



November 2020

**GAMBLERS ANONYMOUS LIFE-LINE
YEARLY BULLETIN SUBSCRIPTION FORM**

Mail to: **GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
4981 IRWINDALE AVE., #700
IRWINDALE, CALIFORNIA 91706**

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DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 4981 Irwindale Ave., #700, Irwindale, California 91706, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

**BOARD OF REGENTS
MEETING OF OCTOBER 17, 2020**

The meeting was called to order at 9:30 A.M. by Tom M., Chair, Board of Regents.

Present: Bob W., Calvin C., Cathy F., Kathie S., Tom M., Wendy B., and Karen H., International Executive Secretary.

Present by Telephone: Gary M., Mazi S., Richard C.

Tom M. reminded everyone that recording of this meeting is not permitted.

1. A. The minutes of the September 19, 2020 Board of Regents meeting were approved as submitted.

Motion seconded and passed

For – 9 Against – 0 Abstained – 0

- B. The operating statement for September 2020 was approved as submitted.

Motion seconded and passed

For – 9 Against – 0 Abstained – 0

2. OLD BUSINESS

A. LIFELINERS.

There were 17 new Lifeliners as follows by state:

AZ (2), CA (4), FL (7), IL (2), NJ (1), and NM (1)

NEW CANS: 0

GROUP INFORMATION REQUEST FORMS RECEIVED
(registration only): 0

GROUP INFORMATION REQUEST FORMS RECEIVED
PRIOR TO SENDING STARTER KITS: 1

One Starter Kit was sent out as follows, after receiving the Group Information Request Forms for the month of September:

Esteli, Nicaragua

PRISON STARTER KITS SENT: 0

B. DISCUSS VENMO AND ZELLE DONATIONS.

I.S.O. received a large number of donations in September totaling \$5,150.00 Thank you to those who donated. I.S.O. has received \$802.00 for October to date. The I.S.O. is researching a way to acknowledge Lifeliners who may want to donate through Venmo and Zelle.

C. ANNUAL AUDIT.

The Annual Audit was completed. The tax returns need to be signed and mailed by November 16, 2020.

D. GRATITUDE WEEK.

The I.S.O. received \$6,643.73 in September and \$2,749.52 for October to date, totaling \$9,393.25 through this B.O.R. meeting.

3. NEW BUSINESS

A. VIEW QUARTERLY INVENTORY.

The B.O.R. board members reviewed the quarterly inventory. No issues were identified.

The collection in the amount of \$325.00 was taken and the meeting closed with the Serenity Prayer at 10:02 A.M. The next meeting of the Board of Regents will be held November 21, 2020 at 9:30 A.M.

Today's Board of Regents meeting had 1 person call in to listen.

Respectfully submitted by Cathy F., Secretary

**GAMBLERS ANONYMOUS BOARD OF TRUSTEES
QUICK RESPONSE MEETING
OCTOBER 21 – NOVEMBER 04, 2020**

Andy R., Chair of the Board of Trustees called for a Quick Response Meeting and the item that was voted on, is as follows:

To temporarily approve online meetings as outlined in the **Temporary Guidelines for Video Meetings** (see attachment) which would deem said meetings as sanctioned Gamblers Anonymous Meetings.

Temporary Guidelines for Video Meetings

- Protocol for entering and staying in video meetings using platforms such as Zoom, WebEx, etc. and video meetings in which members can attend either by video or telephone.

- Attendance only by video
 - In order to enter the meeting, members should first be placed in a “waiting room” if the platform has this type of functionality. The purpose of the waiting room is to quickly determine the identity of the attendees and let them into the meeting either one at a time or en masse. When the waiting room feature is utilized, it is recommended that the meeting consider having at least two facilitators, one to monitor the waiting room and one to facilitate the meeting.
 - If the platform does not have this type of functionality, the meeting secretary or facilitator must assume the duty of identifying all attendees before the meeting begins as well as any attendee who arrives after the meeting has begun.
 - Attendees who are not known to the waiting room facilitator should be further questioned as to the reason for their attendance. If they identify themselves as compulsive gamblers in need of a meeting or new members, they should be taken at their word and admitted to the meeting. The nature of the meeting (open or closed) will also determine the admission of those other than compulsive gamblers, and the final say on admission will rest with the waiting room facilitator.
 - If anyone refuses to identify themselves to the waiting room facilitator, they should immediately be dropped from the waiting room.
 - The meeting, through a group conscience, may elect to have all attendees turn their cameras off.
 - If #5 above does not occur, attendees should still be given the option of turning off their cameras and appearing on screen as a “placeholder” or avatar.
 - Attendees should caption their pictures, “placeholders”, or avatars with their first name and last initial only or any other caption that masks their true identity.
 - Virtual backgrounds that may camouflage others who are sharing the member’s meeting space should not be used
- Attendance by telephone
 - Members who wish to attend a video meeting by telephone must be screened using the same methods as above so their identity is known to the waiting room facilitator and/or meeting facilitator.
 - Callers who refuse to identify themselves or whose caller ID is either blocked or shows “anonymous” shall not be allowed to attend.

- Announcements that should be read before each and every meeting (if not included in that meeting’s customary announcements)
- There will be absolutely no video or audio recording of any kind, including screenshots.
- Our meeting facilitators have done everything humanly possible to ensure that this is a secure meeting. However, because of the nature of the media we are working with, we cannot guarantee absolute security and thus, anonymity. Therefore, we ask that members not discuss...
 - Any crimes for which they may still be prosecuted
 - Anything of such a sensitive nature that it could potentially harm that member or any other members should that information be surreptitiously recorded and leaked.
 - Members who are especially concerned about their anonymity are invited to turn their cameras off and/or change their screen name.

<i>Area</i>	<i>Trustee</i>	<i>Vote</i>	<i>Area</i>	<i>Trustee</i>	<i>Vote</i>	<i>Area</i>	<i>Trustee</i>	<i>Vote</i>
1	Bruce W.	Yes	3F	Julian F.	Yes	13A	Rick L.	Yes
	Carlos F.	Yes	4	Richard F.	Yes		Nan V.	Yes
	Hugh G.	Yes		Debbie R.	Yes	13B	Craig F.	No
1A	Jack R.	Yes	5	Sean N.	Yes		Andy G.	Yes
	Dean W.	Yes	5B	Adrien R.	Yes	14	Ira C.	Yes
1B	Anita R.	Yes	6	Steve H.	Yes		Maury C.	Yes
	Laura M.	Yes		Jo Anne B.	Yes		Stuart B.	Yes
2	Jared H.	Yes		Steve C.	Yes		Mitchell M.	Yes
	Beth Z.	Yes	6A	Dave T.	Yes	15	Alan J.	Yes
	Harold A.	Yes		Mike R.	Yes		Jesse C.	Yes
	Chris N.	Yes	6B	Ron B.	Yes		James G.	Yes
2A	Paul N.	Yes		Steve P.	Yes		Joe B.	Yes
2B	Charlene L.	Yes	7C	Jim G.	No		Mildred N.	Yes
	James B.	Yes	8	Reba-Anna L.	Yes		Stanley C.	Yes
2E	Debra B.	Yes		Bob C.	Yes	16	Carl D.	Yes
2G	Connie M.	Yes		Cindi M.	Yes		Wayne C.	Yes
	Pam B.	Yes		Pam E.	Yes	16A	Dan L.	No
2H	Cindy M.	Yes	8D	Jo K.	Yes	17	Ronny W.	Yes
	Doris S.	Yes	9	Patrick G.	Yes	18	Andy D.	No
3	Mark S.	Yes		Janet S.	Yes		Daphne C.	Yes
	Michael C.	Yes	9A	Pat D.	Yes	18A	Yvonne R.	Yes
	KC B.	Yes	10	Brad G.	Yes		Mark C.	Yes
	Pilar L.	Yes		Ed G.	Yes	18B	Dot R.	Yes
	Rob P.	Yes	10A	Norm B.	Yes		John H.	Yes
3A	Butch G.	Yes	10B	Gary B.	Yes	21	Angel B.	Yes
	Hugo V.	Yes		Steve B.	Yes		Juan B.	Yes
	Karen T.	Yes	12	Walter G.	Yes	28	Irving H.	Yes
3B	Paul G.	Yes		Ted S.	Yes		Martha G.	Yes
	Ron G.	Yes		John F.	Yes		Hector Luis T.	Yes
3C	Terry D.	Yes	13	Scott S.	Yes	33	Moises A.	Yes
3D	Jim L.	Yes		John B.	Yes			
	Pat M.	No		Marla J.	No			

