



January 2025

**GAMBLERS ANONYMOUS LIFE-LINE
YEARLY BULLETIN SUBSCRIPTION FORM**

Mail to: **GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
1306 MONTE VISTA AVE., STE 5
UPLAND, CALIFORNIA 91786
(909) 931-9056**

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DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

BOARD OF REGENTS
MEETING MINUTES OF DECEMBER 14, 2024

Call to order: The Chair, Ara H., called the meeting to order at 9:30 A.M. The Chair reminded everyone that recording of this meeting is not permitted. **Roll call was taken by the Secretary, Valerie D.**

Present: Ara H., Bob W., Joe C., John C., Laura M., Valerie D., Zach M. and Israel A., Office Manager.

Present by Zoom: Arnie B., Jo K. (10:17 A.M.) and KC B., International Executive Secretary.

Special guest: Harold A., 2nd Co-Chair Board of Trustees.

A. Minutes for November 14, 2024.

A motion was made to approve the minutes as written.

MOTION SECONDED AND PASSED
FOR – 8 AGAINST – 0 ABSTAINED – 0

B. Operating Statement for November 2024.

A motion was made to approve the November 2024 Operating Statement as written.

MOTION SECONDED AND PASSED
FOR – 8 AGAINST – 0 ABSTAINED – 0

OLD BUSINESS

A) Office Manager Report – Israel A.

- 1) Life-Liners – 8
CA-2 KY-1 NY-2 OH-1 OR-1 WI-1
- 2) New Cans – 0
 - a. Group Information Request Forms Received – 0
 - b. Group Information Request Forms received prior to sending out Starter Kits:3. Three Starter Kits were sent out as follows after receiving the Group Information Request Forms for the month of November:
 - i. Carbondale, CO Bloomfield, CT Huntsville, ONT
 - c. Prison Starter Kits Sent Out – 0
 - d. Venmo and Zelle donations were \$2,813.33; Groups (20) \$1,061.00, 1X Donations (6) \$309.00, Life-Liner donations (22) \$1,285.00, and I.S.O. Can Contributions (2) \$98.33, National Hotline Donations (2) 60.00.

B) International Executive Secretary Report – KC B.

- Completed November bulletin.
- Working on the December bulletin.
 - a. Put in information about B.O.R election cycle.
 - b. The Yearly Audit will be in this issue.
- Letters sent to the Intergroups and Trustees about B.O.R elections.

- a. An email blast was sent via the Trustee Website Admin to all current & past trustees.
- b. Sent letter to Israel to print and send via USPS to all Intergroups.
- Completed the first draft of the B.O.T meeting minutes.
 - a. Trustees have until January 6th to send corrections/questions.
 - b. Two corrections have already been made on the spelling of names.
- I am in the process of updating the Red Book.
 - a. I've gone through old B.O.T meeting minutes from 2007 (the last revised date) to present to find changes.
 - b. I've made a list of all those changes that were approved by the B.O.T.
 - c. I've completed the first round of proofing to make sure I didn't miss any and I didn't make typos.
 - d. I should have the project completed by next week or the following week.

C) 2ND CHAIR OF BOARD OF TRUSTEES – Harold A.

- a. Harold A. was welcomed by the B.O.R. members.
- b. Report was given about the “Day of Sharing” Symposium which the B.O.T. Executive Board of Trustees attended.
- c. This was the first time that Gamblers Anonymous was invited along with a host of other 12 step fellowships.
- d. Resources and commonalities were shared.
- e. A report will be made available to Trustees & the B.O.R.

D) DISCUSS UPDATE ON THE WEBSITE.

- a. Developers & Host are communicating, and the project is nearing completion.
- b. The Website Committee will be meeting on Zoom soon to review the final project.
- c. The Website Committee will share the new website with the entire B.O.R. before “Going Live”.

NEW BUSINESS

A. DISCUSS SPANISH BLUE BOOK COVER ERROR AND SOLUTION.

A motion was made to allow the I.S.O office to make the correction on the cover of the Spanish Blue Book.

**MOTION SECONDED AND PASSED
FOR – 8 AGAINST – 0 ABSTAINED – 0**

B. DISCUSS BANK OF AMERICA REMOTE DEPOSIT SCANNER AND DEPOSIT SERVICE.

Discussion only and more research is pending.

C. DISCUSS I.S.O. OFFICE LOSS OF PHONE/INTERNET DISRUPTION.

- 1) I.S.O. office experienced Internet & Phone outages on December 4th- 6th.
- 2) Tech from the phone company was sent out and service has been restored.
- 3) Apologies for any inconvenience to our members.
- 4) Orders that were received prior to that time were processed.

Number of people who called in to listen to the meeting: 1

Collected: \$80.00

The meeting ended with the Serenity Prayer at 10:34 A.M.

The next meeting will be on January 18, 2025.

Respectfully submitted by Valerie D., Secretary

HELP IS AVAILABLE!

On page 17, item #7 it says: "We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting, as it offers guidance toward a normal way of thinking and living."

Any member desiring individual assistance with his/her Pressure Relief, please contact Bruce W. at brucelaw8@mac.com. He will reply by email or phone if you provide your number.

RECOVERY PROGRAM

With the start of a new year, we go all the way back to Step 1! During the odd years, I will post about the recovery program and list some exercises that you can write and journal about. I'll be using the Gamblers Anonymous: A New Beginning red book, and our Gamblers Anonymous Writing the Steps booklet for these steps. Each of these items can be purchased at the ISO store online at www.gamblersanonymous.org.

Each month, I'll list the recovery step that coincides with that month. There will be information about the steps taken from the red book and then some exercises you can do from the Working the Steps booklet.

Do you have a favorite step that you've worked on? Your least favorite? I would love to hear from you and your letter could end up in a future edition of the bulletin!

For me, my favorite to work was Step 4. I know, I know, it sounds crazy. I loved being able to get all of that out of me and onto paper. I can't say that I have a least favorite. If I absolutely had to choose, I'd say Step 8 or Step 9. I had to put myself on my list in Step 8 and then in Step 9 I actually had to make amends to myself. It was easy for me to do that with other people, but not so much for myself.

STEP 1 – We admitted we were powerless over gambling – that our lives had become unmanageable.

We at Gamblers Anonymous believe our gambling problem is an emotional illness, progressive in nature, which no amount of human willpower can stop or control. We have facts to support this belief. We believed, at one time or another, that all of our problems could be solved with a big win. Some, pathetically, even after making a big win, found themselves in worse trouble within a short period of time. We continued to gamble. We found we had risked loss of family, friends, security, and jobs. We still continued to gamble. We gambled to the point where it resulted in imprisonment, insanity, or attempted suicide. We still continued to gamble and were unable to stop. We fell victim to a belief that if only our financial problems could be solved, we would be able to stop gambling or even be able to gamble like normal people. Many times, we swore we would not gamble again, believing we had the willpower to stop gambling. We believed a lie. We believed we had the power to stop or control our gambling. Our inability to honestly look at our gambling problem enabled us to continue to gamble. In spite of all of the evidence from our past, we still denied the truth about our gambling.

