



June 2021

**GAMBLERS ANONYMOUS LIFE-LINE
YEARLY BULLETIN SUBSCRIPTION FORM**

Mail to: **GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
4981 IRWINDALE AVE., #700
IRWINDALE, CALIFORNIA 91706**

Circle one

FIRST CLASS (U.S. Only).....	\$48.00
EACH ADDITIONAL COPY (U.S.) IN SAME ENVELOPE	\$40.00
FOREIGN (Outside U.S.).....	\$60.00
EACH ADDITIONAL COPY (FOREIGN) IN SAME ENVELOPE	\$55.00

Please Enclose Check or Money Order for Payment

NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** ____ **ZIP:** _____

DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 4981 Irwindale Ave., #700, Irwindale, California 91706, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

**BOARD OF REGENTS
MEETING OF MAY 15, 2021**

The meeting was called to order at 9:33 A.M. by Tom M., Chair, Board of Regents.

Present: Bob W., Calvin C., Cathy F., Kathie S., Tom M., and Karen H.,
International Executive Secretary.

Present by Telephone: Gary M., Mazi S., Richard C., and Wendy B.

Tom M. reminded everyone that recording of this meeting is not permitted.

1. A. The minutes of the April 17, 2021, Board of Regents meeting were approved as submitted.

Motion seconded and passed

For – 9 Against – 0 Abstained – 0

- B. The operating statement for April 2021 was approved as submitted.

Motion seconded and passed

For – 9 Against – 0 Abstained – 0

There was discussion on the three checks that were returned, one for \$1,000, one for \$15 and one for \$5. The I.S.O. received three \$12 returned checks fee. I.E.S. stated she has already received a new check for the \$1,000.

2. OLD BUSINESS

A. LIFELINERS

There were 4 new Lifeliners as follows:

CA – 1 FL – 1 OH – 1 OR – 1

NEW CANS – 0

Group Information Requests forms received: 1

Mobile, AL (registration only)

**GROUP INFORMATION REQUEST FORMS RECEIVED
PRIOR TO SENDING STARTER KITS: - 2**

Two Starter Kits were sent out as follows, after receiving the Group Information Request Form for the month of April:

Avondale, AZ San Diego, CA

PRISON STARTER KITS SENT: There were 0 Prison Starter Kits sent.

B. VENMO AND ZELLE DONATIONS.

The I.S.O. received a total of \$1,474.13 via Venmo and Zelle in the month of April 2021.

C. LEASE RENEWAL.

Bob W. researched some area leases. Office space appears to be at a premium. Bob W. also reported that he reviewed the I.S.O. lease and 30 days' notice is needed to be given to the landlord. As the lease expires January 31, 2022, review and renewal will be a task for the new Board of Regents.

D. UPDATE ON INTERNATIONAL EXECUTIVE SECRETARY.

The Hiring Committee interviewed three people for the position. Further discussion will occur in the closed confidential section of the meeting.

E. B.O.T. AGENDA ITEMS – COMBO BOOK FORMATTING AND ANY OTHER TRUSTEE AGENDA ITEMS PERTINENT TO I.S.O.

Information, that the B.O.T. virtual meeting was cancelled, was communicated to the B.O.R. members. The B.O.T. plans on having a in person Trustee meeting in late August, in Florida.

As a follow up from the April 2021 B.O.R. meeting relating to the potential Combo Book reformatting agenda item, Karen was to reach out to the printer to discuss cost. To reformat the Combo Book (large and small books), there will be a onetime charge of \$1,800.00.

The Conference Call ended at 9:50AM as the next section of the meeting, New Business, was confidential in nature.

3. NEW BUSINESS

HIRING OF INTERNATIONAL EXECUTIVE SECRETARY.

A motion was made to “Restructure the responsibilities of the International Executive Secretary and the International Service Office positions.”

Motion seconded and passed

For – 9 Against – 0 Abstained – 0

Karen H. and Bob W. were tasked with reviewing the current tasks and possible restructure, and bring a recommendation back to the B.O.R. An emergency meeting will be called upon completion so as not to wait until the June meeting.

RESULTS OF BOARD OF REGENTS ELECTION FOR THE TERM JULY 1, 2021 – JUNE 30, 2023.

The Board of Regents Ballots were counted Today, May 15, 2021, by three (3) past Board of Trustees members (who are also past Board of Regents members) and not on the current B.O.R. Ballot.

The results in alphabetical order are as follows:

Andre G., Ste-Julie, Quebec
Arnie B., Bradenton, Florida
Cathy F., Simi Valley, California
Doug E., San Diego, California
Gary M., Auburn, Washington
Jo K., St. Louis, Missouri
John C., Fountain Valley, California
Kathie S., Upland, California
Valerie D., Fullerton, California

First on the replacement list from outside the 200-mile area is Paul G., from Evergreen, Colorado and first on the local replacement list is Guy H., from Encino, California.

The collection in the amount of \$380.00 was taken and the meeting closed with the Serenity Prayer at 11:15 A.M. The next meeting of the Board of Regents will be held June 19, 2021, at 9:30 A.M.

Today’s Board of Regents meeting had 5 people call in to listen.

Respectfully submitted by Cathy F., Secretary

**SPECIAL BOARD OF REGENTS
MEETING OF MAY 23, 2021**

The meeting was called to order at 4:00 P.M. via Telephone Conference call by Tom M., Chair, Board of Regents.

Present: Bob W., Cathy F., Gary M., Mazi S., Richard C., Tom M., Wendy B. and Karen H., International Executive Secretary.

Absent: Calvin C., Kathie S.

RESTRUCTURE OF I.E.S. AND I.S.O. POSITIONS

As tasked, Bob W. and Karen H. wrote up the recommended job descriptions for the I.E.S. and I.S.O. office positions. They were emailed to the B.O.R. members for review before the meeting.

Bob W. and Karen H. also discussed the potential changes with the I.S.O. office staff prior to the meeting. All were told the recommended changes were not yet approved by the B.O.R. The office staff was agreeable to the changes.

Bob W. recommended increase in salary in accordance with the new duties. There was discussion and clarification, including that the Office Manager and I.E.S. would report to the B.O.R. Chair, and that the Bylaws would need to be changed.

Motion: Authorize the new job descriptions as submitted, including changing I.E.S. to part time and Bookkeeper to full time, with suggested salary increases effective July 1, 2021, and that the Bylaws will be changed accordingly.

Motion seconded and passed

For – 6 Against – 0 Abstained – 1

Bob W.	For
Cathy F.	Abstained
Gary M.	For
Mazi S.	For
Richard C.	For
Tom M.	For
Wendy B.	For

Tom M., B.O.R. Chair, will draft a letter requesting resumes for the open part time I.E.S. position. Karen H. will send out to all Trustees and Intergroups.

Bob W., Wendy B., and Cathy F. will draft proposed Bylaw changes to be submitted to the B.O.R. at the next meeting for review and approval.

The meeting ended at 4:54 PM. The next regular meeting of the Board of Regents will be held June 19, 2021, at 9:30 A.M.

Respectfully submitted by Cathy F., Secretary

HELP IS AVAILABLE!

On page 17, item #7: “We encourage everyone in Gamblers Anonymous to have a Pressure Relief Group Meeting ...”

Any member desiring individual assistance with his/her Pressure Relief, please contact Alan J. at alanj5994@gmail.com. He will reply by email or phone if you provide your number.

TWELVE STEPS

In the previous issues of this year’s Bulletins, it was mentioned that Item #50 on the current order form “Gamblers Anonymous Writing The Steps” is a great piece of literature for working each of the 12 Steps of Recovery and that we would be making one of the exercises from each Step for the corresponding month available for your use right here in the Life-Line Bulletin. If you want to complete the other exercises, each booklet can be ordered from the I.S.O. for \$2.75 each plus shipping and handling.

Step 6

Were entirely ready to have these defects of character removed.

Step 6, Exercise 1

Write about the thoughts, tools, resources and actions that help you maintain serenity. You will need to draw on them as you work through Step 6.

Step 6 is best accomplished “One Defect at a Time.” Review your list from Step 4 and choose one defect with which to begin.

Which defect have you chosen? How has it affected your life in the past? What benefits will its removal bring to your life in recovery?

Step 6, Exercise 2

Write about:

Has your readiness/intention to remove your character defect made you more aware of it when it surfaces? Have you begun to change your behaviors, choices and actions? How?

Are you getting any comments from others regarding your character changes or improvements? Have you received any positive feedback? Have you met with any resistance? How do you feel about it?

Regarding your other character defects/defenses, are there any with which you find yourself unwilling to part? What's holding you back?

