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September 2021

**GAMBLERS ANONYMOUS LIFE-LINE  
YEARLY BULLETIN SUBSCRIPTION FORM**

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*Mail to:* **GAMBLERS ANONYMOUS  
INTERNATIONAL SERVICE OFFICE  
4981 IRWINDALE AVE., #700  
IRWINDALE, CALIFORNIA 91706**

*Circle one*

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**DISCLAIMER**

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 4981 Irwindale Ave., #700, Irwindale, California 91706, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

**GAMBLING**, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

**BOARD OF REGENTS  
MEETING MINUTES OF AUGUST 21, 2021**

**CALL TO ORDER:** The Chair, Cathy F., called the meeting to order at 9:30 A.M.

The Chair reminded everyone that recording of this meeting is not permitted.

**ROLL CALL WAS TAKEN:**

Present: Cathy F., Doug E., Guy H., John C., Valerie D. and Israel, Office Manager.

Present by Phone: Andre G., Arnie B., Gary M., Jo K., KC B., International Executive Secretary.

**MINUTES FROM JULY 17, 2021, B.O.R. MEETING:**

The minutes were amended by adding “Guy H. was elected to serve as Assistant Recording Secretary” so the paragraph in question will now read, “Cathy F. mentioned that Kathie S. has resigned. Guy H. will take Kathie’s place on the B.O.R. effective immediately. Guy H. agreed to serve as the Assistant Recording Secretary”. The minutes were approved by the B.O.R. after the changes were made.

**MOTION SECONDED AND PASSED**

For - 9   Abstained - 0   Against - 0

**OPERATING STATEMENT FOR JULY 2021:**

The Capital One Account was closed and \$437,625.08 was transferred to the Gamblers Anonymous checking account. It was suggested that this money will be removed from the Income on the Operating Statement. More on this in Old Business G. below.

A motion was made to have a line item added to our financial statement for July 2021 for the Capital One Account amount.

**MOTION SECONDED AND PASSED**

For - 9   Abstained - 0   Against - 0

**OLD BUSINESS**

- Lifeliners – 1 new (from Florida).
- Report from Israel, Office Manager.
  - New Cans – one from Los Angeles, CA.
  - Group Information Request Forms received prior to Sending Starter Kit – One from Phoenix, AZ.
  - Prison Starter Kits – none
  - Venmo and Zelle Donations - \$908.09
  - Website – running very well
  - Audit – will be started August 26, 2021, and the accountants will be in the I.S.O. Office that day.

- I.E.S Report – KC B.  
Lifeliners report completed by KC B. for the B.O.T. Meeting.  
August Bulletin has been sent to the formatters.  
KC B is preparing for the B.O.T. Meeting.  
Has answered a few calls from people in the fellowship.  
Gratitude Letter will be in the August Bulletin and emailed/or mailed to the B.O.T. Members and Local area Intergroups.  
She has purchased a new recorder and will be taking minutes as in the past.
- By-Laws Committee Report – Valerie D.  
The committee reviewed the By-Laws to prepare changes for the I.E.S. and Office Manager duties for the B.O.T. agenda. There were nineteen areas to update. Each one will be a separate item on the agenda. This committee will continue to review the By-Laws and Jo K. was added to the committee.  
Everyone agreed with the work the committee had done. This is an emergency item and after the B.O.T. approves the changes the B.O.R. will vote.
- Standing Rules Committee Report – Doug E.  
The committee reviewed the I.E.S. and Office Manager updates and made the changes needed. During a Zoom meeting the committee was able to see the document on the screen which helped working on the changes. The document was divided into 5 areas.

**ADD THE MOTION**  
**MOTION SECONDED AND PASSED**  
For - 9   Abstained - 0   Against - 0

- Committee Report on Lease Renewal – John C.  
The committee looked for another location for the office.  
John C. contacted our current leasing company for a proposal for the next five years.  
John. C. is waiting for the landlord’s approval of a proposed lease.  
The B.O.R. accepted the committees report and will not make a decision about moving until we hear if our proposal was accepted by the landlord.
- Discuss Capital One Savings Account and Funds – John C.  
Capital One Bank account was closed, and money was transferred to our checking account. The distribution of the money from the Capital One account will be placed in two (2) separate banks, US Bank and Chase. Each bank will have \$210,000.00 to put in six-month CDs for a total of two (2) CD’s. According to our Standing Rules we can’t have 90% of our funds in the same bank.

## MOTION SECONDED AND PASSED

For – 8 Abstained - 0 Against - 0

(one member had to leave the meeting)

### NEW BUSINESS

- Electronic Checking Signing – John C.  
This item was **tabled** for January 2022 meeting.
- Phone to Zoom B.O.R. Meetings.  
Discussion: cost, advantages, how to handle others listening to the B.O.R. meeting, etc.  
Cathy F. formed a committee and asked for volunteers to get more information. The committee will be made up of Doug E., Gary M., Andre G. with KC B. as a consultant.
- Review B.O.T. Agenda Items – Cathy F.  
There were 19 items on the B.O.T. agenda for August 2021 that referred to the B.O.R. The B.O.R. reviewed and discussed these items. Cathy F. will report on these at the B.O.T. meeting.
- Discussion on Meeting format for the B.O.R.  
The Minutes will remain the same. Each meeting may have changes to the format depending on the topics.
- Israel will send the Articles of Incorporation to the B.O.R. to help the By-Laws Committee.
- Review year-end inventory.  
**Tabled**

People who listened in to the meeting one.

