



December 2025

GAMBLERS ANONYMOUS LIFE-LINE YEARLY BULLETIN SUBSCRIPTION FORM

**Mail to: GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
1306 MONTE VISTA AVE., STE 5
UPLAND, CALIFORNIA 91786
(909) 931-9056**

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DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

BOARD OF REGENTS MEETING MINUTES OF NOVEMBER 15, 2025

Call to order: The Chair, Wendy B. called the meeting to order at 9:30 am

The Chair reminded everyone that recording of this meeting is not permitted.

Roll call was taken by the Secretary, Richard C.

Present: Wendy B., Bob W., Joe C., James C. and Israel A., Office Manager.

Present by Zoom: Richard C., Jackie C., KC B., International Executive Secretary and Steve F.,^{1st} Co- Chair, Board of Trustees.

Present by Telephone: Ted S.

Present by Zoom: Ara H., JoJo B. arrived at 11:41A.M.

A. Minutes for October 18, 2025.

A motion was made to approve the October 18, 2025, minutes as written.

**MOTION SECONDED AND PASSED
FOR - 8 AGAINST - 0 ABSTAINED - 0**

B. Operating Statement for October 2025.

A motion was made to approve the October 2025 Operating Statement as written.

**MOTION SECONDED AND PASSED
FOR - 8 AGAINST - 0 ABSTAINED - 0**

OLD BUSINESS

A. Office Manager Report – Israel A.

- NEW LIFELINERS – 0
- CANS – 0

- GROUP INFORMATION REQUEST FORMS RECEIVED:
0
- GROUP INFORMATION REQUEST FORMS RECEIVED
PRIOR TO SENDING STARTER KITS – 3
- Three Starter Kits were sent out as follows after receiving the
Group Information Request Forms for the month of
September:

New Iberia, LA Tulsa, OK Dubai, UAE
- Prison Starter Kits Sent: 2

Branchville, IN Adrian, MI
- Venmo and Zelle donations totaled \$3,837.46: Lifeliners (31)
\$1,051.70, ISO Cans (6) \$291.00, Groups (27) \$2,043.05,
1xDonations (3) \$129.71, Gratitude Week (3) \$322.00.
- Gratitude Donations year to date - \$15,109.76

B. International Executive Secretary Report – KC B.

- Completed October bulletin. Working on November bulletin.
- On-going projects include writing SOP on duties and
obtaining digital copies of all literature.
- Working on changes to literature that were approved in
Denver.
- Looking at changing the formatting of the Combo Book from
middle justification to left justified.
- Will be starting the Board of Trustees minutes from next
week.

C. Co-Chair of the Board of Trustee Report – Steve F.

- Trustee meeting went well.
- Good attendance by trustees.

- Board of Trustee/Board of Regents Committee formed to give suggestions for changes to the Gamblers Anonymous website. One suggestion given is to change how the Zoom meetings are listed; rather than by state, it should be by day and time.
- Next Board of Trustee meeting is in Houston in May followed by Chicago in the fall. The Fall meeting will be at the same hotel as Chicago Mini Conference. The trustees will meet Thursday – and Mini Conference is Friday – Sunday.
- International Conference approved for 2027 to celebrate Gamblers Anonymous 70th anniversary. Conference will be September 17th-19th with the Board of Trustee meetings being September 16th -17th. It will be at the Glendale, California Hilton.

NEW BUSINESS

A. Discussed Trustee Agenda.

- Reviewed items

Motion to rescind previous motion passed of accepting Donations from Family Members.

MOTION SECONDED AND PASSED TO RECIND FOR – 9 AGAINST – 0 ABSTAINED – 0

- # 2. Will be discussed next month to move votes on By-Law changes from Rules and Procedures to By-Laws.
- #26. Discussed Board of Trustee/Board of Regents Gamblers Anonymous Committee (as mentioned in Steve F. report).
- #35. Motion to put the following pieces of literature on the website for downloading; i) G.A. Group Handbook, ii) G.A. Guidance Code, iii) G.A. Info Packet Booklet, iv) G.A. Suggestions for A Successful 90-Day Room, v) G.A. Suggestions for New Member Retention.

MOTION SECONDED AND PASSED FOR – 9 AGAINST – 0 ABSTAINED – 0

- #37. Motion to change By-Laws Article III, Section 6 that a maximum of five (5) Board of Regents residing outside of 100 miles of the International Service Office who does not physically attend meetings can be seated at one time.

MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0

- Discussed B of A CD that matures December 2025.

Motion to continue with the current Employee Health Insurance provider.

MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0

Motion to close the International Service Office December 24th, 25th, 26th.

MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0

Motion to close the International Service Office December 31st and January 1st.

MOTION SECONDED AND PASSED (Roll Call Vote)

FOR – 6 AGAINST – 3 ABSTAINED – 0

Ara	Bob
Jackie	James
Jo Jo	Joe C
Richard	
Ted	
Wendy	

Number of people who called in to listen to the meeting: 4

Collected: \$20.00

The meeting ended with the Serenity Prayer at 11:10 A.M.

The next meeting will be Saturday December 20th, 2025.

Respectfully submitted by Richard C., Secretary

HELP IS AVAILABLE!

On page 17, item #7 it says: “We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting, as it offers guidance toward a normal way of thinking and living.”

Any member desiring individual assistance with his/her Pressure Relief, please contact Pilar L. at ms.pimalo@gmail.com. She will reply by email or phone if you provide your number.

RECOVERY PROGRAM

With the start of a new year, we go all the way back to Step 1! During the odd years, I will post about the recovery program and list some exercises that you can write and journal about. I'll be using the Gamblers Anonymous: A New Beginning red book, and our Gamblers Anonymous Writing the Steps booklet for these steps. Each of these items can be purchased at the ISO store online at www.gamblersanonymous.org.

Each month, I'll list the recovery step that coincides with that month. There will be information about the steps taken from the red book and then some exercises you can do from the Working the Steps booklet.

Do you have a favorite step that you've worked on? Your least favorite? I would love to hear from you, and your letter could end up in a future edition of the bulletin!