Upon entering Gamblers Anonymous, we must develop the ability to honestly look at our gambling. This is the first step in our process of recovery. Without honesty, we cannot admit our powerlessness over gambling. We must honestly accept, admit, and unconditionally surrender to this powerlessness in order to proceed with our recovery. Any reservations we had or may presently have that we can gamble again means we still believe we are not powerless over gambling and that we have not admitted or accepted our powerlessness (either we have power over gambling, or we don't).

To those members who have difficulty with admitting their powerlessness over gambling, they should write about their gambling, and the destruction their gambling has caused and their countless futile attempts to stop gambling. Use the "20 Questions" as a

guide. Write extensively, thoroughly, and specifically using each of the questions as a central focal point. Only with the awareness and the acceptance of the hopelessness, helplessness, and desperation of our situation (as compulsive gamblers) can we develop the open-mindedness required for Step Two.

Step One tells us that admitting our gambling defeat is humiliating and we naturally resent this show of weakness.

1. This opposes our instincts.
2. Destruction is at hand when we gamble.
3. We are at war with ourselves when attempting to gamble, denying our failure and unwilling to admit our weakness.

DISCUSS

- A. When did we first discover and/or sense the problem of our compulsive gambling?
- B. Describe instances that prove we can no longer gamble normally.

In GA, we discover that admitting our gambling problem to others has become the foundation on which our recovery will be built.

1. Our foundation can only be as strong as our continued belief that we are powerless.
2. Our reservations about being powerless over gambling (doubt), block our recovery.

DISCUSS

- A. Has acceptance of our “powerlessness” grown while attending meetings?
- B. Have we stopped searching for answers and causes of our gambling problem and started to deal with the problem on a daily basis? Explain.

Step One announces we are instinctively shocked when told that willpower and self-knowledge will not break our obsession to gamble.

DISCUSS

- A. How has willpower failed in the face of gambling?
- B. What is the meaning of the slogan “Keep it simple.”
- C. Have we begun to come to Gamblers Anonymous for our own personal survival – not to satisfy others?

Our failings brought us to GA. By admitting and accepting our problem we become willing to listen and remain open-minded.

DISCUSS

- A. How we learn by attending meetings regularly.
- B. Are your regular meetings a chore or source of relief.
- C. Has our ability to listen improved steadily or are we bored at times?
- D. Is Gamblers Anonymous our mirror?

ANYONE INTERESTED IN RUNNING FOR THE BOARD OF REGENTS

Dear G.A. Members,

It is that time again when the International Service Office is looking for members to run for the upcoming Board of Regents, which consists of nine (9) members. The sole purpose of the Board of Regents (B.O.R.) is to supervise the operation of the International Service Office (I.S.O.) and to see that it is run actively and efficiently. In order to be eligible to serve on the Board of Regents for the upcoming term (July 1, 2025, through June 30, 2027) you must be a member of Gamblers Anonymous that has abstained from gambling for at least two (2) years as of March 1, 2025, and has attended Gamblers Anonymous meetings regularly.

The Board of Regents meets on the 3rd Saturday of each month at 9:30 AM Pacific Standard Time at the International Service Office in Upland, California. The members who live outside the 100-mile area will attend the meeting via a conference/virtual call for the Board meeting.

Five (5) members of the Board of Regents shall constitute a quorum. The Board of Regents does not acknowledge proxies in any form. If a Board member resides within 100 miles from the International Service Office, physical attendance constitutes presence. For Board members residing within 100 miles, telephonic or video conferencing will constitute presence, **under special circum- stances** if approved by a majority of the Board members in physical attendance. For those residing outside of 100 miles a physical, telephonic or video confer- encing attendance constitutes presence. A maximum of four (4) Regents residing outside of 100 miles of the International Service Office who do not physically attend meetings can be seated at one time.

Several members of the current Board of Regents have served two consecutive terms, therefore will not be able to run for the upcoming term. We definitely would love to have you serve the fellowship. If you or someone you know is interested in running for the Board of Regents, please submit the following information: Name, previous service as Regent of this Corporation or as a Trustee of Gamblers Anonymous, total abstinence from gambling and home group, along with a biography not to exceed 400 words and phone number (both optional) to Israel A. at israel@gamblersanonymous.org or mail to:

G.A.I.S.O.
1306 Monte Vista Avenue, Suite #5
Upland, CA 91786-8223 ATTN:
B.O.R. APPLICANTS

To be received **no later than February 1, 2025.**

The Ballots will be going out to all Area Trustees to be voted by their respective Areas on or before March 1, 2025.

If you have any questions regarding the above, please contact Israel A. or Ara H., Chair, Board of Regents.

From the desk of your International Executive Secretary.

As we complete the January bulletin, I'd like to say thank you to all of you who have continuously contributed to the ISO and its ability to help the compulsive gamblers who still suffer. I appreciate all you do to help the fellowship continue growing. We could not do this without you.

If you've wondered how you can give back, you could become a LifeLiner. If you aren't already, please consider signing up as a LifeLiner and contribute monthly so that the I.S.O. can continue its amazing work of getting literature out and helping people find meetings all over the world.

You'll notice that information about running for election to the Board of Regents is in this bulletin. All instructions are in that letter. If you have any other questions about the process, just reach out and I'll either answer your questions or get you in touch with someone who can. Every two years, in the odd years, we elect nine members of the Board of Regents. These members will have the responsibility and opportunity to make sure the International Service Office is run responsibly and efficiently. The letter to Intergroups will have been mailed by the time you read this bulletin. It will explain how a member needs to put in to be elected to the Board of Regents. The Trustees will vote for the Regents in the spring and the results will be announced during the Spring Board of Trustees meeting that will be held in St. Louis, Missouri in May 2025.

As we begin 2025, have you made any resolutions? I tend to not make resolutions, but I do like to set intentions for short- and long-term goals. I like to make them achievable so that I'm not constantly disappointing myself when I can't reach that goal. One of my biggest intentions this new year is that I will not let others rent space in my head for free. Bless them, change me will be my mantra. I've also set an intention for self-care and taking care of myself first. It's so easy for me to put my needs on the backburner while I take care of others. I'm hoping to change this in 2025.

I am so grateful for this program and the members. You teach me on a daily basis, and I couldn't do it without you. Thank you for being on this journey with me.

Happy New Year.

Yours in recovery and gratitude, KC B.

The Combo Book is available for purchase as an e-book.

Instructions for Kindle purchase:

Note: if you already have an Amazon account go to step 2.

1. To create an Amazon account, log on to Amazon.com and follow instructions.

2. Download a Kindle app for iPhone, Android, iPad, tablet, PC or Mac computer.
 3. Log on to Amazon.com
 - A. Scroll down and tap or left click on Barnes & Noble. In the column to the right, tap or left click on Kindle Books. In the search box enter Combo Book.
 - B. Scroll down to locate the book and tap or left click on Combo Book.
 - C. Tap or left click on Purchase. The book will automatically download to your device in the Kindle App.
 - D. Tap or left click on Kindle App to locate Combo Book.
-

LITERATURE – SUGGESTIONS

If you just started your recovery with Gamblers Anonymous:

- Combo Book (small or large print).
- Suggestions for coping with Urges to gamble.
- Towards 90 days booklet (small or large print).
- Red Book - A New Beginning.
- Pressure relief Group meeting flyer.
- 20 Questions booklet.
- Your First meeting.
- Questions and Answers about Gambling.
- A Newcomer asks?
- Stop and Think card.
- Young gamblers in recovery.

