless of position or title, may not enact any action that conflicts with the principles and guidelines contained within the Guidance Code.
Current Version: – No one is more important more important in this Fellowship than the individual member. He or she has no ruler or superior, but he or she may select a person or group of persons to represent him or her and his or her rights in this Fellowship.
Proposed Version: – No one is more important in this Fellowship than the individual member. He or she has no ruler or superior, but he or she may select a person or group of persons to represent him or her and his or her rights in this Fellowship. Those elected or appointed to act as a trusted servant, regardless of position or title, may not enact any action that conflicts with the principles and guidelines contained within the Guidance Code.
Edward G. – Area 10 – Central and Northern Ohio (Excluding Toledo) and Erie, New Castle and Warren Pennsylvania.
Item passed 2nd vote.
For 83 Against 6
This item chaired by Cindi C., 2nd Co-Chair

8. **CURRENT LITERATURE – Item #53 in St Louis**
Combo Book – Page 17 – Item #3 – Add the following sentence prior to the ending statement:
Don’t access online or mobile betting platforms.

Current Version: – Don't test or tempt yourself. Don't associate with acquaintances who gamble. Don't go in or near gambling establishments. DON'T GAMBLE FOR ANYTHING.

Proposed Version: – Don't test or tempt yourself. Don't associate with acquaintances who gamble. Don't go in or near gambling establishments. Don't access online or mobile betting platforms. DON'T GAMBLE FOR ANYTHING

Eric F. – Area 1 – Central CA, Los Angeles Area, and Hawaii

Item passed 2nd vote.

This item chaired by Cindi C., 2nd Co-Chair

9. CURRENT LITERATURE – Item #54 in St Louis

Other Existing Literature – Stop and Think card – Ad on the bottom of the card on both the front and back our website not changing any information on the card but just simply adding www.gamblersanonymous.org which has all the information they need including hotline numbers and all meetings

Current version: – Current Stop and Think card as it is front and back

Proposed Version: – www.gamblersanonymous.org to the bottom of each side

Anthony K. – Area 10 – Central and Northern Ohio (Excluding Toledo) and Erie, New Castle, and Warren Pennsylvania

Item passed 2nd vote.

This item chaired by Cindi C., 2nd Co-Chair

10. CURRENT LITERATURE – Item #55 in St Louis

Combo Book – Page 14 In the third sentence after the question, add “but is not limited to”

Current Version: – Does this mean I can't even participate in a little penny ante game or a world series pool?

It means exactly that. A stand has to be made somewhere, and Gamblers Anonymous members have found the first bet is the one to avoid, even though it may be as little as matching for a cup of coffee. This includes internet gambling, the stock market, commodities, options, buying or playing lottery tickets, raffle tickets, flipping a coin or entering the office sports pool.

Proposed Version: – Does this mean I can't even participate in a little penny ante game or a world series pool?

It means exactly that. A stand has to be made somewhere, and Gamblers Anonymous members have found the first bet is the one to avoid, even though it may be as little as matching for a cup of

coffee. This includes but is not limited to internet gambling, the stock market, commodities, options, buying or playing lottery tickets, raffle tickets, flipping a coin or entering the office sports pool.

Carl D for Monique G – Area 16 – Eastern Upstate New York

Item passed 2nd vote

This item chaired by Cindi C., 2nd Co-Chair

11. CURRENT LITERATURE – Item #61 in St Louis

Combo Book – Page 10 fourth paragraph. Change in verbiage

Current Version: – The compulsive gambler is willing to do anything (often of an anti-social nature) to maintain the image he or she wants others to see.

Proposed Version: – The compulsive gambler is willing to do anything (often of an anti-social nature) to maintain the image that they want others to see.

Mike S – Area 15 – New York City and Surrounding Areas

Item passed 2nd vote.

Roll call vote called for.

Area	Name	Vote	Area	Name	Vote
1	Eric F.	Yes	10	Ed G.	Yes
1	Pilar L.	No	10A	Jeff H.	No
1A	Dean W.	Yes	10A	Loreane S.	No
1B	Ira B.	No	10B	Creig E.	Yes
2	Beth Z.	Yes	10B	David D.	Yes
2	Ray J.	Yes	11	Jodi P.	No
2	Tita M.	No	11	Billy C.	Yes
2A	Paul N.	Yes	12	Andy R.	Yes
2B	David L.	No	12	Trevor S.	No
2B	Tina S.	No	12	Walter G.	No
2G	Chris M.	Yes	13	Greg M.	Yes
2G	Kevin M.	Yes	13	Marla J.	Yes
2H	Kira G.	Yes	13A	Amanda A.	Yes
2H	Stephanie H.	Yes	13A	Anne E	Yes
2J	Patricia D.	Yes	13B	Andy G.	No
2K	Steve L.	Yes	13B	Andy R.	No
3	Igor K.	No	14	Mitch M.	Yes
3	Jeff B.	No	14	Peter C.	Yes
3	Leslie F.	Yes	14	Rob S.	Yes
3	Michael CA	No	14	Stuart B.	Yes
3	Rob P.	Yes	15	Alan J.	Abstain

3	Steve D.	Yes	15	Joe B.	Yes
3A	Butch G.	Yes	15	Joey P.	Abstain
3A	Doug E.	Yes	15	Mark D.	Abstain
3A	Howard R.	Yes	15	Mike S.	Yes
3B	Ron G.	Yes	15	Stanley C.	Abstain
3C	Paula C.	Yes	16	Carl D.	Yes
3D	Roxanne D.	No	16	Wayne C.	No
3D	Ryan P.	No	16A	Dan W.	Yes
5	Jerry T.	Yes	17	Robert A.	Yes
5B	Adrien R.	Yes	18	Andy D.	No
5B	Marc C.	Yes	18A	Mark C.	Abstain
6	Steve C.	No	18B	Jamie B.	Yes
6	Steve H.	No	18B	Matt P.	No
6A	Jim C.	Yes	19	Alberto S.	Abstain
6B	Jim H.	No	19	Carlos R.	Abstain
6B	Paulette T.	Yes	19	Elena D.	No
6C	Deborah S.	No	20	Marcelo	Abstain
6C	Mike A.	Yes	21	Antonio P.	No
7	Bill N.	No	21	Francisco S.	Yes
7	Stephen S.	No	23	Joao Carlos	Abstain
7A	Chris W.	Yes	23A	Clecio S.	No
7A	Marinella N.	Yes	25	Umberto A.	Abstain
8	Dianna R.	Yes	28	Hector T.	No
8	Donna M.	Abstain	28	Luis O.	Yes
8	Doug K.	Yes	28	Marymar V.	Abstain
8	Mary W.	No	29	Konstantin U.	No
8A	Diane A.	No	29A	Oleg I.	No
8A	Joleen L.	Yes	29B	Eduard U.	No
8E	Barbara L.	Yes	37	Ali A.	Yes
8E	Jeff R.	Yes	38	Kiev L.	Yes
9	Carol K.	Yes	38A	Reagan P.	Yes
10	Anthony K.	No			

Item passed.

For 57 Against 36 Abstain 12

This item chaired by Cindi C., 2nd Co-Chair

12. CURRENT LITERATURE – Item #67 in St Louis

Combo Book – Page 8, Third paragraph – Change in verbiage.

Current Version: – The compulsive gambler needs to be willing to accept the fact that he or she is in the grip of a progressive illness...

Proposed Version: – The compulsive gambler needs to be willing to accept the fact that they are in the grip of a progressive illness...

Mike S – Area 15 – New York City and Surrounding Areas

Motion to table.

Motion to table was called out of order by the Chair. There was no challenge.

Item passed 2nd vote.

This item chaired by Cindi C., 2nd Co-Chair

13. **CURRENT LITERATURE – Item #68 in St Louis**
Combo Book – Page 9, First paragraph – Change in verbiage.
Current Version: – Also in Gamblers Anonymous, a compulsive gambler is described as a person whose gambling has caused growing and continuing problems in any department of his or her life.
Proposed Version: – Also in Gamblers Anonymous, a compulsive gambler is described as a person whose gambling has caused growing and continuing problems in any department of their life.
Mike S – Area 15 – New York City and Surrounding Areas
Item passed 2nd vote.
This item chaired by Cindi C., 2nd Co-Chair
14. **CURRENT LITERATURE – Item #74 in St Louis**
Other Existing Literature GAA New Beginning page 15, heading for first paragraph Change National to International
Current Version: – National Conference
Proposed Version: – International Conference
Pilar L. for Ara H. – Area 1 – Central California, Los Angeles Area, Hawaii
Item passed 2nd vote.
This item chaired by Cindi C., 2nd Co-Chair
15. **CURRENT LITERATURE – Item #76 in St Louis**
CURRENT LITERATURE – Combo Book – Page 17 Item 8 – Bold & Cap WILL.
Current Version: – 8. BE PATIENT! The days and weeks will pass soon enough, and as you regularly attend meetings, abstain from gambling and follow the guidelines on this page, you will experience continued recovery.
Proposed Version: – 8. BE PATIENT! The days and weeks will pass soon enough, and as you regularly attend meetings, abstain from gambling and follow the guidelines on this page, you WILL experience continued recovery.
Dean W. – Area 1A – Orange County, California
Item passed 2nd vote.
This item chaired by Cindi C., 2nd Co-Chair

16. **GUIDANCE CODE – Item #5 in St Louis**
Add the word “digital” within the Guidance Code – Article VII – Section 5.