For me, my favorite to work was Step 4. I know, I know, it sounds crazy. I loved being able to get all of that out of me and onto paper. I can't say that I have a least favorite. If I absolutely had to choose, I'd say Step 8 or Step 9. I had to put myself on my list in Step 8 and then in Step 9 I actually had to make amends to myself. It was easy for me to do that with other people, but not so much for myself.

STEP 12 - Having made an effort to practice these principles in all our affairs, we tried to carry this message to other compulsive gamblers.

This is the most popular step of all; even brand-new members want to give of themselves. The bottom line, however, seems to be that one cannot give away something that one does not have. Saying it another way, you cannot carry the

recovery program to another unless you are practicing the Twelve Steps in your life, one day at a time. Then you will have a strong message to carry.

Ask yourself if this is a spiritual program and it is. The chances are that your spiritual bankruptcy was complete. Most of us early in our gambling career abandoned our spiritual values. Now as these values are returning and with gratitude you will want to share them with other members as once they were shared with you. Listening and hearing what the other members are experiencing is probably the first opportunity you will have to help. Sometimes we teach when we should be listening. Listening itself will communicate to others your personal understanding of what they are saying. Let's reflect. Do you remember how low in self-esteem you were when you attended your first Gamblers Anonymous meeting? You had no faith and therefore no hope. As you listened and talked and eventually looked at yourself and the others (who seemed happy around the table) faith and hope slowly returned.

Recall that the first member you met came to the meeting early, arranged the table, put out the combo books and put on water for coffee.

Were they working Step Twelve? Yes, by showing you they cared for you and all the other members. Caring seems a prime and necessary ingredient in order to work this Step. If you don't care, how can you share?

Then this caring member told you that the program was and must be self-help. Then, he/she explained another Gamblers Anonymous paradox. If you give of yourself and try to help another human being, you will gain from the act of giving, even if your effort fails. It is in giving that we receive and so it becomes self-help. Remember two words - effort and tried. Success in this Step is putting forth the effort and trying to carry the message - not how many heard you or followed your advice.

When you left the meeting, you had to return to the wreckage you had created. You gave your phone number and received a phone list. You were probably too shy and ashamed to make a call, but within the next day or so a member called you. It wasn't so much what was said as the fact that someone cared enough to call. This serves to revitalize your faith and hope. Again, caring embodies all the nice elements of spiritual growth.

As you started to come out of the fog, you had a sponsor and hoped they would give you the time, experience and wisdom. This unwritten contract to help another seems the highest degree of working Step Twelve; it is caring at the highest level.

Following are some of the many ways by which one can practice Step Twelve:

- Be an example of quality abstinence.
- Accompany another member on a Twelve Step call.
- Visit sick members.
- Phone members.
- Chat after meetings with new members or those with problems.
- Assume some of the duties, obligations and responsibilities of the Fellowship.
- Explain your disease and how you arrested it to relatives, doctors, and employers.
- Tell your story to help a fellow member.
- Do public relations work.
- Practice the Gamblers Anonymous Program.

Step Twelve offers us the opportunity to use our new knowledge and GA experience. Putting it to work! Success means trying.

1. Helping other compulsive gamblers in and outside the fellowship.
2. “Giving” which demands nothing in return.

DISCUSS:

- A. Are we ready and willing to help others?
- B. What does “ready” mean and can we help others as “newcomers?”
- C. What is 12 Step work? Sponsoring, telephone calls, clean-up, etc.

We find in Step Twelve that we have received a special gift by working the entire recovery program.

1. Life is not a dead end. There is purpose to life.
2. We are now an example of “recovery” through the GA Program.

DISCUSS:

- A. Personal experience with previous 11 Steps.
- B. Is the job finished?
- C. Why do many members say, “I am a grateful compulsive gambler?”

Some members are prone to “two stepping” – working only Steps One and Twelve.

1. Sponsoring other members becomes discouraging.
2. We often give advice where we are not qualified and then feel hurt when we are rejected.

DISCUSS:

- A. Guiding new members – GA suggestions.
- B. Do we tend to over-manage circumstances? Can we be too involved in a member’s recovery?
- C. The need to attempt to work all twelve steps.

We can carry our GA spirit into our daily affairs.

1. Adjusting to all conditions.
2. Our GA efforts provide the tools to overcome wearying problems which plague the unprepared.

DISCUSS:

- A. How we reflect and see our growth in the angry and confused behavior of others while we are calm and confident.
- B. What your personal ABSTENTION from gambling symbolizes.

From the desk of your International Executive Secretary.

As we complete the December bulletin, I’d like to say thank you to all of you who have continuously contributed to the ISO and its ability to help the compulsive gambler who still suffers. I appreciate all you do to help the fellowship continue growing. We could not do this without you.

If you’ve wondered how to give back, you could become a LifeLiner. If you aren’t already, please consider signing up as a LifeLiner and contribute monthly so that the I.S.O. can continue its amazing work of getting literature out and helping people find meetings all over the world. If you send it via Venmo or Zelle, please be sure to put your Lifeliner number in the memo section. If you’re a new Lifeliner, please put in the memo that you are a new Lifeliner. That way, when the office gets it, they know what it’s for and can assign a number.

As we work Step 12 this month, are there any service positions that you’ve held that meant more to you than others? This is the step where we are able to use what we’ve learned and help others. We step out of ourselves and give to others what we’ve been given while working this amazing program of recovery. How do you work Step 12? How do you carry the message?

Be sure to keep an eye out for the Board of Trustees meeting minutes. They should be in the January or February edition. Your Trusted Servants met in Denver at the beginning of November to vote on literature changes and other items to help our fellowship grow.

I am so grateful for this program and the members. You teach me on a daily basis. You teach me humility, courage, honesty, and integrity. I couldn't do it without you. Thank you for being on this journey with me.

As the holidays approach, are you ready? Do you find that you're more organized during the holiday season since you've stopped gambling? Are holidays a trigger for you? There was a time when the holidays created such a sense of panic and anxiety in me, I disliked them a lot. As the days progressed, I started to enjoy the holidays and look forward to them a little bit more each year. I am grateful the program taught me how to deal with my emotions and learn to enjoy this time of year that used to cause me such anxiety.