If you have joined a little while ago:

- Beyond 90 Days booklet (small or large print).
- Sponsorship booklet.
- Sponsor/Sponsee relationship – HOW it works.
- Pressure relief Group Meeting Handbook.
- Pressure relief workbook.
- Information packet.
- A Day at a Time meditation book.
- Big Book – Sharing Recovery through GA.
- Have I quit the Fellowship?

If you are working the Steps:

- Working the Steps booklet.
- Step meeting handbook, Booklet.
- Daily inventory of my behavior (sheet).
- Fourth Step Inventory Moral Book.

- Step One recovery Workbook.
- Writing the Steps.
- 12 Steps Unity booklet.
- Group study book on the Unity Steps.

If you are interested to know more about GA, its structure, and its groups:

- Group Handbook Guide booklet.
- Guidance Code (trusteewebsite.com).
- Short term Group sponsorship.
- Suggestions for a Successful 90-day room.
- Suggestions for New Member Retention.
- Treasury Guideline Example.
- A Guide to Regional Service Offices.
- Intergroup Handbook.
- Public Relations flyer.
- Towards Recovery in Prison.
- Handbook for Judiciary, Lawyers, Counselors etc.
- The Stock market, Retirement accounts and Gamblers Anonymous.
- The First 40 years.
- Let's Host a Mini-Conference pamphlet.
- Hosting an International Conference pamphlet.

Need help? Ask a Trusted Servant to guide you further.

GROUP NEWS

Note From I.S.O.: Thank you to all our members who send in letters, donations, and kind words each month. Please keep writing and sharing your experience, strength, and hope with everyone.

Dear I.S.O.,

Thank you for all of your service to Gamblers Anonymous.

Happy Holidays, GA Metuchen, New Jersey

Dear I.S.O.,

Enclosed is a donation from the Thursday Night Plantation Women Preferred meeting.

Thanks for all you do to spread the word that help is as close as your phone.

Happy and safe holidays, Neal G., Plantation, Florida

Dear I.S.O.,

Enclosed is a donation as part of my ongoing support of the International Service Office.

Many thanks and Many Blessings, Carl D., Walworth, New York

Dear I.S.O.,

Enclosed is a donation from the York, Maine group.

Happy New Year, York, Maine

Dear I.S.O.,

Enclosed is a donation from the Monday Night Gales Ferry, CT meeting.

Sincerely, Paul S., Gales Ferry, Connecticut

Dear I.S.O.,

Enclosed is a donation from the Tuesday night Plantation meeting. We know that every little bit counts so we do what we can.

Thank you for all you do for the fellowship.

Yours truly, Neal G., Plantation, Florida

Dear I.S.O.,

Enclosed is a donation from the Yukon, OK room.

We appreciate you.

Yukon, Oklahoma

Dear I.S.O.,

Enclosed is a donation from Monday night Ft. Lauderdale, FL Sanctuary Church meeting.

Keep up the good work and enjoy the holidays.

Yours in Fellowship, Neal G., Plantation, Florida

Dear I.S.O.,

Enclosed is a donation from the Monday night Bowmansville meeting.

Keep up the good work.

Thank you, Bill K., Bowmansville, New York

Dear I.S.O.,

Enclosed is a donation in memory of Lois W., wife of Bob W., a kind and sweet person. Rest in Peace.

Thank you, Tom M., Northern California

Dear I.S.O.,

Hello from South Florida, Plantation Tuesday Night has sent this donation.

Thanks for all you do to keep the word spreading out that there is a better way of life without gambling.

Yours in Fellowship, Neal G., Plantation, Florida

Dear I.S.O.,

Thank you for all you do. Happy Holidays.

Thank you, Frank M., Daytona Beach, Florida

Dear I.S.O.,

Here is a donation from our group in Waterloo, Iowa.

The building was torn down where our group used to meet. We now have just two people meeting on Zoom, whereas we used to have 4 to 6 people in person.

Thank you for Gamblers Anonymous.

Blessings, Lavon K., Waterloo, IA

Dear I.S.O.,

Enclosed is the December donation from the Wednesday night NE Philadelphia group.

Thanks for all the good work that you do.

In Unity, Scott S., Philadelphia, Pennsylvania

Dear I.S.O.,

Enclosed is a donation from the Volver a Vivir con Paso Firme virtual meeting of Oxnard.

Thank you for everything.

Tony Z., Oxnard, California

GROUP NEWS DURING GRATITUDE MONTH

These are letters from our members during Gratitude Week and Month. Thank you to everyone who sent in words of Gratitude for this fellowship and program.

Dear I.S.O.,

I hope this note finds you all doing well. I am still involved in the Saturday morning GA meeting here in Duluth, MN, although attendance has been sparse.

Enclosed is a donation that I am sure you will put to good use.

Keep up your good work.

Rich M., Duluth, Minnesota

Dear I.S.O.,

I hope all is well.

Enclosed is a donation for Gratitude Week from Florida Area 6B Monday and Friday Brandon rooms.

Best regards, John G., Brandon, Florida

Dear I.S.O.,

Enclosed is a donation for Gratitude Week from Sunday Night Oneida.

Thanks, Wayne C., Oneida, New York

Dear I.S.O.,

Enclosed is a donation for Gratitude Week from Upstate New York Intergroup.

Wayne C., Pompey, New York

Dear I.S.O.,

Enclosed is a donation for Gratitude Week from Thursday Boca Raton Meeting.

Ray H., Delray Beach, Florida

Dear I.S.O.,

Thank you so much for your continued professional service.

The Lincoln Sunday meeting is sending this donation for Gratitude Week.

Ursula B., Lincoln, California

Dear I.S.O.,

Enclosed is a donation from the Tuesday 12Noon GA meeting in Rochester, New York for Gratitude Week.

Thank you, Robin S., Hamlin, New York

Dear I.S.O.,

Enclosed is a donation for Gratitude Week from Gamblers Anonymous of Southern Nevada.

Thank you, Bill D., Las Vegas

Dear I.S.O.,

Enclosed is a donation from Saturday morning Vorhees, New Jersey meeting for Gratitude Week.

Stuart S., Cherry Hill, New Jersey

Dear I.S.O.,

Happy belated birthday! Enclosed is a donation for Gratitude Week from some groups in the Greater Vancouver area – Thursday Surrey Serenity; Wednesday White Rock; Monday Surrey Step; Sunday Surrey.

We gratefully appreciate all you do and are so thankful to have walked in the

doors of our fellowship.

Yours in Recovery, Esther J., Greater Vancouver, British Columbia

Dear I.S.O.,

Every year, our Fort Wayne chapter collects money for the International Service Office during Gratitude Week.

Sincerely, Roger S., Fort Wayne, Indiana

Dear I.S.O.,

Please accept this donation from Wednesday Night West Seneca meeting for Gratitude Week.

Thank you, Kristen F., West Seneca, New York

Dear I.S.O.,

Enclosed is a donation for Gratitude Week from the Wednesday morning meeting in Hamburg, New York.

We are happy to be able to donate to the I.S.O. during Gratitude Month.

We understand the value of the work the I.S.O. does to continue improving and promoting the Gamblers Anonymous program.