From Your International Executive Secretary

To all my brothers and sisters in Gamblers Anonymous,

As I write this, I have exactly one week left before I retire. I am extremely excited to introduce KC B., from Las Vegas as the new International Executive Secretary of Gamblers Anonymous. KC is a current member of the Board of Trustees, who will resign prior to taking on her new role as I.E.S. July 1, 2021. I know you all join me in accepting KC and will make her feel welcome. She will be working remotely from her home and can be reached via email at ies@gamblersanonymous.org

A few months ago, I was thinking how I could make the last issue, as I.E.S., of the Life-Line Bulletin special? So, I reached out to some of our members and asked them to write about someone in the Program that had touched their lives or done something special for Gamblers Anonymous. Thank you to those members who responded with their beautiful letters. Before you start reading them, some advice is to get the box of tissue ready.

For the last time as ***Your*** International Executive Secretary, I **thank you all for everything**, from the bottom of my heart.

With much love and gratitude, Karen H.

REMEMBERING SOME OF OUR DEPARTED MEMBERS

AI N., SOUTHERN CALIFORNIA

I didn't really get to know Al N until sometime in late 1996. We both reluctantly showed up at the Tuesday night South County GA meeting. The meeting was fast and loose and we decided to bring the principles and Guidance code into play and create unity. But first, I didn't meet Al (although I knew of him) until he had 35 years clean. So let me catch up on what I learned about him in hundreds of car rides.

Al was the quintessential horse player. As an example, he told me a great story. He was coming home from a day's outing with his daughter Phyllis. Norma (Al's first wife) asked about the day with her father. Phyllis replied, "He took me to the zoo today, but all they had were horses".

One day in 1960 Al was driving home from Del Mar racetrack totally dejected when he decided to turn on the car radio which was broken for the past year. Miraculously it worked! The program on air was talking about Gamblers Anonymous and gave out the helpline number. Al sang the number all the way home and called the number. He got Sybil (Jim W's wife) and after a long conversation attended his first meeting.

Al got active right away and help start the Downey, Paramount and Garden Grove meetings. Remarkably all three meeting are still active. He was also a long time member of the Board of Regents and served as Chairman. One of the stories he often told me was about his feud with Ray M. They were at odds with each other and many members expected a confrontation at the North Hollywood meeting, When Al arrived at the meeting there was only one seat open and it was next to Ray. Al went over to Ray and hugged (or kissed) him. End of story.

Al loved to talk about his phenomenon of being his own uncle. Here's the timeline:

- Al and his uncle Dave were close in age and great friends
- Al marries Norma
- Dave marries Ann (making Ann his aunt)
- The couples are very close and often travel together
- Norma dies
- Dave dies
- Al marries Ann
- Hence marrying his aunt makes him his own uncle

I became Al's driver shortly after meeting him, although he was able to drive himself. I felt like royalty taking him to Paramount and Downey. When we made a commitment to build South County GA. Al played good cop, I played bad cop. With the help of many of the new members South County grew to 5 meetings. Al

showed up to most of them. Al and Ann always came to the Friday night Denny's meeting. Al loved the Saturday morning in Dana Point. He even led the meditation when it was his turn. He always showed up at all the events: the South County Picnic, Valentine's Day Dance, Gratitude Feast and the Bowl-A-Thon.

I ate hundreds of meals with Al and a cast of GA brothers and sisters. My favorite was breakfast at the Pantry on the way to LA Intergroup. Al would create his breakfast from taking ingredients from the other breakfast member's generous portions. A pancake here and a slice of bacon there. My favorite rides were the 2 hour monthly Friday night jaunts to the Board of Regents meeting. We usually would pick up Ray G, or John C, or Walt D on the way up. The stories were precious, and Al would show us all the historical GA points of interest.

Interesting AL N Facts:

- Between both marriages (Norma and Ann) he were married for over 75 years.
- After surgery on his legs he grew 2 inches
- At the age of 96 he bowled a 176 at the Bowl-A-Thon (with his own 8-pound ball)
- Also at the age of 96: If he took a helpline call he would sometime drive the new member to the meeting. The expressions on the new member's face s when they showed up was priceless.
- Al's diet plan: when he gained weight he would only eat soup for dinner until he got his weight back down
- Al was into taking fish oil daily (He started me on it and I haven't missed a day since)
- At Pot Lucks Al would bring chopped liver in a bread bowl
- Al N passed away in 2007 at the age of 99
- My favorite Al N story was on a ride to the Paramount meeting. I just got a new GPS system for my car. I explained how it worked and Al seemed to be amazed. We got to the meeting about 10 minutes late. Al was rarely late. He glared at the GPS machine and said, "Schmuck! You should have taken the 405".

I was with Al at the ICU the day before he passed. He was seeing horses on the ceiling. He was happy!

Marc L., Prescott, Arizona

BERNIE G., SOUTHERN CALIFORNIA

The following was the eulogy given by Bob W. at Bernie's funeral in January 2020.

MY FRIEND BERNIE G.

My name is Bob W. I have known Bernie since he came to Gamblers Anonymous over 12 years ago. Bernie was one of those rare individuals that got involved in the program almost immediately. He became a meeting secretary after about 60 days and became involved on an international level after the required 2 years. He spent 7 years on the B.O.R. which is the Board of Directors of G.A.

Bernie was the most organized G.A. member I have ever seen. Everything was put into folders and notebooks with all important documents laminated. Thereby Bernie was dubbed "Bernie the Laminator". Bernie was always there when you needed him for anything.

Bernie was very proud of his years in the Marines. He was a helicopter pilot in Viet Nam and was awarded the Purple Heart for an injury. He was very involved in the annual reunions of his squadron. Bernie was the true definition of the Marines Semper Fi. He was always loyal and always faithful.

Bernie had 4 grandsons and was very proud of all of them. On occasion he would take them to the movies. If they wanted to see animated cartoon movies that was ok with Bernie. He just loved spending time with them.

Bernie drove his car just like he was flying a helicopter. He never paid attention to the double lines. He would go in and out of the car pool lanes just like the lines were not there. He also had a tendency to tailgate. Most people refused to ride with Bernie but I never had a problem. When he got too close to the car in front of him, I would just say "Bernie, remember 1 car length for each 10 MPH" and he would back off. For a number of years, I had problems driving on the freeway. Bernie was always there when I needed him. When my brother Lou turned 70 he threw himself a birthday party at the Universal Hilton buffet. I just said Bernie I want to go to my brother's birthday party at the Universal City Hilton Buffet and Bernie was in. He also took me to my brother Ben's 80th birthday party at his country club buffet. Yes, Bernie loved buffets. We had dinner together at least twice a week. I would say Bernie where would you like to eat. His response was always you know me Bob I can eat anywhere.

I will dearly miss Bernie. He was an asset to G.A. and very involved in the IESHC a location for 12 step meetings. At the meetings he always sat in the same seat at the end of the table. If anyone sat in Bernie's seat someone would say that's Bernie's seat. The IESHC had fund raisers to keep the doors opened. Bernie

was always there to help and always donated items to sell. One day we had a garage sale to benefit the center and Bernie showed up with about 15 deep sea fishing rods and reels plus all kinds of lures. Needless to say these sold really well and raised lots of money for the center.

Bernie was born into an Italian Catholic family but adopted by an Orthodox Jewish Family and here we are celebrating his life in a Protestant Baptist Church. He was a good giving man and lived a wonderful life. A husband, Father, Grandfather, Great grandfather, and a good friend.

“I’ve learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.” -Maya Angelou

And Bernie always made me feel good.

Sometimes you will never know a moment until it becomes a memory. (Dr. Seuss)

Rest in Peace my friend, Rest in Peace.

Bob W., Upland, California

BILL M., SOUTHERN CALIFORNIA

The following was the eulogy given by Karen H. at Bills funeral in July 2004 with a few minor changes because of anonymity.

When Margie, Bill’s wife, told me that the Chapel for this service would hold 180 people, I didn’t say anything, but wasn’t quite sure if it would be enough room to accommodate all the people who would be here today to pay their respects and remember someone like Bill, who has touched so many lives.

Bill had three families; his immediate family on the back of today’s memorial folder, an “extended” immediate family with sisters, sister-in-laws, brother-in-laws, nieces, nephews, great nieces and nephews, and lots of close friends.