I hope you and your family have an amazing, loving, and safe holiday season.

Yours in recovery and gratitude, KC B.

A quick message from the International Service Office

Dear Members, Groups, & Intergroups,

It is with a heavy heart that we inform you of the sudden passing of Alex the Jeweler, who has been making our pins for almost 30 years.

His son (who is not a jeweler) has stepped up to help supply us with the pins we will need.

We kindly ask that you only order the gold-plated pins you need at the time of ordering. We're noticing higher amounts ordered for pins needed and hearing that it's to help pad the Intergroup Literature stock.

Unlike all other Gamblers Anonymous pieces of literature, we simply do not carry a huge number of pins in stock especially during this time of transition.

Thank you in advance for your assistance.

ISO Staff

The Combo Book is available for purchase as an e-book.

Instructions for Kindle purchase:

Note: if you already have an Amazon account go to step 2.

1. To create an Amazon account, log on to Amazon.com and follow instructions.
2. Download a Kindle app for iPhone, Android, iPad, tablet, PC or Mac computer.
3. Log on to Amazon.com
- A) Scroll down and tap or click on Kindle E-readers & Books. Then tap or left click on Kindle Books. In the search box enter Combo Book.
- B) Scroll down to locate the book and tap or left click on Combo Book.
- C) Tap or left click on Purchase. The book will automatically download to your device in the Kindle App.
- D) Tap or left click on Kindle App to locate Combo Book.

LITERATURE – SUGGESTIONS

If you just started your recovery with Gamblers Anonymous:

- Combo Book (small or large print).
- Suggestions for coping with Urges to gamble.
- Towards 90 days booklet (small or large print).
- Red Book - A New Beginning.
- Pressure relief Group meeting flyer.
- 20 Questions booklet.
- Your First meeting.
- Questions and Answers about Gambling.
- A Newcomer asks?
- Stop and Think card.
- Young gamblers in recovery.

If you have joined a little while ago:

- Beyond 90 Days booklet (small or large print).
- Sponsorship booklet.
- Sponsor/Sponsee relationship – HOW it works.
- Pressure relief Group Meeting Handbook.
- Pressure relief workbook.
- Information packet.
- A Day at a Time meditation book.
- Big Book – Sharing Recovery through GA.
- Have I quit the Fellowship?

If you are working the Steps:

- Working the Steps booklet.
- Step meeting handbook, Booklet.
- Daily inventory of my behavior (sheet).
- Fourth Step Inventory Moral Book.
- Step One recovery Workbook.
- Writing the Steps.
- 12 Steps Unity booklet.
- Group study book on the Unity Steps.

If you are interested to know more about GA, its structure, and its groups:

- Group Handbook Guide booklet.
- Guidance Code (trusteewebsite.com).
- Short term Group sponsorship.
- Suggestions for a Successful 90-day room.
- Suggestions for New Member Retention.
- Treasury Guideline Example.
- A Guide to Regional Service Offices.
- Intergroup Handbook.
- Public Relations flyer.
- Towards Recovery in Prison.
- Handbook for Judiciary, Lawyers, Counselors etc.
- The Stock market, Retirement accounts, and Gamblers Anonymous.
- The First 40 years.
- Let's Host a Mini-Conference pamphlet.
- Hosting an International Conference pamphlet.

Need help? Ask a Trusted Servant to guide you further.

GROUP NEWS

Note From I.S.O.: Thank you to all our members who send in letters, donations, and kind words each month. Please keep writing and sharing your experience, strength, and hope with everyone.

Dear I.S.O.,

Enclosed is a donation from Paul D. in honor of his 4-year anniversary. Paul came from Pittsburgh several years ago and has been a blessing to our South Florida rooms.

He goes to multiple meetings each week and his opening is "I have been free from gambling since November 14, 2021."

We thank the I.S.O. for all they do to keep us supplied and in the know. Our doors are always open to whomever needs us.

Thank you, Neal G. for Paul D., Plantation, Florida

Dear I.S.O.,

Enclosed are some donations in memory of Frank J., Irene K., and Bob D.

Thanks, Bill D., GASN Treasurer, Las Vegas, Nevada

Dear I.S.O.,

Thank you for all you do.

Thank you, Frank M., Delray Beach, Florida

Dear I.S.O.,

Enclosed is a donation from the Plantation Wednesday Night meeting to show support for the I.S.O. in recognition of all that you do to keep the fellowship going.

Your efforts do not go unappreciated.

Thank you, Neal G., Plantation, Florida

Dear I.S.O.,

Enclosed is the November 2025 donation from the Wednesday Night NE Philadelphia Group.

Thanks for all the good work that you do.

In Unity, Scott S., Philadelphia, Pennsylvania

Dear I.S.O.,

Enclosed is a donation from the Malvern, PA group.

Thank you for all you do.

Sincerely, Daniel B., Malvern, Pennsylvania

Dear I.S.O.,

Thank you for your support.

Sincerely, Helene M., Stevens Point, Wisconsin

Dear I.S.O.,

The Yukon, OK GA room appreciates you and what you do.

One Day At a Time, Steve M., Piedmont, Oklahoma

Dear I.S.O.,

Thank you for your service.

GA Metuchen, Metuchen, New Jersey

Dear I.S.O.,

Thank you for everything. Enclosed is a donation from Trappe/Collegeville, PA.

Take Care, Frank F., Trappe/Collegeville, Pennsylvania

ANNOUNCEMENT OF UPCOMING EVENTS

If your area has an upcoming mini-conference, or other activity you'd like put here in the Announcement area, please send it to isomain@gamblersanonymous.org or ies@gamblersanonymous.org.

2026 DELAWARE VALLEY INTERGROUP & UNITY MINI-CONFERENCE

JANUARY 31 – FEBRUARY 1, 2026

Radisson Hotel Philadelphia Northeast

2400 Old Lincoln Hwy., Trevose, PA 19053

For more information, email me at IES@gamblersanonymous.org and I'll email you the flier with registration information on it.