Collection: \$65.00

Next Meeting will be September 18, 2021

The meeting closed with the Serenity Prayer at 12:06 P.M.

**Respectfully submitted by Jo K., Recording Secretary**

## HELP IS AVAILABLE!

On page 17, item #7: “We encourage everyone in Gamblers Anonymous to have a Pressure Relief Group Meeting ...”

Any member desiring individual assistance with his/her Pressure Relief, please contact Alan J. at [alanj5994@gmail.com](mailto:alanj5994@gmail.com). He will reply by email or phone if you provide your number.

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## TWELVE STEPS

*In the previous issues of this year's Bulletins, it was mentioned that Item #50 on the current order form “Gamblers Anonymous Writing the Steps” is a great piece of literature for working each of the 12 Steps of Recovery and that we would be making one of the exercises from each Step for the corresponding month available for your use right here in the Life-Line Bulletin. If you want to complete the other exercises, each booklet can be ordered from the I.S.O. for \$2.75 each plus shipping and handling.*

### STEP 9

**Made direct amends to such people wherever possible, except when to do so would injure them or others.**

#### Step 9, Exercise 2

**Review your lists from Step 8, Exercise 1 (of harm done to yourself and others) and write out how you intend to make your amends to each person on the list.** For example, if you embezzled money, indicate how you will make restitution. If you neglected yourself or your family, lied to a loved one, abandoned a friendship, or duped your employer, indicate how you intend to acknowledge it (in person, wherever possible, or by telephone or in an audiotape, videotape or letter).

**Prioritize your list of amends to be made, starting with those to yourself, and then, one by one, begin to make them. Write about how you feel as you move through the process.**

**Are there any people, to whom you owe amends or others, who could be injured in some way by your making amends? If yes, how can you reconcile it and move on?** (For example, you might write a letter of apology to them but not send it. Or you could make an anonymous charitable donation in their name)

## **GROUP NEWS**

*Note From I.S.O.: Thank you to all the members in the “Group News” section, for their letters, donations, and kind words. Please keep writing and sharing your experience, strength, and hope with everyone.*

Dear Jason, Karen, and all,

Thank you for all you folks do at I.S.O. Please be safe.

Thank you,

Frank M., Daytona Beach Shores, Florida

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Hello there,

I am so grateful for Gamblers Anonymous for taking me in when I was stumbling around in my brokenness and messed up life. God Bless you all.

Take Care,

Ella A., Farmington, New Mexico

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Hi Karen,

Happy to inform you that Thursday Night Forest Hills in New York is back up and running.

It has been with much appreciation that as of June we have been able to return to our traditional meeting format, now with an audio feature that allows members who are at high risk for COVID or not within a reasonable travel distance to dial in and participate.

It's so nice being able to get back to greeting the new member at the door, attending anniversaries, and seeing members we don't ordinarily get to see, or just getting that pat on the back for encouragement. What a blessing!

Warm Regards,

Stu W., Rutherford, New Jersey

Dear I.S.O.,

Enclosed is our can donation for Thursday night Clearwater/Windmoor.

We got our meeting place back after a long dry spell.

Ralph Mc., Oldsmar, Florida

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G.A. I.S.O.,

This donation is from the Venice Florida room. We realize that the only way to operate is with donations from the rooms.

It is with much joy to be able to donate to the I.S.O. office. Our room is small, 8-10 people, but the members are very generous. We are grateful.

Thank you. Stay Safe.

Wilma B., Venice, Florida

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G.A. Office Staff,

Enclosed please find our donation to help support I.S.O.

Thank you for your support and service.

Helene M., Stevens Point, Wisconsin

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### ***In Memory Of...***

Dear I.S.O.,

The Palm Beach Gardens Thursday night chapter is donating to I.S.O. in memory of Tony R. who passed away in 2020 while the COVID pandemic prevented our room from meeting in person.

Tony had been a member of our room since November 1996.

He was predeceased by his wife Marion, who was a dedicated member of Gam-Anon.

Frank G., Lake Worth Beach, Florida



*Note from I.S.O.: Thank you, Frank, and the members of the Palm Beach Gardens Thursday night room for letting us know about Tony R.'s passing and for your generous donation in his memory.*

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## ANNOUNCEMENT OF UPCOMING EVENTS

### **Chicagoland 2021 G.A. & Gam-Anon Mini Conference “I Can See Clearly Now”**

September 24, 25 and 26, 2021

Hyatt Regency Lisle Hotel

1400 Corporetum Drive

Lisle, Illinois

For information email [springconference21@gachicago.org](mailto:springconference21@gachicago.org)

### **Cleveland 2021 G.A. Mini Conference**

October 1, 2, and 3, 2021

Doubletree by Hilton

6200 Quarry Lane

Independence, Ohio

For more information email [GA.Area10@yahoo.com](mailto:GA.Area10@yahoo.com)

### **New Jersey Intergroup Virtual Conference**

#### **Our Lifelong Journey**

Sunday November 14, 2021

10:00 am to 1:00 pm Eastern Standard Time

For more information email [miniconferencenj@gmail.com](mailto:miniconferencenj@gmail.com)

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## INDIVIDUAL LIFELINER DONATIONS RECEIVED IN THE MONTH OF AUGUST 2021

### **ARIZONA**

L221 Janat G.  
L267 Penny V.  
L287 James S. x3  
L396 Pam K.  
L546 Mo M.  
L692 Doug G.