The third family is his G.A. family, and that includes me. I first met Bill at a G.A. breakfast when I had just a few months on the program. He had his catering truck and he and Margie were cooking for everyone. From that time on we have been brother and sister in fellowship, although I feel even more blessed because when Margie introduced Ted and I, I then became part of the “extended” immediate family also. Bill wasn’t just known locally in Gamblers Anonymous, he was known throughout the United States, Canada and Australia as a true trusted servant in the G.A. program and would have celebrated 40 years of abstinence from gambling on August 20th of this year. Now he will be celebrating

with his sponsor Stan, close friend Andy, and the rest of the members who went on before him to pave the way.

Along with the people already mentioned in Bill's three families, are also many friends, acquaintances, and business associates whom Bill has touched in one way or another. To think, that hundreds of people's lives have been influenced by this one exceptional man. I am sure everyone here shares my sentiment when I say, "I know that my life will never be the same".

I have known Bill for over 24 years and in all that time I have never heard him say a negative word about anyone. I was talking to Carol, Margie's sister the day Bill died and as we were talking and crying together, I was telling her that when I mentioned Bill never saying a negative word about anyone to another G.A. member who has known Bill for over 30 years, he said that he also never heard any member say anything negative about Bill. Carol agreed, saying she was only about 3 when Margie and Bill started dating, and said she remembers that special man who just kept getting more special as the years went on.

"I am a much better person because I had the privilege of knowing Bill M".

Karen H., Monrovia, California

BOB V., SOUTHERN CALIFORNIA

LEAVING A LEGACY

Bob V. was a tall lanky guy who always wore a baseball cap and windbreaker type jacket no matter how warm it was. He owned a successful juice bar business. The juice bars were inside workout gyms in the San Fernando Valley, just outside Los Angeles California. Bob also had a cabin located near California's Mammoth Village ski resort. Bob would tell stories about playing blackjack in Las Vegas, having been "given" comps and suites which he rarely used. He would often gamble until his last dollar was gone and then borrow money to get home. When he did have a win, Bob would take the money home and spread it out on his bed just to look at it.

Like many others, Bob had been in and out of Gamblers Anonymous. On July 28, 1998 he returned to the program after a large win. He gave the money to his attorney (who was also on the program) and told him not to give any of the money back no matter how hard he begged for it. His attorney convinced him to use the money to pay off his mortgages including the cabin.

Bob's regular meeting was the 7:30 Wednesday night meeting at the Orange County Self Help Center near Disneyland in California. He had a deep voice and would start his shares with "I have not placed a bet since July 28, 1998. Bob loved

to play Scrabble and invited members to meet him at a restaurant near the 7:30 Anaheim meeting location. They would play for two or three hours and then go to the meeting, often bringing pizza to share. Bob liked to invite members to his cabin where they would go on hikes, play on his collection of pinball machines, and of course, play Scrabble.

Shortly after his return to the program Bob was diagnosed with cancer and had to have chemotherapy. The cancer treatments did not stop him from joining his friends to play Scrabble and going to his Wednesday night meeting. With the help of the treatments, his cancer went into remission. Bob was very health conscious, with a strict diet, which included no smoking or drinking alcohol. With the cancer in remission, he bought two condos to be near the beach and fresh clean air.

Approximately twelve years after returning to the program the cancer came back. This time the doctors told him it was terminal. Bob talked with his attorney to put his affairs and wishes in order. His instructions included leaving a significant portion of his assets to Gamblers Anonymous. Bob's unfortunate passing was on May 30, 2012, at age 67, having not gambled since July 28, 1998. His attorney sold the properties and divided the assets as instructed. As a result, there was a large (six figure) donation made to Gamblers Anonymous in Bob's memory.

Thank you, Bob.

John C. Fountain Valley, California

DAN B., NORTHERN CALIFORNIA

During my life I have had the good fortune to meet so many extraordinary people. Many of them have had a positive affect on my recovery and I miss them all.

Dan B. was a kind good hearted person. When I first met him, I thought he was the guru of GA., since he seemed to know everything about GA.

Dan was also everywhere. He attended so many meetings and he and his wife came to every social event. He was active in our intergroup and when he talked he made sense and people listened.

He always treated everyone special and passed on so much knowledge about this wonderful program. He worked hard at getting people to be of service and stay connected. Every year he and his wife Sharon would host a Christmas gathering and it gave everyone a chance to relax and get to know each other.

Dan was a trustee and also became the Chairman of the Board of Trustees. I watched him kindly guide the Trustees through some long hard meetings. Dan knew everyone and he would bring along his guitar to conferences and entertain groups of people.

Dan taught me recovery is also about giving back both in time and financially. He would say that this program saved the lives of so many people and we had an obligation to keep the doors open for all those who still suffered with this disease.

Dan is someone I will never forget because he really cared, he was not just someone who talked, he gave his time and money.

I miss Dan's wisdom and guidance but most of all his friendship. Dan left us 15 years ago and people still talk about him and what he meant to them. To me Dan was an inspiration that life would get better. He was right, hard work and giving back is a great path to recovery.

Thanks, Dan, for the memories, I will never forget you. Rest In Peace knowing you made a difference.

Tom M., Millbrae, California

GEORGE M., SOUTHERN CALIFORNIA

On October 28, 1992, I was going to celebrate my 1,000th day of abstinence and recovery from gambling by leading the Wednesday night G.A. meeting at the Westwood Charter Hospital. I never made it to the meeting. Instead I was at Santa Monica Hospital where my wife at the time who was pregnant with our first child, had to have an emergency c-section. When I came out of the OR in the waiting room was no other than George M. I remember his embrace and his words into my ear, "I am so happy for you", I will never forget that or his love for me and my family, I wasn't alone.

George M. was the rock of stability for G.A. on the Westside of Los Angeles, he was a spiritual man who had made an impact not only on me but many others. George loved G.A. and gave of himself selflessly. I can definitely say without a doubt that my life was so much better because of the relationship we had. George would often say, G.A. gives us our lives back and he would especially say it to me and others if he had not seen or heard from us recently. He would also add, now that we have our lives back, we get busier and sometimes forget about G.A. and yet it is G.A. that made it possible.

George was so humble, kind and funny, he was also brilliant. He initially came to G.A. to help one of his sons, yet he realized he belonged and with it got involved and improved his own life and was an example of recovery and

spirituality, his greatest gift to me was helping reconnect myself spiritually. He talked about our character defects and compared them to dust, he said we must continually keep vigilant on dusting or the dust will stay.

He was a successful businessman and with his involvement with G.A. he became a better man, husband, father, and friend. I would be remiss if I didn't mention his beloved wife Ellie who was his rock and is still active in Gamanon, many years after his passing. They were an amazing pair; the Westside hasn't been the same since he passed. They both helped countless families through G.A. and Gamanon restore relationships.

Lastly, I remember his voice, I can still hear it till this day, my favorite is you would say hi and ask him how he was, and he would always respond with "fine, yourself?", his office which was like a G.A. clubhouse to many of us, the framed cigarette on his office wall, that said, 'in case of emergency break the glass!' What I remember most is his hugs, they were amazing. Every Friday when we were both available, we would go have Cheeseburgers near his office at Hamburger Habit, we would talk about many things especially the importance of family. George and I had a lot in common, starting with our gambling we were horse racing addicts, yet it was what was good that I will hold dear to my heart, basketball, our two sons, (one of my sons, I named after him) family, friends, commitment to recovery, helping others and service to G.A.

For those of us who were fortunate to have known him we know how special he truly was. George might be gone but he will never, ever be forgotten! I loved him so much and still do, until we meet again.....

Eddie R., 02/01/1990, Santa Monica California

HERB B., MONTREAL, QUEBEC

DEAR HERB...

On July 1st, 2021, I will start a 2-year term as a member of the Board of Regents, just like you did in 2017 and in 2019. Unfortunately, your second term was tragically interrupted in July 2020 after you lost your battle with cancer and left many of us to miss you so much.

You may remember our journey in GA, here in Montreal. Prior to 1998, just before your arrival in GA, we had one bilingual Intergroup and I was serving on it. A difference of opinions, or was it ego clashes, between the French and English members led to a bitter scission of the Intergroup. Soon enough, our Area was split into Area 5 and Area 5B. You and me both served on our respective intergroup as trustees and we would meet at trustee meetings and conferences. We had many discussions about the lack of communication between our two groups

until we finally decided that we would try to reopen a communication channel between our groups by jointly organizing the 2007 GA 50th Anniversary in Montreal. That was a huge success and we both saw French and English members talking together, attending workshops, sharing meals like any normal family is supposed to do. I remember how proud you were for that accomplishment. I never told you, but I was probably more proud of the outcome.