SUNDAY UNITY – HOPE AND HEALING

2026 INTERGROUP AND UNITY CONFERENCE

FEBRUARY 8, 2026

Delta Hotels by Marriott

1301 Belvedere Rd., West Palm Beach, FL

For more information, email me at IES@gamblersanonymous.org and I'll email you the flier with registration information on it.

A DAY OF FELLOWSHIP – 2026 SJIG GA/GAMANON MINI-CONFERENCE

SATURDAY, MAY 2, 2026

Hope Church

700 Cooper Road, Voorhees, NJ 08043

For more information, email me at IES@gamblersanonymous.org and I'll email you the flier with registration information & contact information on it.

INDIVIDUAL LIFELINER DONATIONS

NOVEMBER 2025

ARIZONA

L36	Marc L.
L221	Janat G.
L287	James S.
L396	Pam K.
L546	Mo M.
L692	Doug G.
L1005	Patricia B.
L1008	Roxanne W.
L1057	Ryan P.

CALIFORNIA

L1	Bob W.
L4	Tom M.
L6	Bill/Kathy S.
L8	Dan B.
L9	Mike M.
L18	Chris G.
L19	Wendy B.
L21	Ed E.
L31	Russell H.
L70	Keith B. X2
L73	Karen H.
L87	Mike S.
L100	Mazi S.
L117	Steve F.
L120	Phil C.
L151	Murray F.
L209	Jose C.
L219	Leonard K.
L273	Victor S.
L298	Cathy F.
L301	Steve K.
L314	Alan S.
L367	Jerry L.
L384	Alvin F.
L390	Jack R.
L432	Patrick P.
L453	Bennett S.
L461	Lisa W.
L480	Ezra B.
L496	Guy H.
L561	Pilar L.
L580	Curtis G.
L593	Grant M.

L601	David L.
L609	Kathie S.
L617	Mike Z.
L623	Lucille T.
L648	Edward K.
L678	Lynell B.
L701	David L.
L734	Joseph C.
L772	Ara H.
L834	Candice B.
L836	Albert Y.
L871	Greg D.
L907	Joseph G.
L908	Jordan K.
L920	Jane J.
L963	Eric F.
L965	Brandon S.
L966	Jason G.
L968	Butch G.
L1000	Willie F.
L1027	Jay L.
L1046	JoJo B.
L1049	Alan O.
L1055	Tina S.

COLORADO

L147	Lou W.
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CONNECTICUT

L581	Paul S.
------	---------

FLORIDA

L2	Bill B.
L54	Ray T.
L81	Paulette T.
L97	Chuck R.
L143	Neal G.
L160	Jim C.
L205	Steve P.
L233	Robert M.
L251	Frank G.
L261	Stephen S.
L313	Herman G.
L351	Russell H.
L423	Kathleen H.
L429	Dennis S.
L450	Neil S.

FLORIDA (cont)

L511 Chris N.
 L549 Patricia P.
 L607 Debbie M.
 L927 Pauline F.
 L679 David T.
 L695 Ronald B.
 L840 Janice M.
 L843 Neal V.
 L844 Arnie B.
 L904 Marlon D.
 L944 Brent S.
 L945 Eugene K.
 L989 Lois H.
 L993 Carlos M.
 L1002 Jim O.
 L1010 James T.
 L1014 James H.
 L1021 Michael P.

GEORGIA

L672 Tony L.

HAWAII

L284 Kevin H.
 L553 David C.

ILLINOIS

L114 Ellen Z.
 L344 Eileen Z.
 L823 Luke W.
 L960 Dianna R.
 L962 Cynthia M.
 L977 Donna M.
 L1018 Al A.
 L1024 Mary W.
 L1056 Stephen C.

INDIANA

L880 Fred B.

KANSAS

L918 Nancy W.

KENTUCKY

L115 Laura S.
 L195 Steve B.
 L1037 Creig E.

LOUISIANA

L27 Betty S.
 L354 Kathy S.
 L1029 Roy Z.
 L1051 Bill N.

MARYLAND

L162 Jim D.
 L997 Tijuanna T.

MASSACHUSETTS

L598 Vinny S.
 L1006 Jodi P.

MICHIGAN

L250 Carol K.
 L272 Joann D.

MINNESOTA

L803 Renee G.

NEVADA

L75 KC B.
 L325 Terry D.
 L439 Ira K.
 L486 Zeny K.
 L507 Mark S.
 L596 Leslie F.
 L599 Igor K.
 L612 Dan M.
 L669 Terri R.
 L690 Lenore D.
 L830 Jackie C.
 L841 Rob P.
 L846 Bobby B.
 L975 Larry S.
 L976 Steve D.
 L1026 Michael C.
 L1042 Jeff B.
 L1045 Mark M.

NEW JERSEY

L174 Mike D.
 L183 Robin D.
 L223 Fred D.
 L266 Kivey G.
 L311 Andy D.
 L349 George L.
 L356 Andy R.
 L366 Michael L.
 L433 Joseph F.
 L438 Matthew C.
 L497 Dave S.
 L547 John P.
 L699 Craig H.
 L718 Phil S.
 L863 Kathleen P.
 L961 Tom C.

NEW JERSEY (cont)

L985 Tristan D.
 L1019 James G.
 L1044 Ellen D.

NEW MEXICO

L662 Joel K.
 L906 Mary F.

NEW YORK

L303 Alan J.
 L308 Jordan P.
 L322 Stuart B.
 L449 Stanley C.
 L826 Mitchell M.
 L852 Norberto B.
 L882 Joe B.
 L1035 Michael S. X3
 L1036 Robert S.
 L1047 Joey P.
 L1050 Mark D.

OHIO

L986 Anthony K.

OKLAHOMA

L543 James G.

OREGON

L584 Anonymous
 L881 Pam B.
 L912 David U.

L1034 Kevin M.

PENNSYLVANIA

L40 Dan M.
 L71 Marla J.
 L345 John B.
 L820 Josh S.
 L822 David S.
 L923 Mary M.
 L1053 Greg M.

SOUTH DAKOTA

L641 Dale A.

WASHINGTON

L425 Terry D.
 L659 Connie M.
 L1052 Kira G.

WISCONSIN

L443 Constance T. X2

ARGENTINA

L1058 Elena D.