### **CALIFORNIA**

L1 Bob W.  
L4 Tom M.  
L6 Bill S.  
L8 Dan B.

L9 Mike M.  
L18 Chris G.  
L19 Wendy B.  
L21 Ed E.  
L31 Russell H.  
L70 Keith B.  
L73 Karen H.  
L87 Mike S.  
L88 Valerie D.  
L100 Mazi S.  
L116 Rob D.  
L117 Steve F.

**CALIFORNIA (cont)**

L120 Phil C.  
 L151 Murray F.  
 L154 Diane S.  
 L158 Gagik G.  
 L161 Patricia A.  
 L193 Bud A. x2  
 L209 Jose C.  
 L219 Len K.  
 L239 Hugo V.  
 L246 Pat S.  
 L273 Victor S.  
 L298 Cathy F.  
 L301 Steve K. x2  
 L314 Alan S.  
 L367 Jerry L.  
 L384 Alvin F.  
 L390 Jack R.  
 L408 Ira B.  
 L419 Rufus B.  
 L432 Patrick P.  
 L453 Bennett S.  
 L476 Garrett C.  
 L480 Ezra B.  
 L496 Guy H.  
 L558 Linda M.  
 L563 Zachary Mc. x3  
 L593 Grant M.  
 L601 David L.  
 L609 Kathie S.  
 L617 Mike Z.  
 L618 Hugh G.  
 L623 Lucille T.  
 L678 Lynell B.  
 L701 David L.  
 L716 James B.  
 L751 Derek P.  
 L772 Ara H.  
 L819 John H.  
 L834 Candice B.  
 L836 Albert Y.  
 L839 Steve W. x2  
 L861 Roger L.  
 L871 Greg D.  
 L874 Aaron S.

L907

Joseph G.

L908

Jordan K.

**COLORADO**

L147

Lou W.

L957

Drew D.

**FLORIDA**

L2

Bill B.

L81

Paulette T.

L97

Chuck R.

L106

Raymond H.

L143

Neal G.

L156

Richard M.

L159

Steve I.

L160

Jim C.

L175

Lloyd A.

L205

Steve P.

L225

Kevin K.

L233

Robert M.

L251

Frank G.

L261

Stephen S.

L289

Ralph O.

L313

Herman G.

L395

Daniel B.

L420

Mark S. x2

L423

Kathleen H.

L450

Neil S.

L483

Victor C.

L511

Chris N.

L549

Patricia P.

L607

Debbie M.

L622

Andrew C.

L627

Pauline F.

L679

David T.

L695

Ronald B.

L809

John M.

L815

Linda S.

L835

Howard M.

L840

Janice M.

L843

Neal V.

L844

Arnie B.

L884

Janet H.

L904

Marlon D.

L909

Chin W.

L915

Thomas S.

L944

Brent S.

<b>GEORGIA</b>		L602	Trey D.
L672	Tony L.	L612	Dan Mc.
L769	Barry L.	L665	Richard S.
<b>ILLINOIS</b>		L690	Lenore D.
L63	Bob C.	L837	Harriet K.
L114	Ellen Z.	L846	Bobby B.
L344	Eileen Z.	<b>NEW HAMPSHIRE</b>	
L459	Allen H.	L277	Roy W.
L823	Luke W.	<b>NEW JERSEY</b>	
<b>INDIANA</b>		L174	Mike D.
L229	Mary Ann R. x2	L179	Chris N.
L880	Fred B.	L183	Robin D.
<b>KANSAS</b>		L212	Marshall R.
L194	Michelle J.	L213	Michael D.
L918	Nancy W.	L223	Fred D.
<b>KENTUCKY</b>		L266	Kivey G.
L115	Laura S.	L311	Andrew D.
L195	Steve B.	L349	George L.
<b>LOUISIANA</b>		L351	Russell H.
L27	Betty S.	L409	Barry H.
L354	Kathy S.	L429	Dennis S.
<b>MASSACHUSETTS</b>		L433	Joseph F.
L318	Jeff H.	L438	Matthew C.
L598	Vinny S.	L482	Ann K.
<b>MARYLAND</b>		L497	Dave S.
L162	Jim D.	L524	Richard T. x2
<b>MICHIGAN</b>		L547	John P.
L272	Joann D.	L560	Frank M.
L829	Edward K.	L589	Ronald W.
L905	Kathy G.	L651	Lewis H.
<b>MINNESOTA</b>		L699	Craig H.
L715	Debra M.	L718	Phil S.
L803	Renee G.	L818	Michael D.
<b>NEVADA</b>		L856	Scott B. x2
L75	KC B. x2	L863	Kathleen P.
L150	Rollo V.	<b>NEW MEXICO</b>	
L284	Kevin H.	L572	Liane M.
L317	Pat M.	L662	Joel K.
L325	Terry D.	L847	Catherine B.
L410	Joanne F.	L906	Mary F.
L439	Ira K.	<b>NEW YORK</b>	
L486	Zeny K.	L10	Bill B.
L507	Mark S. x2	L16	Kenny M.
L541	Andrew B.	L278	Harlan S. x2
L596	Leslie F.	L303	Alan J.
L599	Igor K.	L308	Jordan P.

**NEW YORK (cont)**

L465 Mohammed M.  
 L516 Susan W.  
 L554 Dan L. x 3  
 L566 Robert K.  
 L826 Mitchell M.  
 L852 Norberto B.  
 L882 Joe B.  
 L887 Pierre J.  
 L951 Brad B.