Thanks to all members of the International Service Office for your commitment and dedication to serve all the members.

Thanks, Jack G., Derby, New York

Dear I.S.O.,

Thank you for all the service you do. Here is a donation for Gratitude Week from the Clearwater/Windmoor Saturday group.

Judy M., Clearwater, Florida

Dear I.S.O.,

These two donations are from our two rooms in Gainesville, Florida for Gratitude Week.

Thank you, Robert M., Gainesville, Florida

Dear I.S.O.,

This is in honor of Gratitude Week from Wheaton, Illinois Wednesday night meeting.

Thank you for all you do, Wednesday night GA meeting, Wheaton, Illinois

Dear I.S.O.,

In recognition of Gratitude Week, the Plantation Tuesday Night meeting of Gamblers Anonymous has sent this donation.

Thank you very much for all you do to help the compulsive gambler who still suffers.

Yours in Fellowship, Neal G., Plantation, Florida

Dear I.S.O.,

Here is a donation for Gratitude Week from the Wednesday NE Philadelphia Group.

In Unity, Scott S., Philadelphia, Pennsylvania

Dear I.S.O.,

Enclosed are some donations from our area for Gratitude Week. These are from Saturday Arbutus; Wednesday Towson, and Tuesday Columbia.

Kind regards, Doreen N., Laurel, Maryland

Dear I.S.O.,

Please accept this donation in honor of Gratitude Week.

Sunday Night Naperville, Illinois

ANNOUNCEMENT OF UPCOMING EVENTS

If your area has an upcoming mini-conference, or other activity you'd like put here in the Announcement area, please send it to isomain@gamblersanonymous.org or ics@gamblersanonymous.org.

NEW WORLD RECOVERY

2025 DELAWARE VALLEY INTERGROUP & UNITY MINI CONFERENCE

FEBRUARY 1-2, 2025

Radisson Hotel Philadelphia Northeast 2400

Old Lincoln Highway

Trevose, PA 19053

For more information, please email me at ics@gamblersanonymous.org and I'll get you in contact with someone in that area.

A DAY IN HUMILITY

2025 SJIG GAMBLERS ANONYMOUS/GAM-ANON MINI CONFERENCE

SATURDAY, APRIL 26, 2025

Hope Church, 700 Cooper Road

Cherry Hill, NJ 08043

For more information, email me at ics@gamblersanonymous.org and I'll get you in contact with someone in the area and/or send you a copy of the flier.

RECOVERY & THRIVE 2025

GASN & GAM-ANON MINI-CONVENTION SATURDAY,

APRIL 26, 2025

Christ the King Catholic Church, 4925 S. Torrey Pines Drive Las

Vegas, NV 89118

For more information, email me at ics@gamblersanonymous.org and I'll get you a copy of the registration form or get you in contact with someone in the area.

RETREAT FOR GA MEN & WOMEN JUNE 13-15, 2025

Holy Name Passionist Retreat Center 430

Bunker Hill Rd., Houston, TX 77024

For more information, you can reach out to me and I'll get you in touch with someone from that area or you can visit www.holynameretreatcenter.com/12-step-retreats and click on GA Men & Women to register.

**INDIVIDUAL LIFELINER DONATIONS
DECEMBER 2024**

ARIZONA

L36	Marc L.	L367	Jerry L.
L221	Janat G.	L384	Alvin F.
L287	James S.	L390	Jack R.
L396	Pam K.	L408	Ira B.
L546	Mo M.	L432	Patrick P.
L692	Doug G.	L453	Bennett S.
L768	Tom H.	L476	Garret C.
L1005	Patricia B. X2	L480	Ezra B.
L1008	Roxanne W.	L496	Guy H.

CALIFORNIA

L1	Bob W.	L580	Curtis G.
L4	Tom M.	L593	Grant M.
L6	Bill/Kathy S.	L601	David L.
L8	Dan B.	L609	Kathie S.
L9	Mike M.	L617	Mike Z.
L18	Chris G.	L623	Lucille T.
L19	Wendy B.	L648	Edward K.
L21	Ed E. X2	L678	Lynell B.
L31	Russell H.	L701	David L.
L70	Keith B.	L772	Ara H.
L73	Karen H.	L832	Gene T.
L87	Mike S.	L834	Candice B.
L100	Mazi S.	L836	Albert Y.
L116	Rob D.	L871	Greg D.
L117	Steve F.	L907	Joseph G.
L120	Phil C.	L908	Jordan K.
L151	Murray F.	L836	Albert Y.
L158	Gagik G.	L871	Greg D.
L161	Patricia A.	L907	Joseph G.
L209	Jose C.	L908	Jordan K.
L219	Leonard K.	L920	Jane J.
L273	Victor S.	L963	Eric F.
L290	Fred S.	L965	Brandon S.
L298	Cathy F.	L994	Mike H.
L301	Steve K.	L1000	Willie F.
L314	Alan S.	L1004	Tita M.
		L1021	Michael P.

CALIFORNIA (con't)

L1033 Jeffrey P.
 L1039 Julia G.

COLORADO

L147 Lou W.

CONNECTICUT

L581 Paul S.

FLORIDA

L2 Bill B.
 L54 Ray T.
 L81 Paulette T.
 L97 Chuck R.
 L143 Neal G.
 L160 Jim C.
 L205 Steve P.
 L225 Kevin K.
 L233 Robert M.
 L251 Frank G.
 L261 Stephen S.
 L313 Herman G.
 L351 Russell H.
 L429 Dennis S.
 L450 Neil S. X2
 L483 Victor C.
 L511 Chris N.
 L549 Patricia P.
 L679 David T.
 L695 Ronald B.
 L815 Linda S. X2
 L840 Janice M.
 L843 Neal V.
 L844 Arnie B.
 L904 Marlon D.
 L944 Brent S.
 L945 Eugene K.
 L979 Rebecca P.
 L989 Lois H.
 L993 Carlos M.
 L1002 Jim O.
 L1010 James T.

GEORGIA

L672 Tony L.

HAWAII

L284 Kevin H.
 L553 David C.

ILLINOIS

L114 Ellen Z.
 L344 Eileen Z.
 L823 Luke W.
 L960 Dianna R.
 L962 Cynthia M.
 L977 Donna M.
 L1018 Al A.
 L1024 Mary W.

INDIANA

L880 Fred B.

KENTUCKY

L115 Laura S.
 L195 Steve B.

LOUISIANA

L27 Betty S.
 L354 Kathy S.
 L1029 Roy Z.

MARYLAND

L162 Jim D. x2
 L997 Tijuana T.

MASSACHUSETTS

L598 Vinny S.

MICHIGAN

L272 Joann D.

MINNESOTA

L803 Renee G.

NEVADA

L75 KC B. x2
 L325 Terry D.
 L410 Joanne F.
 L439 Ira K.
 L486 Zeny K.
 L507 Mark S.

NEVADA (con't)

L596	Leslie F.	L510	Eric S.
L599	Igor K.	L513	Anthony D.
L612	Dan M.	L514	Silvia G.
L669	Terri R.	L515	Donna M.
L690	Lenore D.	L518	Toby G.
L830	Jackie C.	L506	Chuck T.
L837	Harriet K.		
L846	Bobby B.		
L975	Larry S.		
L1026	Michael C.		