Current Version: – All Gamblers Anonymous literature, books, and service pins should be purchased from Gamblers Anonymous through the International Service Office (I.S.O.) except when otherwise approved by the Board of Trustees. Copying of any GA approved literature is prohibited, unless specifically designated for that purpose. Such designation will be listed on the items(s), where applicable.

Proposed Version: – All physical and/or digital Gamblers Anonymous literature, books, and service pins should be purchased from Gamblers Anonymous through the International Service Office (I.S.O.) except when otherwise approved by the Board of Trustees. Copying of any GA approved literature is prohibited, unless explicitly authorized. Such authorization must be included within the respective literature.

Luis O. – Area 28 – Mexico

Item passed 2nd vote.

For 89 Against 2 Abstain 5

This item chaired by Steve F., 1st Co-Chair

Item number 52 was presented now before item 17, as it was a 2nd vote item that needed to be added to the agenda.

TABLED FROM ST LOUIS

17. **STEP CHANGE**

Combo Book – Page 7 Section 10 – wording

Current Version: – Gamblers Anonymous has no opinion on outside issues; hence the Gamblers Anonymous name ought never be drawn into public controversy.

Proposed Version: – Gamblers Anonymous has no opinion on outside issues to avoid public controversy except in matters of Gambling.

Rob S for Bob E – Area 14 – Long Island, New York

Motion as written.

There was not a second to the motion.

This item chaired by Steve F., 1st Co-Chair

18. STEP CHANGE

Combo Book – Page 7 Section 11 – wording

Current Version: – Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, television and Internet. Proposed Version: – Our public relations policy is based on attraction and promotion as we maintain personal anonymity at the level of press, radio, films, television and Internet.

Rob S for Bob E – Area 14 – Long Island, New York

Motion as written

There was not a second to the motion

This item chaired by Steve F., 1st Co-Chair

19. STEP CHANGE

CURRENT LITERATURE – Combo Book – Page 7 Item 9 – Wording

Current Version: – Gamblers Anonymous, as such, ought never be organized: but we may create service boards or committees directly responsible to those they serve.

Proposed Version: – Gamblers Anonymous “must be organized and” we may create service boards or committees directly responsible to those they serve.

Rob S for Bob E – Area 14 – Long Island, New York

Motion as written.

There was not a second to the motion.

This item chaired by Steve F., 1st Co-Chair

NEW BUSINESS

CONFERENCE BIDS

These 3 items were skipped until the third session after dinner.

20. Spring 2026 Conference

This will be a Board of Trustees meeting only.

The meeting will be held in Houston, TX on May 17 and 18, 2025

This item chaired by Pete K., Chair

21. **Fall 2026 Conference**
This will be a Board of Trustees meeting only.
The meeting will be held in Chicago, IL on October 1 and 2, 2026 and will be immediately followed by a mini conference hosted by Chicagoland.
This item chaired by Pete K., Chair.
22. **Spring 2027 Conference**
This will be a Board of Trustees meeting only.
There was discussion that Area 12 is working on something for Newark, NJ. More information will be given at a later date.
This item chaired by Pete K., Chair.
23. **Fall 2027 Conference**
The Los Angeles Intergroup will be hosting an International Conference in the Fall of 2027, to commemorate the 70th anniversary of Gamblers Anonymous.
This will be held in Glendale, CA in the fall of 2027.
More information will be released at a later date.
This item chaired by Pete K., Chair.

Discussion / Literature Changes / New Literature

GENERAL DISCUSSION ITEMS

24. **GENERAL DISCUSSION**
On July 19, 2025, the Board of Regents voted to start accepting donations from the families of members. While not debating the merits or detriments of this policy change, I present the following questions:
- 1. Does the Board of Regents have the authority to make policy changes that are controversial and have wide implications for Gamblers Anonymous as a whole?**
 - 2. Does the Board of Trustees have the authority to suspend implementation of decisions as this and demand a full formal process to debate, vote, and apply necessary literature changes to permit such policy change to conform with the Guidance Code?**
- Edward G. – Area 10 – Central and Northern Ohio (Excluding Toledo) and Erie, New Castle and Warren Pennsylvania**
Discussion only.
This item chaired by Pete K., Chair

25. GENERAL DISCUSSION

Currently, when new meetings are started and registered with ISO, the trusted servant is given the option of whether they want a starter kit or not. The starter kit has a sizeable amount of literature, including Combo Books (large and small), copies of Toward 90 Days, copies of Beyond 90 Days, copy of Writing the Steps, etc. As this is optional, it is not unusual for someone to decline the starter kit as they (or their local Intergroup) has much of the more commonly used literature available.

To better preserve awareness and sensitivity to GA's Guiding Principles, I propose that an "Administrative Starter Kit" be distributed to all new meetings as a standard procedure – this kit would include one (1) hard copy each of the Group Handbook, Guidance Code, Info Packet, Suggestions For A Successful 90-Day Room, G.A. Treasury Guideline Example, & G.A. Suggestions for New Member Retention. Providing these literature items would serve to promote continuity and consistency over time as new rooms continue to be started, as well as awareness of G.A. proposed responses to questions which may arise with some frequency: dealing with contentious relationships which disrupt group unity, questions regarding self-exclusion, etc., questions for which many members may be unaware of GA guidelines and perspective.

Mike S. – Area 15 – New York City and Surrounding Areas

Motion as written to create new list of literature sent excluding the Guidance Code.

Item failed.

This item chaired by Pete K., Chair

26. GENERAL DISCUSSION

Currently, all decisions regarding the organization and management of the gamblersanonymous.org website rest solely with the Board of Regents (in providing oversight to ISO, who own the domain). While it is appropriate for the Board to oversee financial matters, the website serves a broader purpose: not only supporting the fellowship financially but also reaching those still suffering from compulsive gambling. In this sense, it can and should be seen as a vital expression of Step 12.

Since governance of the website is not explicitly addressed in the By-Laws or Guidance Code, the question arises: to what extent should the Board of Trustees have input on its content and structure? There are many opportunities to update the site so that our message resonates with contemporary audiences. Decisions of this nature

may benefit from broader consideration than that of nine individuals, particularly as the program continues to adapt to an increasingly digital world.

The question is asked in full understanding that any potential vehicle for Trustee input would need to be structured so as to avoid contradictory input to the Board of Regents.

Mike S. – Digital Strategy Committee Co-Chair

Discussion.

A committee was formed and will be called the Trustee/Regent ISO Website Committee

Harold A., Area 1A will be the Chair

Rob S., Area 14 will be the Co-Chair

The volunteers for this committee are:

Mike S., Area 15

Trevor S., Area 12

Jo K., Area 8D

Pilar L., Area 1

Diane A., Area 8A

Walter G., Area 12

Steve D., Area 3

Marc L., Area 3D

Donna M., Area 8

Pete K. will be the liaison.

This item chaired by Pete K., Chair

27. GENERAL DISCUSSION

As Gamblers Anonymous continues to expand and evolve within the digital space, should the Trustees consider establishing a strategic Digital Code of Conduct? This would ensure that:

New forms of engagement remain aligned with the core principles of GA, and GA's digital infrastructure maintains consistency and alignment across various platforms and online spaces, and that questions and actions requiring input from multiple committees receive appropriate collaboration and consideration?

Mike S. – Digital Strategy Committee Co-Chair

A motion was made to create a Digital Code of Conduct. "Digital Strategy Committee to develop a GA Digital Code of Conduct for development of guidelines governing GA engagement throughout all digital spaces."

Item passed.

This item chaired by Steve F., 1st Co-Chair

28. GENERAL DISCUSSION

Guidance code article 7, section 5 regarding copying literature it states: “Section 5:

“All Gamblers Anonymous literature, books, and service pins should be purchased from Gamblers Anonymous through the International Service Office (I.S.O.) except when otherwise approved by the Board of Trustees. Copying of any GA approved literature is prohibited, unless specifically designated for that purpose. Such designation will be listed on the item(s), where applicable.”