Ninety-four (94) Ballots were received and the vote follows:

Yes 88 No 6

Passed

The above results were counted and verified by 3 members of the Board of Regents on November 21, 2020.

The Gamblers Anonymous Guidance Code Article VIII Board of Trustees, Section 18: states

“Any Trustee that misses two (2) consecutive Board meetings is automatically removed from the Board of Trustees, and the area in which he or she serves shall be duly notified to hold an election for that vacant Trustee position. A quick response meeting will count for attendance at the Board of Trustees meeting. Absentee ballots from Board of Trustees members from areas outside of the U.S.A., will count as physical presence at the Board of Trustees physical meetings”.

Therefore, the following current members of the Board of Trustees were not in attendance during this Quick Response Meeting and are officially deemed absent.

<i>Area</i>	<i>Trustee</i>	<i>Area</i>	<i>Trustee</i>	<i>Area</i>	<i>Trustee</i>
5B	Claude G.	29	Konstantin U.	36	Odie B.
18	Russell K.	33	Moises H.		

Respectfully submitted,

Karen H., International Executive Secretary

HELP IS AVAILABLE!

On page 17, item #7: “We encourage everyone in Gamblers Anonymous to have a Pressure Relief Group Meeting ...”

Any member desiring individual assistance with his/her Pressure Relief, please contact John R. at committee.pressure@trusteewebsite.com. He will reply by email or phone if you provide your number.

TWELVE STEPS OF UNITY

Unity – Something that is complete within itself, with a oneness of purpose of thought and spirit.

For the compulsive gambler who walks through the door, out of a want and need to stop gambling, and with a desire to become a member of Gamblers Anonymous, it often seems to be a tremendous task simply to stop gambling and

restore oneself to a normal way of thinking and living. In the beginning there is an understanding confusion of the mind and the normal impatience. We try to open our minds to share with others who have experienced the first steps of recovery.

The new member often blocks out any discussion of the Unity Program for a period of time, and even those members who have abstained from gambling for longer periods often avoid or put aside the need for discussion and the acceptance of the Unity Program for any number of reasons, but the truth of the matter is the great need for an understanding of the progress of our recovery, made possible by the tools that are available to us as contained in the Steps of Unity.

The Gamblers Anonymous Unity Program is a framework for the well-being of individual groups and the Fellowship as a whole. The Unity Program is outlined in Twelve Steps and is meant to insure the continuity and perpetuity of Gamblers Anonymous.

In order to maintain the Fellowship for present and future members, both individuals and groups follow the proven concepts upon which the Unity Program is based. The essence of this program is in the preservation of common welfare, members understand that what is best for the group is best for each individual.

The Unity Program serves to protect the Fellowship from disruption. Members work together under the principles of unity in order to preserve and perpetuate the opportunity for themselves and other compulsive gamblers to recover and grow within the Fellowship.

STEP 11

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films and television.

Gamblers Anonymous does not compare itself to any other group, nor does it boast of its accomplishments and abilities to the public. However, Gamblers Anonymous does make itself available to anyone interested in the Fellowship or in the gambling problem

In order to make the Fellowship visible, Gamblers Anonymous informs and educates the public about the problem of compulsive gambling and about the Fellowship itself. Personal stories of members in newspapers, magazines, on radio and television, as well as spot announcements, all help to spread an awareness of Gamblers Anonymous. The Fellowship does not glorify the name of Gamblers Anonymous or its merits as a group – rather, it works to encourage compulsive gamblers to attend meetings.

Personal publicity is always shunned, and anonymity is carefully preserved because the Fellowship of Gamblers Anonymous is more important than any one member. By maintaining this policy, any problems that accrue to an individual member cannot harm the Fellowship. Similarly, any achievements attained by individuals working in the program benefit the group as a whole. This step is a constant and practical reminder that personal ambition has no place within the Fellowship's public relations program.

There is a need to present to the public an insight to the problem of compulsive gambling, its effects and the program of recovery offered by the Gamblers Anonymous Fellowship. This can be accomplished with respect and dignity. In the meaning of this Unity Step it is not breaking anonymity if we choose to relate to family, friends, neighbors, co-workers, etc. that we are members of Gamblers Anonymous.

The Fellowship does not boast about our accomplishments or beat the drum for new members. We do not promote the name of Gamblers Anonymous.

ANYONE INTERESTED IN RUNNING FOR THE BOARD OF REGENTS

Dear G.A. Members,

It is that time again, when the International Service Office is looking for members to run for the upcoming Board of Regents, which consists of nine (9) members. The sole purpose of the Board of Regents (B.O.R.) is to supervise the operation of the International Service Office (I.S.O.) and to see that it is run actively and efficiently. In order to be eligible to serve on the Board of Regents for the upcoming term (July 1, 2021 through June 30, 2023) you must be a member of Gamblers Anonymous that has abstained from gambling for at least two (2) years as of March 1, 2021 and has attended Gamblers Anonymous meetings regularly.

The Board of Regents meets on the 3rd Saturday of each month at 9:30 AM at the International Service Office in Irwindale, California and the members who live outside the 200 mile area will attend the meeting via a conference call prior to the start of the Board meeting.

Five (5) members of the Board of Regents shall constitute a quorum. The Board of Regents does not acknowledge proxies in any form. If a Board member resides within 200 miles from the International Service Office, physical attendance constitutes presence. For Board members residing within 200 miles, telephonic or video conferencing will constitute presence, **under special circumstances** if approved by a majority of the Board members in physical attendance.

For those residing outside of 200 miles a physical, telephonic or video conferencing attendance constitutes presence. A maximum of four (4) Regents residing outside of 200 miles of the International Service Office who do not physically attend meetings can be seated at one time.