**OREGON**

L584 Curt P.  
 L881 Pam B.  
 L912 David U.

**PENNSYLVANIA**

L40 Dan M.

L71 Marla J.  
 L345 John B.  
 L533 Debbie D.  
 L820 Josh S.  
 L822 David S.  
 L854 Jacquona B.

**SOUTH CAROLINA**

L460 Lou M.

**TEXAS**

L245 Alan S.  
 L702 Bubba S.

**WASHINGTON**

L425 Terry D.  
 L659 Connie M.

**WISCONSIN**

L443 Constance T.

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**ANNIVERSARIES**

<b>48 YEARS</b> .....	BILL P.	9/3	Broomall, PA
<b>45 YEARS</b> .....	BOB S.	9/13	Woodbury, NY
<b>42 YEARS</b> .....	BARRY L.	8/2	Woodbury, NY
	JOE S.	9/9	Trappe, PA
	MARK C.	9/14	East 31 <sup>st</sup> St., NY
	HARRY C.	9/15	Henderson, NV
<b>41 YEARS</b> .....	MIKE L.	8/24	Wantagh, NY
	ANDY C.	9/17	Broomall, PA
<b>40 YEARS</b> .....	LINDA M.	9/22	Gardena Zoom, CA
<b>39 YEARS</b> .....	BOB C.	7/31	New Orleans, LA
	MITCH W.	8/10	Wantagh, NY
<b>38 YEARS</b> .....	BART S.	8/31	Baldwin, NY
<b>37 YEARS</b> .....	DAVE M.	8/15	Bloomington, IL
	BILL S.	9/7	Langhorne, PA
<b>35 YEARS</b> .....	LEW B.	9/20	Woodbury, NY
<b>34 YEARS</b> .....	RAY G.	9/1	Forest Hills, NY
	JERRY L.	9/28	San Diego, CA
<b>33 YEARS</b> .....	AL S.	8/28	New Orleans, LA
<b>32 YEARS</b> .....	MITCH S.	9/19	East Northport, NY
<b>31 YEARS</b> .....	HARLAN S.	8/3	Wantagh, NY
	JOE C.	9/11	Windsor, ON
	JIMMY P.	9/18	Hunting Park, PA
	JEFF M.	9/29	NE Philadelphia, PA
<b>29 YEARS</b> .....	DAVE I.	8/9	Calgary, AB
	HOWIE S.	9/14	Wantagh, NY

<b>29 YEARS</b> ( <i>cont</i> )	TERRI C.	9/25	Gresham, OR
	PETER T.	9/26	East Northport, NY
<b>28 YEARS</b>	PAT C.	9/27	Richmond Hill, NY
<b>27 YEARS</b>	AL M.	9/14	Church on the Hill, NY
<b>26 YEARS</b>	FRANK P.	9/6	Lindenhurst, NY
<b>25 YEARS</b>	JIM T.	9/9	San Diego, CA
	MARK A.	9/18	Las Vegas, NV
	MARK M.	9/18	Las Vegas, NV
	MARK	9/18	Medford, OR
<b>24 YEARS</b>	JOE C.	9/15	Rockville Centre, NY
	BIG JIM B.	9/19	Tempe, AZ
<b>23 YEARS</b>	MELANIE O.	8/16	New Orleans, LA
	JOANNE F.	9/12	Las Vegas, NV
	BOB T.	9/25	Windsor, ON
<b>22 YEARS</b>	GIZELLE T.	8/8	Chilliwack, BC
	JOE K.	8/25	Penticton, BC
	BOBBY B.	9/10	Las Vegas, NV
	JOANNE V.	9/14	Las Vegas, NV
	VICKI B.	9/24	Las Vegas, NV
<b>21 YEARS</b>	LYNDA H.	8/3	Nanaimo, BC
	EDNA W.	9/3	Las Vegas, NV
<b>20 YEARS</b>	CINDY M.	8/1	Algonquin, IL
<b>19 YEARS</b>	LESLIE F.	9/3	Las Vegas, NV
	NIDA R.	9/13	Las Vegas, NV
	JOAN T.	9/17	Las Vegas, NV
	JOHN M.	9/19	Tempe, AZ
	ROSE	9/28	Grants Pass, OR
<b>18 YEARS</b>	PETER M.	9/8	Staten Island, NY
	AMY S.	9/15	Gilbert, AZ
	LISA K.	9/27	Havertown, PA
<b>17 YEARS</b>	DAVID L.	9/1	Bensonhurst Recovery, NY
	MICHELLE L.	9/3	Salem, OR
	SUSAN S.	9/4	Vancouver, WA
	JOSE N.	9/17	Gardena Zoom, CA
	LUPI M.	9/19	Las Vegas, NV
	LISA K.	9/24	Havertown, PA
<b>16 YEARS</b>	DAN L.	7/31	Elgin, IL
	PAUL C.	8/25	Patchogue, NY
	JOHN F.	9/5	Windsor, ON
	TOM C.	9/8	Patchogue, NY
	GLORIA H.	9/11	Las Vegas, NV
	JIM E.	9/21	San Diego, CA
	ALAN S.	9/25	Springfield, OR
	STEVE F.	9/27	L.A. Intergroup, CA
<b>15 YEARS</b>	DREW B.	9/27	Ardsley, NY
	BILL G.	9/28	Roxboro, PA
	OPHER	9/12	Dallas, TX
	STEVE H.	9/20	Bala Cynwyd, PA