Discuss: Currently the 10th step daily inventory sheet is marked with permission to be copied. Have other items been created and presented to make copying permissible?

What other types of GA literature would be of benefit to be designated this way? Would it most likely be new literature or selected passages from current literature? Would permission need to be an agenda item, and who makes that designation?

Renee G. – Area 8A – Minnesota

A motion was made reading “Allow Pressure Relief worksheets/workbook to be appropriate literature”

This motion was called out of order by the Chair.

There was no challenge.

Discussion only.

This item chaired by Steve F., 1st Co-Chair

29. GENERAL DISCUSSION

Discussion regarding means of capturing financial savings through changes in management and execution of ISO operations, as per the attached.

Mike S for Jay G – Area 15 – New York City and Surrounding Areas

Discussion only.

This item chaired by Steve F., 1st Co-Chair

30. GENERAL DISCUSSION

Area groups, more and more, are using the new “Blue Book,” Sharing Recovery Through Gamblers Anonymous, within our fellowship groups, personally and at other meetings weekly. Continuous, long-term, deep-study use of the book is causing inordinate amounts of wear and tear on the paperback books.

Fraying of cover corners, bending of the cover, as well as damage to the outer design and professional look of the publication could be avoided and the intense use rewarded, by producing a hard-cover

Blue Book option. The costs of the publication could be covered in expected pricing increase to cover costs and maintain the GA design's integrity.

Other book covers can be placed over the outside cover and are available from other manufacturers, but take away the original design, as well as part of our messaging and are an extra expense. Extra expenses could be reduced for our members by producing a hard-cover edition and money spent within our fellowship.

As we provide copies of this publication to treatment facilities, therapists, and other users, one hard-cover edition for their shelves would be more economically feasible to them and portray the permanence of fellowships, as we provide the copies when requested. Each area's limited budget resources actually could be curbed, providing fewer copies of the book, but making phenomenal publication more accessible and usable long-term and show even more how we value this fantastic resource.

Joleen L for Tom S, – Area 8A – Minnesota

Discussion only.

This item chaired by Steve F., 1st Co-Chair

31. GENERAL DISCUSSION

Definition of Relationship between Gamblers Anonymous Relationship and Gam-Anon. We are separate, cooperating, self-supporting, organizations and do not share in each other's corporate, legal, financial, and program identities. These organizations respect each other's programs and work together on International Conferences, Mini- Conferences, Combined Meetings and other events, for the mutual benefit of the compulsive gambler and those affected by the compulsive gambler.

Dean W. – Area 1A – Orange County, California

Discussion only.

This item chaired by Steve F., 1st Co-Chair

32. GENERAL DISCUSSION

Discussion on creating and approving a monthly budget for outreach and awareness. This would include exploring digital and physical advertising options—such as pay-per-click campaigns, Facebook, Instagram, TikTok, billboards, newspapers, and other media channels—to help support ISO's mission and carry the GA message to the community.

Joe P for Jay G – Area 15 – New York City and Surrounding Areas

Discussion only.

This item chaired by Steve F., 1st Co-Chair

LITERATURE CHANGES

33. LITERATURE CHANGE

Current Literature – Making Page 17 of the Combo Book a Poster or Banner.

Current Version: – None

Proposed Version: – Asking for permission to reproduce Page 17 in larger format (poster or banner) for display in front of room. Precedent was already set with the approval of the reproduction of the Recovery and Unit Steps as banners.

Stuart B. – Area 14 – LONG ISLAND, NEW YORK

Motion as written.

Item passed.

This item chaired by Cindi C., 2nd Co-Chair

34. LITERATURE CHANGE

Current Literature – Guidance Code – Article VIII, Section: 22

Remove from Guidance Code as this belongs in the Rules and Procedures

Current Version: – With the exception of items coming from a Board of Trustees committee, upon the defeat of a motion in its final form, any similar motion may not be brought up for a vote for a period of two (2) years.

Proposed Version: – With the exception of items coming from a Board of Trustees committee, upon the defeat of a motion in its final form, any similar motion may not be brought up for a vote for a period of two (2) years.

Steve F. – Area 1 – CENTRAL CALIFORNIA, LOS ANGELES AREA AND HAWAII

Motion as written.

Amended motion to change “Proposed Version” as “None”

Item failed two-thirds

For 35 Against 26

This item chaired by Cindi C., 2nd Co-Chair

35. GENERAL DISCUSSION

For the purpose of promoting access to GA Literature focused on maintaining a healthy and functional GA Meeting Room, approve as designated Gamblers Anonymous literature to be posted in the Gamblers Anonymous website:

G.A. Group Handbook

G.A. Guidance Code

G.A. Info Packet Booklet

G.A. Suggestions for A Successful 90-Day Room

G.A. Suggestions for New Member Retention

Mike S. – Area 15 – New York City & Surrounding Areas

Motion as written

Item passed.

This item chaired by Cindi C., 2nd Co-Chair

36. NEW LITERATURE

Approve new literature from a committee – 1st Vote Committee –

Fourth Step Inventory Review Current Version: None

Proposed Version: Gamblers Anonymous Fourth Step Guide

Renee G. – Area 8A – Minnesota

Motion as written

Amended motion to read “The Gamblers Anonymous Fourth Step Guide presented will replace the current fourth step currently approved.”

Amended motion failed.

Original item passed 1st vote and needs a 2nd vote.

This item chaired by Cindi C., 2nd Co-Chair

37. GENERAL DISCUSSION

Change in By-Laws: – By-Laws Article XIII, Section 6

Current Version: – A maximum of four (4) Regents residing outside of 100 miles of the International Service Office who do not physically attend meetings can be seated at one time.

Proposed Version: – A maximum of five (5) Regents residing outside of 100 miles of the International Service Office who do not physically attend meetings can be seated at one time.

Mary W, for Jo K – Area 8 – ILLINOIS and Northern Indiana

Motion as written.

Amended motion to read “A maximum of six (6) Regents residing outside of 100 miles of the International Service Office who do not physically attend meeting can be seated at one time.”

Amended motion failed

Original motion passed.

This item chaired by Pete K., Chair

***It should be noted that this item contained a typo (per the author of the item). The change will take place in Article III, section 6 and NOT Article XIII, section 6. ***

- 38. Literature Change**
Guidance Code – Addition of new section – Article XX – Section 6
Current Version: – None
Proposed Version: – All of Gamblers Anonymous is guided by Unity Step 7. This includes the ISO, BOR, BOT, RSOs, Service Boards, Intergroups, Committees, and Meeting rooms, physical, phone and virtual. Gamblers Anonymous will only take donations from members or a member’s estate as directed by the member’s last will and testament.
Marla J for Scott S – Area 13 – Southeastern Pennsylvania and Delaware
 Discussion only.
 This item chaired by Pete K., Chair
- 39. Literature Change**
Guidance Code – Article IV – Declaration Principles to Maintain Unity
Remove the words “press, radio, films, television and Internet” and replace with “all public media”
Current Version: – Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, television and Internet.
Proposed Version: – Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of all public media.
Roxanne D – Area 3D – Arizona and New Mexico
 Motion as written
 Item passed 1st vote and needs a 2nd vote
 For 64 Against 24
 This item is considered a step change.
 This item chaired by Pete K., Chair
- 40. CURRENT LITERATURE**
Step Change
Step 2 Change the word normal to better
Current Version: – Came to believe that a Power greater than ourselves could restore us to a normal way of thinking and living.
Proposed Version: – Came to believe that a Power greater than ourselves could restore us to a better way of thinking and living.
Paul N for Kathy B – Area 2A – British Columbia, Canada
 Motion as written.

Item failed two-thirds
For 21 Against 65
This item chaired by Pete K., Chair

41. CURRENT LITERATURE (attachment)

Change in All GA Literature

Remove physical address from the back page of all literature.

Current Version:

**GAMBLERS ANONYMOUS INTERNATIONAL SERVICE
OFFICE**

1306 Monte Vista Avenue, Suite 5

Upland, CA 91786

PHONE: (909) 931-9056

FAX: (909) 931-9056

WEBSITE: www.gamblersanonymous.org

E-MAIL: isomain@gamblersanonymous.org

Proposed Version:

**GAMBLERS ANONYMOUS INTERNATIONAL SERVICE
OFFICE**

PHONE: (909) 931-9056

FAX: (909) 931-9056

Paulette T. – Area 6B – West Coast of Florida

Motion as written.

The chair of this item ruled it out of order. She was challenged.
Discussion on challenge. The challenge was upheld; it went back to
discussion on the original motion.

Motion to table this item as the agenda does not match the attachment.