In 2009, you and I, and many others servants from both Intergroup, put up an International Conference in Laval, just north of Montreal. Not just any Conference, sir, a Bilingual Conference, nothing less. I remember at the Saturday night celebration, we were both on the stage welcoming the crowd and introducing our leaders, you in English and me in French right after. And tears of joy were rolling on our cheeks... priceless! And we did it again in 2019!

Later on, you decided to run for the BOT executive board, and you were elected as co-chair. I was still a trustee and I used to sit in the first row, right in front of you. I would bring you coffee and snacks and even wake you up when you were dozing off, normally after a meal. And we would laugh about it after the session. You had the patience of an extraterrestrial alien, never raising your voice, explaining your rulings etc. How many times did you encourage me to run for the position at election time? I always told you that I did not want to run against you but truth is, I was scared because of my terrible French accent and my lack of patience. You witnessed a few of my outbursts, right?

I finally listened and ran in Cherry Hill in 2015 and I was elected. You were defeated at that same election, and I felt so guilty. But you were the reason why I ran. Then you were elected to the Board of Regents. I would ask you way too many questions about your BOR meeting, I would blame you and the other members on that BOR for not doing this or for doing that. You still had that patience which I will never have. I think the only time you showed any kind of reaction is when you told me once, "Why don't you run at the next election?"

After you passed away, I remembered those words and I went for it, not because I needed another service job, I already have plenty locally, but because I wanted our Areas 5 and 5B to continue to have a presence on these boards. It is my way to pay you tribute and thank you for all you did for my Fellowship. Above all, I wanted you to be proud of me from above. Please, take good care of me, my Brother...

André G., Ste-Julie, Québec

JIMMY S., NEW JERSEY

Jimmy S. February 14, 1975-December 4, 2011. 36 years

A thought furthest in my mind when I came to Gamblers Anonymous was finding someone to grow old with. Little did I know our Higher Power had other plans for us. I met Jimmy in Montreal in April of 2004, we were coming to accept the torch for our International Conference in New Orleans in September of 2004. He was introduced to me through Bob W., the minute we shook hands, I knew, I knew I was going to marry him. I felt like a schoolgirl, butterflies in the gut and I couldn't sleep at night., pretty amazing for a 51-year-old. LOL. We kept running into each other. I was going shopping at the mall and asked him if he wanted to come. He did, that's when I found out how much he loved to shop.

Jimmy always made everyone feel special, don't get me started with the jokes. He was a true gentle man. It was a long distance relationship. When I would visit New Jersey and go to the meetings with him, I learned how much he cared about his Program. He started his first meeting in Jersey City in the 80's. When we attended conferences and I saw how many people really loved him and told me stories about him helping other members I was touched. No body used their phone list like Jimmy, every morning the usuals, Irwin, George, Eddie, it melted my heart to be part of that. Jimmy had two sayings in Program, "Family First," and "We don't shoot wounded soldiers." He was not a fan of comments. He would always encourage the guys to bring their significant other flowers. I received many and I miss receiving them today. Jimmy's sense of humor was his strength. I have to admit sometimes I didn't understand his humor and he would whisper in my ear, "a little humor hon." Just remembering him taking out his phone and saying, "tell them I'm here." No matter how many times he did it, I laughed every time. No matter how many times I heard the same joke his presentation was spot on.

Jimmy asked me to marry him in 2009, a day I will never forget. I never thought I would find love, real love. I did in a man I was always supposed to meet. We never missed a chance to say I love you, good morning or good night. We have shared many park benches which became our thing. I never thought about losing him. I didn't want to lose him; I still ask God to give him back to me. I live in my memories, and he gave me some beautiful ones. Jimmy, told me many times, "how did I get so lucky to have two beautiful women love me." Those words are imprinted on my heart by a true stand-up gentleman.

Until we meet again. I am still in love with my husband.

Betty S., Slidell, Louisiana

MITCH R., NEW JERSEY

I want to write about the most influential person who has ever come into my life. His name is Mitch R., my father who is no longer with us.

I would say that 90% of the words of wisdom that come out of my mouth I learned from my father. I am going to proceed to tell you about my relationship with my father, and also how strongly he felt about our Gamblers Anonymous fellowship.

I will start off by saying that my father's last bet was November 24, 1958. I turned 16 years old 8 days later. My father was rarely around when I was growing up because of his compulsive gambling. That was not a good feeling to say the least. There were no Gamblers Anonymous meetings on the East Coast in 1958 so my father went to A.A. meetings. They had told him to put the words gambling in whenever the word drinking was mentioned. My father went to Gamblers Anonymous when it started in New York in January 1960.

When I came into Gamblers Anonymous in 1964 it took me two years to totally forgive my father. For not being a father during my childhood and until I was 16. Dad and I became extremely close after that.

The following are some of the other sayings I learned from my father:

- Even a moron can do some things right for one day
- Always start with the plusses when talking about anyone. Even a stopped clock is right twice a day
- Everyone must take this fellowship in the deep, deep veins if you want to succeed

One of my fondest moments came about 40 years ago when one of our G.A. members told me, "Marshall, there are about 400 G.A. members in our area. However, if I am having a problem or my mind is not bending in the right direction, there is only one person that I am going to see to straighten me out and that is your father, Mitch." I will never forget that. That is the esteem my father had in our fellowship.

I don't know of anyone in Gamblers Anonymous who took our fellowship seriously than my father Mitch. My father made the following statement that in all the therapies I have ever heard, nothing comes close to those words, and I quote, "If I was away on business and my wife and four children were all involved in a fatal accident, I can't tell you what I'm going to do, but I can certainly tell you what I'm not going to do. I will not go back to gambling." That's how important Gamblers Anonymous and its principles meant to my father.

My father Mitch R. passed away on March 8, 2002, over 19 years ago, and is still quoted by the old timers in our fellowship.

Dad, because of Gamblers Anonymous you became a loving husband and wonderful father to your four children. You proved beyond a doubt that G.A. works if you work it.

I still love you with all my heart. Your son, Marshall.

Marshall R., West Orange, New Jersey

PHIL S., SOUTHERN CALIFORNIA

His shirt and socks were the same color. Purple with purple, red with red and so on. His demeanor was described by one member as “mundane” and his voice only modulated soft tones.

I never heard him raise his voice. He was of unending service to our program. In his generosity he employed members who might not have been easily employable elsewhere.

He lived in the San Fernando Valley and attended meetings in Reseda. Although he did not know this, he was my “back up” sponsor in case something happened to my original sponsor.

There was a Saturday luncheon on November 30, 1991 hosted by Phil and his wife Sandy to honor his 15th Gamblers Anonymous birthday celebration. I proudly and lovingly placed my 15 year pin on his shirt (I do not remember the color of his shirt that he was wearing that day).

A scant 11 days later a heart attack took him from all of us. What a travesty, he had so much more to give us.

When Karen asked that I write about a deceased member, who had had an impact on me, I realized there were so many that were worthy of being remembered but when she mentioned Phil’s name, I began to cry.

Rest in Peace Phil S, you were a mensch.

Bill B., Delray Beach Florida

SANDY T., NORTHERN AND SOUTHERN CALIFORNIA

I met Sandy T. a couple of weeks after attending my first meeting. She welcomed me with love and kindness. Sandy always had a smile on her face and

warmth in her eyes. She filled rooms with laughter and always saw the good in everyone and everything.

I decided that I wanted Sandy for my sponsor as I wanted the inner peace and serenity that I saw in her. It did take me a couple of months to ask her. She was always there for me, offering me suggestions and advice with love. She taught me to distinguish what I had control over and what I did not have control over. When reading “assignments” to her, she never interrupted, offered an opinion, she would just tell me Good Job.

Through the years she became one of my closest friends. We shared good times and bad times. Though everything, Sandy rarely said an unkind word about anyone. She never gossiped and would deter others from doing the same. She had a deep belief in her Higher Power and had lots of spirituality. She loved to socialize, dance, shop and just have a good time. She always stressed the importance of “One Day at a Time”.

Sandy was called Home too early. Along with her family and friends, I was devastated to learn about her cancer. She told me, do not feel sorry for her and she did not want cancer to define her. One of the last things she told me was not to pray for her, but to pray for God’s Will to be done. She said if it was her time, it was her time. I think of that often with admiration and wonder if I would be able to do the same. Sandy was truly a remarkable and selfless person.

Our program has lots of slogans and sayings. Sandy used to share several with me and others. One of my favorites is: “Don’t give up before the miracle happens.” Sandy, you taught me to look for miracles and that they happen all the time. Thank you for teaching me so much and thank you for always being there for me. In your memory, I try to carry the message to others that you were so willing to give me.

Grateful Girl, I miss you and love you always.