<b>14 YEARS</b> .....	DAVID B.	9/7	East 31 <sup>st</sup> St., NY
	GEORGE G.	9/7	East 31 <sup>st</sup> St., NY
	DEREK B.	9/10	Philadelphia, PA
	MARL H.	9/11	Church on the Hill, NY
	DENNIS L.	9/21	Pomona, NY
<b>13 YEARS</b> .....	BOB Z.	9/28	Douglaston, NY
	NANCY R.	9/2	Henderson, NV
	SANDY C.	9/6	Las Vegas, NV
	DINA Y.	9/11	Oregon City, OR
	BOBBY C.	9/14	San Diego, CA
	MARIA W.	9/14	San Diego, CA
	STAN K.	9/18	Fort Worth, TX
	ATHAVAN R.	9/19	Tempe, AZ
<b>12 YEARS</b> .....	STEVE G.	9/26	Salem, OR
	NORMA JS	9/28	Las Vegas, NV
	RON C.	7/16	Vancouver, BC
	PAUL A.	8/24	Aurora, IL
	DAN Y.	8/28	Burnaby, BC
	KEITH J.	8/30	New Orleans, LA
	STEVE B.	9/13	Bronx Our Savior, NY
	TULA R.	9/14	Plantation, FL
	PHIL S.	9/19	Rhawnhurst, PA
	PHIL S.	9/21	Voorhees, NJ
<b>11 YEARS</b> .....	ORIN W.	9/8	East 79 <sup>th</sup> St., NY
	MARIO D.	9/14	Douglaston, NY
	RICH W.	9/17	Philadelphia, PA
	MYRNA S.	9/19	Settlement House/St. Xavier, NY
	JEDD N.	9/25	Reseda Zoom, CA
	TRENT T.	9/29	Las Vegas, NV
<b>10 YEARS</b> .....	SHARYN E.	8/29	Lisle, IL
	HAYDEN E.	9/1	YMCA Townhouse, NY
	JOHN C.	9/2	Trappe, PA
	RICH W.	9/6	Willow Grove, PA
	BONNIE B.	9/16	Calgary, AB
	ROBERT H.	9/19	San Diego, CA
	JAMES G.	9/22	YMCA Townhouse, NY
	JOE D.	9/22	East 79 <sup>th</sup> St., NY
<b>9 YEARS</b> .....	DANA J.	9/4	Hunting Park, PA
	JOE D.	9/7	Church on the Hill, NY
	DENISE K.	9/10	Broomall, PA
	DOMINIC C.	9/11	Henderson, NV
	MARIBEL A.	9/14	San Diego, CA
	DAVID T.	9/15	Media, PA
	MIKE D.	9/22	Staten Island, NY
	BEN P.	9/26	San Diego, CA
	FRANCESCO S.	9/28	San Diego, CA
	PETER G.	9/28	East 31 <sup>st</sup> St., NY

<b>8 YEARS</b> .....	MATT F.	8/23	Woodbury, NY
	COREY J.	8/26	Albert Lea, MN
	ALLAN D.	9/4	Vancouver, WA
	GREG M.	9/7	Tempe, AZ
	JOHN M.	9/7	Tempe, AZ
	PENNY V.	9/13	Phoenix, AZ
	SHERRI M.	9/13	San Diego, CA
	JIMMY S.	9/22	San Diego, CA
	BRIAN B.	9/28	McMinnville, OR
	NATASHA	9/29	McMinnville, OR
<b>7 YEARS</b> .....	ROBBIE P.	8/4	Port Coquitlam, BC
	JAMES D.	9/9	Plymouth Meeting, PA
	BEN M.	9/13	Phoenix, AZ
<b>6 YEARS</b> .....	LA RAE	9/19	Medford, OR
	SUE M.	8/24	Lisle, IL
	ENDRY T.	8/25	Rockville Centre, NY
	JOHN N.	9/7	Douglaston, NY
	JOHN L.	9/16	San Diego, CA
	TIFFANY C.	9/21	Henderson, NV
	DAVID M.	9/21	Roxboro, PA
	NANCY B.(2)	9/28	San Diego, CA
	BOBBIE V.	9/28	Las Vegas, NV
	DAVE M.	9/29	Norristown, PA
<b>5 YEARS</b> .....	SHANE	7/15	Helensvale, QLD
	JOHN N.	8/16	Lindenhurst, NY
	DENNIS P.	9/1	San Diego, CA
	STEVE P.	9/12	Las Vegas, NV
	KIM H.	9/22	Media, PA
<b>4 YEARS</b> .....	ROBIN H.	9/27	Plymouth Meeting, PA
	JAY C.	8/19	New Hyde Park, NY
	SHARON T.	9/2	San Diego, CA
	HANNA B.	9/7	San Diego, CA
	JONATHAN H.	9/8	NE Philadelphia, PA
	ROB W.	9/8	Norristown, PA
	SHARON M.	9/9	San Diego, CA
	MIKE S.	9/10	Gardena Zoom, CA
	TONY N.	9/13	Havertown, PA
	BRIAN M.	9/20	Bronx Our Savior, NY
<b>3 YEARS</b> .....	MARK E.	9/21	Langhorne, PA
	RONALEE	9/26	Calgary, AB
	SHELLY S.	9/3	Las Vegas, NV
	ALAN E.	9/4	Phoenix, AZ
	SUZANNE S.	9/5	San Diego, CA
	MARK V.	9/6	Havertown, PA
	GEORGE M.	9/8	Willow Grove, PA
	PAMELA S.	9/8	Vancouver, WA
	LISA F.	9/10	San Diego, CA