Several members of the current Board of Regents have served two consecutive terms, therefore will not be able to run for the upcoming term. We definitely need your help, if you or someone you know is interested in running for the Board of Regents, please submit the following information: Name, previous service as Regent of this Corporation or as a Trustee of Gamblers Anonymous, total abstinence from gambling and home group, along with a biography not to exceed 400 words and phone number (both optional) to Karen H. at karenh@gamblers-anonymous.org or mail to:

G.A.I.S.O.
4981 Irwindale Avenue #700
Irwindale, CA 91706
ATTN: B.O.R. APPLICANTS

To be received **no later than February 1, 2021.**

The Ballots will be going out to all Area Trustees to be voted by their respective Areas on or before March 1, 2021.

If you have any questions regarding the above please contact Karen H. or Tom M., Chair, Board of Regents.

From Your International Executive Secretary

As we are wrapping up the November issue of the Life-Line, once again, I am overwhelmed with the way *ALL* of you, our members, have stepped up and really taken a role in continuing to make sure *YOUR* International Service Office has the funds to do the work we have been doing, and continue carrying the message of hope to all compulsive gamblers worldwide. If you look at the Operating Statement on page 31 of this issue, you will be able to see how *everyone* has really “stepped up” once again; and for the second month in a row, we show a “plus” on the bottom line!

Since we have received so many letters from our members and it is hard for me to choose which ones to answer, I will be omitting my personal comments. Although, I would like to congratulate two of our dedicated members with recent milestone Anniversaries; Ara H., from Burbank, California with 25 years and Tom R., from Coventry, Connecticut with 35 years of abstinence.

Be safe, take care of yourselves and your families, and know that we are all in this together and we will come back stronger than ever!

Love to all, Karen H.

GROUP NEWS

Dear Friends in Recovery,

CLAM BAKE WRAP UP!

I received a phone call from Karen H. from G.A.I.S.O. who informed me that they received the Clam Bake check for \$1,300.29 which represents an absolutely INCREDIBLE response to their plea for help. Each and every one of you who attended, contributed, and prepared for the success of this event need to be commended. At the risk of forgetting somebody, I would like to extend a huge THANK YOU to these people who contributed their time and talent; Gio C. (Chef extraordinaire). Sherrie M. (Event logistics and support), and the following who helped with the setup and cleanup of the event: Larry & Ava H., Marti A. Joan L., Louise L., Richard S. and all other members who helped (I apologize if I forgot anybody). I have had 100 % positive and enthusiastic feedback from the attendees.

A few days after Karen's phone call, I received the following letter:

Dear Ed, Gio, Sherrie, Larry, Ava, Marti, Joan, Louise, Richard and ALL other members from Area 10 –

I would like to thank everyone, from the bottom of my heart for the incredible job ya'll did in raising \$1,300.29 for the G.A. International Service Office.

By having your Clam Bake Fundraiser for G.A.I.S.O., not only did it benefit our members, it also will let other Areas know/be aware how they can help to carry the message.

I will be writing something in the October LifeLine Bulletin.

I wish you all nothing but the BEST.

Hugs to all, Karen H.

Best regards, Ed G., Gates Mills, Ohio

Greetings from Portland, Oregon!

We are members of Saturday morning, Keep the Change meeting at the Alano Club.

We are sending the enclosed contribution to G.A.I.S.O.

These are tough times and recently we can hold in person meetings. Of course, we have all precautions in place and find we are happy being face to face. We did Zoom meetings for several months and they got us through. We are now pleased that we have the opportunity to be together again.

Sincerely, Rose K., Portland, Oregon

Dear Gamblers Anonymous I.S.O.,

Thank you all for what you do and for keeping the program going.

You are all very much appreciated.

Be well, Phoenix, Arizona Intergroup

Dear Karen and others at G.A.I.S.O.,

I hope you are doing well.

Enclosed is the Gratitude Week donation form the Greater Vancouver Intergroup.

There are some entities in this world whose birthdays are a celebration of life and love and everything that matters most to the heart. And Gamblers Anonymous' birthday is like that because it is those things that help all of us.

Happy 63rd Birthday to G.A.

Sincerely, Esther J., Surrey, British Columbia

Dear Karen,

I usually send you an Annual Lifeliner donation during this time of year. I am enclosing my Annual Lifeliner, as well as an additional amount for Gratitude Week. I have also been contributing to the I.S.O. through the Greater Vancouver Area Intergroup. And I hope to inspire and encourage others to do the same.

As we say in British Columbia during these trying times, “Be kind, be calm and be safe”.

Yours in fellowship, Dave C., Coquitlam, British Columbia

Dear I.S.O.,

We read Marshall’s letter in the bulletin and shortly after that we received your bank account details from the International Relations Committee (I.R.C.). As you may have noticed a few members made private contributions during the last days which we are going to continue.

This weekend we had the opportunity to discuss the issue and we agreed to send HUF 100.000, - (approximately 330\$) to you on behalf of the Hungarian fellowship. Please accept our donation together with our warmest greetings and best wishes. Our Treasurer, Viktor K. has made the transfer which will arrive in a few days.

Your Brother in Recovery, Szabolcs S., Hungary

Dear G.A.,

Enclosed is a check from Windsor Monday, Windsor Thursday and Southwestern Ontario Intergroup Area 9 for Gratitude Week.

We hope this helps you out, Let Gratitude be our Attitude.

Yours in Service, Martha B., Southwestern Ontario

Dear Karen,

Enclosed you will find a donation from the Rutgers Room for Gratitude Week.

Hopefully, we can get back to our room and send our regular monthly donations.

Respectfully, Mike D., North Brunswick, New Jersey

Hi Karen,

Enclosed is my check along with some extra for my Lifeline donation.

Hopefully, this Pandemic will end soon.

I wish you, and your love ones Happy Holidays, to follow.

Love, Ray H., Boca Raton, Florida

Hello Karen,

Thank you for all that you and your staff do to carry the message of hope to Gamblers all over the world.

Enclosed is a donation from the Yuba City Tuesday meeting for Gratitude Week to the I.S.O. that has given so much for our fellowship.

James B., Sacramento, California

Dear I.S.O.,

Please find the enclosed check for 12 months of personal Lifeline contributions. I am grateful for all you have done to help maintain the G.A. message of recovery around the world.

Hopefully, there will be a rethinking of the definition of G.A. meetings from the powers that be so that electronic meetings will be recognized, thus may the break in continuity of the program might be ended.

Contributions might be forthcoming from rooms that could be “sanctioned” and listed as G.A. meetings, even if they are done so temporarily.

My belief is that the Board of Trustees has dropped the ball and are missing a great opportunity to evolve in the face of this pandemic.

Best, Steve F., Phoenix, Arizona

Dear Karen,

I cannot believe it has been 25 years since I came to G.A. I came in broken, broke and emotionally drained. I wanted to change my life, to get my wife back in my life again instead of being a roommate. I found so much more. I wanted to go a year without a gambling to pay bills, catch up and then go back to the casinos. But after a year, I liked my life. I did not want to gamble again and continued with my G.A. program. I got a sponsor and started working the steps.