Sincerely, Wendy B., Fontana, California

VINCE V., SOUTHERN CALIFORNIA

I met Vince V. in the fall of 1987. He would come to the Rowland Heights meeting on Wednesdays and my most vivid memory was seeing him come in, always with a smile on his face and a twinkle in his eye. Hearing the stories, he told was hard to believe since the change in him from his past life was striking. He liked to talk about money he owed the mob due to his gambling, and all the things they were going to do to him and his family if he didn’t pay.

We became friends and I occasionally went to him for advice, which was nearly always calm and levelheaded. I had chosen another man from the Rowland Heights meeting to be my sponsor, but he struggled with the program and reality, and committed suicide about a year later. It was then that Vince came to mind and I asked him to sponsor me. Never harsh or critical but firm when he needed to be, he became a role model for me. The way he carried himself and handled life was impressive, especially after hearing how he used to be while gambling, and despite many setbacks due to illness. Vince seemed genuinely happy most of the time, even in the face of serious medical issues. Whenever I faced uncertainty or difficult situations, I often tried to picture what he would do and tried to act and do as he would, although I failed at times.

Vince remained my sponsor and good friend until his death in 2007. Since then, I still sometimes picture what he might say and do if he were in my shoes, and this gives me strength and helps to carry on through the rough spots.

Vince helped tons of people including myself, for which I am grateful. He was warm and friendly and was well liked and admired by almost everyone who knew him. Having known him has been a blessing, and a huge help navigating through this thing called life. Although he is missed, he has left a lasting impression on myself and surely many others as well. In this difficult world he was a gentleman and a true inspiration.

Sincerely, Chris G., Fontana, California

GROUP NEWS

Note From I.S.O.: Thank you to all the members in the “Group News” section, for their letters, donations and kind words. Please keep writing and sharing your experience, strength, and hope with everyone.

Dear Sir or Madam,

Please be advised that the weekly meeting of Gamblers Anonymous in Sayre, Pennsylvania is no longer meeting. Please remove the meeting material from the “U.S. Meetings” sections of the website.

I am forever grateful that Gamblers Anonymous was there for me at a very trying time in my life.

Susan S., Sayre, Pennsylvania

Hi Karen,

Here is a donation from the Daytona Beach rooms.

We are now back to face to face and it is going great.

Thank you for all your service, Frank M., Daytona Beach, Florida

Dear I.S.O.,

Please accept this donation in memory of our friend, long-time member Irv K. who passed away on 04/02/21. His date of abstinence was 04/10/1968.

Irv used to say he did not take himself too seriously, but he took his program very seriously. He helped a lot of people over the years, including myself. He will be missed by all who knew him.

Greg M., Willow Grove, Pennsylvania

Dear I.S.O.,

On April 16, I celebrated 25 years of recovery. You, and all my other friends in the program are the reason I can type this letter with gratitude. Please accept the enclosed donation for the priceless support you have given me, and thousands like me. Vaya con Dios.

Thank you for the ability to begin working on my next day of recovery. Bless you all.

Jim P., Staten Island, New York

To Whom it May concern,

Enclosed, please find a check from collections at the Schiller Woods meeting.

We will continue to support the I.S.O.

Rich B., Schiller Woods, Illinois

In Memory Of...

Dear Karen,

We at the Wheeling, West Virginia and Steubenville, Ohio G.A. meetings are sending a donation to you in honor of Jim P. from Wheeling, West Virginia.

BECAUSE HE WAS HERE

Why? Because “He was here” when no one else was, because “He was here” when we needed him, because “He was here” to help all compulsive gamblers. “He was here” through the darkest of times for most of us.

Jim P. joined G.A. in 1973 and started the Wheeling G.A. in 1974. Through good times and bad he would still be at the meeting. He went through the entire Ohio Valley up and down the river to gain interest and get the word out. Many times, no one showed up at the meeting, but he still persevered. We have had as many as 25 attend and as little as 1-2. However, Jim P. never gave up. “Because He was here”, we are here. We got the help we needed, and hopefully will get to help others.

Jim would have celebrated 48 years of abstinence this May if he were still alive.

He did not RULE the meetings. He was not a dictator, or lecturer, or judge. He simply kept it simple (KISS). He told his story. He showed up. He brought candy (“known as the Candyman nationally”). He would pick people up and give them rides to meetings, no matter how far he had to go.

All one had to do was “watch” him. He showed us how to live the “G.A. way” by doing it. Actions speak louder than words, and his spoke volumes to anyone who was willing to see.

Loreane S., Pittsburgh, Pennsylvania

...”prison, insanity or death”..., at times, is revealed right before my eyes reminding me as to how devastating gambling addiction is and therefore for the grace of GOD go I.

Rest in Peace Mark F. and may your daughters be held by GOD safely and sanely. Your emotional pain was evident, but your solution can not be reversed. When hope was only a sliver and the days were dark as an Alaskan winter, hands were extended and acceptance of the doors always being open were not enough to bring you back to the program resulted in the choice you made.

Hopefully, you are now at peace. My sadness will wane over time as I will dwell on the thirst for life and recovery. Yes, it is painful today with each day of the new light a blank slate is presented to me to do as I please. It pleases me today to continue with abstinence and recovery, ODAAT.

Thank you, GOD, for what I have, and especially, what I don't have.

Bill B. Delray Beach, Florida

ANNOUNCEMENT OF UPCOMING EVENTS

Chicagoland 2021 G.A. & Gam-Anon Mini Conference "I Can See Clearly Now"

September 24, 25 and 26, 2021

Hyatt Regency Lisle Hotel

1400 Corporetum Drive

Lisle, Illinois

For information email springconference21@gachicago.org

INDIVIDUAL LIFELINER DONATIONS RECEIVED IN THE MONTH OF MAY 2021

ARIZONA

L221 Janat G.
L267 Penny V.
L287 James S.
L396 Pam K.
L546 Mo M.
L692 Doug G.

CALIFORNIA

L1 Bob W.
L4 Tom M.
L6 Bill S.
L8 Dan B.
L9 Mike M.
L18 Chris G. x2
L19 Wendy B. x2
L21 Ed E.
L31 Russell H.
L70 Keith B.
L73 Karen H.
L87 Mike S.

L88 Valerie D.
L100 Mazi S.
L116 Rob D.
L117 Steve F.
L120 Phil C.
L138 Bill S.
L154 Diane S.
L158 Gagik G.
L161 Patricia A.
L209 Jose C.
L219 Len K.
L239 Hugo V.
L246 Pat S.
L273 Victor S.
L298 Cathy F.
L301 Steve K.
L314 Alan S.
L367 Jerry L.
L371 John O.
L383 Linda B.

CALIFORNIA (cont)

L384 Alvin F.
 L390 Jack R.
 L408 Ira B.
 L419 Rufus B.
 L432 Patrick P.
 L453 Bennett S.
 L476 Garrett C.
 L480 Ezra B.
 L496 Guy H.
 L544 Harold A.
 L558 Linda M.
 L580 Curtis G.
 L593 Grant M.
 L601 David L.
 L609 Kathie S.
 L617 Mike Z.
 L618 Hugh G.
 L623 Lucille T.
 L678 Lynell B.
 L701 David L.
 L716 James B.
 L751 Derek P.
 L762 Calvin C.
 L772 Ara H.
 L828 Paul C.
 L834 Candice B.
 L836 Albert Y.
 L839 Steve W.
 L861 Roger L.
 L871 Greg D.
 L874 Aaron S.
 L907 Joseph G.
 L914 Jordan G.

COLORADO

L147 Lou W.

CONNECTICUT

L581 Paul S.

FLORIDA

L2 Bill B.
 L143 Neal G.
 L156 Richard M.
 L159 Steve I.
 L175 Lloyd A.
 L189 Norman O.
 L205 Steve P.

L225 Kevin K. x2
 L233 Robert M.
 L251 Frank G.
 L258 Harvey G.
 L261 Stephen S.
 L289 Ralph O.
 L313 Herman G. x2
 L395 Daniel B.
 L420 Mark S.
 L423 Kathleen H.
 L450 Neil S.
 L483 Victor C.
 L511 Chris N.
 L607 Debbie M.
 L622 Andrew C.
 L627 Pauline F.
 L679 David T.
 L690 Lenore D.
 L695 Ron B. x2
 L809 John M.
 L815 Linda S.
 L840 Janice M.
 L843 Neal V.
 L844 Arnie B.
 L848 Steve H.
 L884 Janet H.
 L904 Marlon D.
 L909 Chin W.
 L917 Carolyn L.
 L952 Michael T.