<b>3 YEARS (cont)</b> .....	ALICIA C.	9/13	San Diego, CA
	JESSICA G.	9/13	Plymouth Meeting, PA
	LISA P.	9/17	Las Vegas, NV
	ROSE L.	9/18	San Diego, CA
	ANDREW C.	9/21	East 31 <sup>st</sup> St., NY
	GARY B.	9/25	Henderson, NV
	DEBBIE L.	9/27	San Diego, CA
	STEVE L.	9/27	San Diego, CA
	COREY K.	9/27	Woodbury, NY
	LOU B.	9/27	Bronx Our Savior, NY
	GREG M.	9/28	East 31 <sup>st</sup> St., NY
<b>2 YEARS</b> .....	CHRIS I.	8/4	Rockville Centre, NY
	BILL F.	8/29	Patchogue, NY
	MIKE S.	8/31	Wantagh, NY
	HEIDI D.	9/1	East 79 <sup>th</sup> St., NY
	GARY G.	9/1	NE Philadelphia, PA
	VICTOR M.	9/1	Willow Grove, PA
	JIM P.	9/2	Fort Worth, TX
	MATT B.	9/8	Media, PA
	ADAM F.	9/8	Willow Grove, PA
	LINDA J.	9/13	Phoenix, AZ
	NIKKI R.	9/13	San Diego, CA
	ANDREW B.	9/14	San Diego, CA
	MIKE M.	9/14	Roxboro, PA
	ANDI J.	9/15	Vancouver, WA
	DEBI S.	9/20	Vancouver, WA
	KEVIN M.	9/21	East 31 <sup>st</sup> St., NY
	TIFFANY K.	9/28	Voorhees, NJ
<b>1 YEAR</b> .....	BRIAN S.	8/22	Five Towns, NY
	SANJAY B.	8/28	Dallas, TX
	DOUG M.	9/1	Gilbert, AZ
	MARION M.	9/1	Windsor, ON
	DAWN M.	9/2	Willow Grove, PA
	MARK	9/2	Calgary, AB
	CATHY B.	9/11	Plantation, FL
	DEBBIE W.	9/11	Calgary, AB
	JACK M.	9/16	Trappe, PA
	VICKIE G.	9/19	Las Vegas, NV
	ANDREW P.	9/21	Douglaston, NY
	BRIAN R.	9/21	Baldwin, NY
	JOHN A.	9/21	Church on the Hill, NY
	ERIC G.	9/23	Willow Grove, PA
	NICK P.	9/23	Willow Grove, PA
	TOM P.	9/25	Plantation, FL
	THOR	9/28	Phoenix, AZ
	TOM G.	9/28	Phoenix, AZ



## INDIVIDUAL LIFELINER DONATIONS AUGUST 2021

ARIZONA (6)	95.00	MINNESOTA (2)	60.00
CALIFORNIA (62)	3,658.00	NEVADA (18)	506.00
COLORADO (2)	205.00	NEW HAMPSHIRE (1)	50.00
FLORIDA (39)	1,909.00	NEW JERSEY (26)	573.00
GEORGIA (2)	100.00	NEW MEXICO (4)	70.00
ILLINOIS (5)	70.00	NEW YORK (14)	845.00
INDIANA (2)	55.00	OREGON (3)	70.00
KANSAS (2)	150.00	PENNSYLVANIA (7)	138.00
KENTUCKY (2)	60.00	SOUTH CAROLINA (1)	20.00
LOUISIANA (2)	20.00	TEXAS (2)	110.00
MARYLAND (1)	15.00	WASHINGTON (2)	20.00
MASSACHUSETTS (2)	63.00	WISCONSIN (1)	15.00
MICHIGAN (3)	60.00	<b>TOTAL (211)</b>	<b>\$8,937.00</b>

## I.S.O. CAN CONTRIBUTIONS AUGUST 2021

### CALIFORNIA

C49	Orange County Intergroup	247.38	C765	Fair Oaks Thursday AM	71.00
C77	San Diego Intergroup	167.00	C1105	Sacramento Stop & Grow Saturday AM	38.30
C180	Stockton Tuesday	10.00	C1302	Roseville Friday	42.00
C404	Lincoln Friday	33.00	C1576	Redding Thursday	32.00
C464	Stockton Thursday	10.00	C1724	Inland Empire	31.00
C971	Pinole Monday	41.00			

### CONNECTICUT

C51	Coventry Wednesday	12.00
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### FLORIDA

C123	Singer Island Saturday	25.00	C262	Plantation Friday PM	23.00
C251	Clearwater/Windmoor Thursday	43.03	C263	Plantation Wednesday PM	20.00
			C1062	Coral Springs Monday	20.00

### GEORGIA

C1539	Norcross Sunday	10.00
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### ILLINOIS

C59	Chicagoland Intergroup	258.00
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	<b>NEW JERSEY</b>		
C665 Westfield Wednesday	25.00		
	<b>OREGON</b>		
C1480 Oregon City Friday	34.00		
	<b>PENNSYLVANIA</b>		
C208 South Hills Tuesday	25.00		
	<b>TEXAS</b>		
C1134 Ft. Worth Thursday	40.00	C1587 Ft. Worth Tuesday	30.00
C1438 Ft. Worth Saturday AM	30.00		

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## GROUP CONTRIBUTIONS AUGUST 2021

