



December 2021

**GAMBLERS ANONYMOUS LIFE-LINE
YEARLY BULLETIN SUBSCRIPTION FORM**

Mail to: **GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
1306 MONTE VISTA AVE., STE 5
UPLAND, CALIFORNIA 91786**

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DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

**BOARD OF REGENTS
EMERGENCY MEETING
MINUTES OF NOVEMBER 13, 2021**

CALL TO ORDER: The Chair, Cathy F., called the meeting to order at 9:30 A.M. via Telephone Conference call.

ROLL CALL WAS TAKEN:

Andre G., Arnie B., Cathy F., Gary M., Guy H., Jo K., John C., Valerie D., Israel, Office Manager and KC B., International Executive Secretary.

Absent: Zach M.

NEW BUSINESS

Proposed Lease for new location for Gamblers Anonymous International Service Office.

John C. spoke for the Leasing Committee. After several months, a location was found that would meet all the requirements for the Office.

The office/warehouse space is 2,976 square feet with plenty of room for literature inventory and office space for employees.

The lease will be signed by the Board of Regents Officers, Cathy F., Chair, John C., Vice Chair and Valerie D., Treasurer.

Israel, Office Manager is authorized to sign all other non-binding documents.

Insurance, post office, addresses on literature, movers, etc. will be coordinated by Israel.

Motion to approve the Industrial Lease from College Business Park, dated November 10, 2021, as written, to relocate Gamblers Anonymous International Service Office to Building 1306, Suites 5 & 6 in Upland, California.

MOTION SECONDED AND PASSED

For – 8 Against – 0 Abstained – 0

The regular monthly Meeting will be November 20, 2021, at 9:30 A.M.

This meeting was closed with the Serenity Prayer at 10:06 A.M.

Respectfully submitted, Jo K., Recording Secretary

**BOARD OF REGENTS
MINUTES OF NOVEMBER 20, 2021, MEETING**

CALL TO ORDER: The Chair, Cathy F., called the meeting to order at 9:31 A.M.

The Chair reminded everyone that recording of this meeting is not permitted.

ROLL CALL WAS TAKEN:

Present: Cathy F., Guy H., John C., Valerie D., Zach M. and Israel, Office Manager.

Present by Phone: Andre G., Arnie B., Gary M., Jo K., and KC B., International Executive Secretary.

MINUTES FROM OCTOBER 16, 2021, B.O.R. MEETING:

A motion was made to approve the minutes.

MOTION SECONDED AND PASSED

For – 9 Against – 0 Abstained – 0

OPERATING STATEMENT FOR OCTOBER 2021:

A motion was made to remove the \$195,000.00 from the expense column and adjust accordingly with a footnote.

MOTION SECONDED AND FAILED

For – 4 Against – 5 Abstained – 0

Roll call vote follows:

Andre G. - no
Arnie B. - no
Cathy F. - no
Gary M. - no
Guy H. - yes
Jo K. - no
John C. - yes
Valerie D. – yes
Zach M. – yes

Motion was made to approve the October 2021 operating statement as written.

MOTION SECONDED AND PASSED

For – 5 Against – 3 Abstained – 0

Roll call vote follows:

Andre G. - yes
Arnie B. - yes
Cathy F. - yes
Gary M. - yes
Guy H. - yes
Jo K. - yes
John C. - no
Valerie D. - no
Zach M. - no

OLD BUSINESS

A. REPORT FROM ISRAEL, OFFICE MANAGER.

- Lifeliners – 0
- New Cans – none
- Group Information Request Forms received: 0
- Group Information Request forms received prior to sending five Starter Kits for the month of October to Eliot, ME, Desoto, MO, Shelton, WA, Pompton Plaines, NJ and York, PA
- Prison Starter Kits – none
- Venmo and Zelle Donations - \$978.25
- Israel mentioned that a CD is due to expire the end of November from Bank of America for \$34,344.60.

A motion was made to move the funds from the CD into the operating account to allow a cushion for upcoming office location changes.

MOTION SECONDED AND FAILED

For - 3 Against – 6 Abstained – 0

Roll call vote was taken:

Andre G. - yes
Arnie B. - no
Cathy F. - no
Gary M. - no
Guy H. - no
Jo K. - no
John C. - yes
Valerie D. – yes
Zach M. – no

- A B.O.R. member asked if Israel could supply the members with a list of all CD's and banks where they are located, along with their expiration date by the next meeting.
- Audit Update – Annual Audit was completed and emailed to all members of the B.O.R. prior to the Board meeting.

B. I.E.S. REPORT – KC B.

- The completed B.O.T. Minutes were sent to the B.O.R. and to the Trustee Website Administrator.
- All Guidance Code changes from the last B.O.T. meeting was emailed to the Trustee Website Administrator.
- The November Bulletin was sent to the formatter.
- The B.O.T. Zoom Committee held a mock Zoom meeting. The Committee will present its findings at the next B.O.T. meeting.

C. BY-LAWS COMMITTEE REPORT – VALERIE D.

Report was submitted prior to today’s Board meeting. The next meeting will be December 5, 2021.