AUSTRALIA

L1048 Matt P.

CANADA

L257 Andre G.
 L275 Paul N.
 L677 Adrien R.
 L1023 Marc C.
 L1054 Jerry T.

INDIVIDUAL LIFELINER DONATIONS NOVEMBER 2025

ARIZONA (9)	187.00	NEVADA (18)	530.00
CALIFORNIA (57)	3,020.00	NEW JERSEY (19)	1,220.00
COLORADO (1)	25.00	NEW MEXICO (2)	35.00
CONNECTICUT (1)	20.00	NEW YORK (11)	499.62
FLORIDA (33)	993.00	OHIO (1)	50.00
GEORGIA (1)	80.00	OKLAHOMA (1)	15.00
HAWAII (2)	130.00	OREGON (4)	90.00
ILLINOIS (9)	119.00	PENNSYLVANIA (7)	195.00
INDIANA (1)	15.00	SOUTH DAKOTA (1)	10.00
KANSAS (1)	50.00	WASHINGTON (3)	50.00
KENTUCKY (3)	360.00	WISCONSIN (1)	30.00
LOUISIANA (4)	50.00	ARGENTINA (1)	10.00
MARYLAND (2)	25.00	AUSTRALIA (1)	10.00
MASSACHUSETTS (2)	71.00	CANADA (5)	410.00
MICHIGAN (2)	239.73		
MINNESOTA (1)	10.00	TOTAL (204)	\$8,549.35

ANNIVERSARIES

51 YEARS	ZAVIA N.	12/17	Henderson, NV
41 YEARS	VINNY M.	12/29	North Andover, MA
36 YEARS	STEVE B.	12/9	Paramount/Lakewood, CA
35 YEARS	MIKE H.	12/27	Rancho Bernardo, CA
	TOM D.	12/30	Voorhees, NJ
33 YEARS	BUPYEONG L.	12/27	Korea
30 YEARS	GENE S.	12/23	Voorhees, NJ
29 YEARS	ED N.	12/31	Rancho Bernardo, CA
28 YEARS	FRAN M.	12/12	Las Vegas, NV
26 YEARS	VALERIE D.	12/4	Paramount/Lakewood, CA
24 YEARS	JIM J.	11/11	Joliet, IL
	WOLPYEONG S.	12/22	Korea
23 YEARS	KENNETH M.	12/18	Dallas, TX
22 YEARS	CHUCK T.	12/29	Greensboro, NC
21 YEARS	IRENE D.	12/4	Las Vegas, NV
19 YEARS	JIM G.	11/9	Naperville, IL
	MIKE S.	12/16	Las Vegas, NV
	SONGCHEON K.	12/18	Korea
18 YEARS	NANCY RV.	12/16	Las Vegas, NV
	MICHAEL M.	12/21	San Diego, CA
17 YEARS	JUSTINE C.	12/2	Temecula/Murrieta, CA
	TANBANG C.	12/10	Korea
	GARY C.	12/15	Las Vegas, NV
	ED B.	12/27	Henderson, NV
16 YEARS	CHERYL F.	12/9	Taunton, MA
15 YEARS	LILLIAN S.	12/7	Hemet, CA
	JOE B.	12/10	Henderson, NV
	KARL P.	12/24	York, ME
14 YEARS	LULU L.	12/2	San Diego, CA
	APRIL S.	12/18	Allied Gardens, CA
13 YEARS	STEVE S.	11/27	Halifax, MA
	AL N.	12/12	Henderson, NV
	CHRIS K.	12/21	Halifax, MA
11 YEARS	TRENT S.	11/3	Naperville, IL
	BILL M.	12/3	Rancho Bernardo, CA
	CANDACE S.	12/9	Burbank, CA
	PILAR L.	12/20	Griffith Park, CA
10 YEARS	MATTHEW W.	12/8	Henderson, NV
	STEF R.	12/16	Voorhees, NJ
	BRIAN R.	12/20	Sewell, NJ
9 YEARS	VALERIE W.	12/11	San Diego, CA
	LUC M.	12/22	Las Vegas, NV
8 YEARS	BOB T.	12/23	Holbrook, MA
	RICK P.	12/31	Lake Elsinore, CA
7 YEARS	TAMMY C.	12/1	La Mesa, CA
	MIKE R.	12/2	Voorhees, NJ
	ERIC H.	12/12	Oceanside, CA

6 YEARS	NAE B.	12/17	Santee, CA
	JERRY A.	12/22	Carlsbad, CA
5 YEARS	TAMMI F.	11/17	Slidell, LA
	TOBY G.	12/22	Greensboro, NC
4 YEARS	PAUL D.	11/14	Plantation, FL
	MISA J.	12/18	Korea
	ZAK B.	12/27	Griffith Park, CA
	MARIA O.	12/31	San Francisco, CA
3 YEARS	JAKE G.	11/7	Naperville, IL
	ANTHONY Y.	12/4	Plantation, FL
	CHEONGRA S.	12/4	Korea
	LORI P.	12/4	Paramount/Lakewood, CA
	BRENDAN W.	12/5	Canton, MA
	DEBBIE B.	12/9	Voorhees, NJ
	SEAN C.	12/12	Henderson, NV
	BAEKSEOK N.	12/14	Korea
	JIJEONG H.	12/16	Korea
	CHUCK K.	12/17	Santa Monica, CA
	YONGSANG B.	12/24	Korea
2 YEARS	GARETH P.	12/1	Brisbane, QLD
	ROBERT R.	12/8	Santee, CA
	GALMA J.	12/10	Korea
	JEFF F.	12/21	Carlsbad, CA
	RENEE I.	12/31	Conyers, GA
1 YEAR	BRIAN C.	11/24	Slidell, LA
	WILL S.	12/2	Natick, MA
	BITGARAM G.	12/4	Korea
	DAVID M.	12/10	Plantation, FL
	GWANPYEONG J.	12/10	Korea
	UNAM M.	12/11	Korea
	DEEDEE R.	12/12	Las Vegas, NV
	DARRIN W.	12/13	Scripps Ranch, CA
	KYLE	12/15	Rancho Cucamonga, CA
	DANGYE M.	12/16	Korea
	GUEMGOK A.	12/18	Korea
	ASAN L.	12/18	Korea
	SADANG L.	12/19	Korea
	MATT P.	12/20	Henderson, NV
	SHARON	12/23	Rancho Cucamonga, CA
	SCOTT HI.	12/26	Las Vegas, NV
	DAIHWAS.	12/28	Korea
	SHAUN	12/31	Sewell, NJ