Today, I have a great relationship with my wife, better than it was when we were dating because I was always looking for the next bet. In these 25 years I have given back, because there was someone there at my first meeting who gave me a phone list, newcomer packet and his personal phone number. I have served as Trustee five terms, Board of Regents two terms, multiple positions at the local group and Intergroup levels. I have started a couple of meetings in my hometown of Burbank and it has been an honor and privilege to have the opportunity to give back and serve the fellowship.

I am enclosing a small One-Time donation in recognition of my 25 years. I would like to say I have known you since I came into G.A.; we have been to meetings together and conferences together and served on many Boards together. I would like to thank you for your example for I have been able to watch you and learn from you through the years.

Here is to another 25 years!

Ara H., Burbank, California

Dear Karen and Staff,

First, I hope you are all doing well and staying safe. We at Thursday Surrey Serenity would like to thank you for being there for us. We really do appreciate the dedication that you have for keeping the work of G.A. out there.

We have started our meetings again following the guidelines set out by our Chief Medical Officer who has been a very calming figure for us. Wearing masks and wiping tables before and after our meeting and washing our hands are now part of the normal part of our meeting.

We are enclosing our donation for Gratitude Week and hope it will help you keep the word of G.A. going.

Sincerely, Paul N., Glenda, Mike, Mike D., Cheryl, Sean, Shelley and all of the others I may have forgotten, Surrey, British Columbia

Hi all,

I hope you are all healthy and doing well.

I have enclosed the following two checks, Annual donation for Lifeline from me personally and a Gratitude Week donation from the Joliet Monday night meeting in Illinois.

Thank you for everything you do and hope to see you in May 2021.

Pam E., Joliet, Illinois

Dear G.A.I.S.O.,

Please accept the enclosed donation from the Greater Louisville Intergroup.

We appreciate all that the I.S.O. does.

Mary Beth A., Louisville, Kentucky

Hello!

I want to make a contribution to G.A.I.S.O. to help in this difficult time.

I made my last bet on August 28, 1984 and have been attending the Tuesday night Langhorne, Pennsylvania meeting since then. I also attend the Wednesday Sarasota, Florida meeting when my wife and I are in Florida. She is an active member of Gam-Anon.

Thank you for all you do!!!

Sincerely, Bill B., Audubon, Pennsylvania

Dear Gamblers Anonymous,

A note of thanks for all the help G.A. has provided me. At a time when I did not know where to turn, I found G.A. there to help me through some of my darkest hours and days.

Things are better "One Day at a Time".

Kathy G., Midland, Michigan

Good afternoon,

I am writing this letter with two broken fingers on my writing hand. Thank you for understanding.

I have enclosed a donation from our Friday Schiller Woods meeting in River Grove, just outside of Chicago, Illinois. The dates collected are from October 3rd, 10th, and 17th, 2020.

We consider this a group collection for I.S.O.

Thank you for your time.

George C. and Rich B., Chicago, Illinois

Hi All,

I have not written in a long time but as I approach my 35th anniversary on November 1, 2020, I tend to reflect. I can now say I have spent half my life in G.A., coming in at 35. There have been several events that have shaped my recovery. First was when the trusted servants told me I was the new secretary. I immediately became more invested in the program. I was more responsible to the room, the program and myself. Another was after my Pressure Relief meeting. They told me who to pay, how much, and when. It gave me the structure I needed in my finances and a sense of relief that this was doable. All I had to do was not gamble, follow the plan, and work my butt off. Also, helpful was going to conferences, doing workshops and meetings, and listening to others who share my problem. Many years ago, I clipped something from the I.S.O. Bulletin which I still have today.

I HAVE A RESPONSIBILITY AS A GAMBLERS ANONYMOUS MEMBER

To attend meetings on a regular basis

To support my fellow brothers and sisters by being compassionate, sensitive, and nonjudgmental

To be honest

To leave pettiness and politics out of the program

To get involved and share the knowledge that I have been freely given

To support Gamblers Anonymous financially. Every blessing I have today is directly attributable to my membership in the program. It is my duty to help others receive the same blessings by supporting my local group, Intergroup and I.S.O. through can donations.

THERE ARE NO DUES OR FEES FOR GAMBLERS ANONYMOUS MEMBERSHIP.....

But there are things we ALL must do to remain abstinent and in recovery.

I encourage all members to take advantage of all the opportunities G.A. offers. Because of this program I was able to go to and graduate college at the age of 57. I was able to be there for my family whenever they needed me. Become friends with my ex-wife, to enjoy my four grandchildren and become a normal, supportive human being. And a “stand-up guy”. TODAY, I ASPIRE TO INSPIRE BEFORE I EXPIRE.

In gratitude, I thank you, Tom R., Coventry, Connecticut

In Memory Of...

Hi Karen,

We are making this donation in the memory of Bob D.

Bob was one of the founding members of our room in Carlstadt, New Jersey. This October would have been 40 years of abstinence from gambling for Bob. He was the first one there and the last one to leave at most of our meetings on Wednesday nights.

Bob sponsored and mentored many members and spoke at hundreds of speaking engagements on addiction. He had the ability to make you feel like you were the most important person in the room.

Bob always said that this fellowship was so much more than just stopping gambling, it was about saving lives.

We were blessed to have Bob in our room and blessed to have him in our lives.

In loving memory of Bob D., Carlstadt Monday and Wednesday Nights, New Jersey

Dear I.S.O.,

Please accept this donation from G.A. of Southern Nevada (Area 3) in honor of our friend Tommy W. Tommy has been a part of our G.A. family since 2010. He experienced periods of abstinence throughout the years, yet struggled mightily with this sunning, powerful and baffling disease. Sadly, as our literature promises “prison, insanity or death”. Tommy died by suicide at the age of 56.

Tommy W. was loved by many in our fellowship. We will miss his brilliance and wit, his humor and his kind heart.

Thank you for all you do.....and hope all is well in the I.S.O. family.

Jackie C., Las Vegas, Nevada

ANNOUNCEMENT OF UPCOMING EVENTS

Note From I.S.O.: I am sorry to inform everyone that the 2021 Spring International Conference that was to be held May 14 – 16, 2021 at the Crowne Plaza Hotel in San Diego has been cancelled.

I received a letter from Betsy M., Conference Chair on November 16, 2020 as follows:

Good Day Karen:

San Diego is so disappointed about having to cancel the May 2021 Spring Conference. It was a hard decision and one not made lightly. Due to the unknown regarding meeting and conventions in San Diego, it was not feasible to continue to hold the dates in “hopes that things will get better”. We also wanted to allow you and the Board of Trustees time to see about other options regarding opportunities to have a Spring 2021 Board of Trustees meeting.

Thanks so much and we hope to have the opportunity to host an International Conference in sunny San Diego in the future.

Sincerely, Betsy M., Conference Chair, San Diego, California

Due to the uncertainty of future “Upcoming Events” we are omitting any announcements until further notice.

INDIVIDUAL LIFELINER DONATIONS RECEIVED IN THE MONTH OF OCTOBER 2020

ARIZONA

L211 Jim L. x 2
L221 Janat G.
L267 Penny V.
L287 James S.
L396 Pam K.
L491 Steve F.
L546 Mo M.
L692 Doug G.

CALIFORNIA

L1 Bob W.
L4 Tom M.
L6 Bill S.
L8 Dan B.
L9 Mike M.
L18 Chris G.
L19 Wendy B.
L21 Ed E.