NEW MEXICO

L572	Liane M.
L662	Joel K.
L847	Catherine B.

NEW YORK

L303	Alan J.
L308	Jordan P.
L516	Susan W.
L852	Norberto B.
L882	Joe B.
L887	Pierre J.
L919	Carl D.
L1035	Michael S. x2
L1036	Robert S.

NORTH CAROLINA

L493	Gary G.
L494	Mary D.
L495	Tina V.
L498	Suzanne R.
L499	Mike S.
L500	Sammy D.
L503	Marc A.
L504	Vivan W.

OHIO

L948	Edward G.
L986	Anthony K.

OKLAHOMA

L543	James G.
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OREGON

L584	Curt P.
L881	Pam B.
L1028	Stan F.

PENNSYLVANIA

L40	Dan M.
L71	Marla J.
L345	John B.
L533	Debbie D.
L820	Josh S.
L923	Mary M. x2

PUERTO RICO

L192	Dora H.
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SOUTH DAKOTA

L641	Dale A.
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WASHINGTON

L425	Terry D.
L659	Connie M.

WISCONSIN

L443	Constance T.
L988	Jeffrey R.

INDIVIDUAL LIFELINER DONATIONS DECEMBER 2024

ARIZONA (10)	375.00	MINNESOTA (1)	10.00
CALIFORNIA (61)	4097.00	NEVADA (17)	480.00
COLORADO (1)	25.00	NEW JERSEY (20)	1016.00
CONNECTICUT (1)	20.00	NEW MEXICO (3)	70.00
FLORIDA (36)	955.00	NEW YORK (10)	658.08
GEORGIA (1)	80.00	NORTH CAROLINA (14)	85.00
HAWAII (2)	129.00	OHIO (2)	70.00
ILLINOIS (8)	100.00	OKLAHOMA (1)	15.00
INDIANA (1)	15.00	OREGON (3)	65.00
KENTUCKY (2)	60.00	PENNSYLVANIA (7)	140.00
LOUISIANA (3)	40.00	PUERTO RICO (1)	25.00
MARYLAND (2)	40.00	WASHINGTON (2)	35.00
MASSACHUSETTS (1)	21.00	WISCONSIN (2)	35.00
MICHIGAN (1)	5.00	TOTAL (214)	\$8,676.08

ANNIVERSARIES

50 YEARS	BOB K.	1/10	Worcester, MA
47 YEARS	BRUCE P.	1/5	Settlement House/SFX, NY
	FRED M.	1/28	Kissena, NY
44 YEARS	JOHN M.	1/14	Kissena, NY
41 YEARS	FRANK S.	1/16	Staten Island, NY
40 YEARS	VINNY M.	12/29	North Andover, MA
39 YEARS	RAY G.	1/21	Kissena, NY
32 YEARS	HOWIE M.	1/7	Douglaston Zoom, NY
31 YEARS	EARL	1/13	Calgary, AB
	PETER R.	1/18	Church on the Hill, NY
29 YEARS	GENE S.	1/14	Voorhees, NJ
28 YEARS	STEVE M.	1/2	White Plains, NY
	ROSIE S.	1/22	Santee, CA
27 YEARS	SCOTT C.	1/23	Las Vegas, NV
	FRANKIE M.	1/26	St. Finbars, NY
26 YEARS	DREW J.	1/7	Fort Worth, TX
	MARJORIA S.	1/24	Las Vegas, NV
25 YEARS	DEBBIE O.	1/19	Las Vegas, NV
23 YEARS	WILLIE F.	1/29	Murrieta, CA
22 YEARS	SANDI K.	1/3	Santee, CA

	TOM M.	1/13	Taunton, MA
21 YEARS	MILENA O.	1/7	Howard Beach, NY
	ROB B.	1/28	Murrieta, CA
20 YEARS	PAM A.	1/14	Henderson, NV
	BETH A.	1/15	San Diego, CA
	KARLA M.	1/23	Las Vegas, NV
19 YEARS	KEITH B.	1/3	Camarillo, CA
	JACKIE C.	1/17	Las Vegas, NV
18 YEARS	GARY M.	1/6	Auburn, WA
	GARY M.	1/21	Settlement House/SFX, NY
	DANNY N.	1/21	Las Vegas, NV
17 YEARS	SUE C.	1/4	Church on the Hill, NY
	ZENY K.	1/8	Las Vegas, NV
	MIKE K.	1/16	Oceanside, CA
	TRACEY C.	1/28	Voorhees, NJ
16 YEARS	DENNIS O'C.	1/8	Greensboro/Winston-Salem, NC
	DANNY K.	1/19	Ocean Parkway, NY
	PAT H.	1/27	Staten Island, NY
15 YEARS	SAM C.	11/16	South Plympton, SA
	CHRIS C.	1/2	Encinitas, CA
	LOU V.	1/3	NE Philadelphia, PA
	MIKE	1/10	Calgary, AB
	MARC P.	1/25	Reseda Zoom, CA
14 YEARS	SANDY	12/15	Calgary, AB
13 YEARS	BARBARA S.	1/3	You Are Fort Worth It Online, TX
	BARRY O.	1/6	W. 46th Street, NY
	LINDA C.	1/10	Las Vegas, NV
	MICHAEL CA.	1/16	Las Vegas, NV
12 YEARS	ANNETTE S.	12/5	Calgary, AB
11 YEARS	SUZANNE B.	1/9	Greensboro/Winston-Salem, NC
	LORI T.	1/11	Medicine Hat, AB
	FRED L.	1/15	San Diego, CA
	MARY C.	1/17	La Mesa, CA
	CHARLES C.	1/19	Settlement House/SFX, NY
	MIKE C.	1/20	Canton, MA
	DEB S.	1/26	Henderson, NV
10 YEARS	MARGARET S.	11/23	Mitcham, VIC
	HUGH G.	1/4	Griffith Park, CA
	SCOTT S.	1/7	NE Philadelphia, PA
	KIMPO L.	1/12	Paju, KOR
	ERIC W.	1/23	Las Vegas, NV

	KATHY W.	1/26	Hemet, CA
9 YEARS	KEN F.	12/17	Calgary, AB
	LARISSA S.	1/5	Las Vegas, NV
	MARC D.	1/5	Ocean Parkway, NY
	ZAC N.	1/6	Santee, CA
	DON	1/10	Wausau, WI
	RYAN D.	1/18	Reseda Zoom, CA
	RICHIE S.	1/22	Forest Hills, NY
	HEATHER K.	1/26	Las Vegas, NV
	JONATHAN S.	1/27	Poway, CA
	STEVE T.	1/29	Boca Raton, FL
8 YEARS	CHRIS D.	1/8	E. 89th Street, NY
	JIM P.	1/10	Watertown, MA
	CHRIS C.	1/21	Wilmington, MA
	JAMES G.	1/23	Forest Hills, NY
	JEROME S.	1/23	San Diego, CA
7 YEARS	OLEG G.	1/3	NE Philadelphia, PA
	BOB T.	1/8	Holbrook, MA
	STEVE O.	1/19	Staten Island, NY
	STEPHEN O.	1/23	Staten Island, NY
6 YEARS	CHRIS S.	12/5	Calgary, AB
	DONNA M.	1/3	Taunton, MA
	MARK D.	1/6	Rancho Cucamonga, CA
	RYAN S.	1/8	Murrieta, CA
	WILLIE W.	1/13	Las Vegas, NV
	JO R.	1/14	Burbank, CA
	NANCY H.	1/17	Easton, MA
	BRITTNEY B.	1/19	Las Vegas, NV
	BRIAN M.	1/26	San Diego, CA
	STEVE L.	1/28	Calgary, AB
	STEVE J.	1/29	Worcester, MA
5 YEARS	SUZETTE W.	1/4	Mt. Soledad, CA
	DAPHNE W.	1/11	Henderson, NV
	ALEC K.	1/29	East 89th Street, NY
	JIM P.	1/30	Taunton, MA
4 YEARS	GLORIA	12/11	Calgary, AB
	CALEB P.	1/2	You Are Fort Worth it Online, TX
	ERIC C.	1/14	Las Vegas, NV
	CHARLIE I.	1/23	El Cajon, CA
3 YEARS	VICKY	12/22	Medicine Hat, AB
	SYLVIA G.	1/6	Greensboro/Winston-Salem, NC