D. STANDING RULES COMMITTEE REPORT – JOHN C.

The report was submitted to the B.O.R. prior to the meeting. The B.O.R. members will send their thoughts to the committee prior to the next B.O.R. when the Standing Rules will be discussed.

E. LEASE RENEWAL COMMITTEE REPORT - JOHN C.

The lease has been signed by Cathy F., John C., and Valerie D. and given to the landlord. More information is needed from the broker regarding the necessary insurance needed for the new office space. All future non-binding documents will be signed by Israel. Israel will also check on the security system for the new location.

NEW BUSINESS

A. STATE OF CALIFORNIA.

A report to the State of current officers will be done by Israel.

The two employees attending the meeting, Israel and KC B., were asked to leave the meeting for the next two items on the agenda.

B. EMPLOYEES HEALTH INSURANCE.

Employees insurance has increased for the next year by 8.91%.

A motion was made to reimburse up to \$500.00 per year per eligible employee for medical/prescription expenses for the 2022 calendar year.

MOTION SECONDED AND PASSED

For – 9 Against -0 Abstained – 0

C. HOLIDAY OFFICE SCHEDULE AND POTENTIAL BONUSSES.

A motion was made to give all four employees three additional days off with pay, from December 21-23, 2021, instead of cash bonuses.

MOTION SECONDED AND PASSED

For – 9 Against -0 Abstained – 0

The International Service Office will be closed December 21, 22, 23, 24 and 31, 2021.

Israel and KC B. were invited back to the meeting.

D. DISCUSS FINANCIAL INFORMATION AND FORMAT – CATHY F.

A committee was formed. Members of the committee will be Cathy F. Guy H., Zach M., Arnie B., and John C.

People who listened into the meeting: 0

Collection: \$ 115.00

Next Meeting will be December 18, 2021, at 9:30 A.M.

The meeting closed with the Serenity Prayer at 10:50 A.M.

Respectfully submitted by Jo K., Recording Secretary

From the desk of your International Executive Secretary

Happy Holidays! As we come to the end of yet another crazy year, I hope you and your family are remaining healthy and safe.

Six months into this position, and I am still learning as I go and learning more about our fellowship as a whole than ever before. I am grateful for the opportunity to learn our history and see how Gamblers Anonymous has grown throughout the years. I'm excited to see how it continues to grow.

As the end of the year approaches, I would like to give a heartfelt thanks to Karen H., who served this fellowship as International Executive Secretary for decades. She has helped me tremendously during the first six months of my tenure as your International Executive Secretary. Without her, I would have been lost for sure.

I would also like to give a loud shout out and thanks to our office staff, Israel, Jason, and Norma. They each have made my transition into this position a fairly smooth one and with little hiccups.

Thank you to all of our members, groups, Intergroups, and RSOs that contributed to our fellowship for Gratitude Week and Month, as well as throughout the year. You have helped the International Service Office in their effort to continue carrying the message to the compulsive gambler who still suffers. Without your contributions, the I.S.O. would not be able to accomplish that goal.

As our fellowship grows, I look forward to seeing the direction it takes and how we learn from year to year.

Happy Holidays, and I hope that 2022 brings you all of the happiness you deserve and desire.

Yours in recovery and gratitude, KC B.

P.S. I also wanted to let you know that the I.S.O. is moving in January. The new address will be 1306 Monte Vista Avenue, Ste. 5, Upland, California, 91786.

HELP IS AVAILABLE!

On page 17, item #7: “We encourage everyone in Gamblers Anonymous to have a Pressure Relief Group Meeting ...”

Any member desiring individual assistance with his/her Pressure Relief, please contact Alan J. at alanj5994@gmail.com. He will reply by email or phone if you provide your number.

TWELVE STEPS

In each of the issues of this year’s Bulletins, it was mentioned that Item #50 on the current order form “Gamblers Anonymous Writing the Steps” is a great piece of literature for working each of the 12 Steps of Recovery and that we would be making one of the exercises from each Step for the corresponding month available for your use right here in the Life-Line Bulletin. If you want to complete the other exercises, each booklet can be ordered from the I.S.O. for \$2.75 each plus shipping and handling.

STEP 12

Having made an effort to practice these principles in all our affairs, we tried to carry this message to other compulsive gamblers.

Step 12, Exercise 2

As the Combo book reminds us, the greatest challenge with which we will be faced is that of bringing about a character change within ourselves. This challenge **should be worked on immediately and continued throughout our lives**, through the study and practice of the Twelve Steps of Recovery.