Motion to table approved.

This item is tabled.

This item chaired by Cindi C., 2nd Co-Chair.

42. Literature Change

By- Laws Add Section 4

Current Version: – None

**Proposed Version: – Section 4. – Any changes to the By-laws shall
require only one passing vote of the Board of Trustees.**

Dean W. – Area 1A – Orange County, California

This item was withdrawn

COMMITTEE RELATED

43. GENERAL DISCUSSION

Change in Mission Statement – Virtual Meeting Committee To add the following to the Mission Statement

Current Version: – Purpose – To develop guidelines for regularly scheduled video online G.A. meetings, including but not limited to how to start a meeting, technical requirements, and suggested meeting formats.

Proposed Version: – Purpose – To develop guidelines for regularly scheduled video online G.A. meetings, including but not limited to how to start a meeting, technical requirements, and suggested meeting formats.

To develop guidelines for Virtual Trustee meetings, pursuant to the implementation of a Board of Trustees meeting on a virtual platform; in every way possible, Virtual Meetings would preserve the tone, procedures, and functions of the Live meetings.

The Virtual Trustee Committee will offer recommendations on all aspects of conducting virtual trustee meetings, including, but not limited to:

Trustee training and certification of the digital platform and software utilized.

Registration protocols that readily identify and distinguish the four levels of Trustee meeting attendance: Attendees, Participants, Voting Members, and Executive Board members.

Implementation and recognition of the Roberts Rules of Order in a virtual trustee meeting environment.

Orderly communication between Trustees and the Executive Committee, to include support staff tasked to facilitate lines of communication.

Secure and reliable conduct of votes in a virtual meeting environment.

Recommendations (from within the Committee and based upon feedback from Trustees and the Executive Committee) on ways in which virtual meetings can be improved over time.

Proposed budgeting relating to costs related to supporting the infrastructure for Virtual Trustee meetings.

Butch G. – Virtual Meeting Committee

Motion as written.

Item passed.

This item chaired by Steve F., 1st Co-Chair

44. **COMMITTEE RELATED (attachment)**
Literature Committee – Change in Mission Statement
Current Version: – See Attached
Proposed Version: – See Attached
Roxanne D – Literature Committee Chair
Motion as written.
Item passed.
This item chaired by Steve F., 1st Co-Chair

45. **COMMITTEE RELATED**
Public Relations
The Public Relations committee is asking for a budget of 5 thousand dollars annually so we can spread awareness of the Gamblers Anonymous Program and try to make people aware that the Gamblers Anonymous program exists for someone who thinks they might have a gambling problem. As outlined in our committee report, the committee has been very active in trying to get the message out that Gamblers Anonymous exists for those people. We are requesting a budget so that literature can be distributed to committee members, along with current trustees and local intergroups, when requested. A lot of people don't know that Gamblers Anonymous exists and is around, and we are hoping to get the word out in as many places as possible
Current Version: – None
Proposed Version: – Public Relations Annual Budget \$5,000.00
Anthony K. – Public Relations Chair
This item was withdrawn.

OVERSEAS AREAS

46. **GENERAL DISCUSSION**
Area 29, 29A and 29B (Trustees of Russia) would like to issue tokens and medals themselves due to the length of time and expense to import them from the ISO. The last time they ordered tokens it took over 1/2 year for the tokens to arrive. They have used people who were traveling to the United States to purchase items from the ISO and bring them back to Russia.
Butch G for Oleg L – Area 29A – St Petersburg and Surrounding Areas, Russia
This item was withdrawn.

47. **NEW LITERATURE (attachment)**
Approve new literature from a committee – 1st Vote
Current Version: – None
Proposed Version: – Translation of Combo Book into Filipino
Jay E. – Area 38 – Philippines
Motion as written.
Item passed.
This item chaired by Cindi C., 2nd Co-Chair
48. **GENERAL DISCUSSION**
Israel would like permission to translate every GA approved literature into Hebrew. With the exception of Blue “A Day at a time book”.
Current Version: – None
Proposed Version: – As presented
Ara H – Past Trustee Area 1 – CENTRAL CALIFORNIA, LOS ANGELES AREA AND HAWAII
Motion as written.
Item passed.
This item chaired by Steve F., 1st Co-Chair

ISO PROCEDURES

49. **GENERAL DISCUSSION**
Discussion: List the Zoom/Virtual meetings by day and time rather than by state. Have direct links to the meetings with the passcode. This can be done on the current website or create a stand-alone site.
Ryan P for Marc L – Area 3D – Arizona and New Mexico
Discussion only.
This item chaired by Steve F., 1st Co-Chair

ITEMS LEFT OFF OF THE AGENDA

50. **GENERAL DISCUSSION**
Iran would like permission to print their translated GA material.
Butch G., Area 3A
Motion as written.
Item passed.
This item chaired by Steve F., 1st Co-Chair

51. GENERAL DISCUSSION

Area 24 Sweden submits a request to the GA Board of Trustees for permission to translate and print GA literature into Swedish.

Igor K., Area 3

Motion as written.

Amended motion to state “excluding A Day at a Time” at the end of the sentence.

Item passed.

This item chaired by Steve F., 1st Co-Chair

52. CURRENT LITERATURE – Guidance Code item #14 in St. Louis Guidance Code Article XI, new section 9

Add Section 9:

Any area outside the United States may form a Board of Directors in order to comply with the current laws of each country. The function, structure and objectives of this Board of Directors will be based on the guidelines of the Board of Regents detailed in the Guidance Code. The term of service of the Directors will be two years. The members who make up said Council must comply with the legal requirements in force in each country and have at least two years of abstinence and regular attendance (by their own admission). Any Director is automatically removed from service for gambling on his own admission.

Members must establish an address no more than 100 km (62 miles) from the R.S.O. The Chair of the Board of Directors undertakes to call a monthly meeting, verify with members designated for this purpose a review of a monthly balance of the R.S.O. The Board of Directors will have the obligation to send the meeting minutes to the I.S.O., the RSO and all the groups in the area of membership.

Current Version: – None

Proposed Version: – Guide Code – Article XI – Add Section 9:

Any area outside the United States may form a Board of Directors in order to comply with the current laws of each country. The function, structure and objectives of this Board of Directors will be based on the guidelines of the Board of Regents detailed in the Guidance Code. The term of service of the Directors will be two years. The members who make up said Council must comply with the legal requirements in force in each country and have at least two years of abstinence and regular attendance (by their own admission). Any Director is automatically removed from service for gambling on his own admission. Members must establish an address

no more than 100 km (62 miles) from the R.S.O. The Chair of the Board of Directors undertakes to call a monthly meeting, verify with members designated for this purpose a review of a monthly balance of the R.S.O. The Board of Directors will have the obligation to send the meeting minutes to the I.S.O., the RSO and all the groups in the area of membership.

Ara H on behalf of Leo R – Area 1 – Central California, Los Angeles Area, and Hawaii

Item passed 2nd vote

For 63 Against 0

This item chaired by Steve F., Chair

This item was presented before item 17 so that it was heard under the 2nd vote items.

The meeting was closed on November 3, 2025. The Spring 2026 Board of Trustees meeting information will be on the Trustee Website.

Respectfully submitted,

KC B.