	MAX M.	1/7	East 31st Street, NY
	SHARON S.	1/7	Voorhees, NJ
	LOUIS A.	1/11	Mahopac, NY
	BOBBY W.	1/15	Poway, CA
	LIZ S.	1/17	Las Vegas, NV
	JEFF L.	1/20	Burbank, CA
	RAY L.	1/21	White Plains Beginners, NY
	LISA W.	1/24	La Mesa, CA
	CARSON J.	1/25	Santee, CA
	MIKE S.	1/25	Yonkers, NY
	TOMMY C.	1/25	Las Vegas, NV
	BETTINA L.	1/30	Congers, NY
2 YEARS.....	FLYNN D.	11/25	Geelong, VIC
	MARK S. (2)	1/8	Murrieta, CA
	GREG P.	1/9	NE Philadelphia, PA
	CHUCK K.	1/10	Santa Monica, CA
	CLIFF H.	1/10	Allied Gardens, CA
	PETER D.	1/14	Scripps Ranch, CA
	PATRICIA W.	1/15	La Mesa, CA
	RICHARD S.	1/16	Calgary, AB
	MARK S.	1/17	El Cajon, CA
	ARON S.	1/20	Santee, CA
2 YEARS (cont).....	LISA F.	1/20	Henderson, NV
	DAEHW A.	1/22	Incheon, KOR
	MILDRED N.	1/24	Forest Hills, NY
	JOSH T.	1/28	East 31st Street, NY
1 YEAR.....	JORDAN	11/1	North Adelaide, SA
	PAT S.	12/6	Medicine Hat, AB
	TRAVIS K.	12/13	Auburn, CA
	LYNDON	12/31	Calgary, AB
	DENNIS B.	1/1	Taunton, MA
	ERIC E.	1/3	48th Street, NY
	ROBIN	1/3	Calgary, AB
	HYOSEONG J.	1/5	Incheon, KOR
	KEITH T.	1/5	Dallas, TX
	KOSI J.	1/6	Howard Beach, NY
	HAROLD G.	1/7	East 31st Street, NY
	ROGER K.	1/7	Kissena, NY
	BUGAI C.	1/8	Incheon, KOR
	BYEONGBANG B.	1/8	Incheon, KOR
	JAKE M.	1/10	Santa Monica, CA

NICK K.	1/10	NE Philadelphia, PA
SEAN C.	1/10	Taunton, MA
ERIK K.	1/11	Church on the Hill, NY
BRETT S.	1/14	East 31st Street, NY
JACOB C.	1/14	East 31st Street, NY
JOE S.	1/15	Worcester, MA
GALSAN O.	1/17	Seosan, KOR
JOSE T.	1/17	Santa Monica, CA
SCOTT HL.	1/19	Las Vegas, NV
DEBBIE M.	1/20	Murrieta, CA
ALVARO D.	1/21	East 31st Street, NY
NICOLE W.	1/22	East 89th Street, NY
NOWON G.	1/22	Seoul, KOR
DACON D.	1/24	Las Vegas, NV
MIA G.	1/24	Seoul, KOR
SANJAY B.	1/26	Dallas, TX
SHAD S.	1/27	West 46th Street, NY
MORRIS A.	1/28	East 31st Street, NY
STEVE W.	1/31	Forest Hills, NY

I.S.O. CAN CONTRIBUTIONS DECEMBER 2024

CALIFORNIA

C4	Anaheim Wednesday	120.00	C765 Fair Oaks Thursday AM	39.75
C5	Montrose Thursday	85.00	C863 Rancho Cucamonga Thursday PM	60.00
C16	Anaheim Monday PM	41.00	C949 Mission Viejo Friday	19.00
C28	Anaheim Sunday PM	37.00	C1017 Simi Valley Thursday	40.66
C29	Anaheim Tuesday Noon	35.00	C1105 Sacramento Stop & Grow Saturday AM	569.00
C46	Anaheim Saturday AM Women's	45.00	C1285 Rancho Cucamonga Saturday PM	95.00
C77	San Diego Intergroup	326.00	C1302 Roseville Friday	36.00
C82	Anaheim Thursday PM	14.00	C1403 Rancho Cucamonga Wednesday PM	66.00
C152	Riverside Saturday	80.00	C1411 Rancho Cucamonga Monday Noon	115.00
C184	Sacramento Tuesday AM	93.00	C1538 Anaheim Tuesday PM	19.00
C185	Sacramento Thursday	28.00	C1694 Auburn Wednesday	37.00
C413	Rancho Cucamonga Monday	55.00	C1724 Inland Empire Intergroup	27.00
C585	Lancaster PM	24.00		

DELAWARE

C128 St. Marks Wednesday 67.00

FLORIDA

C260	Plantation Tuesday	100.00	C263	Plantation Wednesday PM	52.00
C262	Plantation Friday PM	23.00		C1619 Ft. Lauderdale Monday @Sanctuary	20.00

GEORGIA

C1539 Norcross Sunday 10.00

ILLINOIS

C62	Burbank Thursday	125.39	C423	Naperville	27.00
C85	Kankakee	40.00	C528	Bolingbrook	50.00
C146	Elgin Sherman Oaks		C659	Naperville Monday	73.00
	Hospital Sunday	10.00	C799	St. Charles-Hosana Lutheran Thursday	60.00
C418	Schaumburg/Bartlett	13.00	C1180	Silvis Monday	50.00

MASSACHUSETTS

C1600 Canton Tuesday 50.00

NEVADA

C42 G.A. of Southern Nevada 966.75

NEW JERSEY

C1457 Marlton Thursday 25.00

OREGON

C1480 Oregon City Friday 18.00

PENNSYLVANIA

C215 Beaverton/Vanport Monday 50.00

**GROUP CONTRIBUTIONS
DECEMBER 2024**

ARIZONA		Folsom Monday	137.00
Phoenix Monday – 32 nd St.	60.00	L.A. Griffith Park Saturday	44.00
Tempe Friday Men's	100.00	L.A./Hollywood Saturday	19.00
CALIFORNIA		Zoom	
Anaheim Monday Zoom	50.00	Lakewood/Paramount Thursday	40.00
Burbank Zoom	40.00	Lincoln Wednesday	21.00
Burlingame Monday	200.00	Lincoln Friday AM	38.00
Downey Saturday	106.00	Lincoln Sunday	27.00