CALIFORNIA (cont)

L31 Russell H.
 L70 Keith B.
 L73 Karen H.
 L87 Mike S.
 L88 Valerie D.
 L100 Mazi S.
 L116 Rob D.
 L117 Steve F.
 L120 Phil C.
 L138 Bill S.
 L151 Murray F.
 L154 Diane S.
 L158 Gagik G.
 L161 Pat A.
 L166 Benni F.
 L209 Jose C.
 L214 Mickie R.
 L219 Len K.
 L239 Hugo V.
 L246 Pat S. x 2
 L273 Victor S.
 L283 Charlie U.
 L298 Cathy F.
 L301 Steve K.
 L314 Alan S.
 L359 Rickell L.
 L371 John O.
 L383 Linda B.
 L384 Alvin F.
 L390 Jack R.
 L408 Ira B. x 2
 L419 Rufus B.
 L432 Patrick P.
 L453 Bennett S.
 L461 Lisa W.
 L476 Garrett C.
 L480 Ezra B.
 L496 Guy H.
 L527 Salvatore G. x 2
 L544 Harold A.
 L580 Curtis G.
 L593 Grant M.
 L601 David L.
 L609 Kathie S. x 2
 L617 Mike Z.

L618 Hugh G.
 L623 Lucille T.
 L674 Clair W.
 L678 Lynell B.
 L701 David L.
 L716 James B.
 L751 Derek P.
 L762 Calvin C.
 L772 Ara H.
 L812 Kat L.
 L832 Gene T. x 2
 L836 Albert Y. x 2
 L839 Steve W.
 L850 Malinda M.
 L861 Roger L.
 L871 Greg D.

COLORADO

L147 Lou W.

CONNECTICUT

L581 Paul S.

DELAWARE

L885 Irving W.

FLORIDA

L2 Bill B.
 L81 Paulette T.
 L106 Ray H.
 L143 Neal G.
 L156 Richard M. x 2
 L159 Steve I.
 L160 Jim C.
 L175 Lloyd A.
 L189 Norman O.
 L205 Steve P.
 L233 Robert M.
 L251 Frank G.
 L258 Harvey G.
 L261 Steven S.
 L395 Daniel B.
 L423 Kathleen H.
 L450 Neil S.
 L483 Victor C.
 L511 Chris N.
 L549 Patricia P.
 L590 Dennis A.
 L607 Debbie M.
 L622 Andrew C.

FLORIDA (cont)

L627 Pauline F.
 L679 David T.
 L690 Lenore D.
 L695 Ron B.
 L806 Valerie M.
 L811 Michael S.
 L821 Murray S.
 L827 Peter C.
 L840 Janice M. x 2
 L843 Neal V.
 L844 Arnie B. x 2
 L848 Steve H.
 L851 Annie F.
 L884 Janet H.
 L904 Marlon D.

GEORGIA

L501 Bill H.
 L672 Tony L.
 L769 Barry L.

HAWAII

L553 David C.

ILLINOIS

L63 Bob C.
 L114 Ellen Z.
 L344 Eileen Z.
 L459 Allen H.
 L586 Pam E.

INDIANA

L91 Frank R.
 L229 Mary Ann R.
 L880 Fred B.

KANSAS

L194 Michelle J.

KENTUCKY

L115 Laura S.
 L195 Steve B.
 L849 Mary Beth A.

LOUISIANA

L354 Kathy S.

MARYLAND

L162 Jim D.

MASSACHUSETTS

L318 Jeff H.
 L598 Vinny S.

MICHIGAN

L48 Janet S.
 L272 Joann D.
 L829 Edward K. x 2
 L890 Michael Y.

MINNESOTA

L715 Debra M.
 L803 Renee G.

MISSISSIPPI

L182 Roger T.

MISSOURI

L550 Daniel G.

NEVADA

L150 Rollo V.
 L284 Kevin H.
 L317 Pat M.
 L325 Terry D.
 L410 Joanne F.
 L439 Ira K.
 L486 Zeny K.
 L507 Mark S.
 L541 Andrew B.
 L596 Leslie F.
 L599 Igor K.
 L602 Trey D.
 L612 Dan Mc
 L665 Richard S.
 L807 Mark C. x 2
 L837 Harriet K.
 L846 Bobby B.

NEW HAMPSHIRE

L277 Roy W.

NEW JERSEY

L94 Thomas D. x 2
 L174 Mike D.
 L179 Chris N.
 L183 Robin D.
 L212 Marshall R.
 L213 Michael D.
 L223 Fred D.
 L266 Kivey G.
 L311 Andy D.
 L349 George L.
 L350 John D.
 L351 Russell H.

NEW JERSEY (cont)

L358 Walter G.
 L409 Barry H.
 L429 Dennis S.
 L433 Joseph F.
 L438 Matthew C.
 L497 Dave S.
 L524 Richard T. x 2
 L547 John P.
 L557 Denis M.
 L589 Ron W.
 L699 Craig H.
 L708 Maria G.
 L802 Brenda S.
 L818 Michael D.

NEW MEXICO

L572 Liane M.
 L662 Joel K.
 L847 Catherine B.
 L906 Mary F.

NEW YORK

L10 Bill B.
 L16 Kenny M.
 L95 Larry B.
 L278 Harlan S.
 L303 Alan J.
 L308 Jordon P.
 L465 Mohammed M.
 L516 Susan W.
 L554 Dan L. x 3
 L566 Robert K.
 L852 Norberto B.
 L882 Joe B.
 L887 Pierre J.
 L951 Brad B.

NORTH CAROLINA

L493 Gary G.
 L494 Mary D.

L495 Garnett P.
 L498 Suzanne R.
 L499 Mike S.
 L500 Sammy D.
 L503 John J.
 L504 Vivian W.
 L506 Chuck T.
 L510 Eric S.
 L513 Dennis O'C.

OKLAHOMA

L531 Linda S.
 L543 Jim G.

OREGON

L584 Curt P.
 L881 Pam B.

PENNSYLVANIA

L40 Dan M.
 L71 Marla J.
 L345 John B.
 L533 Debbie D.
 L820 Josh S.
 L822 Dave S.

SOUTH CAROLINA

L460 Lou M.

TEXAS

L245 Alan S.

WASHINGTON

L104 Tina B.
 L425 Terry D.
 L659 Connie M.

WISCONSIN

L443 Constance T. x 3

CANADA**British Columbia**

L719 Dave C.

LATVIA

L903 Kristaps D.