KC B.,
International Executive Secretary

ROLL CALL

Area	Trustee	Sessions	Area	Trustee	Sessions
1	Eric F.	4	8E	Jeff R.	4
1	Julia G.	Absent	9	Carol K.	Absent*
1	Pilar L.	4	10	Anthony K.	4
1A	Dean W.	4	10	Ed G.	4
1B	Ira B.	4	10A	Jeff H.	4
2	Beth Z.	Absent*	10A	Loreane S.	Absent*
2	Ray J.	Absent*	10B	Creig E.	4
2	Tita M.	4	10B	David G.	4
2	Yvette C.	Absent	11	Jodi P.	4
2A	Paul N.	4	11	Billy C.	4
2B	David L.	4	12	Andy R.	4
2B	Tina S.	4	12	Trevor S.	4
2G	Chris M.	4	12	Walter G.	4
2G	Kevin M.	4	13	Greg M.	4
2H	Kira G.	4	13	Marla J.	4
2H	Stephanie H.	4	13	Mike M.	Absent
2J	Patricia D.	4*	14	Mitch M.	4
2K	Steve L.	4*	14	Peter C.	Absent*
3	Igor K.	4	14	Rob S.	4
3	Jeff B.	3	14	Stuart B.	4
3	Leslie F.	Absent*	15	Alan J.	4
3	Michael CA	4	15	Joe B.	Absent*
3	Rob P.	4	15	Joey P.	4
3	Steve D.	4	15	Mark D.	4
3A	Butch G.	4	15	Mike S.	4
3A	Doug E.	Absent*	15	Stanley C.	4
3A	Howard R.	3	16	Carl D.	4
3B	Paul G.	Absent	16	Wayne C.	4
3B	Ron G.	4	16A	Dan W.	4
3C	Paula C.	4	17	Bob B.	Absent
3D	Roxanne D.	4	17	Robert A.	4
3D	Ryan P.	4	18	Andy D.	4*
3F	Julian F.	Absent	18	Mane T.	Absent
4	Debbie R.	4	19	Alberto S.	4*
5	Jerry T.	4	19	Carlos R.	4*
5B	Adrien R.	4	19	Elena D.	4*
5B	Marc C.	4	20	Marcelo	4*
6	Steve C.	4	21	Antonio P.	4*
6	Steve H.	Absent*	21	Francisco S.	4*
6A	Jim C.	4	23	Joao Carlos	4*
6B	Jim H.	Absent*	23A	Clecio S.	4*
6B	Paulette T.	4	25	Umberto A.	4*
6C	Deborah S.	4	28	Hector T.	4*
6C	Mike A.	4	28	Luis O.	4
7	Bill N.	4	28	Marymar V.	4*
7	Stephen S.	4	29	Konstantin U.	4*
7A	Chris W.	4	29A	Oleg I.	4*
7A	Marinella N.	4	29B	Eduard U.	4*
8	Dianna R.	4	33	Janneth S.	Absent
8	Donna M.	4	33	Juan R.	Absent
8	Doug K.	4	34	Liliana S.	Absent
8	Mary W.	4	37	Ali A.	4*
8A	Diane A.	4	38	Kiev L.	4*
8A	Joleen L.	4	38A	Reagan P.	4*
8E	Barbara L.	4			

Chair B.O.T. - Pete K. 4
 1st Co-Chair - Steve F. 4
 2nd Co-Chair - Cindi C. 4
 Chair B.O.R. - Wendy B. 4
 I.E.S. - KC B. 4

*** Absentee ballot received**

ANNOUNCEMENT OF UPCOMING EVENTS

If your area has an upcoming mini-conference, or other activity you'd like put here in the Announcement area, please send it to isomain@gamblersanonymous.org or ies@gamblersanonymous.org.

2026 DELAWARE VALLEY INTERGROUP & UNITY MINI-CONFERENCE

JANUARY 31 – FEBRUARY 1, 2026

Radisson Hotel Philadelphia Northeast

2400 Old Lincoln Hwy., Trevose, PA 19053

For more information, email me at IES@gamblersanonymous.org and I'll email you the flier with registration information on it.

SUNDAY UNITY – HOPE AND HEALING

2026 INTERGROUP AND UNITY CONFERENCE

FEBRUARY 8, 2026

Delta Hotels by Marriott

1301 Belvedere Rd., West Palm Beach, FL

For more information, email me at IES@gamblersanonymous.org and I'll email you the flier with registration information on it.

A DAY OF FELLOWSHIP – 2026 SJIG GA/GAMANON MINI-CONFERENCE

SATURDAY, MAY 2, 2026

Hope Church

700 Cooper Road, Voorhees, NJ 08043

For more information, email me at IES@gamblersanonymous.org and I'll email you the flier with registration information & contact information on it.

2026 GA SERENITY CONFERENCE

MAY 29 & 30, 2026

Bower Community Center

85 Boyce Street, Red Deer, Alberta Canada

For more information, email gaserenityconference@gmail.com

INDIVIDUAL LIFELINER DONATIONS

DECEMBER 2025

ARIZONA

L36 Marc L.
 L211 Jim L.
 L221 Janat G.
 L287 James S.
 L396 Pam K.
 L546 Mo M.
 L692 Doug G. X2
 L768 Tom H.
 L1005 Patricia B.
 L1008 Roxanne W.

CALIFORNIA

L1 Bob W.
 L4 Tom M.
 L6 Bill S/Kathy S.
 L8 Dan B.
 L21 Ed E. X2
 L31 Russell H.
 L70 Keith B.
 L73 Karen H.
 L87 Mike S.
 L100 Mazi S.
 L116 Rob D.
 L117 Steve F.
 L120 Phil C.
 L151 Murray F.
 L209 Jose C.
 L219 Leonard K.
 L273 Victor S.
 L298 Cathy F.
 L301 Steve K.
 L314 Alan S.
 L367 Jerry L.
 L384 Alvin F.
 L390 Jack R.
 L432 Patrick P.
 L453 Bennett S.

L461 Lisa W.
 L480 Ezra B.
 L496 Guy H.
 L561 Pilar L.
 L580 Curtis G.
 L593 Grant M.
 L601 David L.
 L609 Kathie S.
 L617 Mike Z.
 L623 Lucille T.
 L648 Edward K.
 L678 Lynell B.
 L701 David L.
 L772 Ara H.
 L832 Gene T.
 L834 Candice B.
 L836 Albert Y.
 L871 Greg D.
 L907 Joseph G.
 L908 Jordan K.
 L920 Jane J.
 L963 Eric F.
 L965 Brandon S.
 L968 Ralph G.
 L1000 Willie F.
 L1004 Tita M.
 L1027 Jay L.
 L1040 Sharon F.
 L1046 JoJo B.
 L1049 Alan O.
 L1055 Tina S.
 L1062 Joseph B.

COLORADO

L147 Lou W.

CONNECTICUT

L581 Paul S.

FLORIDA

L2 Bill B.
 L54 Ray T.
 L81 Paulette T.
 L97 Chuck R.
 L143 Neal G.
 L160 Jim C.
 L205 Steve P.
 L233 Robert M.
 L251 Frank G.
 L261 Stephen S.
 L313 Herman G.
 L351 Russell H.
 L423 Kathleen H.
 L429 Dennis S.
 L450 Neil S.
 L511 Chris N.
 L549 Patricia P.
 L607 Debbie M.
 L679 David T.
 L695 Ronald B.
 L840 Janice M.
 L843 Neal V.
 L844 Arnie B.
 L904 Marlon D.
 L944 Brent S.
 L945 Eugene K.
 L979 Rebecca P.
 L989 Lois H.
 L993 Carlos M.
 L1002 Jim O.
 L1010 James T.
 L1014 James H.
 L1016 Paul B.
 L1021 Michael P.

GEORGIA

L672 Tony L.

HAWAII

L284 Kevin H.
 L553 David C.

ILLINOIS

L114 Ellen Z.
 L344 Eileen Z.
 L823 Luke W.
 L960 Dianna R.
 L962 Cynthia M.
 L977 Donna M.
 L1018 Al A.
 L1024 Mary W.
 L1056 Stephen C.
 L1060 Ed H.

INDIANA

L880 Fred B.

KANSAS

L918 Nancy W.

KENTUCKY

L115 Laura S.
 L195 Steve B.
 L947 Gary B.

LOUISIANA

L27 Betty S.
 L354 Kathy S.
 L1029 Roy Z.
 L1051 Bill N.

MARYLAND

L162 Jim D.
 L997 Tijuanna T.

MASSACHUSETTS

L598 Vinny S.

MICHIGAN

L272 Joann D.

MINNESOTA

L803 Renee G.

NEVADA

L75 KC B.
 L325 Terry D.
 L439 Ira K.
 L486 Zeny K.
 L596 Leslie F.
 L599 Igor K.

NEVADA (cont)

L612 Dan Mc.
 L669 Terri R.
 L690 Lenore D.
 L830 Jackie C.
 L846 Bobby B.
 L975 Larry S.
 L1026 Michael C.
 L1042 Jeff B.
 L1045 Mark M.

NEW JERSEY

L174 Mike D.
 L183 Robin D.
 L223 Fred D.
 L266 Kivey G.
 L311 Andy D.
 L349 George L.
 L433 Joseph F.
 L438 Matthew C.
 L497 Dave S.
 L547 John P.
 L699 Craig H.
 L863 Kathleen P.
 L933 Renganathan I.
 L985 Tristan D.
 L1019 James G.
 L1044 Ellen D.

NEW MEXICO

L662 Joel K.
 L906 Mary F.

NEW YORK

L303 Alan J.
 L449 Stanley C.
 L516 Susan W.
 L852 Norberto B.
 L882 Joe B.
 L887 Pierre J.
 L1035 Michael S. X5
 L1036 Robert S.
 L1047 Joe P.

NORTH CAROLINA

L493 Gary G. X2
 L494 Tina L. X2
 L495 Zack S. X2
 L498 Suzanne R.X2
 L499 Mike C. X2
 L500 Sammy D. X2
 L503 Marc A. X2
 L504 Vivian W. X2
 L506 Chuck T. X2
 L510 Eric S. X2
 L513 Anthony D. X2
 L514 Silvia G. X2
 L515 Dale J. X2
 L518 Toby G. X2

OHIO

L948 Edward G.
 L986 Anthony K.