CALIFORNIA (con't)		Summit Monday PM	100.00
Oxnard Volver A Vivir con Paso		Toms River Saturday	25.00
Firme Zoom	80.00	Toms River Sunday	50.00
Palm Springs Sunday AM	35.00	Voorhees Tuesday Nooners	50.00
Sacramento Tuesday PM Step	112.00	Voorhees Saturday	40.00
San Carlos Tuesday	90.00	Westwood Monday	25.00
CONNECTICUT		NEW MEXICO	
Norwich/Gales Ferry Monday	50.00	Las Cruces Friday PM	25.00
FLORIDA		NEW YORK	
Boca Raton W.H.W Zoom	20.00	Bowmansville Monday	50.00
Boca Raton Friday PM	100.00	Eastside Chapter	200.00
Boynton Beach Tuesday	20.00	Forest Hills	100.00
Bradenton/Lakewood Ranch Friday	50.00	Staten Island Wednesday	50.00
Clearwater/Windmoor Thursday PM	26.00	Staten Island St. Patrick's	
Daytona Beach Tuesday	41.50	Thursday	20.00
Daytona Beach Thursday	41.50	Woodbury Monday	100.00
Delray Beach Thursday Crossroads	50.00	OKLAHOMA	
Delray Beach Sunday Crossroads	48.00	Yukon Thursday	60.00
Fort Myers Thursday	25.00	OREGON	
Holiday Monday	40.00	Beaverton Sunday PM	100.00
Port St. Lucie Wednesday	10.00	Tigard Tuesday	100.00
Tampa Sunday	50.00	PENNSYLVANIA	
GEORGIA		Bala Cynwyd Monday	30.00
Norcross Sunday Korean	10.00	Bethlehem Saturday	50.00
ILLINOIS		Broomall Friday	20.00
Springfield	25.00	NE Philadelphia Wednesday	25.00
IOWA		NE Philadelphia Friday	
Cedar Rapids Thursday	100.00	Nazareth	50.00
Waterloo	70.00	Roxborough Tuesday	60.00
MAINE		RHODE ISLAND	
York Saturday AM	25.00	Rumford Tuesday	50.00
MASSACHUSETTS		TENNESSEE	
Natick Sunday	74.00	Murfreesboro Wednesday	60.00
Newton Monday	40.00	TEXAS	
North Andover Tuesday	100.00	Dallas Pathways Sunday	40.00
Northampton Tuesday	50.00	Fort Worth It Online	200.00
South Easton Saturday Morning	42.00	Fort Worth Monday	100.00
MINNESOTA		Houston Saturday @ LOCD	50.00
Woodbury Monday	100.00	Palm View – Grupo	
NEW JERSEY		Internacional Zoom	30.00
Colts Neck Monday Women's	40.00	WASHINGTON	
Edison Saturday AM	116.00	Olympia Wednesday	50.00
Freehold Friday	50.00	AUSTRALIA	
Hasbrouck Heights Saturday	50.00	City Sunrise Group -	
Metuchen Tuesday	50.00	Brisbane	10.00
Old Bridge	40.00	PHILIPPINES	
Sayrewoods	50.00	Philippines – Area 38	20.00

**GROUP CONTRIBUTIONS FROM
GRATITUDE WEEK DECEMBER 2024
FLORIDA**

Plantation Women's Thursday 60.00

**INTERGROUP CONTRIBUTIONS
DECEMBER 2024**

Chicagoland 34.00	Maryland..... 100.00
Detroit/Toledo 30.00	New England..... 57.00
Florida West Coast 300.00	Northern California..... 50.00
Greater Sacramento 30.00	Northern Nevada..... 217.00
Inland Empire..... 50.00	Orange County 99.00
Intergroup of the Carolinas..... 100.00	South Florida..... 100.00
L.A. Intergroup..... 100.00	South Jersey 50.00

**NATIONAL HOTLINE DONATIONS
DECEMBER 2024**

L.A. Intergroup	14.00
South Florida Intergroup	20.00

**BULLETIN SUBSCRIPTIONS
DECEMBER 2024**

Five Subscriptions for a Total of \$280.00

**ONE TIME DONATIONS DECEMBER
2024**

One-Time Donation from our mini-conference fund.
Forest Hills, New York

One-Time Donation
Friday Tiverton, Rhode Island

One-Time Donation in memory of Lois W., Bob W.'s wife.
A kind and sweet person. Rest in Peace.
Tom M., Millbrae, California

One-Time Donation in recognition of Candace S.'s 10 years without a bet.
Ara H., Burbank, California

One-Time Donation in memory of Lloyd A. from Florida.
David & Fran N., Delray Beach, Florida

One-Time Donation
Sunday morning Phone Meeting, Miscellaneous Areas

One-Time Donation
Dinesh M., Lawrenceville, Georgia

December Meeting Donation
Board of Regents, California

One-Time Donation
Karen H., Chino, California

One-Time Donation in remembrance of Ron S.
Gamblers Anonymous of Southern Nevada

One-Time Donation in memory of my father, Jim S., from Nebraska
James S., Tempe, Arizona

One-Time Donation
Stephen H., El Segundo, California

One-Time Donation
Debbie M., Ft. Myers, Florida

One-Time Donation in memory of Vince V.
Ray G., Huntington Beach, CA

**ONE-TIME DONATIONS VIA VENMO/ZELLE
DECEMBER 2024**

One-Time Donation
Dylan K.

One-Time Donation
Jerry P.

GAMBLERS ANONYMOUS INTERNATIONAL SERVICE OFFICE
STATEMENTS OF FINANCIAL POSITION
JUNE 30, 2024, AND 2023

UNRESTRICTED ASSETS

CURRENT UNRESTRICTED ASSETS

	06/30/2024	06/30/2023
CASH AND CASH EQUIVALENTS – NOTES B & F	\$594,216	\$486,864
ACCOUNTS RECEIVABLE	1,688	1,103
INVENTORY – NOTE B	71,208	64,432
PREPAID EXPENSES	3,014	2,867

TOTAL CURRENT UNRESTRICTED ASSETS	\$670,126	\$555,256
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PROPERTY AND EQUIPMENT – NOTE B	61,023	55,678
OFFICE FURNITURE & EQUIPMENT	51,021	47,996

NET PROPERTY AND EQUIPMENT	10,002	7,682
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OTHER UNRESTRICTED ASSETS		
DEPOSITS	5,250	5,250

TOTAL UNRESTRICTED ASSETS	\$685,378	\$568,188
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CURRENT UNRESTRICTED LIABILITIES AND FUND BALANCE

CURRENT RESTRICTED LIABILITIES

ACCOUNTS PAYABLE	\$4,500	\$2,184
SALES TAX PAYABLE	709	600

TOTAL UNRESTRICTED CURRENT LIABILITIES	5,209	2,784
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FUND BALANCE	680,169	565,404
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TOTAL CURRENT UNRESTRICTED LIABILITIES AND FUND BALANCE	\$685,378	\$568,188
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**GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
STATEMENT OF ACTIVITIES
FOR THE FISCAL YEAR ENDED JUNE 30, 2024, AND 2023**