<b>ARIZONA</b>		Westlake Tuesday	25.00
Phoenix Tuesday @ 23 Rd & Dunlap PM	50.00	Westlake Thursday	25.00
Phoenix Wednesday Beginners	40.00	<b>COLORADO</b>	
Phoenix Thursday PM	100.00	Denver Wednesday Zoom Night	75.00
Yuma	70.12	<b>CONNECTICUT</b>	
<b>CALIFORNIA</b>		Pawcatuck Tuesday	5.00
Allied Gardens Thursday	50.00	<b>FLORIDA</b>	
Azusa Friday	100.00	Boca Raton Friday PM	100.00
Burbank Monday Night	67.00	Boynton Beach Tuesday	93.75
Burbank Friday	71.00	Coral Springs	50.00
Burbank Zoom	50.25	Coral Springs Saturday AM	50.00
Downey Saturday	53.00	Daytona Beach Tuesday	30.00
Glendale Wednesday Night	61.00	Daytona Beach Thursday	30.00
Lincoln Wednesday	11.00	Delray Beach Thursday – Crossroads	16.67
Lincoln Sunday	28.00	Delray Beach Saturday – Crossroads	16.67
Rancho Cucamonga Monday Noon	54.00	Delray Beach Sunday – Crossroads	16.66
Rancho Cucamonga Wednesday	32.00	Gainesville Monday	50.00
Rancho Cucamonga Thursday Noon	35.00	Plantation Tuesday	108.00
Rancho Cucamonga Thursday PM	14.00	Venice	50.00
Rancho Cucamonga Saturday	10.00	<b>GEORGIA</b>	
Reseda Saturday	50.00	Norcross Sunday Korean	10.00
Ventura Saturday	25.00	<b>ILLINOIS</b>	
Walnut Creek Tuesday	20.00	Chicago Friday AM – Schiller Park	40.00

**MASSACHUSETTS**

Quincy Saturday PM	40.00
West Bridgewater	30.00

**MAINE**

York Saturday AM	20.00
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**MINNESOTA**

Maplewood	32.00
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**MONTANA**

Bozeman Monday	25.00
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**NEW JERSEY**

Basking Ridge Saturday	50.00
Forest Hills Thursday	200.00
Hasbrouck Heights Saturday	25.00
Metuchen Tuesday	100.00
Ocean Monday	100.00
Ridgewood Wednesday	50.00
Sayrewoods	75.00
Toms River Tuesday	
Afternoon	50.00
Toms River Saturday	25.00
Toms River Sunday	25.00

**NEW MEXICO**

Farmington Monday Totah	147.76
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**NEW YORK**

Staten Island Wednesday-	
St. Vincent	20.00
Staten Island Saturday AM	25.00
West Seneca Wednesday	30.00
Woodbury Monday	100.00

**OHIO**

Bay Village Saturday	25.00
Garfield Heights Wednesday	75.00
Geneva Wednesday Ohio	34.00
Holland Friday AM	150.00

**PENNSYLVANIA**

Bala Cynwyd Monday	50.00
Collegeville/Trappe Thursday	15.00
Doylestown Monday	50.00
Havertown Monday	25.00
Media Wednesday	50.00
Philadelphia Saturday-	
Hunting Park	50.00
Rhawnhurst Sunday	100.00
Willow Grove Wednesday	20.00
Wilmington Tuesday	40.00
Wilmington Saturday AM	84.00

**TEXAS**

Dallas Pathways Sunday	80.00
You are Fort Worth It Online	170.00

**WASHINGTON**

Auburn Tuesday	20.00
Issaquah Wednesday	20.00
Spokane @ Country Homes	25.00

**WISCONSIN**

Stevens Point Monday PM	20.00
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**KOREA**

Seoul	50.00
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## INTERGROUP CONTRIBUTIONS AUGUST 2021

Delaware Valley . . . . .	300.00
Greater Sacramento . . . . .	30.00
Inland Empire . . . . .	214.00
L.A. Intergroup . . . . .	150.00
New England . . . . .	39.80

New Jersey . . . . .	351.00
Northern Nevada . . . . .	420.80
Orange County . . . . .	50.55
South Florida . . . . .	100.00

**NATIONAL HOTLINE DONATIONS  
AUGUST 2021**

Area 1	L.A. Intergroup	14.00
Area 1B	Inland Empire Intergroup	50.00
Area 6	South Florida Intergroup	20.00

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**BULLETIN SUBSCRIPTIONS**

One subscription for a Total of \$ 48.00

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**ONE TIME DONATIONS  
AUGUST 2021**

One-Time donation to support the G.A. I.S.O.  
Anonymous, Las Vegas, Nevada

One-Time donation to congratulate Sharon W. for 32-years  
from Hillsboro, Oregon; Candyce L. for 17-years from Eugene, Oregon;  
and Kathy B. for 23 years from Roseburg, Oregon.  
Anonymous, Eugene, Oregon

One-Time donation in loving memory of Jerry L., 40 years of service,  
who passed away on July 21, 2021, devoted member.  
Pomona Tuesday, New York

One-Time donation.  
From the estate of Harold F., White Plains, New York

June, July, and August meeting donations.  
Board of Regents, California

One-Time donation in memory of Tony R.  
from Palm Beach Gardens Thursday.  
Palm Beach Gardens, Florida

One-Time donation in memory of my father Jim S. from Nebraska.  
Jim S., Tempe, Arizona