OKLAHOMA

L543 James G.

OREGON

L881 Pam B.
 L912 David U.
 L1034 Kevin Mc.

PENNSYLVANIA

L40 Dan M.
 L71 Marla J.
 L345 John B.
 L923 Mary M. X2

PUERTO RICO

L192 Dora H.

WASHINGTON

L425 Terry D.

WEST VIRGINIA

L1059 Kelli E.

WISCONSIN

L443 Constance T.
 L988 Jeff R.

AUSTRALIA

L1048 Matt P.

INDIVIDUAL LIFELINER DONATIONS

JANUARY 2026

ARIZONA (11)	427.00	NEVADA (15)	420.00
CALIFORNIA (57)	3,780.00	NEW JERSEY (16)	245.00
COLORADO (1)	25.00	NEW MEXICO (2)	35.00
CONNECTICUT (1)	20.00	NEW YORK (9)	282.70
FLORIDA (32)	863.00	NORTH CAROLINA (14)	170.00
GEORGIA (1)	80.00	OHIO (2)	70.00
HAWAII (2)	130.00	OKLAHOMA (1)	15.00
ILLINOIS (10)	139.00	OREGON (3)	65.00
INDIANA (1)	15.00	PENNSYLVANIA (4)	100.00
KANSAS (1)	50.00	PUERTO RICO (1)	25.00
KENTUCKY (3)	94.00	WASHINGTON (1)	10.00
LOUISIANA (4)	50.00	WEST VIRGINIA (1)	10.00
MARYLAND (2)	\$25.00	WISCONSIN (2)	135.00
MASSACHUSETTS (1)	21.00	AUSTRALIA (1)	10.00
MICHIGAN (1)	5.00		
MINNESOTA (1)	10.00	TOTAL (202)	\$7,426.70

ANNIVERSARIES

55 YEARS	BOB F.	12/7	Boynton Beach, FL
53 YEARS	TOM B.	12/29	Detroit, MI
51 YEARS	BOB K.	1/6	Worcester, MA
49 YEARS	DAVE J.	1/5	Bellmore, NY
48 YEARS	BRUCE P.	1/14	Bensonhurst Recovery, NY
	IRWIN B.	1/15	Charlotte, NC
45 YEARS	JOHN M.	1/13	Kissena, NY
44 YEARS	ARTHUR M.	1/13	North Andover, MA
41 YEARS	FRANK S.	1/15	Staten Island, NY
37 YEARS	MITCH M.	1/14	Rockville Centre, NY
36 YEARS	STEVE T.	1/12	Bellmore, NY
35 YEARS	JOHN C.	1/14	Patchogue, NY
34 YEARS	RAY V.	1/27	East 31st Street, NY
33 YEARS	HOWIE M.	1/6	Douglaston, Zoom, NY
	MARK A.	1/31	East Northport, NY
32 YEARS	RITO A.	1/21	Rancho Cucamonga, CA
	PETER R.	1/24	Church on the Hill, NY
31 YEARS	LOU C.	1/6	East 31st Street, NY
30 YEARS	PETER C.	1/5	Smithtown, NY
29 YEARS	CAROLYN M.	12/28	W. Bridgewater, MA
	STEVE M.	1/8	White Plains, NY

29 YEARS (cont)	ROSIE S.	1/22	Santee, CA
	AL Z.	1/29	Wantagh, NY
28 YEARS	JIM M.	11/21	Caulfield, VIC
	TOM D.	12/4	Joliet, IL
	ANDY L.	1/9	Katonah, NY
	SCOTT C.	1/23	Las Vegas, NV
	FRANKIE M.	1/28	Bensonhurst Recovery, NY
27 YEARS	KEN O.	12/27	W. Bridgewater, MA
	MARJORIA S.	1/24	Las Vegas, NV
26 YEARS	NICK L.	1/17	North Andover, MA
	DEBBIE O.	1/19	Las Vegas, NV
24 YEARS	WILLIE F.	1/29	Lake Elsinore, CA
23 YEARS	SANDI K.	1/3	Santee, CA
	JETTA S.	1/7	Pahrump, NV
	PAM K.	1/9	Sun Lakes, AZ
22 YEARS	MILENA O.	1/10	Howard Beach, NY
	ROB B.	1/28	Temecula/Murrieta, CA
21 YEARS	CARMINE G.	1/2	Katonah, NY
	PAM A.	1/14	Henderson, NV
	BETH A.	1/15	San Diego, CA
20 YEARS	RICHARD C.	11/15	Oakleigh, VIC
	MIKE M.	1/6	Wantagh, NY
	JACKIE C.	1/17	Las Vegas, NV
	RICHARD K.	1/20	Voorhees, NJ
	GREG M.	1/27	Voorhees, NJ
19 YEARS	JIM P.	1/6	Baldwin, NY
	GARY M.	1/18	Settlement House/SFX, NY
	CRAIG B.	1/21	Patchogue, NY
	DANNY N.	1/21	Henderson, NV
	FRANK P.	1/26	Staten Island, NY
18 YEARS	ZENY K.	1/8	Las Vegas, NV
	SUE C.	1/10	Church on the Hill, NY
	GARY M.	1/11	Five Towns, NY
	PETER U.	1/12	Temecula/Murrieta, CA
	MIKE K.	1/16	Oceanside, CA
17 YEARS	DAN K #1	1/8	Staten Island, NY
16 YEARS	CHRIS C.	1/2	Encinitas, CA
	MIKE C.	1/23	Charlotte, NC
	PAT P.	1/24	Plantation, FL
15 YEARS	SANDY	12/15	Calgary, AB
14 YEARS	BARRY O.	1/5	W. 46th Street, NY
	MARK N.	1/9	Charlotte, NC
	LINDA C.	1/10	Las Vegas, NV
	MICHAEL CA	1/16	Las Vegas, NV
13 YEARS	ANNETTE S.	12/5	Calgary, AB

13 YEARS (cont)	DONNA P.	1/18	Five Towns, NY
12 YEARS	LORI T.	1/11	Medicine Hat, AB
	FRED L.	1/15	San Diego, CA
	BOB C.	1/17	East Northport, NY
	MARY C.	1/17	La Mesa, CA
	DEB S.	1/26	Henderson, NV
	MIKE C.	1/26	Canton, MA
11 YEARS	JERRY P	10/19	Whealers Hill, VIC
	ERIC W.	1/23	Las Vegas, NV
	KATHLEEN G.	1/23	Oklahoma City, OK
	KATHY W.	1/26	Hemet, CA
10 YEARS	DANIEL K.	10/14	Epping, VIC
	BRENDA C.	12/13	Dayton, OH
	KEN F.	12/17	Calgary, AB
	MARK D.	1/4	Ocean Parkway, NY
	LARISSA S.	1/5	Las Vegas, NV
	ZAC N.	1/6	Santee, CA
	DOUG B.	1/18	Pawtucket, RI
	RYAN D.	1/20	Sierra Madre, CA
	RICHIE S.	1/21	Forest Hills, NY
	MATT L.	1/22	Wantage, NY
	JONATHAN S.	1/27	Poway, CA
	STEVE T.	1/29	Boca Raton, FL
9 YEARS	MEL T.	1/8	Bohemia, NY
	STEVE Y.	1/15	Bohemia, NY
	JEROME S.	1/23	San Diego, CA
8 YEARS	THERESE A.	1/28	Patchogue, NY
7 YEARS	CONOR	10/16	Caulfield, VIC
	CHRIS S.	12/5	Calgary, AB
	JO R.	1/5	Burbank, CA
	MARK D.	1/6	Rancho Cucamonga, CA
	RYAN S.	1/8	Temecula/Murrieta, CA
	WILLIE W.	1/13	Las Vegas, NV
	NANCI H.	1/17	Easton, MA
	BRITTNAY B.	1/19	Las Vegas, NV
	STEPHEN O.	1/22	Staten Island, NY
	BRIAN M.	1/26	San Diego, CA
	STEVE L.	1/28	Calgary, AB
	STEVE J.	1/29	Worcester, MA
6 YEARS	LUKE S.	1/1	Charlotte, NC
	DONNA M.	1/3	Taunton, MA
	SUZETTE W.	1/4	Mt. Soledad, CA
	VINNY F.	1/6	Dayton Zoom, OH
	CHUCK P.	1/13	Voorhees, NJ
	PAT K.	1/13	Pawtucket, RI