After having worked all 12 Steps, ask yourself these questions:

- 1. Am I still powerless over gambling?**
- 2. Do I believe that a Power greater than myself can restore me to a normal way of thinking and living?**
- 3. Have I made a decision to turn my will and my life over to the care of this Power of my own understanding?**
- 4. Have I made a searching and fearless moral and financial inventory of myself?**
- 5. Have I admitted to myself and another human being the exact nature of my wrongs?**
- 6. Am I entirely ready to have these defects of character removed?**
- 7. Have I asked my Higher Power to remove my shortcomings?**
- 8. Have I made a list of all persons I have harmed?**
- 9. Have I made amends to all the people on my list?**
- 10. Have I continued to take personal inventory and, when I was wrong, promptly admitted it?**
- 11. Have I improved my conscious contact with my Higher Power?**
- 12. Am I carrying the message of recovery to other compulsive gamblers?**

If you answered “No” to any of the above, or if you have any doubts, please take this opportunity to look inside yourself and see what is holding you back. This exercise may help you to become more willing to commit to doing the work that will enable you to answer “Yes” to all of these questions.

Now, ask yourself and answer one more question:

Am I willing to work the 12 Steps again, starting with Step 1?

GRATITUDE LETTERS

Dear I.S.O.,

Enclosed please find two small donations for Gratitude Month from Roxboro Room, Philadelphia, Pennsylvania and Broomall Room, Broomall, Pennsylvania.

Thank you, Ron C., Philadelphia, Pennsylvania

Dear I.S.O.,

Thanks for all you do. Here is a small donation from the Ann Arbor Michigan Alamo Club meeting.

Thanks, Steve C., Ann Arbor, Michigan

Dear I.S.O.,

Hope all is well on your end. Here is a small donation for Gratitude Week/Month. I appreciate your hard work.

Anonymous, Oregon

Dear I.S.O.,

Thanks for your patience. Here is a small donation for Gratitude Month.

Bea S., Lincoln, California

Dear I.S.O.,

Enclosed is a small donation for Gratitude Week.

Nancy W., Prairie Village, Kansas

Dear I.S.O.,

Enclosed is a donation from Wednesday evening Windmoor for Gratitude Week.

Clearwater/Windmoor, Florida

Dear I.S.O.,

Enclosed is a donation for Gratitude Week 2021. This donation is made on behalf of the Intergroup/Regional Service Office for French Quebec, Canada.

Intergroupe/Bureau de Service du Quebec, Canada

GROUP NEWS

Note From I.S.O.: Thank you to all the members in the “Group News” section, for their letters, donations, and kind words. Please keep writing and sharing your experience, strength, and hope with everyone.

Dear I.S.O.,

Enclosed are two small donations from Wednesday Night, West Seneca, and Monday Night, Bowmansville, both from area 16A.

Bill K., Bowmansville, New York

Dear I.S.O.,

Enclosed is a small donation in addition to my Lifeliner donation. I know times are still tough.

Yours in Recovery, Terry S., Florida

Dear I.S.O.,

It has become our tradition to honor fellow members who have recently passed. It is with an incredibly sad heart we honor a long-time member, Pat G., as she lost her battle with cancer after a long struggle.

Pat was a highly active member who would share with everyone the stories of her fight to maintain her recovery. Her dedication to the program was an inspiration to new and old members alike. She always professed a faith in a Higher Power and often would chair meetings with a focus on the spiritual aspects of our program.

Enclosed is a donation in memory of Pat G. She will be remembered as a fellow member, a believer in the program and a sister to all.

Thank you, Jack G., Derby, New York

Dear I.S.O.,

Enclosed is a donation in memory of Jerry L. (Pomona, New York) after 40 years of service, from the Phoenix Arizona 32nd Street and Sweetwater Monday night group. Jerry would visit us in Phoenix during winters for many years, sharing his experience, strength, and hope as well as reaching out to newcomers, regulars, and those in need. He was prominent in passing along the wonderful concept of Pressure Relief, never forgetting who he was and the dangers of complacency.

Lenny S., Phoenix, Arizona

Dear I.S.O.,

Please accept this donation in memory of Pat G. from Buffalo, New York. I will miss our drives together to and from our Friday and Wednesday meetings.

Dan W., Buffalo, New York.

Dear I.S.O.,

This donation is from the Thursday Night Windmoor Meeting. We lost one of our members, Ralph M. recently.

Thank you, Jim H., Clearwater, Florida

ANNOUNCEMENT OF UPCOMING EVENTS

Lexington GA Mini Conference

HELP!

February 11-13, 2022

Lexington Clarion Hotel

1950 Newtown Pike, Lexington, KY 40508

For more information, email lasatterly@gmail.com

West Coast Florida GA/GAMANON Mini-Conference

“Reconnecting to Recovery”

February 12, 2022

Christ United Methodist Church

1475 Center Road, Venice, Florida 34292

For more information, email ies@gamblersanonymous.org

INDIVIDUAL LIFELINER DONATIONS RECEIVED IN THE MONTH OF NOVEMBER 2021

ARIZONA

L211 Jim L.
L221 Janat G.
L267 Penny V.
L396 Pam K.
L546 Mo M.
L692 Doug G.

CALIFORNIA

L1 Bob W.
L4 Tom M.
L6 Bill S.
L8 Dan B.
L9 Mike M.
L18 Chris G.
L19 Wendy B.
L21 Ed E.
L31 Russell H.
L70 Keith B.
L87 Mike S.
L100 Mazi S.
L116 Rob D.
L117 Steve F.