I.S.O. CAN CONTRIBUTIONS

NOVEMBER 2025

CALIFORNIA

C5	Montrose Thursday	63.00	C639	Cameron Park/Rescue	
C49	Orange County			Thursday	69.00
	Intergroup	236.00	C765	Fair Oaks Thursday AM	26.25
C77	San Diego Intergroup	277.00	C1002	Burbank Monday	160.00
C184	Sacramento Tuesday AM	95.00	C1105	Sacramento Stop &	
C185	Sacramento Thursday	31.00		Grow Saturday AM	61.00
C188	Sacramento Tuesday PM	27.00	C1694	Auburn Wednesday	24.00
C588	Burbank Friday PM	30.00			

FLORIDA

C251	Clearwater/Windmoor		C262	Plantation Friday PM	21.00
	Thursday	28.00	C263	Plantation Wednesday PM	33.00

GEORGIA

C1539	Norcross Sunday	10.00
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ILLINOIS

C85	Kankakee	50.00	C425	Elk Grove Village	
C136	Burbank Wednesday –			Thursday	100.00
	Our Saviors	37.00	C528	Bolingbrook	75.00
C146	Elgin Sherman Oaks		C659	Naperville Monday	61.00
	Hospital Sunday	30.00	C799	St. Charles-Hosanna	
C418	Schaumburg/Bartlett	136.00		Lutheran Thursday	75.00
C424	Schaumburg/Palatine	50.00	C1207	Lisle Women's Monday	16.00
			C1511	Downers Grove Thursday	58.00

LOUISIANA

C849	Slidell Sunday	82.00
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MASSACHUSETTS

C84	Holbrook Wednesday	44.00	C1126	Holbrook Sunday Noon	40.00
C792	Halifax Thursday	72.00			

NEVADA

C42	G.A. of Southern	
	Nevada	1,662.00

OREGON

C1480	Oregon City Friday	12.00
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WASHINGTON

C383	Spokane Valley	10.00
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GROUP CONTRIBUTIONS NOVEMBER 2025

ARIZONA

Clarkdale Thursday 1 PM	25.00
Prescott Wednesday	48.51

CALIFORNIA

Culver City Tuesday PM	45.00
Downey Saturday	50.00
Elk Grove Tuesday	59.00
Lakewood/Paramount Thursday	129.00
Lincoln Wednesday	26.00
Lincoln Friday AM	16.00
Lincoln Sunday	22.00
Oroville Monday	90.00
Palm Desert Tuesday PM	100.00
Palm Springs Sunday AM	50.00
Santa Monica Wednesday PM	100.00
Santa Monica Friday PM	58.00
Sierra Madre Tuesday	60.00
Simi Valley Thursday	561.00
Ventura Sunday	40.00
Westlake Tuesday	200.00

DELAWARE

Bethany Beach	50.00
Wilmington Tuesday	10.00

FLORIDA

Boynton Beach Tuesday	20.00
Coral Springs Saturday AM	50.00
Daytona Beach Tuesday	37.50
Daytona Beach Thursday	37.50
Delray Beach Friday- Crossroads	25.00
Delray Beach Saturday- Crossroads	150.00
Fort Myers Thursday	25.00
Holiday Monday	125.00
Lakewood Ranch Monday PM	100.00
Maitland Sunday AM	50.00
Plantation Wednesday PM	50.00
Plantation Thursday	100.00
Port St. Lucie Wednesday	25.00

GEORGIA

Gwinnet Monday Spanish	50.00
Norcross Sunday Korean	10.00

ILLINOIS

Rockton Thursday	10.00
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INDIANA

Valparaiso Sunday	100.00
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LOUISIANA

Baton Rouge Monday Night	25.00
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MASSACHUSETTS

Canton Tuesday	149.00
Northampton Tuesday PM	50.00

MINNESOTA

Bloomington Monday Women's	25.00
Minneapolis New Hope Sunday	25.00
Woodbury Monday	50.00

NEW JERSEY

Basking Ridge Saturday	50.00
Edison Saturday AM	50.00
Freehold Friday	50.00
Manahawkin Thursday	100.00
Marlton Saturday Morning Zoom	25.00
Mercerville Tuesday PM	50.00
Metuchen Tuesday	50.00
Old Bridge	10.00
Sayrewoods	50.00
Toms River Sunday	25.00
Ventnor City Sunday	50.00
Westwood Monday	25.00

NEW MEXICO

Espanola Thursday Noon	15.00
Las Cruces Friday PM	65.00
Santa Fe Monday PM	75.50

NEW YORK

Bellmore Monday	50.00
Bronx – Monday PM Our Savior	50.00
Middle Village	50.00
Mt. Vernon Monday/New Rochelle	150.00
Pomona Tuesday	250.00
Staten Island St. Patrick's Thursday	10.00
Yonkers Saturday AM	10.00

OHIO

Dublin	28.91
Geneva Wednesday	22.00

OKLAHOMA

Yukon Thursday	75.00
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PENNSYLVANIA

Collegeville/Trappe Thursday	30.00
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PENNSYLVANIA (cont)

Harrisburg Monday	20.00
Havertown Monday	50.00
Malvern	93.00
Media Wednesday	50.00
NE Philadelphia Wednesday	25.00
NE Philadelphia Friday – Nazareth	25.00
NE Philadelphia Sunday – Nazareth	50.00

RHODE ISLAND

Tiverton Friday	20.00
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TEXAS

Dallas Pathways Sunday	40.00
Fort Worth Monday	50.00

WISCONSIN

Stevens Point Monday PM	20.00
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AUSTRALIA

City Sunrise Group-Brisbane	10.00
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CANADA