CHANGES IN UNRESTRICTED BALANCE

	FYE <u>6/30/24</u>	FYE <u>6/30/23</u>
REVENUE		
SALES	<u>\$339,786</u>	<u>\$254,693</u>
LESS: COST OF GOODS SOLD		
BEGINNING INVENTORY	64,432	60,145
ADD: LITERATURE, BULLETINS, ETC.	<u>145,473</u>	<u>117,327</u>
	209,905	177,472
LESS: ENDING INVENTORY	<u>71,208</u>	<u>64,432</u>
TOTAL COST OF GOODS SOLD	<u>138,697</u>	<u>113,040</u>
GROSS PROFIT ON SALES	201,089	141,653
REVENUE-WALK-A-THONS	2,973	60
REVENUE-CONFERENCES AND MEETINGS	9,919	8,457
REVENUE-GROUPS, INTERGROUPS, RSOs & 1X	116,822	119,121
REVENUE-LIFELINERS AND CANS	135,784	136,196
GRATITUDE WEEK	13,699	16,889
NATIONAL HOTLINE	414	678
BULLETIN SUBSCRIPTIONS	1,552	1,388
MISCELLANEOUS INCOME	1,444	2,365
INTEREST INCOME	<u>16,030</u>	<u>3,666</u>
TOTAL REVENUE	<u>499,726</u>	<u>430,473</u>
OPERATING EXPENSES	<u>384,961</u>	<u>427,105</u>
INCREASE (DECREASE) IN UNRESTRICTED FUND BALANCE	<u>\$114,765</u>	<u>\$3,368</u>

INTERNATIONAL SERVICE OFFICE
 SCHEDULE A – STATEMENTS OF OPERATING EXPENSES
 FOR THE FISCAL YEAR ENDED JUNE 30, 2024, AND 2023

	FYE <u>06/30/2024</u>	FYE <u>06/30/2023</u>
SALARIES	\$174,070	\$213,921
PAYROLL TAXES	14,176	18,190
RETURNED CHECKS/BANK FEES	821	302
POSTAGE	42,000	50,000
RENT AND CAM FEES	53,211	51,068
TELEPHONE	5,934	5,543
UTILITIES – ELECTRIC AND GAS BILL	3,010	3,695
ACCOUNTING	9,500	9,500
INSURANCE-GENERAL OFFICE & WORKMANS COMP	8,519	7,748
OFFICE EXPENSES	9,279	9,083
DEPRECIATION	3,025	2,190
INSURANCE – HEALTH	15,384	20,717
MAINTENANCE POLICIES AND EQUIPMENT LEASES	2,701	2,396
REPAIRS & MAINTENANCE	30	0
BOARD OF REGENTS CHAIR CONFERENCE EXP	2,237	2,048
BOARD OF TRUSTEES CHAIR/ASST CHAIR	4,971	5,518
BOARD OF TRUSTEES/REGENTS MEETING EXPENSES	3,310	2,775
NON-CONFERENCE BOT EXPENSE	4,548	750
TEMPORARY HELP & PLACEMENT FEES	7,117	0
NATIONAL HOTLINE	644	662
PAYROLL PROCESSING FEES	2,702	2,683
COMPUTER/INTERNET/APP EXPENSE	1,111	4,504
VISA/MASTERCARD SERVICE FEES	860	2,457
WEBSITE	5,250	0
CONFERENCE SEED MONEY	1,500	2,250
EMPLOYEE RETIREMENT PLANS	6,236	5,362
TAXES AND LICENSES	100	0
SALES TAX	1,965	1,649
I.E.S. CONFERENCE EXPENSE	750	2,094
 TOTAL OPERATING EXPENSES	 <u>\$384,961</u>	 <u>\$427,105</u>

**GAMBLERS ANONYMOUS INTERNATIONAL SERVICE
OFFICE OPERATING STATEMENT DECEMBER 2024**

CASH IN OPERATING ACCOUNT DECEMBER 1, 2024..... \$175,072.06

INCOME FOR DECEMBER 2024

Bulletin Subscriptions	280.00	
Gratitude Week	60.00	
National Hotline Donations.....	34.00	
Group Contributions.....	4,803.00	
Intergroup Contributions.....	1,347.00	
ISO Can Contributions.....	3,426.55	
Lifeliners Contributions.....	8,676.08	
One-Time Donations.....	9,229.88	
Literature Shipping.....	3,247.00	
Sale of Literature.....	16,817.72	
Sales Tax Collected.....	208.88	
Interest from Checking Account.....	1.40	
E-Reader.....	12.60	
PayPal Literature Process Fees.....	715.83	
Bank Adjustment.....	760.00	
Workers Comp Insurance Refund.....	1,116.00	
TOTAL		\$50,735.94
CASH AVAILABLE FOR DECEMBER 2024		\$225,808.00

EXPENSES FOR DECEMBER 2024

Rent & Cam Fees	4,672.32	
Payroll	22,306.24	
Payroll Taxes (Federal & State).....	1,184.80	
Payroll Process Fees.....	118.08	
Office Expenses.....	734.43	
Health Insurance.....	2,252.44	
Electric Bill.....	136.36	
Telephone/Internet Bill.....	505.08	
Gas Bill.....	44.82	
ADT Alarm.....	45.89	
Monthly Air Condition/Heater Maintenance.....	30.00	
Match for Employees Simple IRA.....	399.36	
Literature.....	8,811.50	
PayPal Literature Processing Fee.....	715.83	
Postage.....	3,000.00	
Lifeline Bulletins.....	576.53	
Attorney Fees.....	103.50	
Visa/MC Service Fee.....	80.44	
Computer/Internet.....	75.00	
Lease/Maintenance Postage Meter Scale.....	449.27	
Chair/Assistant Chair B.O.T.....	1,820.46	
TOTAL EXPENSE		<u>\$48,692.35</u>

MONTH NET INCOME (NET LOSS)..... \$2,403.59

CASH IN OPERATING ACCOUNT AS OF DECEMBER 31, 2024..... \$177,115.65

FISCAL YEAR STARTING JULY 1ST TO DATE

NET INCOME (NET LOSS)..... \$5,356.02

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION - JUNE 01, 2024

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time

EASTERN TIME	Call-In Number	Meeting Code	Email for Information
Wednesday – 9PM	267-807-9601	9131957#	weeklycallhelp@gmail.com
Friday – 3PM	267-807-9601	9131957#	weeklycallhelp@gmail.com

U.S. callers who are trying to call the U.S. numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA

There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time

PACIFIC TIME	Call-In Number	Meeting Code	Email for Information
Tuesday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL:

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

First choice: Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

Second choice: Text the words **CALL ME** to the conference call-in number. The system will call you back and connect you directly.

This information is available at trusteewebsite.com/telephone-conference-call

Where would you be today without G.A.? Become a Lifeline Today!

A Lifeline is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeline because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeline. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____

NAME _____

ADDRESS: _____

CITY & STATE: _____ ZIP: _____

*Please mail this with your initial contribution to:
GAMBLERS ANONYMOUS I.S.O.
1306 MONTE VISTA AVE., STE. 5, UPLAND, CA 91786*

Thank you for your support!!