L120 Phil C.
L151 Murray F.
L154 Diane S.
L158 Gagik G.
L161 Patricia A.
L209 Jose C.
L219 Len K.
L246 Pat S.
L273 Victor S.
L298 Cathy F.
L301 Steve K.
L314 Alan S.
L367 Jerry L.
L384 Alvin F.
L386 Anita R.
L390 Jack R.
L408 Ira B.
L419 Rufus B.
L432 Patrick P.
L453 Bennett S.
L476 Garret C.
L480 Ezra B.

CALIFORNIA (cont)

L496 Guy H.
 L544 Harold A.
 L563 Zachary Mc.
 L580 Curtis G.
 L593 Grant M.
 L601 David L.
 L609 Kathie S.
 L617 Mike Z.
 L618 Hugh G.
 L623 Lucille T.
 L678 Lynell B.
 L701 David L.
 L751 Derek P.
 L772 Ara H.
 L834 Candice B.
 L836 Albert Y.
 L861 Roger L.
 L871 Greg D.
 L874 Aaron S.
 L907 Joseph G.
 L908 Jordan K.
 L914 Jordan G.

COLORADO

L147 Lou W.
 L950 Ron G.

FLORIDA

L2 Bill B.
 L81 Paulette T.
 L97 Chuck R.
 L143 Neal G.
 L156 Richard M.
 L160 Jim C.
 L175 Lloyd A.
 L205 Steve P.
 L225 Kevin K.
 L233 Robert M.
 L251 Frank G.
 L261 Stephen S.
 L289 Ralph O.
 L313 Herman G.
 L395 Daniel B.

L420 Mark S.
 L423 Kathleen H.
 L450 Neil S.
 L483 Victor C.
 L511 Chris N.
 L549 Patricia P.
 L590 Dennis A.
 L607 Debbie M.
 L622 Andrew C.
 L627 Pauline F.
 L679 David T.
 L693 Terry S.
 L695 Ronald B.
 L815 Linda S.
 L835 Howard M.
 L840 Janice M.
 L843 Neal V.
 L844 Arnie B.
 L884 Janet H.
 L904 Marlon D. x2
 L909 Chin W.
 L944 Brent S.

GEORGIA

L672 Tony L.

HAWAII

L553 David C.

ILLINOIS

L114 Ellen Z.
 L344 Eileen Z.
 L459 Allen H.
 L823 Luke W.

INDIANA

L229 Mary Ann R.

KANSAS

L194 Michelle J.
 L918 Nancy W. x2

KENTUCKY

L115 Laura S.
 L195 Steve B.

LOUISIANA

L27 Betty S.
 L354 Kathy S.

MASSACHUSETTS

L318 Jeff H.
L598 Vinny S.

MARYLAND

L162 Jim D.

MICHIGAN

L272 Joann D.
L829 Edward K.

MINNESOTA

L565 Corey J.
L715 Debra M.
L803 Renee G. x2

NEVADA

L75 KC B.
L150 Rollo V.
L284 Kevin H.
L317 Pat M.
L325 Terry D.
L410 Joanne F.
L439 Ira K.
L507 Mark S.
L541 Andrew B.
L596 Leslie F.
L599 Igor K.
L602 Trey D.
L612 Dan Mc.
L665 Richard S.
L690 Lenore D.
L837 Harriet K.
L846 Bobby B.

NEW HAMPSHIRE

L277 Roy W.

NEW JERSEY

L94 Tom D.
L174 Mike D.
L179 Chris N.
L183 Robin D.
L223 Fred D.
L266 Kivey G.
L311 Andrew D.
L349 George L.
L351 Russell H.

L409

L429

L433

L438

L482

L497

L524

L547

L589

L856

L863

L961

NEW MEXICO

L572

L662

L847

L906

NEW YORK

L16

L95

L278

L303

L308

L465

L516

L554

L566

L852

L882

L887

L951

NORTH CAROLINA

L493

L494

L495

L498

L499

L500

L503

L504

L506

L510

Barry H.

Dennis S.

Joseph F.

Matthew C.

Ann K. x2

Dave S.

Richard T.

John P.

Ronald W.

Scott B. x2

Kathleen P. x2

Tom C.

Liane M.

Joel K.

Catherine B.

Mary F.

Kenny M.

Larry B.

Harlan S.

Alan J.

Jordan P.

Mohammed M.

Susan W.

Dan L. x3

Robert K.

Norberto B.

Joe B.

Pierre J. x2

Brad B.

Gary G.

Mary D.

Garnet P.

Suzanne R.

Mike S.

Sammy D.

John J.

Vivian W.

Chuck T.

Eric S.

NORTH CAROLINA (cont)

L513 Dennis O.

OHIO

L948 Edward G.

OREGON

L584 Curt P.

L881 Pam B.

L912 David U. x2

PENNSYLVANIA

L40 Dan M.

L71 Marla J.

L345 John B.

L533 Debbie D.

L820 Josh S.

L854 Jacquona B.

SOUTH CAROLINA

L460 Lou M.