ANNIVERSARIES

46 YEARS	JAY G.	11/21	Bronx St. Clare's, NY
44 YEARS	BOB D.	11/19	Patchogue, NY
43 YEARS	DANNY V.	11/17	Baldwin, NY
	CAM L.	11/25	Calgary, AB
39 YEARS	JAY B.	11/21	South Hills, PA
38 YEARS	HOWIE G.	11/22	5 Towns, NY
36 YEARS	RON W.	9/7	Hartford, CT
	BOB L.	11/18	Bensonhurst Recovery, NY
	MICHAEL T.	11/29	San Diego, CA
35 YEARS	TOM R.	11/1	Coventry, CT
	DOT C.	11/17	Las Vegas, NV
33 YEARS	IKE D.	11/8	Ocean Parkway, NY
	CHRIS G.	11/10	Rancho Cucamonga, CA
31 YEARS	KEITH S.	11/9	Bronx Our Savior, NY
30 YEARS	IRENE K.	11/25	Las Vegas, NV
29 YEARS	JOE L.	11/23	Woodbury, NY
27 YEARS	TONY C.	11/3	East 31 st St., NY
	SHELLY S.	11/17	Voorhees, NJ
26 YEARS	WOODIE H.	11/14	Rancho Cucamonga, CA
24 YEARS	PHILIP B.	11/2	Oakland Park, FL
	TONY D.	11/4	San Diego, CA
23 YEARS	JOHN C.	11/4	St. Andrews, NY
22 YEARS	SAM S.	11/4	Greensburg, PA
	TONI S.	11/4	Greensburg, PA
	EVAN K.	11/14	Plantation, FL
21 YEARS	DON A.	11/5	San Diego, CA
20 YEARS	STEVE B.	10/6	San Diego, CA
	RJ	11/9	Burbank, CA
	MYRON B.	11/16	Wheeling, WV
19 YEARS	JOE C.	10/15	San Diego, CA
	LARRY J.	11/15	St. Francis/Settlement House, NY
	TERRI K.	11/30	Las Vegas, NV
18 YEARS	JOHN T.	11/4	San Diego, CA
17 YEARS	PAM G.	11/2	Kew Gardens/Richmond Hill, NY
	TOM J.	11/8	St. Francis/Settlement House, NY
	CHRIS B.	11/23	Vails Gate, NY
16 YEARS	HOWARD M.	11/7	Coral Springs, FL
	PETE K.	11/8	Hampton, NJ
	MARTY L.	11/10	East 31 st St., NY

16 YEARS (cont)	PAT S.	11/10	Penn Hills, PA
	MARK S.	11/16	Woodbury, NY
15 YEARS	ELSA F.	10/1	San Diego, CA
	MIKE S.	10/19	San Diego, CA
	ANITA R.	11/14	Rancho Cucamonga, CA
	LOUIS J.	11/14	Belleville, IL
	MICHAEL S.	11/17	East 31 st St., NY
	TY W.	11/22	Las Vegas, NV
	ERIC P.	11/22	St. Francis/Settlement House, NY
14 YEARS	BARBARA L.	10/1	Ft. Lauderdale, FL
	JON L.	10/2	San Diego, CA
	PETER L.	10/23	San Diego, CA
	TIM D.	11/3	Calgary, AB
	JEFF L.	11/5	San Diego, CA
	JUDY J.	11/8	Las Vegas, NV
	NICKY C.	11/25	Bensonhurst Recovery, NY
	GEORGE T.	11/30	Vails Gate, NY
13 YEARS	JANIE C.	10/6	San Diego, CA
	MARY R.	10/19	San Diego, CA
	MARK C.	10/30	San Diego, CA
	CATHERINE F.	11/5	San Diego, CA
	DON C.	11/10	Ardsley, NY
	JEFF W.	11/10	East 31 st St., NY
	KEITH W.	11/22	Penn Hills, PA
12 YEARS	MICHELE C.	10/9	Hartford, CT
	REGGIE B.	11/3	East 31 st St., NY
	ROD P.	11/8	Calgary, AB
	BILL C.	11/18	Etna, PA
	JOEL K.	11/29	San Diego, CA
11 YEARS	JIM K.	11/7	East Northport, NY
	CINDY H.	11/16	Penn Hills, PA
	STEVE B.	11/23	Bronx Our Savior, NY
	MARY JANE M.	11/26	Las Vegas, NV
10 YEARS	KENNY M.	11/2	Pomona, NY
9 YEARS	TONY F.	11/18	Rockville Centre, NY
8 YEARS	AL S.	10/4	San Diego, CA
	LEE Y.	10/22	San Diego, CA
	DAVID D.	10/29	San Diego, CA
	DEE G.	11/9	Las Vegas, NV
	JIMBO P.	11/10	Morgantown, WV
	JUDI L.	11/19	Oakland Park, FL

8 YEARS (cont)	NADINE W.	11/29	Morgantown, WV
7 YEARS	CAROL	10/1	San Diego, CA
	BETH P.	10/3	San Diego, CA
	EVA R.	10/3	San Diego, CA
	BETSY M.	10/23	San Diego, CA
	AUSTIN D.	10/28	Greensboro, NC
	MARTHA O.	11/13	San Diego, CA
	RYAN	11/21	Calgary, AB
6 YEARS	GEEGEE T.	10/12	San Diego, CA
	SHELLEY H.	10/16	San Diego, CA
	MARK G.	10/19	Calgary, AB
	ROD T.	10/20	Greensboro, NC
	ROB S. (2)	10/31	San Diego, CA
	MARY D.	10/31	Greensboro, NC
	AVI H.	11/1	Ocean Parkway, NY
	PILAR L.	11/7	Henderson, NV
	MARY JO S.	11/12	Washington, PA
	LARRY L.	11/17	Cropsey, NY
	DOUG A.	11/18	Penn Hills, PA
5 YEARS	BILL B.	10/1	San Diego, CA
	BARRY G.	10/4	San Diego, CA
	STEFANIE R.	11/1	Hampton, NJ
	DIANE	11/2	Medicine Hat, AB
	VINNIE G.	11/9	Woodbury, NY
	SANDY R.	11/10	San Diego, CA
	SHANNON O.	11/11	L.A. Intergroup, CA
	KIRK H.	11/11	Belleville, IL
	MIKE P.	11/23	Greensburg, PA
	ALEX S.	11/24	East 31 st St., NY
	JIM T. (2)	11/30	San Diego, CA
4 YEARS	LIZ L.	11/3	San Diego, CA
	RICK R.	11/4	San Diego, CA
	DAVID B.	11/15	Ocean Parkway, NY
	JANICE F.	11/16	Poughkeepsie, NY
	JOHN M.	11/16	Poughkeepsie, NY
3 YEARS	SYLVIA P.	10/15	San Diego, CA
	SHIRLEY B.	10/23	San Diego, CA
	SHAMRA B.	10/24	San Diego, CA
	HEIDI S.	11/2	San Diego, CA
	SHAWN C.	11/5	Belleville, IL
	TINA V.	11/5	Greensboro, NC