GEORGIA

L672 Tony L.
 L769 Barry L.
 L857 Hal P.

HAWAII

L553 David C.

ILLINOIS

L63 Bob C.
 L114 Ellen Z.
 L344 Eileen Z.
 L459 Allen H.
 L823 Luke W.

INDIANA

L229 Mary Ann R.
 L880 Fred B.

KANSAS
 L194 Michelle J.

KENTUCKY
 L115 Laura S.
 L195 Steve B.

LOUISIANA
 L27 Betty S.
 L354 Kathy S.

MASSACHUSETTS
 L318 Jeff H.
 L598 Vinny S.

MARYLAND
 L162 Jim D.

MICHIGAN
 L48 Janet S.
 L272 Joann D.
 L905 Kathy G. x2

MINNESOTA
 L565 Corey J.
 L715 Debra M.
 L803 Renee G. x2
 L916 Richard M.
 L942 Ernest N.

MISSISSIPPI
 L126 Helen Y.
 L182 Roger T.

MISSOURI
 L550 Daniel G.

NEVADA
 L37 Tom H.
 L150 Rollo V.
 L284 Kevin H.
 L317 Pat M.
 L325 Terry D.
 L410 Joanne F.
 L439 Ira K.
 L486 Zeny K.
 L507 Mark S.
 L541 Andrew B.
 L596 Leslie F.
 L599 Igor K.
 L602 Trey D.
 L612 Dan Mc.
 L665 Richard S.
 L837 Harriet K.

L846 Bobby B.

NEW HAMPSHIRE
 L277 Roy W.

NEW JERSEY
 L94 Thomas D.
 L174 Mike D.
 L179 Chris N.
 L183 Robin D.
 L212 Marshall R.
 L223 Fred D.
 L266 Kivey G.
 L311 Andrew D.
 L349 George L.
 L351 Russell H.
 L409 Barry H.
 L429 Dennis S.
 L433 Joseph F.
 L438 Matthew C.
 L497 Dave S.
 L524 Richard T.
 L547 John P.
 L699 Craig H.
 L818 Michael D.
 L856 Scott B.
 L863 Kathleen P.

NEW MEXICO
 L572 Liane M.
 L662 Joel K.
 L847 Catherine B.
 L906 Mary F.

NEW YORK
 L16 Kenny M.
 L303 Alan J.
 L308 Jordan P.
 L465 Mohammed M.
 L516 Susan W.
 L554 Dan L. x 3
 L566 Robert K.
 L852 Norberto B.
 L882 Joe B.
 L887 Pierre J. x2
 L951 Brad B.

NORTH CAROLINA
 L493 Gary G.
 L494 Mary D.

NORTH CAROLINA (cont)

L495 Garnet P.
 L498 Suzanne R.
 L499 Mike S.
 L500 Sammy D.
 L503 John J.
 L504 Vivian W.
 L506 Chuck T.
 L510 Eric S.
 L513 Dennis O'C

OREGON

L584 Curt P.
 L881 Pam B.
 L912 David U.

PENNSYLVANIA

L40 Dan M.
 L71 Marla J.

L345 John B.
 L533 Debbie D.
 L810 Phil S.
 L820 Josh S.
 L854 Jacquona B.

SOUTH CAROLINA

L460 Lou M.

TEXAS

L245 Alan S.

WASHINGTON

L425 Terry D.
 L659 Connie M.

WISCONSIN

L443 Constance T. x2

LATVIA

L903 Kristaps D.

ANNIVERSARIES

50 YEARS	MARCO B.	6/30	Forest Hills, NY
45 YEARS	DREW D.	6/19	Scottsdale, AZ
42 YEARS	FRANK S.	6/23	Staten Island, NY
35 YEARS	CHARLES H.	6/1	Vancouver, WA
33 YEARS	STEVE G.	6/15	Wantagh, NY
	PETE C.	6/29	Wantagh, NY
32 YEARS	MIKE K.	6/2	YMCA Townhouse, NY
30 YEARS	MURRAY S.	5/16	Plantation, FL
	KEN K.	6/1	Calgary, AB
	TOM H.	6/18	Henderson, NV
29 YEARS	BRIAN S.	6/10	White Plains, NY
28 YEARS	ROY M.	6/18	Gardena Zoom, CA
27 YEARS	MARK P.	6/27	Tigard, OR
26 YEARS	JOSH K.	6/6	Settlement House/St. Xavier, NY
	TOM H.	6/16	Willingboro, NJ
	ANDY D.	6/20	Willingboro, NJ
25 YEARS	TONY D.	6/5	East Northport, NY
	TIM H.	6/16	Tigard, OR
24 YEARS	DAN A.	6/21	Lindenhurst, NY
23 YEARS	NEAL V.	5/5	Plantation, FL
	CRAIG R.	6/1	East 31 st St., NY

23 YEARS (<i>cont</i>)	BRIAN B.	6/14	Naperville, IL
	CHRIS R.	6/26	East Northport, NY
22 YEARS	GEORGE C.	6/14	Evanston, IL
	TRAVIS M.	6/22	Henderson, NV
	STEVE E.	6/28	West 46 th St., NY
21 YEARS	GISELLA S.	6/5	Las Vegas, NV
	KEN W.	6/5	St. Clares, NY
20 YEARS	HARVEY F.	5/11	Charlotte, NC
	DAN B.	6/12	Lisle, IL
19 YEARS	CURT P.	6/10	Eugene/Springfield, OR
	BOB L.	6/11	Yonkers, NY
	FAYE P.	6/19	Las Vegas, NV
	BEN S.	6/29	San Diego, CA
18 YEARS	NORMA P.	6/10	San Diego, CA
	MARYANN J.	6/18	Salem, OR
	PAT F.	6/20	Elgin, IL
	KAREEM M.	6/27	St. Albans, NY
17 YEARS	DEBRA G.	6/9	Gresham, OR
	LYNELLE B.	6/19	Hollywood Zoom, CA
16 YEARS	TERRI H.	5/7	White Rock, BC
	STEVE W.	5/12	Surrey, BC
	SHAWN A.	6/1	New Orleans, LA
	DEAN W.	6/2	Anaheim Zoom, CA
	FRANK H.	6/2	Rockville Centre, NY
	RICH L.	6/4	Mission Viejo, CA
	KEVIN Mc.	6/15	Oregon City, OR
	JENNY F.	6/30	San Diego, CA
15 YEARS	CHRISTY C.	6/1	San Diego, CA
	JEFF J. (2)	6/4	Dayton, OH
	ELYSE M.	6/5	Las Vegas, NV
	JOE C.	6/5	Church on the Hill, NY
	LARRY S.	6/11	Gold Hill, OR
	SEAN N.	6/14	Burbank, CA
	STU B.	6/21	Woodbury, NY
	PAT M.	6/23	Las Vegas, NV
	RUBY B.	6/27	San Diego, CA
14 YEARS	MARSHA W.	6/5	Las Vegas, NV
	BOBBY B.	6/22	Baldwin, NY
13 YEARS	KEVIN S.	6/23	Vancouver, WA
	CLARA S.	6/26	Oregon City, OR
	BOB F.	6/30	Staten Island, NY

12 YEARS	CARMELITA W.	6/1	San Diego, CA
	JAMES P.	6/1	Westlake Zoom, CA
	JOHN M.	6/5	Rancho Cucamonga, CA
	PETER D.	6/8	Pomona, NY
	WAYNE M.	6/9	Rockville Centre, NY
	GUY H.	6/14	Burbank, CA
	SEAN	6/15	Calgary, AB
	TOBY B.	6/20	St. Albans, NY
	JOLENE B.	6/22	Windsor, ON
	11 YEARS	FRED C.	6/3
JOE L.		6/10	Longview, WA
RHONDA		6/10	Calgary, AB
ALLAN C.		6/12	East Northport, NY
BELINDA L.		6/21	Las Vegas, NV
DONALD S.		6/30	San Diego, CA
10 YEARS	SUE C.	5/22	Nanaimo, BC
	STU S.	6/8	Baldwin, NY
	WALT T.	6/8	Ft. Worth, TX
	HILLARY K.	6/11	48 th St., NY
	DANNY G.	6/11	Dallas, TX
	TRISH L.	6/13	Tempe, AZ
	GABRIEL M.	6/13	Norwalk Zoom, CA
	ISSA M.	6/13	San Diego, CA
	NOEL T.	6/15	Beaverton, OR
	RICHARD B.	6/30	San Diego, CA
9 YEARS	STEVE D.	6/30	Portland, OR
	SARA J.	6/1	San Diego, CA
	MARK S.	6/1	Las Vegas, NV
	VAL V.	6/5	San Diego, CA
	DICK K.	6/7	Calgary, AB
	BILL D.	6/9	Patchogue, NY
	ANTHONY D.	6/10	Charlotte, NC
	JEFF S. II	6/15	East 31 st St., NY
	MIKE C.	6/16	Patchogue, NY
	OSCAR G.	6/18	Gardena Zoom, CA
	ANNE K.	6/21	Downers Grove, IL
	TIM K.	6/21	Las Vegas, NV
	BECKY	6/24	Mesa, AZ
MARCELLA H.	6/28	Woodbury, NY	
KATHY	6/29	Tillamook, OR	