English Quebec Group	800.00
Toronto, Ontario	200.00

KOREA

Seoul, Korea	60.00
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GROUP CONTRIBUTIONS FROM GRATITUDE WEEK NOVEMBER 2025

CALIFORNIA

San Carlos/Redwood City	150.00
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CANADA

English Quebec Group	70.00
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MEXICO

Grupo Ave. Fenix-Cancun Quintana Roo	21.87
Libertad, Mexicali	27.33
Mi Recuperacion, Tijuana	27.33
National Conference 2025- Area 28 Mexico	124.12
Plenitud Merida, Yucatan	10.93

Respira, Culiacan	54.67
Santiago, Guadalajara	46.60
Serenidad, Guadalajara	6.01
Solo Por Hoy, San Nicolas de Los Garza	82.00
Trascender, Cd. Obregon	103.87
Un Dia A La Vez, Merida	54.67
Virtual Gratitude-Area 28	44.83
Virtual Nacional Area 28	5.47
Virtual SMA-San Miguel de Allende, Gto.	150.17
Vuelve a Vivir, Merida	60.13

INTERGROUP CONTRIBUTIONS NOVEMBER 2025

Baton Rouge	50.00
Chicagoland	32.00
Delaware Valley	300.00
Greater Sacramento	50.00
Long Island	400.00
New England	26.50

Northern California	80.00
Orange County	50.93
Shreveport/Bossier	27.00
South Florida	200.00
South Jersey	100.00

**INTERGROUP CONTRIBUTIONS
FROM GRATITUDE WEEK
NOVEMBER 2025**

Delaware Valley Intergroup	1,000.00
French Quebec RSO/Intergroup	1,715.00

**NATIONAL HOTLINE DONATIONS
NOVEMBER 2025**

South Florida	20.00
South Jersey	400.00

**BULLETIN SUBSCRIPTIONS
NOVEMBER 2025**

Three Bulletin Subscriptions for a total of \$ 144.00

**ONE TIME DONATIONS
NOVEMBER 2025**

One-Time Donation
Sunday A.M. Phone Meeting, Miscellaneous Areas

One-Time Donation in memory of Irene K.
Gamblers Anonymous of Southern Nevada,
Las Vegas, Nevada

One-Time Donation in memory of Bob D.
Gamblers Anonymous of Southern Nevada,
Las Vegas, Nevada

One-Time Donation in memory of Frank J.
Gamblers Anonymous of Southern Nevada,
Las Vegas, Nevada

November Meeting Donation
Board of Regents, California

One-Time Donation in honor of my 4-year anniversary
Paul D., Plantation, Florida

**ONE-TIME DONATIONS VIA VENMO/ZELLE
NOVEMBER 2025**

One-Time Donation to thank you for all you do.
Edward H.

One-Time Donation
Michael K.

One-Time Donation
Guy G.

One-Time Donation
Dylan K.

Happy Holidays!

*To all G.C.A. members throughout the world,
Gamblers Anonymous
International Service Office
wishes you and your loved ones
a very peaceful holiday season.*

With our gratitude and appreciation,

*KC, Israel, Jason and
The Board of Regents*

**GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
STATEMENTS OF FINANCIAL POSITION
JUNE 30, 2025 AND 2024**

UNRESTRICTED ASSETS

CURRENT UNRESTRICTED ASSETS

	<u>6/30/2025</u>	<u>6/30/2024</u>
CASH AND CASH EQUIVALENTS - NOTES B & F	\$620,742	\$594,216
ACCOUNTS RECEIVABLE	1,327	1,688
INVENTORY - NOTE B	78,792	71,208
PREPAID EXPENSES	<u>3,557</u>	<u>3,014</u>
TOTAL CURRENT UNRESTRICTED ASSETS	<u>\$704,418</u>	<u>\$670,126</u>

PROPERTY AND EQUIPMENT - NOTE B

OFFICE FURNITURE AND EQUIPMENT	61,023	61,023
LESS: ACCUMULATED DEPRECIATION	<u>53,898</u>	<u>51,021</u>
NET PROPERTY AND EQUIPMENT	7,125	10,002

OTHER UNRESTRICTED ASSETS

DEPOSITS	<u>5,250</u>	<u>5,250</u>
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TOTAL UNRESTRICTED ASSETS	<u>\$716,793</u>	<u>\$685,378</u>
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**CURRENT UNRESTRICTED LIABILITIES
AND FUND BALANCE**

CURRENT UNRESTRICTED LIABILITIES

ACCOUNTS PAYABLE	\$1,874	\$4,500
SALES TAX PAYABLE	<u>650</u>	<u>709</u>
TOTAL UNRESTRICTED CURRENT LIABILITIES	2,524	5,209
FUND BALANCE	<u>714,269</u>	<u>680,169</u>

TOTAL CURRENT UNRESTRICTED LIABILITIES AND FUND BALANCE	<u>\$716,793</u>	<u>\$685,378</u>
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**GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
STATEMENTS OF ACTIVITIES
FOR THE FISCAL YEARS ENDED
JUNE 30, 2025 AND 2024**

CHANGES IN UNRESTRICTED FUND BALANCE

	FYE 6/30/2025	FYE 6/30/2024
REVENUE SALES	\$329,646	<u>\$339,786</u>
LESS: COST OF GOODS SOLD		
BEGINNING INVENTORY	71,208	64,432
ADD: LITERATURE, BULLETINS, ETC.	<u>162,216</u>	<u>145,473</u>
	233,424	209,905
LESS: ENDING INVENTORY	<u>78,792</u>	<u>71,208</u>
TOTAL COST OF GOODS SOLD	<u>154,632</u>	<u>138,697</u>
GROSS PROFIT ON SALES	175,014	201,089
REVENUE-WALK-A-THONS	0	2,973
REVENUE-CONFERENCES AND MEETINGS	10,333	9,919
REVENUE-GROUPS, INTERGROUPS, RSOs AND ONE TIMES	105,703	116,822
REVENUE-LIFELINERS AND CANS	129,525	135,784
GRATITUDE WEEK	17,353	13,699
NATIONAL HOTLINE	2,422	414
BULLETIN SUBSCRIPTIONS	1,848	1,552
MISCELLANEOUS INCOME	4,120	1,444
INTEREST INCOME	<u>14,149</u>	<u>16,030</u>
TOTAL REVENUE	<u>460,467</u>	<u>499,726</u>
OPERATING EXPENSES	<u>426,367</u>	<u>384,961</u>
INCREASE (DECREASE) IN UNRESTRICTED FUND BALANCE	<u>\$34,100</u>	<u>\$114,765</u>

**GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
SCHEDULE A - STATEMENTS OF OPERATING
EXPENSES FOR THE FISCAL YEARS ENDED
JUNE 30, 2025 AND 2024**

	FYE <u>6/30/2025</u>	FYE <u>6/30/2024</u>
SALARIES	\$191,611	\$174,070
PAYROLL TAXES	16,343	14,176
RETURNED CHECKS/BANK FEES	1,036	821
POSTAGE	35,000	42,000
RENT AND CAM FEES	55,354	53,211
TELEPHONE	5,895	5,934
UTILITIES - ELECTRIC AND GAS BILL	2,719	3,010
ACCOUNTING	9,500	9,500
ATTORNEY FEES	2,916	0
INSURANCE-GENERAL.OFFICE, AND WORKMANS COMP	19,407	8,519
OFFICE EXPENSES	11,035	9,279
DEPRECIATION	2,877	3,025
INSURANCE-HEALTH	29,898	15,384
MAINTENANCE POLICIES/ EQUIPMENT LEASES	2,729	2,701
REPAIRS & MAINTENANCE	0	30
BOARD OF REGENTS CHAIR CONFERENCE EXP	2,378	2,237
BOARD OF TRUSTEES CHAIR/ASST CHAIR	5,676	4,971
BOARD OF TRUSTEES/REGENTS MEETING EXP	2,423	3,310
NON-CONFERENCE BOARD OF TRUSTEES EXP	6,036	4,548
TEMPORARY HELP AND PLACEMENT FEES	0	7,117
NAME LOGO TRADEMARK	4,415	0
NATIONAL HOTLINE	707	644
PAYROLL PROCESSING FEES	2,820	2,702
COMPUTER/INTERNET/APP EXPENSE	5,663	1,111
VISA/MASTERCARD SERVICE FEES	837	860
WEBSITE	0	5,250
CONFERENCE SEED MONEY	2,000	1,500
EMPLOYEE RETIREMENT PLANS	4,792	6,236
TAXES AND LICENSES	25	100
SALES TAX	2,275	1,965
1.E S CONFERENCE EXPENSE	<u>0</u>	<u>750</u>
 TOTAL OPERATING EXPENSES	 \$426,367	 \$384,961

GAMBLERS ANONYMOUS **INTERNATIONAL SERVICE OFFICE** **OPERATING STATEMENT** **NOVEMBER 2025**

CASH IN OPERATING ACCOUNT NOVEMBER 1, 2025..... \$ 84,990.83

INCOME FOR NOVEMBER 2025

Group Contributions	5,452.92
Intergroup Contributions	1,316.43
ISO Can Contributions	3,801.25
Lifeliners Contributions.....	8,549.35
Literature Shipping	2,208.00
Sale of Literature	24,601.77
Sales Tax Collected	324.37
National Hotline Donations.....	420.00
One-Time Donation.....	991.25
Interest from Checking Account.....	0.56
E-Reader.....	0.00
Pay Pal Literature Process Fees	864.83
Bulletin Subscriptions	144.00
Gratitude Week Donations	3,755.00
2025 Fall BOT Mtg. Denver, CO Registrations	3,650.00
2025 Fall BOT Mtg. Denver, CO Donations-4 Sessions ...	1,241.00

TOTAL..... \$ 57,320.73

CASH AVAILABLE FOR NOVEMBER 2025..... \$142,311.56

EXPENSES FOR NOVEMBER 2025

Attorney Fees	3,111.96
Accountant Fees-Final Payment.....	4,750.00
Rent & Cam Fees	4,850.88
Payroll	15,931.84
Payroll Taxes (Federal & State)	1,287.70
Payroll Processing Fee	238.13
Office Expenses	177.77
Health Insurance	2,614.10
Electric Bill	176.99
Telephone/Internet Bill	460.27
Gas Bill	30.58
ADT Alarm	49.72
Monthly Air Conditioning/Heater Maintenance	30.00
Match for Employees Simple IRA	399.36
Literature	18,089.58
Pay Pal Literature Processing Fees	864.83
Postage	3,500.00
Lifeline Bulletins	545.50
Visa/MC Service Fee.....	52.42
Workers Comp Insurance	1,859.89
Chairman BOR Trustee Mtg. Expense.....	686.92
Chairman/Asst. Co-Chairs BOT Mtg. Expense.....	2,695.88
IES BOT Mtg. Expense.....	991.80
Conference/Trustee Mtg. Expense to Hotel	4,744.50

TOTAL EXPENSES..... \$ 68,140.62

MONTHLY NET INCOME (NET LOSS) (\$10,819.89)

CASH IN OPERATING ACCOUNT AS OF NOVEMBER 30, 2025... \$ 74,170.94

FISCAL YEAR STARTING JULY 1ST TO DATE

NET INCOME (NET LOSS)..... (\$33,879.36)

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION - JUNE 01, 2024

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time

EASTERN TIME	Call-In Number	Meeting Code	Email for Information
Wednesday – 9PM	267-807-9601	9131957#	weeklycallhelp@gmail.com
Friday – 3PM	267-807-9601	9131957#	weeklycallhelp@gmail.com

U.S. callers who are trying to call the U.S. numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA

There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time

PACIFIC TIME	Call-In Number	Meeting Code	Email for Information
Tuesday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL:

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

First choice: Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

Second choice: Text the words **CALL ME** to the conference call-in number. The system will call you back and connect you directly.

This information is available at trusteewebsite.com/telephone-conference-call

Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____

NAME _____

ADDRESS: _____

CITY & STATE: _____ ZIP: _____

Please mail this with your initial contribution to:

GAMBLERS ANONYMOUS I.S.O.

1306 MONTE VISTA AVE., STE. 5, UPLAND, CA 91786

Thank you for your support!!