3 YEARS (cont)	AMY M.	11/6	Beaver, PA
	CRYSTAL P.	11/7	San Diego, CA
	CARLOS P.	11/13	Forest Hills, NY
	LUKE F.	11/17	South Hills, PA
	AARRON	11/19	Calgary, AB
	MARIE R.	11/21	Plantation, FL
	DAVE Z.	11/24	Stratford, NJ
2 YEARS	COLETTE H.	10/9	San Diego, CA
	MARTHA A.	10/15	San Diego, CA
	ROB A.	10/18	Plantation, FL
	BOBBY W.	10/28	San Diego, CA
	TWAN N.	11/1	Brookline, PA
	FERMIN V.	11/2	Bronx Our Savior, NY
	JON G.	11/3	Fort Worth, TX
	JOAQUIN C.	11/6	San Diego, CA
	ALEX K.	11/14	Penn Hills, PA
	LEWIS G.	11/15	Oakland Park, FL
	BETH E.	11/18	Yonkers, NY
	TOM E.	11/21	Northport, NY
	EDDIE S.	11/27	Oakland, PA
	LEE W.	11/29	Wexford, PA
1 YEAR	DAN G.	10/16	San Diego, CA
	RICHARD R.	10/17	Plantation, FL
	MARTIN M.	10/23	San Diego, CA
	CAROL W.	11/1	St. Francis/Settlement House, NY
	DONNA C.	11/3	Monterey, CA
	JEFF E.	11/3	Las Vegas, NV
	JAKE A.	11/4	Henderson, NV
	BETTINA L.	11/5	Congers, NY
	IZZY H.	11/5	Forest Hills, NY
	DIANE D.	11/12	Marlton, NJ
	MIKE Q.	11/12	Congers, NY
	AARON	11/14	Wausau, WI
	KYLE L.	11/15	L.A. Intergroup, CA
	RICKY Z.	11/16	Bronx Our Savior, NY
	STACEY B.	11/17	L.A. Intergroup, CA
	TOM B.	11/19	Staten Island, NY
	DANIEL M.	11/21	Rancho Cucamonga, CA
	LISA B.	11/21	Fort Worth, TX
	MARTY G.	11/24	Crosey, NY
	BRANDON	11/30	Calgary, AB

**INDIVIDUAL LIFELINER DONATIONS
OCTOBER 2020**

ARIZONA (8)	215.00	MINNESOTA (2)	60.00
CALIFORNIA (69)	4,174.00	MISSOURI (1)	2.00
CANADA (1)	180.00	MISSISSIPPI (1)	20.00
COLORADO (1)	25.00	NEVADA (17)	445.00
CONNECTICUT (1)	20.00	NEW HAMPSHIRE (1)	50.00
DELAWARE (1)	20.00	NEW JERSEY (26)	785.00
FLORIDA (38)	1,185.00	NEW MEXICO (4)	90.00
GEORGIA (3)	110.00	NEW YORK (14)	501.00
HAWAII (1)	50.00	NORTH CAROLINA (11)	75.00
ILLINOIS (5)	255.00	OKLAHOMA (2)	20.00
INDIANA (3)	45.00	OREGON (2)	45.00
KANSAS (1)	100.00	PENNSYLVANIA (6)	158.00
KENTUCKY (3)	110.00	SOUTH CAROLINA (1)	20.00
LATVIA (1)	5.00	TEXAS (1)	50.00
LOUISIANA (1)	10.00	WASHINGTON (3)	25.00
MARYLAND (1)	15.00	WISCONSIN (1)	45.00
MASSACHUSETTS (2)	62.00		
MICHIGAN (4)	131.00	TOTAL (237)	\$9,103.00

**I.S.O. CAN CONTRIBUTIONS
OCTOBER 2020**

CALIFORNIA

C77	San Diego Intergroup	237.00	C765	Fair Oaks Thursday AM	148.00
C188	Sacramento Tuesday PM	36.14	C1002	Burbank Monday	24.00
C464	Stockton Thursday	10.00	C1302	Roseville Friday	40.00

CONNECTICUT

C60	Hartford Friday	25.00
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FLORIDA

C262	Plantation Friday PM	125.00	C1466	Boca Raton Thursday	75.00
C263	Plantation Wednesday PM	41.00			

GEORGIA

C1539	Norcross Sunday	10.00
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MASSACHUSETTS

C792 Hanson Thursday PM 25.00

NEVADA

C42 G.A. of Southern Nevada 888.68

OREGON

C1525 Salem Saturday
Welcomma 13.00

PENNSYLVANIA

C208 South Hills Tuesday 29.00

TEXAS

C1134 Ft. Worth Thursday 32.00 C1587 Ft. Worth Tuesday 48.00
C1438 Ft. Worth Saturday AM 48.00

**I.S.O. CAN CONTRIBUTIONS
FROM GRATITUDE WEEK
OCTOBER 2020**

CALIFORNIA

C187 Sacramento/Fair Oaks Saturday PM 30.00 C765 Fair Oaks Thursday AM 139.00
C1302 Roseville Friday 100.00

**GROUP CONTRIBUTIONS
OCTOBER 2020**

ARIZONA

Green Valley Saturday Early
Risers 100.00
Phoenix Keep It Simple 100.00

CALIFORNIA

Anaheim Wednesday 7:30PM 55.00
Downey Thursday 22.00
Downey Saturday 144.00
Lincoln Wednesday 68.00
Lincoln Friday AM 61.00
Lincoln Sunday 56.75

Monterey Monday 30.00
Orangevale Friday 56.00
Palm Springs Thursday PM 85.00
Rancho Cucamonga Saturday 77.00
Ventura Sunday 303.36
Westlake Tuesday 303.32
Westlake Thursday 303.32

DELAWARE

Wilmington/Stanton
Wednesday-St. Marks 50.00

FLORIDA			
Boca Raton Monday-Women			
Helping Women	25.00		
Bradenton Friday AM	50.00		
Coral Springs Wednesday/ Sunday	160.00		
Coral Springs Saturday AM	60.00		
Daytona Beach Tuesday	25.00		
North Palm Beach Monday	100.00		
Plantation Tuesday	289.00		
Port St. Lucie Wednesday	30.00		
Tallahassee Wednesday	50.00		
GEORGIA			
Norcross Sunday Korean	10.00		
ILLINOIS			
Chicago St. Mary's	50.00		
River Grove	41.00		
INDIANA			
Indianapolis Monday	30.00		
KENTUCKY			
Louisville Saturday AM	30.00		
LOUISIANA			
Baton Rouge Monday	100.00		
MICHIGAN			
East Lansing Friday	25.00		
Lansing Monday/Wednesday/ Saturday	50.00		
Livonia Monday PM	40.00		
MONTANA			
Bozeman Monday	60.00		
NEW JERSEY			
Hasbrouck Heights Saturday	50.00		
Linwood Thursday	100.00		
Toms River Tuesday Afternoon	75.00		
		Toms River Sunday	25.00
		NEW MEXICO	
		Albuquerque Saturday AM	
		Little Cloud	10.00
		NEW YORK	
		Staten Island Wednesday	
		St. Vincent	25.00
		Vailsgate/Orange County Monday	25.00
		OHIO	
		Toledo	300.00
		OREGON	
		Eugene/Springfield	42.00
		Portland Saturday Morning Alano Club	83.00
		Salem Saturday PM	18.81
		PENNSYLVANIA	
		Havertown Monday	25.00
		Media Wednesday	60.00
		NE Philadelphia Sunday Nazareth	67.00
		Norristown	100.00
		Willow Grove Wednesday	50.00
		TEXAS	
		Dallas Sunday Pathways	61.00
		WASHINGTON	
		Spokane @ Country Homes	46.00
		WISCONSIN	
		Stevens Point Monday PM	20.00
		HUNGARY	313.64
		KOREA	
		Seoul	50.00