8 YEARS	GUY O.	5/18	Plantation, FL
	CARLTON O.	6/4	Dallas, TX
	FRANK L.	6/12	San Diego, CA
	TOBY S.	6/29	East 31 st St., NY
7 YEARS	DIANE S.	4/23	Plantation, FL
	LAURIE O.	5/11	Plantation, FL
	JON C.	6/1	Nanaimo, BC
	CHRISTINE D.	6/4	Calgary, AB
	MICHAEL G.	6/13	Norwalk Zoom, CA
	CHARLIE N.	6/14	Lindenhurst, NY
	ANNA	6/19	Calgary, AB
6 YEARS	JAN D.	6/25	Gresham, OR
	HUGH H.	4/26	Plantation, FL
	HARRIET W.	4/28	Plantation, FL
	TIM G.	6/2	San Diego, CA
	KEVIN O.	6/2	Bolingbrook, IL
	MARINKO D.	6/8	Las Vegas, NV
	CAMERON B.	6/10	Henderson, NV
	DON C.	6/15	San Diego, CA
	DAVE S.	6/23	YMCA Townhouse, NY
	DARRIN W.	6/27	San Diego, CA
5 YEARS	GREG S.	6/28	San Diego, CA
	LAURIE C.	3/5	Plantation, FL
	ROSEMARY R.	3/6	Plantation, FL
	ILAN B.	3/11	Plantation, FL
	HELAINÉ M.	4/26	Plantation, FL
	TONI C.	4/26	Ft. Lauderdale, FL
	CHRIS D.	6/2	Beaverton, OR
	ANTHONY I.	6/6	5 Towns, NY
	ROY M.	6/6	Windsor, ON
	JERRY B.	6/9	San Diego, CA
	FRANK B.	6/10	Northfield, NJ
	ROB K.	6/11	San Diego, CA
	SANDRA S.	6/11	Las Vegas, NV
	DELIA P.	6/15	East 31 st St., NY
	JODI L.	6/22	Plantation, FL
NAYAH M.	6/22	East 31 st St., NY	
MIKE Sa	6/25	Las Vegas, NV	
CORA L.	6/26	Reseda Zoom, CA	
BRIAN A.	6/27	San Diego, CA	
RANDY E.	6/28	Woodburn, OR	

5 YEARS (cont)	BRIAN A.	6/30	Dana Point, CA
	CORA L.	6/30	YMCA Townhouse, NY
4 YEARS	STEVE D.	5/13	Grand Junction, CO
	STEPHEN S.	5/25	Charlotte, NC
	ALBERT M.	6/3	San Diego, CA
	BOBBY C.	6/4	Hicksville, NY
	MARY H.	6/4	Eugene/Springfield, OR
	MARK T.	6/6	Las Vegas, NV
	DAN E.	6/11	Hicksville, NY
	DAVID H.	6/15	Pomona, NY
	FRANK P.	6/15	Baldwin, NY
	DONNA G.	6/18	San Diego, CA
3 YEARS	KAREN A.	3/29	Plantation, FL
	PHIL R.	5/21	Charlotte, NC
	THOM M.	5/21	Charlotte, NC
	HARRY S.	5/28	Nanaimo, BC
	MICHAEL S.	6/1	San Diego, CA
	DONNA V.	6/2	Mesa, AZ
	GIL R.	6/4	48 th St., NY
	SHA	6/14	Norwalk Zoom, CA
	ANTHONY H.	6/16	YMCA Townhouse, NY
	MARK J.	6/17	Westlake Zoom, CA
	LU ANN D.	6/18	Henderson, NV
	ANGELINA W.	6/21	New Orleans, LA
	SPIKE B.	6/22	East 31 st St., NY
	CARISSA B.	6/23	Mesa, AZ
	MIKE P.	6/23	Phoenix, AZ
	CRAIG H.	6/28	Pomona, NY
	LAURA M.	6/30	San Diego, CA
2 YEARS	TIM P.	6/1	San Diego, CA
	MATT B.	6/3	Mesa, AZ
	AMBER N.	6/3	Vancouver, WA
	DAWN G.	6/5	Downers Grove, IL
	DERRY O.	6/5	Las Vegas, NV
	BRIAN M.	6/8	Westlake Zoom, CA
	JOSEPH C.	6/8	Howard Beach, NY
	WIL H.	6/10	San Diego, CA
	JAMES B.	6/10	Brisbane, QLD
	ALYSSA C.	6/15	Burbank/NoHo Zoom, CA
	SEBASTIAN C.	6/15	Burbank/NoHo Zoom, CA
	CURTIS	6/15	Calgary, AB
	ANDREW C.	6/16	East 79 th St., NY

2 YEARS (cont)	JOE C.	6/18	48 th St., NY
	KELLY M.	6/19	Naperville, IL
	LOGAN	6/25	Calgary, AB
	JOANNE R.	6/27	Las Vegas, NV
	EUGENE J.	6/30	San Diego, CA
1 YEAR	TERENCE B.	6/3	Forest Hills, NY
	STEPHANE D.	6/6	Longueuil, QC
	ZACH G.	6/8	East 31 st St., NY
	JAMES T.	6/15	Toronto Zoom, ON
	MARY Jo W.	6/22	San Diego, CA
	CHRIS B.	6/23	Patchogue, NY
	BHARAT S.	6/29	East 31 st St., NY

INDIVIDUAL LIFELINER DONATIONS MAY 2021

ARIZONA (6)	75.00	MISSOURI (1)	2.00
CALIFORNIA (65)	3,160.00	MISSISSIPPI (2)	80.00
COLORADO (1)	25.00	NEVADA (17)	2,225.00
CONNECTICUT (1)	20.00	NEW HAMPSHIRE (1)	50.00
FLORIDA (37)	1,423.00	NEW JERSEY (21)	358.00
GEORGIA (3)	150.00	NEW MEXICO (4)	70.00
HAWAII (1)	50.00	NEW YORK (11)	252.00
ILLINOIS (5)	100.00	NORTH CAROLINA (11)	150.00
INDIANA (2)	35.00	OREGON (3)	95.00
KANSAS (1)	100.00	PENNSYLVANIA (7)	153.00
KENTUCKY (2)	60.00	SOUTH CAROLINA (1)	20.00
LOUISIANA (2)	20.00	TEXAS (1)	50.00
MARYLAND (1)	15.00	WASHINGTON (2)	20.00
MASSACHUSETTS (2)	63.00	WISCONSIN (1)	30.00
MICHIGAN (3)	165.00	LATVIA (1)	25.00
MINNESOTA (5)	250.00	TOTAL (221)	\$9,291.00

I.S.O. CAN CONTRIBUTIONS MAY 2021

CALIFORNIA

C28	Anaheim Sunday PM	7.83	C765	Fair Oaks Thursday AM	61.50
C46	Anaheim Saturday AM Women's	40.00	C949	Mission Viejo Friday	18.00
C77	San Diego Intergroup	64.00	C971	Pinole Monday	26.00
C82	Anaheim Thursday PM	5.00	C1002	Burbank Monday	87.00
C464	Stockton Thursday	10.00	C1105	Sacramento Stop & Grow Saturday AM	15.00
C639	Diamond Springs Thursday	46.00			

DELAWARE

C128	St. Marks Wednesday	68.00
------	---------------------	-------

FLORIDA

C262	Plantation Friday PM	40.00	C263	Plantation Wednesday PM	30.00
------	----------------------	-------	------	-------------------------	-------

GEORGIA

C1539	Norcross Sunday	10.00
-------	-----------------	-------

MASSACHUSETTS

C792	Hanson Thursday PM	28.00	C1600	Canton Tuesday	75.00
------	--------------------	-------	-------	----------------	-------