TEXAS

L245 Alan S.

WASHINGTON

L425 Terry D.

L659 Connie M.

WISCONSIN

L443 Constance T.

QUEBEC

L257 Andre G.

ANNIVERSARIES

53 YEARS	MALCOLM B.	12/6	San Diego, CA
46 YEARS	MARTY D.	12/6	Woodbury, NY
	STAN H.	12/21	Ardsley Zoom, NY
42 YEARS	KAREN H.	12/9	Rancho Cucamonga, CA
36 YEARS	MIKE G.	12/21	Douglaston, NY
34 YEARS	BERNARD G.	12/6	Bronx Our Savior, NY
	CHRIS G.	12/9	Rancho Cucamonga, CA
	MICHAEL De R.	12/21	Mountainside, NJ
33 YEARS	BRAD B.	12/1	Massapequa Park, NY
	MITCH M.	12/5	5 Towns, NY
	CHARLES B.	12/19	Las Vegas, NV
	SIGI H.	12/28	Douglaston, NY
31 YEARS	TOM S.	12/15	Patchogue, NY
	TOM D.	12/21	Voorhees, NJ
	MIKE H.	12/27	San Diego, CA
28 YEARS	LAURENCE L.	12/13	Yukon, OK
	MIKE C.	12/20	Bronx Our Savior, NY
27 YEARS	WOODIE H.	12/9	Rancho Cucamonga, CA
	LOU C.	12/14	East 31 st St., NY
26 YEARS	GENE S.	12/28	Voorhees, NJ
25 YEARS	DAVE Z.	12/5	East Northport, NY
	BARRY B.	12/8	Patchogue, NY
	BRUCE H.	12/9	Congers, NY
	DALE Q.	12/10	Las Vegas, NV
	ED N.	12/31	San Diego, CA

23 YEARS	ERIC S.	11/29	Greensboro, NC
	FRAN M.	12/12	Las Vegas, NV
22 YEARS	VALERIE D.	12/2	Paramount/Lakewood, CA
	CHRIS G.	12/6	Havertown, PA
	VICKY M.	12/7	Las Vegas, NV
	PAUL R.	12/12	Las Vegas, NV
21 YEARS	DARREN B.	11/18	Aurora, IL
	ROBERT P.	12/6	Somerdale, NJ
20 YEARS	LARRY J.	12/12	Settlement House/St. Xavier, NY
19 YEARS	LUKE E.	12/5	Settlement House/St. Xavier, NY
	KENNETH M.	12/18	Dallas, TX
18 YEARS	BILL T.	12/2	Voorhees, NJ
	MIKE W.	12/2	White Plains, NY
	CHUCK T.	12/29	Greensboro, NC
17 YEARS	IRENE D.	12/4	Las Vegas, NV
	MARTY L.	12/7	East 31 st St., NY
16 YEARS	HARRIET K.	12/6	Las Vegas, NV
	ANITA R.	12/9	Rancho Cucamonga, CA
	MIKE M.	12/28	Wantagh, NY
15 YEARS	MARGARET N.	12/5	Calgary, AB
	MIKE S.	12/16	Las Vegas, NV
14 YEARS	KEITH B.	11/14	Elk Grove Village, IL
	JEFF W.	12/7	East 31 st St., NY
	ROBYN S.	12/7	Rochester, NY
	ROGER V.	12/7	Wantagh, NY
	MICHAEL M.	12/21	San Diego, CA
	LINDA M.	12/21	Las Vegas, NV
13 YEARS	JUSTINE C.	12/2	San Diego, CA
	GARY C.	12/15	Las Vegas, NV
	MARIE R.	12/23	Paramount/Lakewood, CA
	DAN K.	12/23	Staten Island, NY
	DANNY K.	12/26	Ocean Parkway, NY
	JOHN A.	12/27	San Diego, CA
12 YEARS	PETER B.	12/6	Richmond Hill, NY
	BOB K.	12/7	Voorhees, NJ
	CHERYL F.	12/15	West Bridgewater, MA
	GLENN E.	12/15	East 79 th St., NY
	CARL D.	12/28	Rochester, NY
11 YEARS	DUKE G.	11/1	Havertown, PA
	LEN K.	12/5	Griffith Park, CA
	LILLIAN S.	12/7	San Diego, CA
	MIKE S.	12/8	Bensonhurst Recovery, NY