**GAMBLERS ANONYMOUS  
INTERNATIONAL SERVICE OFFICE  
OPERATING STATEMENT  
AUGUST 2021**

CASH IN OPERATING ACCOUNT AUGUST 1, 2021 . . . . . \$ 486,952.68

RECEIPTS FOR AUGUST

Group Contributions . . . . .	4,105.88
Lifeliners . . . . .	8,937.00
I.S.O. Can Contributions . . . . .	1,306.71
Intergroup Contributions . . . . .	1,804.15
One-Time Donations . . . . .	5,903.32
Bulletin Subscriptions . . . . .	48.00
National Hotline Donations . . . . .	84.00
Sale of Literature . . . . .	13,489.74
Literature Shipping . . . . .	2,715.62
Sales Tax Collected . . . . .	123.10
E-Readers . . . . .	7.61
Merchant Services Cash Reward . . . . .	4.70
Interest From Checking Account . . . . .	4.12
Interest From Capital One Savings . . . . .	29.97
PayPal Literature Processing Fees . . . . .	434.51
Returned Checks . . . . .	15.00
Returned Checks Charge . . . . .	36.00

TOTAL . . . . . \$ 39,049.43

CASH AVAILABLE FOR AUGUST . . . . . \$ 526,002.11

DISBURSEMENTS FOR AUGUST

Rent & Cam Fees . . . . .	5,257.29
Payroll . . . . .	16,201.68
Payroll Taxes (Federal & State) . . . . .	1,301.92
Outside Contractors/Consulting . . . . .	3,825.00
Postage . . . . .	4,000.00
Office Expenses . . . . .	655.84
Payroll Processing Fees . . . . .	218.76
Health Insurance . . . . .	1,030.50
Fidelity Bond Insurance . . . . .	726.00
Telephone . . . . .	429.26
Electric Bill . . . . .	434.85
Computer/Internet . . . . .	99.99
Maintenance/Monitoring Bay Alarm . . . . .	374.46
½ of Accountants Yearly Fee . . . . .	4,750.00
Match For Employees Simple IRA . . . . .	423.56
Bulletins . . . . .	435.00
Visa/MC Service Fee . . . . .	169.99
Literature . . . . .	1,762.56
Pay Pal Literature Processing Fees . . . . .	434.51
Returned Check . . . . .	5.00
Returned Check Charge . . . . .	12.00

TOTAL . . . . . \$ 42,548.17

CASH IN OPERATING ACCOUNT AS OF AUGUST 31, 2021 . . . . . \$ 483,453.94

DISBURSEMENTS IN EXCESS OF INCOME . . . . . - \$ 3,498.74

# Gamblers Anonymous Gratitude Month

## Who?

All Gamblers Anonymous Members, Groups, Intergroups and R.S.O.'s

## What?

During the May 2011 Board of Trustees meeting in Cherry Hill, New Jersey a motion was made and passed as follows:

Make the month of September **"GRATITUDE MONTH"**.

## Where?

ALL AROUND THE G.A. WORLDWIDE FELLOWSHIP

## When?

Every year from September 1<sup>st</sup> to September 30<sup>th</sup>

## Why?

It's time to recognize your local Members, Groups, Intergroups, R.S.O.'s (Regional Service Offices) and the I.S.O. by coming together. Plan your socials, Mini-Conferences, fellowship events, picnics and fundraisers during the month of September in appreciation of Gamblers Anonymous and having G.A. meetings available in 57 Countries (and growing)!



So many of our, and others, lives have been saved by the Gamblers Anonymous Program since the beginning of that first G.A. meeting on September 13, 1957.

**Let's all get involved and give back to a program that has given so much to us!**

And don't forget about **"GRATITUDE WEEK"** which is held every year during the week in which September 13<sup>th</sup> appears to help G.A.I.S.O. continue carrying the message to each and every person who is still suffering.

## How?

Email the I.S.O. at [www.isomain@gamblersanonymous.org](mailto:www.isomain@gamblersanonymous.org) or contact your local Trustee

# G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION - SEPTEMBER 2, 2021

## ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

### Day and Time

Eastern Time	Call-In Number	Meeting Code	Email for Information
Sunday 9PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com
Wednesday 9PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com
Friday 3PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com

US callers who are trying to call the US numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

**ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA** – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

### Day and Time

Pacific Time	Call-In Number	Meeting Code	Email for Information
Tuesday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

**SPANISH-BASED MEETINGS FROM MEXICO** – Worldwide access is available with non-US country local phone numbers. Please use the email address below to obtain those local area numbers.

### Day and Time

Mexico City Time	Call in Number	Meeting Code	Email for Information
Wednesday 8PM	712-770-5306	565387 #	Miercoles8PMayuda@gmail.com
Saturday 6PM	712-770-5377	432973 #	Sabado6PMayuda@gmail.com

## SPANISH-BASED MEETINGS FROM SPAIN

### Day and Time

Madrid Time	Call in Number	Meeting Code	Email for Information
Sunday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Tuesday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Thursday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org

## FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

**First choice:** Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

**Second choice:** Text the words **CALL ME** to the conference call-in number. The system will call you back and connect you directly.

This information is available at [trusteewebsite.com/telephone-conference-call](http://trusteewebsite.com/telephone-conference-call)

# *Where would you be today without G.A.? Become a Lifeliner Today!*

*A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.*

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

***Do it today – it's the right thing to do!***

-----  
I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY & STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

*Please mail this with your initial contribution to:*  
GAMBLERS ANONYMOUS I.S.O.  
4981 IRWINDALE AVE., #700, IRWINDALE, CA 91706

***Thank you for your support!!***