6 YEARS (cont)	ALEC K.	1/14	East 89th Street, NY
	JANET D.	1/24	East Northport, NY
5 YEARS	GLORIA	12/11	Calgary, AB
	CHOY P.	1/11	Las Vegas, NV
	DAN C.	1/25	Five Towns, NY
4 YEARS	RAY	12/6	Calgary, AB
	DAVID P.	12/12	Dayton Zoom, OH
	VICKY	12/22	Medicine Hat, AB
	MARK P.	12/26	Dayton Zoom, OH
	VINNY F.	1/6	Dayton, OH
	SHARON S.	1/6	Voorhees, NJ
	BOBBY W.	1/15	Poway, CA
	LIZ S.	1/17	Henderson, NV
	LOUIS A.	1/17	Church on the Hill, NY
	JEFF L.	1/19	Burbank, CA
	MAX M.	1/20	East 31st Street, NY
	RAY L.	1/20	White Plains, NY
	LISA W.	1/24	La Mesa, CA
	CARSON J.	1/25	Santee, CA
	VINCE M.	1/26	Pawtucket, RI
3 YEARS	FLYNN D.	11/24	Geelong, VIC
	NICK D.	12/1	Naperville, IL
	JOE S.	1/1	Plainville, MA
	JOE D.	1/6	Hyde Park, NY
	JOSH K.	1/6	East 31st Street, NY
	BARBARA H.	1/8	Wantagh, NY
	MARK S. (2)	1/8	Temecula/Murrieta, CA
	CLIFF H.	1/10	Allied Gardens, CA
	JAKE S.	1/12	Mount Vernon, NY
	PETER D.	1/14	Scripps Ranch, CA
	PAT W.	1/15	Oklahoma City, OK
	PATRICIA W.	1/15	La Mesa, CA
	MARK S.	1/17	El Cajon, CA
	ARON S.	1/20	Santee, CA
	JOEY D.	1/21	East 89th Street, NY
2 YEARS	SHAHAN	10/1	Carlton, VIC
	ROB E.	10/31	North Essendon, VIC
	RAELYN S.	11/9	Algonquin, IL
	JEFF L.	11/12	Algonquin, IL
	PAT S.	12/6	Medicine Hat, AB
	DENNIS M.	1/1	Taunton, MA
	NICK L.	1/4	Five Towns, NY
	LUIS M.	1/5	Burbank, CA
	RYAN B.	1/5	Newton, MA
	ERIK K.	1/7	East 89th Street, NY

2 YEARS (cont)	DENNIS B.	1/8	Taunton, MA
	JAKE M.	1/9	Santa Monica, CA
	JOE J.	1/10	Worcester, MA
	STEVE	1/10	Worcester, MA
	KOSI J.	1/12	Howard Beach, NY
	WAYNE K.	1/15	Wantagh, NY
	JOSE T.	1/16	Santa Monica, CA
	SCOTT HI.	1/19	Las Vegas, NV
	DEBBIE M.	1/20	Temecula/Murrieta, CA
	SHADD S.	1/21	Charlotte, NC
	VIC M.	1/22	Folsom, CA
	MILDRED N.	1/23	Forest Hills, NY
	DAKYN D.	1/24	Las Vegas, NV
	DAVID N.	1/25	Santa Monica, CA
	FRED D.	1/28	Rockville Centre, NY
	PAUL M.	1/29	Calgary, AB
	STEVE W.	1/30	Forest Hills, NY
1 YEAR	JOE C.	10/1	Dayton, OH
	FRANK	10/12	Epping, VIC
	BRANDON H.	10/17	Plainfield, IL
	JONNO	11/15	Oakleigh, VIC
	DAN T.	11/21	St. Charles, IL
	NEIL	11/23	Oakleigh, VIC
	DARREN M.	11/25	Geelong, VIC
	ANNETTE J.	12/4	Lisle, IL
	MARCIE F.	12/12	Dayton Zoom, OH
	STACEY	12/29	Calgary, AB
	GLORIA E.	12/31	Saginaw, MI
	JON K.	1/1	Henderson, NV
	LUIS M.	1/5	Burbank, CA
	JOEY B.	1/6	Culver City, CA
	CHRIS O.	1/7	Staten Island, NY
	NICK R.	1/7	Massapequa, NY
	MIKE B.	1/11	East Northport, NY
	ALEX B.	1/13	East 31st Street, NY
	DAVID A.	1/13	East 31st Street, NY
	MIKE M.	1/13	New Hyde Park, NY
	RON S.	1/13	Wantagh, NY
	BRENT	1/19	Charlotte, NC
	ANGELA M.	1/20	Roseland, VA
	DEAN R.	1/20	East 31st Street, NY
	KYLE M.	1/22	Rancho Cucamonga, CA
	SHANE M.	1/26	Henderson, NV
	TOM B.	1/26	North Andover, MA
	CURTIS SI	1/27	Henderson, NV

1 YEAR (cont)	DANNY F.	1/27	White Plains, NY
	DANNY S.	1/27	East 31st Street, NY
	JOSEPHINE F.	1/28	East 89th Street, NY
	ALEX N.	1/29	Forest Hills, NY
	PAT R.	1/31	Worcester, MA

I.S.O. CAN CONTRIBUTIONS DECEMBER 2025

CALIFORNIA

C5	Montrose Thursday	80.00	C1002 Burbank Monday	101.00
C49	Orange County		C1105 Sacramento Stop & Grow	
	Intergroup	249.00	Saturday AM	71.00
C77	San Diego Intergroup	232.00	C1285 Rancho Cucamonga	
C152	Riverside Saturday	69.00	Saturday PM	39.00
C184	Sacramento Tuesday AM	77.66	C1397 Rancho Cucamonga	
C185	Sacramento Thursday	19.00	Tuesday	41.00
C188	Sacramento Tuesday PM	20.00	C1403 Rancho Cucamonga	
C189	Sacramento Wednesday	74.00	Wednesday PM	15.00
C413	Rancho Cucamonga		C1411 Rancho Cucamonga	
	Monday	55.00	Monday Noon	64.00
C527	Hesperia Tuesday	5.00	C1442 Burbank Tuesday AM	55.00
C588	Burbank Friday PM	28.00	C1496 Burbank Wednesday Night	44.00
C765	Fair Oaks Thursday AM	22.00	C1724 Inland Empire Intergroup	20.00

DELAWARE

C128	St. Marks Wednesday	50.00
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FLORIDA

C251	Clearwater/Windmoor		C263	Plantation Wednesday PM	35.00
	Thursday	26.00	C1061	Spring Hill Friday	29.00
C260	Plantation Tuesday	90.00	C1619	Ft. Lauderdale Monday	
C262	Plantation Friday PM	15.00	@ Sanctuary		35.00

GEORGIA

C1539	Norcross Sunday	10.00
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ILLINOIS

C72	Edison Park Tuesday	15.00	C418	Schaumburg/Bartlett	70.00
C74	Cherry Valley Saturday AM	19.00	C423	Naperville	50.00
C76	Lisle	100.00	C659	Naperville Monday	74.00
C85	Kankakee	40.00	C991	Orland Park Thursday	100.00
C100	Oaklawn Monday St. Linus Church	50.00	C1104	Downers Grove Saturday	64.00
C146	Elgin Sherman Oaks Hospital Sunday	20.00	C1376	Buffalo Grove Friday	35.00
			C1511	Downers Grove Thursday	75.00
			C1569	Wheaton Wednesday	100.00

MASSACHUSETTS

C398	Plainville Thursday	52.00	C1600	Canton Tuesday	136.00
C830	West Bridgewater Saturday AM	45.00			

NEVADA

C42	G.A. Of Southern Nevada	839.50	C957	Northern Nevada Intergroup	472.00
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NEW JERSEY

C1457	Marlton Thursday	50.00
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OREGON

C1480	Oregon City Friday	12.00
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PENNSYLVANIA

C215	Beaver/Vanport Monday	100.00
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RHODE ISLAND

C501	Rumford Tuesday PM	86.00
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WASHINGTON

C383	Spokane Valley	10.00
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GROUP CONTRIBUTIONS DECEMBER 2025