11 YEARS (cont)	KIM M.	12/10	San Diego, CA
	ROBERT T.	12/13	San Diego, CA
	SANDY	12/15	Calgary, AB
10 YEARS	NICK S.	12/9	Forest Hills, NY
	BILL S.	12/14	East 31 st St., NY
	BRUCE R.	12/15	East 79 th St., NY
9 YEARS	ANNETTE S.	12/5	Calgary, AB
	ROGER C.	12/13	Lindenhurst, NY
	TOM L.	12/18	Havertown, PA
	ROB P.	12/20	Mary of the Virgin Church, NY
	STEVE W.	12/22	San Diego, CA
8 YEARS	JOHN J.	12/2	Windsor, ON
7 YEARS	BILL M.	12/3	San Diego, CA
	BOB R.	12/9	Voorhees, NJ
6 YEARS	BOB E.	12/1	Willow Grove, PA
5 YEARS	BONNIE P.	12/7	Henderson, NV
	HIROKO S.	12/11	San Diego, CA
	VALERIE W.	12/11	San Diego, CA
	KEITH A.	12/11	Bronx Our Savior, NY
	LEO Z.	12/16	Forest Hills, NY
	VICTOR A.	12/21	East 31 st St., NY
	LUC M.	12/22	Las Vegas, NV
	JOE Co.	12/26	Windsor, ON
	ETHAN P.	12/30	San Diego, CA
4 YEARS	TINA V.	11/5	Greensboro, NC
	PENNY L.	12/1	Las Vegas, NV
	WILLIE B.	12/6	San Diego, CA
	RITCHIE V.	12/12	Coventry/Mansfield, CT
	CE CE	12/14	San Diego, CA
	ANDREW D.	12/15	Forest Hills, NY
	MIKE D.	12/19	Ocean Parkway, NY
	WANDA I.	12/20	Las Vegas, NV
	ADRIENNE D.	12/23	San Diego, CA
	RICK P.	12/31	San Diego, CA
3 YEARS	JON G.	11/3	Ft. Worth, TX
	TAMMY C.	12/1	San Diego, CA
	STACY P.	12/1	Patchogue, NY
	DEE M.	12/2	San Diego, CA
	DENNIS M.	12/6	San Diego, CA
	ERIC H.	12/12	San Diego, CA
	GWEN K.	12/12	San Diego, CA
	RACHEL T.	12/13	San Diego, CA

3 YEARS (cont)	DENNIS G.	12/15	San Diego, CA
	JOE D.	12/19	Coventry/Mansfield, CT
	FRANK T.	12/27	Somerdale, NJ
	PHIL S.	12/30	Windsor, ON
2 YEARS	GINA K.	11/13	Orland Park, IL
	JOE M.	12/1	Yonkers, NY
	STEVE B.	12/9	White Plains, NY
	MITCH L.	12/13	Richmond Hill, NY
	ROB S.	12/13	Woodbury, NY
	BOB K.	12/15	San Diego, CA
	NAE B.	12/17	San Diego, CA
	JASON S.	12/18	Downey, CA
	JASON C.	12/21	East 31 st St., NY
	JERRY A.	12/22	San Diego, CA
1 YEAR	PATRICK #2	12/1	Calgary, AB
	MO G.	12/2	San Diego, CA
	DAN G.	12/3	San Diego, CA
	JUSTIN W.	12/3	Plantation, FL
	RICK S.	12/4	Church on the Hill, NY
	ALAN T.	12/9	Rancho Cucamonga, CA
	GLORIA	12/11	Calgary, AB
	COREY A.	12/13	Mount Vernon, NY
	ANDREW D.	12/21	Wantagh, NY
	JEFF J.	12/21	Pomona, NY
	ROB G.	12/22	Patchogue, NY
	TOBY G.	12/22	Greensboro, NC
	SAMMY R.	12/28	East 31 st St., NY
	TOMMY A.	12/28	East 31 st St., NY
	DAVE G.	12/29	Patchogue, NY

**INDIVIDUAL LIFELINER DONATIONS
NOVEMBER 2021**

ARIZONA (6)	85.00	NEVADA (17)	436.00
CALIFORNIA (58)	2,879.00	NEW HAMPSHIRE (1)	50.00
COLORADO (2)	35.00	NEW JERSEY (21)	347.00
FLORIDA (37)	1,744.00	NEW MEXICO (4)	70.00
GEORGIA (1)	80.00	NEW YORK (13)	337.00
HAWAII (1)	50.00	NORTH CAROLINA (11)	150.00
ILLINOIS (4)	50.00	OHIO (1)	5.00
INDIANA (1)	20.00	OREGON (3)	95.00
KANSAS (2)	200.00	PENNSYLVANIA (6)	98.00
KENTUCKY (2)	60.00	SOUTH CAROLINA (1)	20.00
LOUISIANA (2)	20.00	TEXAS (1)	50.00
MASSACHUSETTS (2)	63.00	WASHINGTON (2)	20.00
MARYLAND (1)	15.00	WISCONSIN (1)	15.00
MICHIGAN (2)	8.00	QUEBEC (1)	120.00
MINNESOTA (3)	100.00	TOTAL (207)	\$7,222.00

**I.S.O. CAN CONTRIBUTIONS
NOVEMBER 2021**

CALIFORNIA

C49	Orange County Intergroup	268.00	C765	Fair Oaks Thursday AM	51.00
C77	San Diego Intergroup	467.00	C1105	Sacramento Stop & Grow	
C184	Sacramento Tuesday AM	130.75		Saturday AM	15.00
C404	Lincoln Friday	12.00	C1694	Auburn Wednesday	26.25

CONNECTICUT

C51	Coventry Wednesday	12.00
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DELAWARE