NEVADA

C42	G.A. of Southern Nevada	502.25
-----	-------------------------	--------

NEW JERSEY

C665	Westfield Wednesday	10.00
------	---------------------	-------

OREGON

C1480	Oregon City Friday	40.00
-------	--------------------	-------

PENNSYLVANIA

C208	South Hills Tuesday	12.00
------	---------------------	-------

TEXAS

C1134	Ft. Worth Thursday	42.00	C1587	Ft. Worth Tuesday	35.00
C1438	Ft. Worth Saturday AM	35.00			

GROUP CONTRIBUTIONS MAY 2021

CALIFORNIA

Downey Saturday	44.00
Downey Saturday Zoom	30.00
Gardena Friday	5.00
Lincoln Wednesday	8.00
Lincoln Friday AM	13.00
Lincoln Sunday	23.00
Los Angeles Sunday – Alano Club	20.00
Oroville Monday PM	72.00
Oroville Thursday Noon	30.00
Rancho Cucamonga Monday Noon	64.00
Rancho Cucamonga Tuesday	11.00
Rancho Cucamonga Thursday Noon	40.00
Rancho Cucamonga Thursday PM	28.00
Rancho Cucamonga Saturday	88.00
San Diego Monday Step	150.00
Walnut Creek Tuesday	20.00

FLORIDA

Boca Raton Friday PM	50.00
Coral Springs Thursday	50.00
Coral Springs Saturday AM	100.00
Daytona Beach Tuesday	20.00
Daytona Beach Thursday	20.00
Delray Beach Thursday - Crossroads	25.00
Delray Beach Saturday - Crossroads	25.00
Delray Beach Sunday – Crossroads	25.00
Holiday	100.00
Naples Monday	50.00
Plantation Tuesday	135.00
Tampa Saturday-Temple Terrace	50.00

GEORGIA

Norcross Sunday Korean	10.00
------------------------	-------

ILLINOIS

Chicago Friday AM-Schiller Park	30.00
------------------------------------	-------

LOUISIANA

Baton Rouge Friday	300.00
--------------------	--------

MASSACHUSETTS

Fall River Thursday	50.00
Newton Upper Falls Monday	57.00
Watertown Friday	100.00

MICHIGAN

Ann Arbor	87.00
Livonia Monday	113.00

MINNESOTA

Bloomington Monday Women's	20.00
Hermantown Friday	100.00
Southeast Metro	75.00

NEW JERSEY

Edison Saturday AM	120.00
Hasbrouck Heights Saturday	25.00
Ridgewood Wednesday	50.00
Toms River Tuesday Afternoon	35.00
Toms River Saturday	25.00

NEW YORK

Congers Thursday	150.00
Pomona Tuesday	100.00
Woodbury Monday	50.00

OHIO

Columbus Thursday	15.00
Dublin Monday	40.00

OREGON

Eugene/Springfield	75.00
Woodburn Monday	100.00

PENNSYLVANIA

Collegville/Trappe Thursday	35.00
Havertown Monday	25.00
Rhawnhurst Sunday	70.00

PENNSYLVANIA (cont)

Roxborough Tuesday 20.00

RHODE ISLAND

Warwick Saturday AM 25.00

TEXAS

Dallas Pathways Sunday 25.00

You Are Fort Worth It 100.00

WASHINGTON

Bellevue 25.00

WISCONSIN

Racine Wednesday 30.00

Stevens Point Monday PM 20.00

KOREA

Seoul 50.00

**INTERGROUP CONTRIBUTIONS
MAY 2021**

Chicagoland 42.00
Delaware Valley 150.00
Greater Sacramento 30.00
Houston/Gulfcoast 50.00
L.A. Intergroup 500.00

Long Island 300.00
New York 75.00
Orange County 10.05
South Florida 100.00
Southern Nevada 500.00

**NATIONAL HOTLINE DONATIONS
MAY 2021**

Area 1 L.A. Intergroup 28.00
Area 6 South Florida Intergroup 20.00
Area 15 New York Intergroup 175.00
Area 17 Connecticut/Western Massachusetts Intergroup 175.00

**BULLETIN SUBSCRIPTIONS
MAY 2021**

3 Subscriptions for a Total of \$144.25

ONE TIME DONATIONS MAY 2021

Bill B., Florida
Karen, enjoy your retirement

Jim S., Arizona
In memory of my father, Jim S. from Nebraska

Delaware Valley Intergroup
In memory of Irv K.

West Coast Florida Intergroup
Thank you, Karen H. for 32 years of service work

Anonymous, Oregon
Congratulations Connie M., 24 yrs., Loretta S., 13 yrs., from Vancouver,
Washington; Stan F., Grants Pass, Oregon, and
Erik R. Eugene/Springfield, Oregon

Arnie W., Florida
In memory of Stu R.

Board of Regents, California
May Meeting Donation

Jim P., New York
Celebrating 25 years of recovery

Kelly B., New Jersey
One-Time Donation

G.A. of Southern Nevada
In memory of our brothers, George S. and Paul H., your incredibly loving
hearts and humble service will be dearly missed

Wheeling, West Virginia
In memory of Jim P

**GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
OPERATING STATEMENT
MAY 2021**

CASH IN OPERATING ACCOUNT MAY 1, 2021	\$ 48,387.52
RECEIPTS FOR MAY	
Group Contributions	3,448.00
Lifeliners	9,291.00
I.S.O. Can Contributions	1,307.58
Intergroup Contributions.....	1,757.05
One-Time Donations.....	2,374.12
National Hotline Donations	398.00
Bulletin Subscriptions.....	144.25
Sale of Literature	12,214.88
Literature Shipping.....	3,282.70
Sales Tax Collected.....	103.60
Merchant Services Cash Reward14
Interest From Checking Account39
PayPal Literature Processing Fees	426.12
Returned Check Replaced.....	1,000.00
TOTAL	<u>\$ 35,747.83</u>
CASH AVAILABLE FOR MAY	\$ 84,135.35
DISBURSEMENTS FOR MAY	
Rent & Cam Fees	5,564.29
Payroll	18,826.16
Payroll Taxes (Federal & State)	1,440.20
Postage	4,000.00
Office Expenses	169.91
Payroll Processing Fees	177.86
Health Insurance	1,806.24
Telephone	436.01
Electric Bill.....	243.05
Maintenance/Monitoring Bay Alarm	380.16
Match For Employees Simple IRA	498.14
Bulletins	513.56
Visa/MC Service Fee	53.40
Literature.....	538.56
Bank Deposit Adjustment.....	5.00
Returned Check.....	5.00
Returned Check Charges	12.00
Pay Pal Literature Processing Fees.....	426.12
TOTAL	<u>\$ 35,095.66</u>
CASH IN OPERATING ACCOUNT AS OF MAY 31, 2021	\$ 49,039.69
INCOME IN EXCESS OF DISBURSEMENTS	+ \$ 652.17

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time

Eastern Time	Call in Number	Meeting Code	Email for Information and Questions
Sunday 9PM	712-770-5338	836083 #	
Monday 9PM	712-770-4925	554671 #	
Tuesday 9PM	712-770-4943	253824 #	
Wednesday 9PM	712-770-4160	611704 #	
Thursday 9PM	712-770-4981	872853 #	
Friday 3PM	712-770-4979	703758 #	
Friday 9PM	712-770-4996	595094 #	
Saturday 9PM	712-770-5335	491301 #	

**Please use this email for help
for any of these meetings**

weeklycallhelp@gmail.com

Canadian Callers who are trying to call the US numbers may have difficulty getting through. Please follow the directions at trusteewebsite.com/telephone-conference-call.

US callers who are trying to call the US numbers and have difficulty getting connected, please follow the directions at trusteewebsite.com/telephone-conference-call.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time

Pacific Time	Call in Number	Meeting Code	Email for Information and Questions
Tuesday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

SPANISH-BASED MEETINGS – Worldwide access is available with non-US country local phone numbers. Please use the email address below to obtain those local area numbers.

Day and Time

Mexico City Time	Call in Number	Meeting Code	Email for Information and Questions
Wednesday 8PM	712-770-5306	565387 #	Miercoles8PMayuda@gmail.com
Saturday 6PM	712-770-5377	432973 #	Sabado6PMayuda@gmail.com

SPANISH-BASED MEETINGS FROM SPAIN

Day and Time

Madrid Time	Call in Number	Meeting Code	Email for Information and Questions
Sunday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Tuesday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Thursday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org

FOR CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

Please go to trusteewebsite.com/telephone-conference-call

Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____

NAME _____

ADDRESS: _____

CITY & STATE: _____ ZIP: _____

Please mail this with your initial contribution to:
GAMBLERS ANONYMOUS I.S.O.
4981 IRWINDALE AVE., #700, IRWINDALE, CA 91706

Thank you for your support!!