ARIZONA		Ft. Myers Thursday	25.00
Prescott Wednesday	56.85	Naples Monday	100.00
Tucson Sunday 4PM@ Streams	50.00	Port St. Lucie Wednesday	25.00
CALIFORNIA		Sarasota Wednesday	100.00
Azusa Friday	33.00	Windmoor Wednesday	58.11
Burbank Zoom	88.00	GEORGIA	
Burlingame Monday	200.00	Norcross Sunday Korean	10.00
Downey Saturday	50.00	ILLINOIS	
L.A. Griffith Park Sunday	72.00	Maywood Saturday	50.00
Lakewood/Paramount		IOWA	
Thursday	98.00	Eastern Iowa Thursday @	
Lincoln Wednesday	21.00	Prairie Woods Center	100.00
Lincoln Friday AM	15.00	LOUISIANA	
Lincoln Sunday	31.00	Baton Rouge Monday Night	25.00
San Bruno Wednesday	300.00	NEW JERSEY	
Santa Monica Friday PM	13.00	Hasbrouck Heights Saturday	25.00
Sierra Madre Tuesday	60.00	Metuchen Tuesday	50.00
Ventura Sunday	12.50	Old Bridge	10.00
COLORADO		Sayrewoods	50.00
Denver Women's Monday PM	50.00	Toms River Saturday	50.00
DELAWARE		Toms River Sunday	25.00
Wilmington	50.00	Westwood Monday	50.00
FLORIDA		Willingboro Wednesday	100.00
Boca Raton Monday	30.00	NEW MEXICO	
Boca Raton Monday Women		Las Cruces Friday PM	25.00
Helping Women Zoom	20.00	NEW YORK	
Boynton Beach Tuesday	40.00	Ardsley Tuesday	10.00
Bradenton/Lakewood Ranch		East Side Chapter	300.00
Friday	50.00	New York City Sunday AM	
Daytona Beach Tuesday	32.50	Zoom	45.51
Daytona Beach Thursday	32.50	Staten Island Thursday -	
Delray Beach Thursday -		St. Patrick's	10.00
Crossroads	100.00	NORTH CAROLINA	
Delray Beach Saturday -		Cary Tuesday	50.00
Crossroads	100.00	OHIO	
Delray Beach Sunday -		Cincinnati Saturday @Clifton	25.00
Crossroads	84.00	Hamilton Thursday	25.00

OREGON		Edgewood/Milton Saturday	20.00
Beaverton Sunday PM	50.00	Everett Thursday	35.00
Tigard Tuesday	250.00	Issaquah Wednesday	10.00
Woodburn Monday	250.00	Kenmore/Bothell Thursday	10.00
PENNSYLVANIA		Marysville Tulalip Thursday	
Broomall	20.00	Noon	25.00
NE Philadelphia Wednesday	25.00	Mount Vernon Tuesday	25.00
NE Philadelphia Friday		Puyallup Saturday Am	10.00
Nazareth	50.00	Seattle Monday PM Zoom	30.00
Plymouth Meeting Monday	150.00	Seattle Denny Park Tuesday	25.00
Roxborough Tuesday	60.00	Seattle Wednesday PM Zoom	25.00
TEXAS		Snohomish Friday PM	10.00
Dallas pathways Sunday	40.00	Tacoma Monday	25.00
Fort Worth Monday	50.00	Tacoma Thursday	30.00
WASHINGTON		AUSTRALIA	
Arlington/Smokey Point		City Sunrise Group, Brisbane	10.00
Monday PM	25.00	KOREA	
Auburn Sunday Firehouse	10.00	Seoul, Korea	60.00
Bellevue Saturday AM	25.00		

GROUP CONTRIBUTIONS FROM GRATITUDE WEEK DECEMBER 2025

PENNSYLVANIA		ARGENTINA	
Philadelphia Saturday -		Argentina Area 19 Meetings	501.92
Hunting Park	12.00	CANADA	
Plymouth Meeting Monday	25.00	Vancouver Monday Night	71.00

INTERGROUP CONTRIBUTIONS DECEMBER 2025

Chicagoland	73.00	Maryland	200.00
Detroit/Toledo	86.70	New England	32.00
Greater Sacramento	50.00	Orange County.	58.28
Inland Empire	50.00	Shreveport/Bossier.	19.00
Intergroup of the Carolinas	100.00	South Florida	200.00
L.A. Intergroup	300.00	Western Washington	40.00

NATIONAL HOTLINE DONATIONS DECEMBER 2025

L.A. Intergroup	60.00
South Florida	20.00

BULLETIN SUBSCRIPTIONS DECEMBER 2025

Two Bulletin Subscriptions for a total of \$ 96.00

ONE TIME DONATIONS DECEMBER 2025

One-Time Donation
Debbie M., Fort Myers, Florida

One-Time Donation in memory of my father, James S., of Nebraska
Jim S., Tempe, Arizona

One-Time Donation in honor and memory of Sharon W.,
from Portland, OR
Connie M., Ridgefield, Washington

One-Time Donation in loving memory of Paul D.
Ana B., Venice, Florida

One-Time Donation in remembrance of Paul D.
West Seneca Wednesday, New York

One-Time Donation for online
Gamblers Anonymous Meetings
Anonymous, Georgia

December Meeting Donation
Board of Regents, California

One-Time Donation
Grant M., Burbank, California

One-Time Donation from our
October 2025 Marathon Day Event
Greater Vancouver Area Intergroup

One-Time Donation
Steven F., Cary, North Carolina

One-Time Donation in memory of Vince V.
Ray G., Huntington Beach, California

One-Time Donation
Karen H., Chino, California

One-Time Donation from the
Sunday Morning Phone Meeting
Miscellaneous Areas

One-Time Donation in honor of Grant M.
for his assistance in 2025
Gene T., Van Nuys, California

One-Time Donation in honor of Gratitude Week
Philadelphia Saturday Hunting Park, Pennsylvania

One-Time Donation in honor of Gratitude Week
Vancouver Monday Night, British Columbia

**ONE-TIME DONATIONS
VIA VENMO/ZELLE
DECEMBER 2025**

One-Time Donation for
Board of Regents Meeting
Jackie C., Las Vegas, Nevada

GAMBLERS ANONYMOUS INTERNATIONAL SERVICE OFFICE OPERATING STATEMENT DECEMBER 2025

CASH IN OPERATING ACCOUNT DECEMBER 1, 2025 \$ 74,170.94

INCOME FOR DECEMBER 2025

Group Contributions	4,387.97
Intergroup Contributions	1,208.98
ISO Can Contributions	4,285.16
Lifeliners Contributions	7,426.70
Literature Shipping	2,104.00
Sale of Literature	25,942.80
Sales Tax Collected	182.05
National Hotline Donations	80.00
One-Time Donation	1,973.68
Interest from Checking Account	0.47
E-Reader	15.45
Pay Pal Literature Process Fees	839.85
Bulletin Subscriptions	96.00
Gratitude Week Donations	609.92
Business Owners Insurance Refund	8.00

TOTAL..... \$ 49,161.03

CASH AVAILABLE FOR DECEMBER 2025..... \$123,331.97

EXPENSES FOR DECEMBER 2025

Attorney Fees	2,074.48
Rent & Cam Fees	4,850.88
Payroll	22,453.76
Payroll Taxes (Federal & State)	1,750.74
Payroll Processing Fee	238.13
Office Expenses	481.36
Health Insurance	2,588.53
Electric Bill	172.03
Telephone/Internet Bill	460.13
Gas Bill	61.18
Computer/Internet/App Expense	359.89
ADT Alarm	49.72
Monthly Air Conditioning/Heater Maintenance	30.00
Match for Employees Simple IRA	399.36
Literature	16,003.86
Pay Pal Literature Processing Fees	839.85
Postage	2,000.00
Lifeline Bulletins	586.53
Visa/MC Service Fee	63.39
Workers Comp Insurance	1,159.16
Secretary of State Filing Fees	100.00
Lease/Maint. Postage Meter Scale	449.27

TOTAL EXPENSES \$ 57,172.25

MONTHLY NET INCOME (NET LOSS) (\$ 8,011.22)

CASH IN OPERATING ACCOUNT AS OF DECEMBER 31, 2025... \$ 66,159.72

FISCAL YEAR STARTING JULY 1ST TO DATE NET INCOME

(NET LOSS) (\$41,890.58)

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION - JUNE 01, 2024

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time

EASTERN TIME	Call-In Number	Meeting Code	Email for Information
Wednesday – 9PM	267-807-9601	9131957#	weeklycallhelp@gmail.com
Friday – 3PM	267-807-9601	9131957#	weeklycallhelp@gmail.com

U.S. callers who are trying to call the U.S. numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA

There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time

PACIFIC TIME	Call-In Number	Meeting Code	Email for Information
Tuesday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL:

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

First choice: Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

Second choice: Text the words **CALL ME** to the conference call-in number. The system will call you back and connect you directly.

This information is available at trusteewebsite.com/telephone-conference-call

Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____

NAME _____

ADDRESS: _____

CITY & STATE: _____ ZIP: _____

Please mail this with your initial contribution to:

GAMBLERS ANONYMOUS I.S.O.

1306 MONTE VISTA AVE., STE. 5, UPLAND, CA 91786

Thank you for your support!!