GROUP CONTRIBUTIONS FROM GRATITUDE WEEK OCTOBER 2020

CALIFORNIA

Anaheim Wednesday 7:30PM	200.00
Downey Saturday	230.00
Lincoln Wednesday	50.00
Lincoln Friday AM	25.00
Lincoln Sunday	50.00
Yuba City Tuesday	50.00

FLORIDA

Brandon Monday	40.00
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ILLINOIS

Belleville Monday/Thursday	40.00
Joliet Monday	125.00
Loves Park Monday	40.00

MICHIGAN

Ann Arbor	9.00
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NEW JERSEY

Roseland Tuesday	24.00
Roseland Friday AM	154.00
Rutgers	25.00
Toms River Saturday	50.00

CANADA

British Columbia	
Surrey Thursday Serenity	50.00
Ontario	
Windsor Monday	207.38
Windsor Thursday	207.38

INTERGROUP CONTRIBUTIONS OCTOBER 2020

Central Ohio Area 10	1,300.29	New Jersey	149.70
Greater Louisville	435.00	Northern California	125.00
Greater Sacramento	30.00	Northern Nevada	133.00
Houston/Gulf Coast	350.00	Phoenix	1,500.00
L.A. Intergroup	2,750.00	Pittsburgh/Wheeling	200.00
Long Island	220.00	South Florida	100.00

INTERGROUP CONTRIBUTIONS FROM GRATITUDE WEEK OCTOBER 2020

Detroit/Toledo	300.00	Greater Vancouver	544.25
Pittsburgh/Wheeling	100.00	Southwestern Ontario	152.51

**NATIONAL HOTLINE DONATIONS
OCTOBER 2020**

Area 1	L.A. Intergroup	14.00
Area 6	South Florida Intergroup	20.00

**BULLETIN SUBSCRIPTIONS
OCTOBER 2020**

Four Subscriptions for a Total of \$232.00

**ONE TIME DONATIONS
OCTOBER 2020**

Steve W., British Columbia
One-Time Donation

Rusty P., British Columbia
One-Time Donation

Bob D., Nevada
One-Time Donation

Prescott, Arizona
From the Prescott Area Mini-Conference

Spike B., New York
One-Time Donation

Monte M., Michigan
One-Time Donation

Anonymous, Oregon
“Thanks G.A. for all you do”

Jim S., Arizona
In memory of my father, Jim S. from Nebraska

Carlstadt Monday, New Jersey
In memory of Bob D.

Carlstadt Wednesday, New Jersey
In memory of Bob D.

Salem St. Marks, Oregon
One-Time Donation – We hope we can reopen soon

Roy M., California
One-Time Donation

Ara H., California
In appreciation of 25 years of abstinence

G.A. of Southern Nevada
In honor of our friend Tommy W.

Board of Regents, California
October Meeting Donation

Bill S., Pennsylvania
To help I.S.O. in this difficult time

Frank K., New York
One-Time Donation

Tom R., Connecticut
For my 35th Anniversary

Kathy G., Michigan
Thanks for all the help G.A. has provided me

ONE TIME INDIVIDUAL MEMBER DONATIONS FROM GRATITUDE WEEK

Grant M. – California
Mike R. – Florida
Robert M. – Florida
Dave C. – British Columbia

**GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
OPERATING STATEMENT
OCTOBER 2020**

CASH IN OPERATING ACCOUNT OCTOBER 1, 2020 \$ 35,027.54

RECEIPTS FOR OCTOBER

Group Contributions	4,586.20
Lifeliners	9,103.00
I.S.O. Can Contributions	1,854.82
Intergroup Contributions.....	7,292.99
One-Time Donations.....	3,734.20
National Hotline Donations	34.00
Bulletin Subscriptions.....	232.00
Gratitude Week	3,410.52
Sale of Literature	6,962.21
Literature Shipping.....	1,570.04
Sales Tax Collected.....	17.67
Reimbursement from UPS (Lost Package).....	103.60
E-Reader	26.37
Merchant Services Cash Reward08
Interest From Checking Account34
PayPal Literature Processing Fees	308.29

TOTAL \$ 39,236.33

CASH AVAILABLE FOR OCTOBER..... \$ 74,263.87

DISBURSEMENTS FOR OCTOBER

Rent & Cam Fees	5,001.43
Payroll	18,804.16
Payroll Taxes (Federal & State)	1,438.52
Quarterly State Sales Tax	190.00
Postage	3,000.00
Office Expenses	789.19
Payroll Processing Fees	177.86
Health Insurance	1,215.25
Telephone	408.65
Electric Bill	376.09
Computer/Internet Expense	39.99
Lease/Maintenance Postage Meter/Scale	330.75
Workers Compensation Insurance	2,395.00
Match For Employees Simple IRA	498.14
Bulletins	620.50
Visa/MC Service Fee	52.72
Literature.....	937.84
Pay Pal Literature Processing Fees.....	308.29

TOTAL \$ 36,584.38

CASH IN OPERATING ACCOUNT AS OF OCTOBER 31, 2020 \$ 37,679.49

INCOME IN EXCESS OF DISBURSEMENTS +\$ 2,651.95

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time

Eastern Time	Call in Number	Meeting Code	Email for Information and Questions
Sunday 9PM	712-770-5338	836083 #	
Monday 9PM	712-770-4925	554671 #	
Tuesday 9PM	712-770-4943	253824 #	
Wednesday 9PM	712-770-4160	611704 #	
Thursday 9PM	712-770-4981	872853 #	
Friday 3PM	712-770-4979	703758 #	
Friday 9PM	712-770-4996	595094 #	
Saturday 9PM	712-770-5335	491301 #	

**Please use this email for help
for any of these meetings**

weeklycallhelp@gmail.com

Canadian Callers who are trying to call the US numbers may have difficulty getting through. Please follow the directions at trusteewebsite.com/telephone-conference-call.

US callers who are trying to call the US numbers and have difficulty getting connected, please follow the directions at trusteewebsite.com/telephone-conference-call.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time

Pacific Time	Call in Number	Meeting Code	Email for Information and Questions
Tuesday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

SPANISH-BASED MEETINGS – Worldwide access is available with non-US country local phone numbers. Please use the email address below to obtain those local area numbers.

Day and Time

Mexico City Time	Call in Number	Meeting Code	Email for Information and Questions
Wednesday 8PM	712-770-5306	565387 #	Miercoles8PMayuda@gmail.com
Saturday 6PM	712-770-5377	432973 #	Sabado6PMayuda@gmail.com

SPANISH-BASED MEETINGS FROM SPAIN

Day and Time

Madrid Time	Call in Number	Meeting Code	Email for Information and Questions
Sunday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Tuesday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Thursday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org

FOR CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

Please go to trusteewebsite.com/telephone-conference-call

Happy Holidays!

*To all G.A. members throughout the world,
Gamblers Anonymous International Service Office
wishes you and your loved ones
a very peaceful holiday season.*

With our gratitude and appreciation,

*Karen, Israel, Jason, Norma and
The Board of Regents*

Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____

NAME _____

ADDRESS: _____

CITY & STATE: _____ ZIP: _____

Please mail this with your initial contribution to:
GAMBLERS ANONYMOUS I.S.O.
4981 IRWINDALE AVE., #700, IRWINDALE, CA 91706

Thank you for your support!!