C128	St. Marks Wednesday	62.00
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FLORIDA

C123	Singer Island Saturday	50.00	C262	Plantation Friday PM	19.00
C251	Clearwater/Windmoor Thursday	50.00	C263	Plantation Wednesday PM	44.00

GEORGIA

C1539 Norcross Sunday 10.00

ILLINOIS

C76	Lisle	26.00	C737	Silvis Serendipity Friday	30.00
C100	Oaklawn Monday	50.00	C1180	Silvis Monday PM	30.00
C146	St. Charles Elgin Sunday	4.00	C1376	Buffalo Grove Friday	45.00
C423	Naperville	25.00	C1511	Downers Grove Thursday	100.00
C528	Bolingbrook	120.00			

MASSACHUSETTS

C84 Holbrook Wednesday 31.00 C792 Hanson Thursday PM 30.00

NEVADA

C42 G.A. of Southern Nevada 661.62

OREGON

C1480 Oregon City Friday 39.00

PENNSYLVANIA

C208 South Hills Tuesday 24.00 C215 Beaver/Vanport Monday 75.00

TEXAS

C1134 Ft. Worth Thursday 150.00 C1587 Ft. Worth Tuesday 10.00

**GROUP CONTRIBUTIONS
NOVEMBER 2021**

ARIZONA

Prescott Saturday Round
Table 25.00

CALIFORNIA

Burbank Monday Noon	100.00
Burbank Friday	58.00
Downey Saturday	60.00
Glendale Wednesday	33.00
Griffith Park Sunday	100.0
Lincoln Wednesday	15.00
Lincoln Sunday	15.00
Palm Springs Sunday	25.00
Reseda Saturday AM	25.00

Santa Monica Beach Sunday	15.00
Stockton Tuesday PM	20.00
Ventura Sunday	25.00
Westlake Tuesday	50.00
Westlake Thursday	25.00

COLORADO

Denver Women Monday PM	100.00
Denver Thursday	30.00

CONNECTICUT

Pawcatuck Tuesday 5.00

FLORIDA

Boca Raton Monday Women	
Helping Women	25.00

FLORIDA (cont)

Bradenton Friday AM	25.00
Daytona Beach Tuesday	30.00
Daytona Beach Thursday	30.00
Delray Beach Thursday – Crossroads	25.00
Delray Beach Sunday – Crossroads	25.00
Maitland Sunday Am	100.00
North Ft. Myers	20.00
Plantation Tuesday	127.00

GEORGIA

Norcross Sunday Korean	10.00
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ILLINOIS

Chicago Monday	50.00
Chicago Recovery Together Tuesday	10.00

MASSACHUSETTS

Holliston Sunday	46.00
Watertown Monday	47.00
Watertown Friday	38.00
West Bridgewater	75.00

MICHIGAN

Maple Grove Wednesday PM	50.00
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MINNESOTA

Bloomington Monday Women's	20.00
Maplewood	25.00
South Metro	50.00

NEW JERSEY

Basking Ridge Saturday	50.00
Carlstadt Wednesday	25.00
Edison Saturday AM	75.00
Freehold Friday	25.00
Hasbrouck Heights Saturday	75.00
Metuchen Tuesday	50.00
Ridgewood Wednesday	25.00
Toms River Saturday	25.00

Toms River Sunday	25.00
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NEW MEXICO

Santa Fe Monday PM	100.00
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NEW YORK

Bowmansville Monday	80.00
Congers Thursday	300.00
New York City Monday AM	20.00
Staten Island Wednesday	20.00
West Seneca Wednesday	50.00

NORTH CAROLINA

Raleigh Thursday	50.00
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OHIO

Cincinnati Tuesday Noon	15.00
Cincinnati Thursday Noon	15.00
Dublin Monday	80.00

OREGON

Woodburn Monday	78.00
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PENNSYLVANIA

Broomall	40.00
Harrisburg Monday	40.00
Havertown Monday	25.00
Philadelphia Saturday- Hunting Park	50.00
Rhawnhurst Sunday	238.00
Roxboro	40.00
Willow Grove Wednesday	20.00

TEXAS

Dallas Pathways Sunday	60.00
You are Fort Worth It Online	115.00

WASHINGTON

Issaquah Wednesday	20.00
Spokane @ Country Homes	25.00

WISCONSIN

Racine Wednesday	40.00
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KOREA

Seoul	50.00
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**GROUP CONTRIBUTIONS FROM GRATITUDE WEEK
NOVEMBER 2021**

CALIFORNIA

Lincoln Wednesday 21.00

FLORIDA

Clearwater Wednesday PM 150.00

Windmoor/Clearwater

Saturday 50.00

MICHIGAN

Ann Arbor Wednesday 25.00

PENNSYLVANIA

Broomall 40.00

Roxboro 40.00

AUSTRALIA

Queensland RSO 400.16

**INTERGROUP CONTRIBUTIONS
NOVEMBER 2021**

Central/Northern Florida 865.00

Chicagoland 34.00

Delaware Valley 350.00

Greater Sacramento 30.00

Houston/Gulf Coast 50.00

L.A. Intergroup 150.00

New England 43.00

New Jersey 112.00

Orange County 73.54

South Florida 100.00

**INTERGROUP CONTRIBUTIONS
FROM GRATITUDE WEEK
NOVEMBER 2021**

Delaware Valley 540.00

Intergrupe/Bureau De Service Du Quebec 678.00

**NATIONAL HOTLINE DONATIONS
NOVEMBER 2021**

Area 1 Intergroup L.A. 14.00

Area 6A South Florida 20.00

**ONE TIME INDIVIDUAL MEMBER DONATIONS
FROM GRATITUDE WEEK
NOVEMBER 2021**

Nancy W. – Kansas

Anonymous – Oregon

**BULLETIN SUBSCRIPTIONS
NOVEMBER 2021**

Six Bulletin Subscriptions for a total of \$ 288.00

**ONE TIME DONATIONS
NOVEMBER 2021**

One-Time Donation in honor of Rita's 8 years.
Rita B., Rochester, New York

One-Time Donation in memory of Pat G.
Western New York Intergroup

One-Time Donation in memory of Jerry L. (Pomona, New York)
Phoenix Monday 32nd Street, Arizona

One-Time Donation in memory of Bud A.
Orange County Intergroup

One-Time donation in memory of Pat G. from Buffalo, New York
Dan W., Buffalo, New York

One-Time Donation
Grant M., California

**GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
OPERATING STATEMENT
NOVEMBER 2021**

CASH IN OPERATING ACCOUNT NOVEMBER 1, 2021 \$ 88,034.26

RECEIPTS FOR NOVEMBER

Group Contributions	3,508.00
Lifeliners	7,222.00
I.S.O. Can Contributions	2,667.62
Intergroup Contributions.	1,807.54
One-Time Donations.	10,540.00
National Hotline Donations	34.00
Gratitude Week Contributions	2,744.16
Bulletin Subscriptions.	288.00
Sale of Literature	14,445.12
Literature Shipping	3,017.70
Sales Tax Collected.	83.89
E-Readers	13.30
Merchant Services Cash Reward95
Interest From Checking Account69
PayPal Literature Processing Fees	601.38
Returned Check Charge	12.00

TOTAL \$ 46,986.35

CASH AVAILABLE FOR NOVEMBER \$ 135,020.61

DISBURSEMENTS FOR NOVEMBER

Rent & Cam Fees	9,393.93
New Building Security Deposit	5,250.00
Payroll	16,201.68
Payroll Taxes (Federal & State)	1,301.92
Outside Contractors/Consulting	3,337.50
Office Expenses	512.82
Payroll Processing Fees	193.76
Health Insurance	1,776.80
Telephone	425.73
Electric Bill	193.92
Monthly Air Conditioning/Heater Maintenance.	30.00
Balance of Accountants Yearly Fee	4,750.00
Match For Employees Simple IRA	423.56
Visa/MC Service Fee	64.18
Literature	7,952.95
Paypal Literature Processing Fees	601.38
Postage	4,000.00
Lifeline Bulletins	1,801.39
Returned Checks	40.00
Returned Checks Charge	24.00

TOTAL \$ 58,275.52

CASH IN OPERATING ACCOUNT AS OF NOVEMBER 30, 2021 \$ 76,745.09

DISBURSEMENTS IN EXCESS OF INCOME - \$ 11,289.17

Happy Holidays!

*To all G.A. members throughout the world,
Gamblers Anonymous International Service Office
wishes you and your loved ones
a very peaceful holiday season.*

With our gratitude and appreciation,

*KC, Israel, Jason, Norma and
The Board of Regents*

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION - SEPTEMBER 2, 2021

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time

Eastern Time	Call-In Number	Meeting Code	Email for Information
Sunday 9PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com
Wednesday 9PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com
Friday 3PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com

US callers who are trying to call the US numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time

Pacific Time	Call-In Number	Meeting Code	Email for Information
Tuesday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

SPANISH-BASED MEETINGS FROM MEXICO – Worldwide access is available with non-US country local phone numbers. Please use the email address below to obtain those local area numbers.

Day and Time

Mexico City Time	Call in Number	Meeting Code	Email for Information
Wednesday 8PM	712-770-5306	565387 #	Miercoles8PMayuda@gmail.com
Saturday 6PM	712-770-5377	432973 #	Sabado6PMayuda@gmail.com

SPANISH-BASED MEETINGS FROM SPAIN

Day and Time

Madrid Time	Call in Number	Meeting Code	Email for Information
Sunday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Tuesday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Thursday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org

FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

First choice: Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

Second choice: Text the words **CALL ME** to the conference call-in number. The system will call you back and connect you directly.

This information is available at trusteewebsite.com/telephone-conference-call

Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____

NAME _____

ADDRESS: _____

CITY & STATE: _____ ZIP: _____

Please mail this with your initial contribution to:
GAMBLERS ANONYMOUS I.S.O.
1306 MONTE VISTA AVE., STE. 5, UPLAND, CA 91786

Thank you for your support!!